

March 8, 2026

Third Sunday in Lent



Mt. Olivet Lutheran Church

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Pastor Kimberly Belken

Welcome & Announcements

Opening Song Set:

My Life Flows on In Endless Song (How Can I Keep From Singing)



- 1 My life flows on in end - less song; a - bove earth's lam-en - ta - tion,
- 2 Through all the tu - mult and the strife, I hear that mu-sic ring - ing.
- 3 What though my joys and com-forts die? The Lord my Sav-ior liv - eth.
- 4 The peace of Christ makes fresh my heart, a foun - tain ev - er spring-ing!



I catch the sweet, though far-off hymn that hails a new cre - a - tion.
It finds an ech - o in my soul. How can I keep from sing-ing?
What though the dark - ness gath-er round? Songs in the night he giv - eth.
All things are mine since I am his! How can I keep from sing-ing?

Refrain



No storm can shake my in-most calm while to that Rock I'm cling-ing.



Since Christ is Lord of heav-en and earth, how can I keep from sing-ing?

Canticle of the Turning



1 My soul cries out with a joy - ful shout that the
2 Though I am small, my . . . God, my all, you . . .
3 From the halls of pow'r to the for - tress tow'r, not a
4 Though the na - tions rage from . . age to age, we re -



God of my heart is great, and my spir - it sings of the
work great . . things in me, and your mer - cy will last from the
stone will be left on stone. Let the king be - ware for your
mem - ber who holds us fast: God's mer - cy must de -



won - drous things that you bring to the ones who wait.
depths of the past to the end of the age to be.
jus - tice tears ev - 'ry ty - rant . . . from his throne.
liv - er us from the con - quer - or's crush - ing grasp.



You fixed your sight on your ser - vant's plight, and my
Your ver - y name puts the proud to shame, and to
The hun - gry poor shall . . weep no more, for the
This sav - ing word that our fore - bears heard is the



weak - ness you did not spurn, so from east to west shall my
those who would for you yearn, you will show your might, put the
food they can nev - er earn; there are ta - bles spread, ev - 'ry
prom - ise which holds us bound, till the spear and rod can be



name be blest. Could the world be a - bout to turn?
strong to flight, for the world is a - bout to turn.
mouth be fed, for the world is a - bout to turn.
crushed by God, who is turn - ing the world a - round.



Refrain
My heart shall sing of the day you bring. Let the fires of your jus - tice burn.



Wipe a - way all tears, for the dawn draws near, and the world is a - bout to turn.

Amazing Grace



1 A - maz - ing grace!— how sweet the sound— that
2 'Twas grace that taught my heart to fear, and
3 Through man - y dan - gers, toils, and snares I
4 The Lord has prom - ised good to me; his
5 When we've been there ten thou - sand years, bright



saved a wretch like me! I once was lost, but
grace my fears re - lieved; how pre - cious did that
have al - read - y come; 'tis grace has brought me
word my hope se - cures; he will my shield and
shin - ing as the sun, we've no less days to



now am found; was blind, but now I see.
grace ap - pear the hour I first be - lieved!
safe thus far, and grace will lead me home.
por - tion be as long as life en - dures.
sing God's praise than when we'd first be - gun.

Prayer of the Day

Merciful God, **the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with the beauty of your truth through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.**

First Reading: Exodus 17:1-7

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³ But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴ So Moses cried out to the LORD, "What shall I do for this people? They are almost ready to stone me." ⁵ The LORD said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

The Word of the Lord. **Thanks be to God.**

Second Reading: Romans 5:1-11

¹ Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our afflictions, knowing that affliction produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not put us to shame, because God's love has been poured into our hearts through the Holy

Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely, therefore, since we have now been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord. **Thanks be to God.**

Gospel Acclamation

Re - turn to the Lord, your God, for he is gra - cious and mer - ci - ful,
slow to an - ger, and a - bound - ing in stead - fast love.

Holy Gospel John 4:5-42

The Holy Gospel according to John, the 4th chapter.

Glory to you, O Lord.

