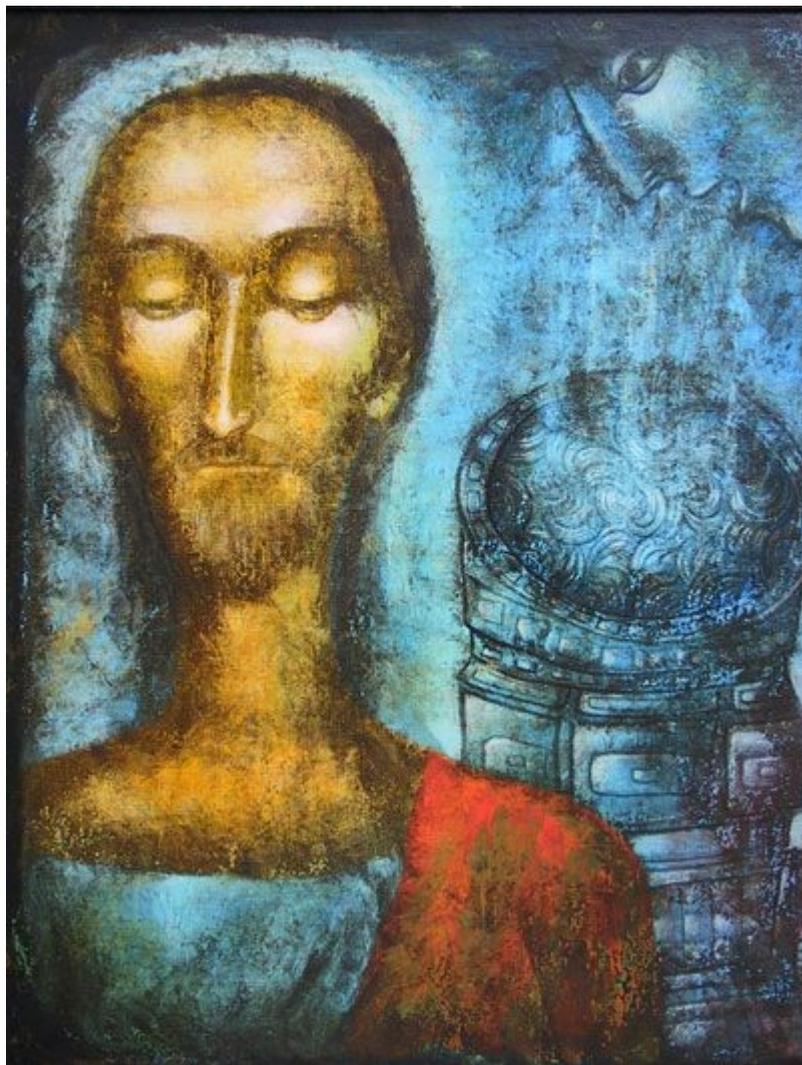


# THE VALLEY BULLETIN

THIRD SUNDAY IN LENT



March 8th, 2026

# WELCOME

If you are visiting, we welcome you into our midst.  
Whoever you are and wherever you are on your journey in faith, you are welcome.  
It is a blessing to have you worship with us today!  
The Parish of the Valley respectfully acknowledges that we gather for worship  
on traditional Anishinaabe Algonquin territory.

## A PENITENTIAL ORDER

*This gathering rite from page 216 of the Book of Alternative Services is used immediately following the first hymn on Sundays during Lent. It includes an acclamation and the confession of sin and absolution. In the season of Lent, we use it to emphasize the penitential nature of the eucharist in this season.*

### Greeting

Celebrant      The grace of our Lord Jesus Christ,  
                         and the love of God,  
                         and the fellowship of the Holy Spirit,  
                         be with you all.

**People      And also with you.**

Celebrant      Bless the Lord who forgives all our sins.

**People      His mercy endures for ever.**

Celebrant      Almighty God,  
**All      to you all hearts are open,  
                 all desires known,  
                 and from you no secrets are hidden.  
                 Cleanse the thoughts of our hearts  
                 by the inspiration of your Holy Spirit,  
                 that we may perfectly love you,  
                 and worthily magnify your holy name;  
                 through Christ our Lord. Amen.**

## Confession and Absolution

*The people are invited to confession in these or similar words.*

Celebrant Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners  
and invites them to his table.  
Let us confess our sins,  
confident in God's forgiveness.

