

MAKE YOURSELF STRENGTHEN HIM

NAME: _____

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WELCOME TO STRENGTHEN HIM

Over the next 31 days, the men of our church are engaging in a focused season of discipleship called *Make Yourself Resilient*.

This companion guide invites you to participate through prayer and encouragement.

While your husband pursues intentional spiritual formation, this booklet helps you walk alongside him — strengthening his journey through faithful intercession and support.

You are not responsible for his growth. But your prayers matter deeply.

God often strengthens spiritual leadership within a home through quiet faithfulness and encouragement.

WHY THIS GUIDE EXISTS

As men pursue Christ more intentionally, the support of their wives becomes a powerful source of encouragement and stability.

This booklet is designed to help you:

- Pray intentionally for your husband each day
- Understand the spiritual challenges he is facing
- Encourage growth with wisdom and grace
- Strengthen unity within your marriage
- Participate in discipleship together

This is an invitation to partner with how God is working and moving in your husbands life.

YOUR ROLE IN THIS JOURNEY

Strength Through Prayer

During these 31 days, your husband will be challenged spiritually, mentally, and relationally.

You may notice change.

Some days may feel encouraging. Other days may feel stretching.

YOUR ROLE IS SIMPLE:

Pray faithfully. Encourage gently. Extend grace generously.

YOUR ROLE IS NOT TO CORRECT, MONITOR, OR EVALUATE PROGRESS.

Prayerful partnership creates an environment where growth can flourish.

Praying for His 2x2 Team

Your husband is walking alongside other men committed to following Jesus faithfully.

Praying for these men strengthens the brotherhood helping shape your husband's spiritual growth.

My Husband's 2x2 Team:

Husband: _____ **Wife:** _____

Husband: _____ **Wife:** _____

Husband: _____ **Wife:** _____

Husband: _____ **Wife:** _____

Throughout this journey be in prayer for the men in your husbands life. Also, be sure to be praying for their wives as they engage in this journey. If possible, connect with them throughout this journey.

HOW TO USE THIS BOOKLET

A Simple Daily Rhythm

Each day includes five parts

Scripture

Ground your prayer in God's Word.

Understanding His Journey

Learn how your husband is being spiritually challenged that day.

Pray for Him

Use the guided prayer as a starting point.

My Prayer for Him

Write a personal prayer for your husband.

Encourage His Journey

A simple way to support and encourage him that day.

Personal Reflection

A Moment for you to reflect on what God is revealing to you.

**You do not need to complete this perfectly.
Faithful prayer matters more than perfection.**

PHASE 1 — FOLLOW

Praying for His First Steps Toward Christ

Days 1-4

Phase Introduction

Every journey of discipleship begins with a simple invitation from Jesus:

“Follow Me.”

As your husband begins this 31-day journey, God’s work may begin quietly — through renewed attention, conviction, reflection, or small changes in daily rhythm.

Spiritual leadership rarely forms instantly.

It develops through consistent steps toward Christ.

During this phase, your prayers help create encouragement and stability as he learns to prioritize time with God in new or renewed ways.

Your role is not pressure.

Your role is prayerful support as he turns his attention toward Jesus.

DAY 1 — Pray for His Direction

Scripture: John 1:38–39

Understanding His Journey

Today your husband is being challenged to slow down and spend intentional, uninterrupted time with God.

For many men, stepping away from productivity or distraction can feel unfamiliar or difficult. These early moments often mark the beginning of renewed spiritual pursuit.

Pray for Him

Lord, draw my husband closer to You today.

Help him desire Your presence above distraction and pressure.

Give him clarity as he begins this journey of intentional discipleship.

My Prayer for Him

Encourage His Journey

Tell him something simple such as: *"I'm proud of you for committing to this."*

Personal Reflection

Lord, help me trust the work You are beginning in my husband.

DAY 2 — Pray for Focus

Scripture: Luke 10:41–42

Understanding His Journey

Today your husband is being challenged to remove distractions competing for his attention.

Adjusting routines or limiting familiar habits may feel uncomfortable as he learns to prioritize spiritual focus.

Pray for Him

Father, quiet distractions competing for my husband's attention.

Help him experience peace as he spends time with You today.

My Prayer for Him

Encourage His Journey

Give him space for his devotional time today without interruption or added requests when possible. Support often looks like protecting time.

Personal Reflection

Where is God inviting me to reduce distraction in my own life?

