

# ¶ *Morning Prayer for Lent* ↑

## **Preparation**

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Hear our voice, O Lord, according to your faithful love,

**All according to your judgement give us life.**

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever.

In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### *A Song of Penitence*

- 1 Have mercy on me, O God, in your great goodness; ♦  
according to the abundance of your compassion  
blot out my offences.
- 2 Wash me thoroughly from my wickedness ♦  
and cleanse me from my sin.
- 3 For I acknowledge my faults ♦  
and my sin is ever before me.

- 4 Against you only have I sinned ♦  
and done what is evil in your sight,
- 5 So that you are justified in your sentence ♦  
and righteous in your judgement.
- 6 Cast me not away from your presence ♦  
and take not your holy spirit from me.
- 7 Give me again the joy of your salvation ♦  
and sustain me with your gracious spirit;
- 8 Then shall I teach your ways to the wicked ♦  
and sinners shall return to you.
- 9 Deliver me from my guilt, O God,  
the God of my salvation, ♦  
and my tongue shall sing of your righteousness.

*Psalm 51.1-5,12-15*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

# The Word of God

## *Psalmody*

*The appointed psalmody is said.*

## *Canticle*

*The Song of Manasseh*

*Refrain:*

**All Full of compassion and mercy and love  
is God, the Most High, the Almighty.**

- 1 Lord almighty and God of our ancestors, ◆  
you who made heaven and earth in all their glory:
- 2 All things tremble with awe at your presence, ◆  
before your great and mighty power.
- 3 Immeasurable and unsearchable is your promised mercy, ◆  
for you are God, Most High.
- 4 You are full of compassion, long-suffering and very merciful, ◆  
and you relent at human suffering.
- 5 O God, according to your great goodness, ◆  
you have promised forgiveness for repentance  
to those who have sinned against you.
- 6 The sins I have committed against you ◆  
are more in number than the sands of the sea.
- 7 I am not worthy to look up to the height of heaven, ◆  
because of the multitude of my iniquities.
- 8 And now I bend the knee of my heart before you, ◆  
imploping your kindness upon me.

- 9 I have sinned, O God, I have sinned, ♦  
and I acknowledge my transgressions.
- 10 Unworthy as I am, you will save me, ♦  
according to your great mercy.
- 11 For all the host of heaven sings your praise, ♦  
and your glory is for ever and ever.

*Manasseh 1a,2,4,6,7a,b,9a,c,11,12,14b,15b*

**All Glory to the Father, and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**All Full of compassion and mercy and love,  
is God, the Most High, the Almighty.**

### *Scripture Reading*

*One or more readings appointed for the day are read.*

To you, O Lord, I lift up my soul;

**All O my God, in you I trust.**

You are the God of my salvation,

**All To you, O Lord, I lift up my soul.**

In you I hope all the day long.

**All O my God, in you I trust.**

Remember, Lord, your compassion and love,  
for they are from everlasting.

**All To you, O Lord, I lift up my soul;  
O my God, in you I trust.**

*from Psalm 25*

## *Gospel Canticle*

*The Benedictus (The Song of Zechariah) is normally said*

*Refrain:*

**All Blessed are those who hunger and thirst for righteousness,  
for they shall be satisfied.**

- 1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ◆  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ◆  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ◆  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ◆  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ◆  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ◆  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ◆  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of  
death, ◆  
and to guide our feet into the way of peace.

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

**All** Blessed are those who hunger and thirst for righteousness,  
for they shall be satisfied.

## **Prayers**

In penitence and faith let us make our prayer to the Father  
and ask for his mercy and grace.

For your holy people,  
that they may triumph over evil and grow in grace,  
we pray to you, O Lord:

**Lord, in your mercy hear our prayer.**

For candidates for baptism and confirmation,  
that they may live by every word that proceeds from your mouth,  
we pray to you, O Lord:

**Lord, in your mercy hear our prayer.**

For the leaders of the nations,  
that you will guide them in the ways of mercy and truth,  
we pray to you, O Lord:

**Lord, in your mercy hear our prayer.**

For the needy,  
that they may not be forgotten,  
nor the hope of the poor be taken away,  
we pray to you, O Lord:

**Lord, in your mercy hear our prayer.**

For the sick in body, mind and spirit,  
that they may know your power to heal,  
we pray to you, O Lord:

**Lord, in your mercy hear our prayer.**

For the poor in spirit,  
that they may inherit the kingdom of heaven  
and see you face to face,  
we pray to you, O Lord:

**Lord, in your mercy hear our prayer.**

Let us commend the world, for which Christ suffered,  
to the mercy and protection of God.

*The Officiant adds any prayer intentions that are known to us.*

*Silence may be kept.*

*The Collect of the day (here) or the following is said*

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts

that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said*

Trusting in the compassion of God,  
as our Saviour taught us, so we pray

**All Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power, and the glory are yours  
now and for ever.**

**Amen.**

## The Conclusion

May God our Redeemer show us compassion and love.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**