*Silence is kept.*

Celebrant Most merciful God,  
**All We confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

*If the Kyrie Eleison is said or sung, it is said or sung here:*

**Kyrie eleison.  
Christe eleison.  
Kyrie eleison.**  
Or **Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.**

*The celebrant stands and says,*

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.  
**All Amen.**

*The service continues with The Collect of the Day and the Proclamation of the Word, on page 187*

## LET'S PRAY

**In the Anglican Communion,** we pray for Sarah Mullally, Archbishop of Canterbury. We pray for The Episcopal Church in Jerusalem & The Middle East. We pray for our Companion Diocese of Jerusalem.

**In the Anglican Church of Canada,** we pray for Shane Parker, our Primate. We pray for Anne Germond, our Metropolitan. We pray for Christopher Harper, National Indigenous Anglican Archbishop.

**In our Diocese of Ottawa we pray:** Almighty God, in your providence you have appointed various orders in your Church. Give grace to your servant Kathryn Otley who has been called to the office and ministry of Bishop for your people in our Diocese; fill her with the truth of your doctrine and holiness of life, that she may faithfully serve you, to the glory of your name and for the benefit of your Church; through Jesus Christ our Lord. Amen. We pray for Michael Bird, our Diocesan Administrator. We pray for our Diocesan Partners: Kairos Ottawa and Saint Paul University. We pray for our Community Ministries. We pray for the Area Parish of the St. Lawrence.

**In our Deanery of the Northwest,** we pray for St. Margaret of Scotland, Rutherglen, part of the Parish of Mattawa-Rutherglen.

**In our Parish of the Valley,** we pray for Matthew Brown our Incumbent; and for Gillian Hoyer, Nicholas Forte, and Christine Muise our Associate Incumbents. And for the life and members of our Parish of the Valley Community, this week we pray for: David & Heather Kelly, Fern Kelusky, Joshua & Ellen and Clara Kidd, Warren & Berenice Klatt, Michael & Gaylene Klentz.

**For those who have died and all members of their family as they grieve:** Victor Jackson, David McIntyre, Robert Dick.

**For the sick, those who have asked for our prayers, and all others who are on our hearts...**

**Alice & Petawawa:** Ann, Doug, Ralph, Bill, Issy, Marion, Lynn, Wanda, Rose, Laurie, Lois, Gloria, Trent, Sammy, Michael, Minnie.

**Barry's Bay & Whitney:** Joyce, Mary Ann, George, Poppy Joe & Penny Jane, Blake, Cathy, Susan, Patricia, Elspeth, Debra, Mary-Jayne, Fern, Shirley, Marilyn, David, Susie, Sharon, Theresa, Bob, Stuart, Katherine.

**Killaloe/Tramore & Eganville:** Gale, Carol, Lynn, Lynda, Ed, Marg, Joan, James, Hilary, Heather, Jan, Harold, Richard, Dorothy, Betty, Ann, Sheila, Andrea, Sharon, Junior, Peter, Richard, Pauline, Phyllis, Ethel, Anice, Paula, Rosemary.

**Pembroke:** Diane, Jolene, Loreen, Heather, Tristan, Bill, Bob, Jo, Connie, June, Lawrence, Lomie.

**Stafford/Beachburg/Cobden:** Gwen, Elmor, John, Jean, Margaret, Denver, Brian, Ruby, Janice, Susan, Ryan, Haley, Ruth, James, Sharon, Dave, Nicholas, Carolyn, Hillary, Ralph, Thyra, Sandra.

## TODAY'S READINGS

MARCH 8, 2026 - Third Sunday in Lent  
Exodus 17.1-7; Psalm 95; Romans 5.1-11; John 4.5-42

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## UPCOMING READINGS

March 15, 2026 - Fourth Sunday in Lent: Laetare Sunday  
1 Samuel 16.1-13; Psalm 23; Ephesians 5.8-14; John 9.1-41

March 22, 2026 - Fifth Sunday in Lent  
Ezekiel 37.1-14; Psalm 130; Romans 8.6-11; John 11.1-45

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## OFFERINGS

We are grateful for your ongoing support of our parish's congregations.

