

# ANNOUNCEMENTS

## 1. WELCOME

If this is your first time, please fill out a **Connection Card** to get connected.

## 2. FAMILY FORUM

March 29

## 3. LENT

February 18 - April 2

Lent is a period where we fast, pray and serve to remember Jesus' 40 days in the wilderness.

## 4. 2025 TAX RECEIPTS

If you have not received 2025 tax receipts from the LPD, please send your legal name and mailing address to [sonflower.efcc@gmail.com](mailto:sonflower.efcc@gmail.com).

## 5. LPD CONFERENCE - "TOOL UP"

March 6 (9:30AM), March 7 (12PM) @ Johnston Heights Church

Fee: \$100 (Friday lunch will be provided)

Registration deadline: February 26

## 6. SUPPORTING TUMBLER RIDGE

Please write "Tumbler Ridge" in the memo.

## 7. DAYLIGHT SAVINGS BEGINS

March 8, Sunday (you lose an hour)

### OFFERING

**Cash:** Use the offering envelope

**Cheque:** Please write to: **EFCC-LPD** and put "**Sonflower**" in the memo.

**E-transfer:** **OFFICE@LPD-EFCC.CA**, and write down "**Sonflower**" in the memo along with your Legal name and address for tax receipts.

**Credit Card:** Please go to [www.sonflower.ca/give](http://www.sonflower.ca/give)

Please pray for church's finance to continue ministry.

# Sonflower Community Church

Follow the Son

March 1, 2026

## ORDER OF SERVICE

WELCOME

PRAISE\*

ANNOUNCEMENTS

SERMON\*

REFLECTION & PRAYER

BENEDICTION

\*For praise and the reading of God's Word,  
please stand if you are able.

Sonflower Community Church  
#502 - 7300 Edmonds Street, Burnaby  
[www.sonflower.ca](http://www.sonflower.ca)

# MATTHEW 5:1-6

[1] Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. [2] And he opened his mouth and taught them, saying:

[3] “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

[4] “Blessed are those who mourn, for they shall be comforted.

[5] “Blessed are the meek, for they shall inherit the earth.

[6] “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

### Reflection Questions:

1. Where am I most “defensive” right now? What situation/person most easily triggers me to protect my reputation, win, or retaliate? What would it look like to show meekness instead?
2. What am I seeking the most right now? Is it for God’s Kingdom, or for my kingdom? How does today’s sermon challenge me to re-evaluate my goals?
3. What is one act concrete act of meekness that I can do this week, and how can the Gospel encourage you to trust in God for the outcome?

# 4. Citizens of the Kingdom: The Meek

## 1. The meek trust God in their \_\_\_\_\_

What is meekness?

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## 2. The meek trust God in their \_\_\_\_\_

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Parents: \_\_\_\_\_

Couples: \_\_\_\_\_

Employees: \_\_\_\_\_

Leaders: \_\_\_\_\_

## 3. The meek trust God in their \_\_\_\_\_

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