⁵[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God and who it

is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹ The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹² Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶ Jesus said to her, "Go, call your husband, and come back." ¹⁷ The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹ The woman said to him, "Sir, I see that you are a prophet. ²⁰ Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹ Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth." ²⁵ The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶ Jesus said to her, "I am he, the one who is speaking to you."

²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸ Then the woman left her water jar and went back to the city. She said to the people, ²⁹ "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰ They left the city and were on their way to him.

³¹ Meanwhile the disciples were urging him, "Rabbi, eat something." ³² But he said to them, "I have food to eat that you do not know about." ³³ So the disciples said to one another, "Surely no one has brought him something to eat?" ³⁴ Jesus said to them, "My food is to do

the will of him who sent me and to complete his work. ³⁵ Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, 'One sows and another reaps.' ³⁸ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹ Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰ So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.
Praise to you, O Christ.

Children's Sermon

Sermon

Hymn of the Day: Shall We Gather at the River



- 1 Shall we gath - er at the riv - er, where bright an - gel feet have trod,
- 2 On the mar - gin of the riv - er, wash - ing up its sil - ver spray,
- 3 Ere we reach the shin - ing riv - er, lay we ev - 'ry bur - den down;
- 4 Soon we'll reach the shin - ing riv - er, soon our pil - grim - age will cease;



with its crys - tal tide for - ev - er flow - ing by the throne of God?
we will walk and wor - ship ev - er, all the hap - py gold - en day.
grace our spir - its will de - liv - er, and pro - vide a robe and crown.
soon our hap - py hearts will quiv - er with the mel - o - dy of peace.



Yes, we'll gath - er at the riv - er, the beau - ti - ful, the beau - ti - ful riv - er;



gath - er with the saints at the riv - er that flows by the throne of God.

Prayer

Lord Jesus, give us the vision to see you when you come into our lives. Help us to be patient with your elusive presence. Preserve us from trying to figure you out on our own terms; help us be hospitable and to receive you on your terms. And when at last you speak to us, help us to respond to your voice, to answer when you call our name, then to follow where you lead. **Amen.**

Confession and Forgiveness

Blessed be the holy Trinity, one God, who forgives all our sin, whose mercy endures forever. **Amen.** Let us confess our sin before God, who removes our guilt and blots out all offenses.

Gracious God, **have mercy on us according to your steadfast love.**

For seeking worldly delights that deceive us and dishonor you: Gracious God, **have mercy on us according to your steadfast love.**

For desiring self-reliance instead of hungering for your word: Gracious God, **have mercy on us according to your steadfast love.**

For failing to recognize your coming reign, and for hindering the work of the Spirit: Gracious God, **have mercy on us according to your steadfast love.**

For drawing from the well of self-serving ambition, and for disdain the living water Christ offers: Gracious God, **have mercy on us according to your steadfast love.**

For disregarding voices from the margin, and for distrusting signs of your healing and hope in the world: Gracious God, **have mercy on us according to your steadfast love.**

For dwelling in tombs of self-pity and discontent, and for disregarding Christ's call to come forth to life: Gracious God, **have mercy on us according to your steadfast love.**

God's steadfast love, grace, and forgiveness abound. Through faith, the free gift of God, you have been clothed in the righteousness of Christ. In the name of Jesus Christ, your sins are forgiven. The Spirit of the One who raised Christ from the dead dwells in you, pours God's love into your hearts, and gives you life and peace. **Amen.**

The Peace

The peace of the Lord be with you always. **And also with you.**

Offering

Offering: Let the Vineyards Be Fruitful (ELW 184)

Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of
bless-ing. Gath-er a har-vest from the seeds that were sown, that
we may be fed with the bread of life. Gath-er the hopes and dreams of
all; u-nite them with the prayers we of-fer. Grace our ta-ble
with your pres-ence, and give us a fore-taste of the feast to come.

The musical score is written in a single system with five staves. Each staff begins with a treble clef and a key signature of two flats (B-flat and E-flat). The melody is written on a five-line staff with various note values including quarter, eighth, and sixteenth notes, as well as rests. The lyrics are printed below the notes, with hyphens indicating syllables that span across multiple notes. The piece concludes with a double bar line.