DAY 3 — Pray for Consistency

Scripture: Matthew 6:33

Understanding His Journey

Today your husband is being challenged to place time with God ahead of competing priorities.

Building consistency requires intentional effort before it becomes natural.

Pray for Him

Lord, help my husband seek You first today.

Strengthen his desire to prioritize You above daily demands.

My Prayer for Him

Encourage His Journey

Thank him specifically for prioritizing spiritual growth, even if the change seems small.

Specific encouragement reinforces developing habits.

Personal Reflection

How can our home support spiritual consistency?

DAY 4 — Pray for Spiritual Nearness

Scripture: John 15:4–5

Understanding His Journey

Today your husband is being challenged to remain connected to Christ beyond routine activity.

He may become more reflective as he learns dependence on God rather than self-reliance.

Pray for Him

Jesus, help my husband remain close to You. Deepen his relationship with You beyond obligation or routine.

My Prayer for Him

Encourage His Journey

Ask him gently: *"How can I pray for you today?"*

This communicates partnership rather than pressure.

Personal Reflection

Lord, help our home become a place where Your presence is welcomed daily.

PHASE 2 — BELIEVE

Praying for His Identity in Christ

Days 5–8

Introduction

As discipleship deepens, God often begins shaping identity before outward behavior.

During this phase, your husband is being challenged to move beyond simply knowing about Jesus and toward trusting who Christ says he truly is.

This process can bring both confidence and struggle.

Men often become more aware of past failures, spiritual responsibility, or feelings of inadequacy as God reshapes their understanding of identity.

These moments are not regression.

They are often the foundation of lasting spiritual leadership.

Your prayers help anchor his confidence in grace rather than performance.

DAY 5 — Pray for Spiritual Confidence

Scripture: John 3:1–8

Understanding His Journey

Today your husband is being challenged to recognize that spiritual growth comes through God's work, not personal effort.

He may become more aware of areas where he feels spiritually insufficient or inexperienced. This awareness can feel discouraging before it becomes freeing.

God is teaching him to depend on the Spirit rather than striving for perfection.

Pray for Him

Lord, remind my husband that transformation begins with You.

Free him from pressure to prove himself spiritually.

Help him trust that growth comes through Your Spirit working within him.

My Prayer for Him

Encourage His Journey

Tell him something affirming about his character or faith — not his performance.

Example: *"I see God working in you."*

Personal Reflection

Do I encourage growth through grace or expectation?

DAY 6 — Pray for Assurance

Scripture: John 3:16–18

Understanding His Journey

Today your husband is being challenged to rest in the assurance of salvation rather than striving to earn approval.

Many men quietly carry pressure to succeed spiritually, professionally, or relationally.

God is inviting him to replace fear with confidence rooted in grace.

Pray for Him

Father, help my husband rest securely in Your love.

Remove fear, shame, or self-doubt that discourages him.

Let him experience peace knowing he belongs to You.

My Prayer for Him

Encourage His Journey

Offer reassurance today rather than correction or problem-solving.

Simple words like, *“You don’t have to carry everything alone,”* can bring relief.

Personal Reflection

How can I reflect God’s grace within our marriage today?

DAY 7 — Pray for Honesty Before God

Scripture: John 3:19–21

Understanding His Journey

Today your husband is being challenged to bring struggles or weaknesses into God’s light.

As belief deepens, conviction often increases. He may become more aware of habits, attitudes, or areas needing change.

This growing honesty is a sign of spiritual sensitivity.

Pray for Him

Lord, give my husband courage to walk in truth.

Help him bring struggles into Your light without fear or shame.

Strengthen his desire for holiness and freedom.

My Prayer for Him

Encourage His Journey

If he shares struggles or frustrations, listen without immediately offering solutions.

Presence communicates safety.

Personal Reflection

Do I respond with grace when vulnerability appears?

DAY 8 — Pray for Identity as a Son

Scripture: Romans 8:14–17

Understanding His Journey

Today your husband is being challenged to lead from identity rather than obligation.

God is helping him understand that spiritual leadership flows from being a son of God before being a husband, father, or provider.

Confidence rooted in identity produces humility and strength together.

Pray for Him

Father, help my husband live confidently as Your child. Replace striving with trust and fear with assurance. Let his leadership grow from security in Your love.

My Prayer for Him

Encourage His Journey

Express appreciation for something you respect about his leadership or character today.

Personal Reflection

Lord, help both of us grow in confidence as Your children.