Donations can always be placed on the offering plates located at the back of the church, or can be given during the offertory in congregations where an offering plate is passed. To learn more about Pre-Authorized Remittances (PAR), options for e-transfer, or how to donate online with credit card through *Canada Helps* or *Tithe.ly*, please visit our website: [www.ValleyAnglicans.ca](http://www.ValleyAnglicans.ca)

**V**alley Bulletin sponsorship.  
Available dates: March 15, 22, 29 (Palm Sunday), Triduum Bulletin.

Cost is \$40 and payable to Holy Trinity Anglican Church.  
Call Gail at the office 613-732-4658 or email [office@valleyanglicans.ca](mailto:office@valleyanglicans.ca)

# SERVICES IN THE PARISH OF THE VALLEY

MARCH 15, 2026

8 & 10am - Holy Trinity Pembroke

9am - St Anthony's Whitney

9am - Ascension Killaloe

9:30am - St George's South Alice

11am - St Paul's Cobden (Morning Prayer)

11am - St John's Eganville

11am - Epiphany Barry's Bay

11:15am - All Saints Petawawa

## UPCOMING CONGREGATIONAL COUNCIL MEETINGS

Eganville Congregational Council - Thursday, March 12th at 10am in the Church Hall

Killaloe/Tramore Congregational Council - Date, Time & Location to be Determined.

## VESTRY MEETINGS

Sunday, March 8th at 11am, St. Paul's Cobden

Sunday, March 8th at 1pm, Joint meeting of Micksburg, Lower Stafford & Rankin

Tuesday, March 10th at 10am, St. Anthony's Whitney

Sunday, March 15th at 10am, Holy Trinity Pembroke

Sunday, March 22nd at 9am, Ascension Killaloe/St. John's Tramore

Sunday, March 22nd at 11am, St. John's Eganville

## NEWS & UPCOMING EVENTS

Thank you to all the walkers and volunteers, as well as to everyone who donated to the Parish of the Valley's team in last weekend's **Coldest Night of the Year** walk. In addition to the \$1,000 rest stop generously sponsored by St. Paul's Cobden through the 2025 Yates Bequest donations, our parish team raised an additional \$972 for The Grind, for a grand total of **\$1,972** — with some funds still to come in! Overall, our local community raised over \$120,000 for the important work that The Grind offers to vulnerable residents of our region. Thank you!

**Lenten Evening Prayer**, in partnership with St. Timothy's Lutheran Church, continues on Wednesdays at 7pm until March 25th. The first two weeks will be Sung Evening Prayer, the last three will be Holden Evening Prayer. All are invited to join the Parish of the Valley and St. Timothy's at this beautiful service.

Our regular **Wednesday Worship** at 10am continues weekly at Holy Trinity Pembroke. All are welcome to join us in the chancel for this quiet said service of Holy Eucharist.

St. John's Eganville is sponsoring a **“Senior, Parent & Tot” free skate** at the Eganville Arena on March 9th from 1pm to 1:50 pm. All are warmly welcomed to join!

Our next **Messy Church will be Friday, March 13th at St. John's Eganville**. Come anytime after 4pm for a 4:30pm start. We will have music activities, crafts, and end with a delicious meal. Bring your curiosity and wiggles and join in the fun as we gather together as families of all shapes, sizes, and ages from across the parish! **We are looking for about 10 dishwashing basins to borrow for this event. If you have any you can loan, please contact Rev. Christine.**

Our first **Food Bank Sunday** of 2026 is coming up on March 22nd. Thank you for your donations to our local food banks as we care for those in our communities who rely on our local food banks.

**Epiphany Fashions at Church of the Epiphany**, Barry's Bay is open Tuesdays and Saturdays from 10am - 2pm.

# CLERGY TEAM

## Contact Information

The Rev. Matthew Brown (613-732-4658)

The Rev. Gillian Hoyer (613-687-9123)

The Rev. Nicholas Forte (613-629-9498)

The Rev. Christine Muise (613-883-8402)

Cover: *Christ and the Samaritan Woman*, Julia Stankova, circa 2002.

[www.valleyanglicans.ca](http://www.valleyanglicans.ca)

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