

The Passion Prescription - Part 4: Purity

The Purity Prescription: Love is about trust. Guard your marriage by _____ its emotional, physical, and spiritual purity.

Areas to Protect

1. _____ Purity - James 1:19-20

- Intimacy can only be experienced in a relationship to a degree that you are careful with what you say and what you do and you take responsibility for what you've done wrong.

Trust is earned in _____ and lost in _____.

Climbing the "Ladder" to Better Listening

L - _____ at the speaker to avoid internal & external distractions.

- Give them your undivided attention. Place value on them.

A - _____ questions.

D - _____ interrupt. Let people talk until they "run out of gas".

- It's just as rude to step on people's ideas as it is to step on their toes.

D - _____ change the subject.

E - Check your _____.

- When you "emote" – raise voice, cry, etc. it shuts the speaker down.

R - _____ listening.

- At major intervals, sum up what they've said to make sure you heard them correctly.
"McDonald's it"- repeat back: "I understood you to say"
- Respond to what they have said. Don't just walk away.
-*"Those are some good thoughts."*
-*"I have never considered that before."*
-*"I need some time to process what you have said."*
- Respond with actions where appropriate.

2. _____ Purity - Proverbs 5:15-18

"Drink water from your own cistern... rejoice in the wife of your youth."

- Not just the physical act, but protecting your mind from lust and porn.

3. _____ Purity - Genesis 2:25; 3:6-8

- Naked—means "exposed." God created marriage to be physically, mentally, emotionally completely open and exposed. Sin undermines that.
- When Adam & Eve sinned, they hid themselves from each other & God.

***You can't love your spouse like Jesus
loved the church if you aren't loving Jesus.***