PHASE 2 COMPLETE

You have prayed for your husband's identity to become rooted in Christ. Continue praying faithfully as God builds confidence that will sustain lasting spiritual leadership.

PHASE 3 — HEAR & OBEY

Praying for Courage and Obedience

Days 9–12

Phase Introduction

As belief deepens, discipleship moves from understanding truth to acting upon it.

During this phase, your husband is being challenged to respond to God's voice through obedience.

Obedience often requires change — addressing habits, initiating difficult conversations, correcting priorities, or stepping into responsibility.

These steps can feel stretching or uncomfortable.

Your prayers and encouragement during this phase help strengthen courage as faith becomes action.

DAY 9 — Pray for Spiritual Awareness

Scripture: John 5:19–21

Understanding His Journey

Today your husband is being challenged to slow down and recognize where God may already be leading him.

Learning to hear God’s direction often requires reflection and attentiveness.

He may appear thoughtful or internally focused as he considers areas where obedience is needed.

Pray for Him

Lord, help my husband recognize Your voice today. Give him clarity and spiritual awareness. Help him discern where You are leading and trust Your guidance.

My Prayer for Him

Encourage His Journey

Ask him sincerely: *"Is there anything God has been showing you lately?"*

Listen without pressure or expectation.

Personal Reflection

Am I attentive to God’s leading in my own life?

DAY 10 — Pray for Immediate Obedience

Scripture: James 1:22–25

Understanding His Journey

Today your husband is being challenged to act on something God has already placed on his heart.

Obedience may involve addressing responsibility, seeking reconciliation, or making a difficult but necessary decision.

Taking action can feel intimidating even when it is right.

Pray for Him

Father, give my husband courage to obey You without hesitation.

Strengthen him to act faithfully even when obedience feels uncomfortable.

My Prayer for Him

Encourage His Journey

Express confidence in his ability to make wise, God-honoring decisions.

Simple trust strengthens courage.

Personal Reflection

Do I encourage faith-driven decisions within our marriage?

DAY 11 — Pray for Surrendered Leadership

Scripture: Luke 6:46–49

Understanding His Journey

Today your husband is being challenged to align actions with faith.

Obedience often reveals areas where control must be surrendered to God.

He may wrestle internally between comfort and conviction as spiritual leadership develops.

Pray for Him

Lord, help my husband trust Your authority fully.

Give him humility to follow You and wisdom to lead faithfully.

My Prayer for Him

Encourage His Journey

Thank him for taking responsibility in an area of home, faith, or leadership.

Recognition reinforces obedience.

Personal Reflection

How can I support spiritual leadership with trust today?

DAY 12 — Pray for Faithful Action

Scripture: John 10:27

Understanding His Journey

Today your husband is being challenged to continue obeying consistently rather than emotionally. Faithfulness often grows through repeated small decisions rather than dramatic change. He may be learning perseverance as obedience becomes a lifestyle.

Pray for Him

Jesus, strengthen my husband to follow You faithfully. Help obedience become steady and consistent in his life.

My Prayer for Him

Encourage His Journey

Acknowledge effort you see rather than waiting for visible results.
Consistency grows through encouragement.

Personal Reflection

Lord, help me value faithfulness over perfection.

PHASE 3 COMPLETE

You have prayed as your husband learns to move from belief into obedience. As obedience grows, God often begins reshaping desire itself.

PHASE 4 — HUNGER

Praying for Renewed Spiritual Desire

Days 13–16

Phase Introduction

As obedience develops, God often begins reshaping desire itself.

During this phase, your husband is being challenged to examine what truly satisfies his heart — replacing distraction, comfort, or unhealthy habits with deeper dependence on Christ.

This process can bring noticeable change.

He may become more intentional with time, entertainment, habits, or priorities. At times he may also feel tension as old patterns are replaced with new spiritual hunger.

These adjustments are often signs that God is redirecting desire toward lasting fulfillment.

Your prayers help strengthen perseverance as new spiritual appetites are formed.

DAY 13 — Pray for Spiritual Desire

Scripture: John 6:26–29

Understanding His Journey

Today your husband is being challenged to examine what he turns to for satisfaction and comfort.

He may be evaluating habits, routines, or distractions that compete with spiritual growth.

This awareness can feel stretching as God redirects his attention toward deeper dependence on Christ.

Pray for Him

Lord, awaken true spiritual hunger within my husband. Help him desire Your presence more than temporary comfort or distraction. Fill his heart with longing for what truly satisfies.