Offering Prayer

O God, maker of heaven and earth, your steadfast love embraces all creation. You send rain and sunshine to nourish the earth and bring forth its bounty. Through these gifts of bread and wine, draw us into the death and life of your Son, who calls us to bear witness to his saving work. We ask this in Jesus' name. Amen.

Thanksgiving at the Table

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Lord's Prayer

Gathered into one by the Holy Spirit, let us pray as Jesus taught us,

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Invitation to Communion

Come to the table. Feast on God's goodness and mercy.

Hymn During Communion: Jesus Loves Me!



- 1 Je - sus loves me! this I know, for the Bi - ble tells me so;
2 Je - sus loves me! he who died heav - en's gates to o - pen wide;
3 Je - sus loves me! he will stay close be - side me all the way;



lit - tle ones to him be - long, they are weak, but he is strong.
he will wash a - way my sin, let his lit - tle child come in.
when at last I come to die, he will take me home on high.

Refrain



Yes, Je - sus loves me, yes, Je - sus loves me,



yes, Je - sus loves me, the Bi - ble tells me so.

Post Communion Prayer

God of our salvation, **we give you thanks for this meal that restores our souls, reconciles us to you, and strengthens us for the journey. Through the body and blood of your Son, may we become Christ's body in the world, bearing witness to your love for all creation, through Jesus Christ, our Savior and Lord. Amen.**

Benediction

Receive the blessing of the holy Trinity: God, who calls all things into existence, Jesus Christ, who redeems us, and the Holy Spirit, whose breath sustains creation, bless you now and always. **Amen.**

Sending Hymn: Go, Make Disciples



“Go, make dis - ci - ples, bap - tiz - ing them, teach - ing them.

Go, make dis - ci - ples, for I am with you till the end of time.

Go, be the salt of the earth. Go, be the light for the world.

Go, be a cit - y on a hill, so all can see that you’re

serv - ing me. Go, make dis - ci - ples.”

Dismissal

Go in peace. Believe the good news. **Thanks be to God.**

Announcements

- **Midweek Holden Evening Prayer Service:** March 11 at 5:30.
- **Singers Wanted!** We need singers for 2 group performances. Come one, come all! We will be singing on Easter (April 5) and Good Shepherd Sunday (May 3). We are planning to practice after Lenten services on Wednesday evenings. See you there.
- **Bread Breakers:** Bread Breakers will be gathering for lunch again on Wednesday, March 11 at noon at Mt. Olivet. Lunch will be provided thanks to some wonderful volunteers. They will be serving smoke ham, deviled eggs, salads, Reuben dip and rye crackers, cheesy potatoes, pistachio bread, and Watergate cake. Please RSVP to the church (515-465-5298 by TODAY. Since no one needs to bring a dish, please BRING A GUEST. Board games will be available for those who wish to stay for some social "competition" time. A free will offering will be taken to support the Perry community.
- **Women's Soul Care Café:** On March 28 from 10am-12pm we will be partnering with First Christian church to host a time for women in our community to get away and engage in some sacred self-care! Learning, conversation, and some hands-on activities! It is \$10 for supplies and snacks and can be paid for at the door. Please bring a friend! Contact Pastor Andrea Brownlee to RSVP 515-259-1982
- **Stuff the Altar!** We will be stuffing the altar during Lent but with a twist, this time we will be collecting NEW items for Mt. Olivet Sleep Space. Please show your support by purchasing a new bedding item and bringing it during Lent to stuffing the altar.
- **Friends in Faith:** All elementary aged children are invited for an afternoon for faith and fun at the church hosted by Lutheran Lakeside Camp on March 22nd from 2-5 pm. We will have games, camp style worship, crafts and snacks. Let Pastor Kim know if you are interested!
- **Office Hours:** Pastor Kimberly is in the office on Mondays and Wednesdays. Thursdays she will be splitting her time between Immanuel and Mt. Olivet, so if you would like to see her on that day, please call ahead so she can be sure to be in town. You can call the church number (515) 465- 5298 and it will ring to Pastor's cell phone if she is not in the office.