My Prayer for Him

Encourage His Journey

Support intentional changes he may be making, even if routines at home feel slightly different. Flexibility communicates encouragement.

Personal Reflection

What do I personally turn to for comfort instead of God?

DAY 14 — Pray for Lasting Fulfillment

Scripture: John 6:35

Understanding His Journey

Today your husband is being challenged to seek fulfillment in Christ rather than achievement, entertainment, or routine comforts.

As priorities shift, he may become more thoughtful or intentional about how he spends time and energy.

God is teaching him where true satisfaction is found.

Pray for Him

Father, help my husband find lasting satisfaction in You alone.
Replace temporary desires with deep spiritual contentment.

My Prayer for Him

Encourage His Journey

Express appreciation for intentional choices you notice, even small ones.
Affirm growth rather than convenience.

Personal Reflection

How can I support a Christ-centered atmosphere in our home?

DAY 15 —Pray for Endurance

Scripture: John 6:60–66

Understanding His Journey

Today your husband is being challenged to remain faithful even when discipleship feels difficult.

Letting go of familiar comforts or confronting spiritual challenges can feel discouraging at times.

Moments of struggle often precede lasting growth.

Pray for Him

Lord, strengthen my husband when obedience feels hard.

Give him endurance to continue pursuing You even when change feels uncomfortable.

My Prayer for Him

Encourage His Journey

Offer encouragement during moments of fatigue or frustration rather than questioning the process. Support strengthens perseverance.

Personal Reflection

How can I respond with patience when growth feels challenging?

DAY 16 — Pray for Lasting Devotion

Scripture: John 6:67–69

Understanding His Journey

Today your husband is being challenged to reaffirm commitment to following Christ above competing loyalties. He may be reflecting deeply on priorities, purpose, or spiritual direction. These moments often mark growing conviction and maturity.

Pray for Him

Jesus, strengthen my husband's commitment to follow You faithfully.
Help him choose Your truth above comfort or convenience.

My Prayer for Him

Encourage His Journey

Tell him you are grateful for his desire to grow spiritually. Simple gratitude reinforces commitment.

Personal Reflection

Lord, deepen my own commitment to follow You faithfully.

PHASE 4 COMPLETE

You have prayed as God reshapes your husband's desires.

As spiritual hunger grows, surrender often follows.

Continue praying — God is preparing his heart for deeper transformation.

PHASE 5 — YIELD

Praying for Surrender and Trust

Days 17–20

Phase Introduction

As spiritual hunger deepens, God often invites surrender.

During this phase, your husband is being challenged to release control — trusting God with leadership, priorities, fears, and personal outcomes.

Surrender is rarely easy.

It may involve admitting weakness, letting go of self-reliance, or confronting areas where control has replaced trust.

This process can feel humbling, but it is where lasting spiritual fruit begins.

Your prayers during this phase help strengthen courage as God forms humility and dependence within him.

DAY 17 — Pray for Trust in God

Scripture: John 12:24

Understanding His Journey

Today your husband is being challenged to release areas of control to God.

He may be recognizing limits in his own strength or confronting situations he cannot fix on his own.

Learning dependence on God can feel vulnerable, especially for men accustomed to solving problems independently.

Pray for Him

Lord, help my husband trust You fully. Give him courage to release control and depend on Your wisdom and strength. Teach him that surrender leads to life and fruitfulness.

My Prayer for Him

Encourage His Journey

Reassure him that he does not have to carry every burden alone.
Your support can help ease pressure during surrender.

Personal Reflection

Where might God be inviting me to surrender control?

DAY 18 — Pray for a Teachable Heart

Scripture: Philippians 2:5–8

Understanding His Journey

Today your husband is being challenged to embrace humility — choosing obedience even when pride or self-protection would feel easier.

Humility often develops through honest self-examination.

He may become quieter or more reflective as God reshapes his perspective.

Pray for Him

Father, form humility within my husband.

Help him learn from You and grow through every circumstance.

Give him strength to lead with gentleness and wisdom.

My Prayer for Him

Encourage His Journey

Express appreciation when you notice humility, patience, or thoughtful leadership.

Recognition strengthens growth.

Personal Reflection

How can humility grow within my own heart today?

DAY 19 — Pray for Patience

Scripture: Galatians 2:20

Understanding His Journey

Today your husband is being challenged to trust God's timing rather than immediate results.

Spiritual transformation often happens gradually.

He may wrestle with impatience or frustration as growth unfolds more slowly than expected.

Pray for Him

Lord, give my husband patience as You shape his life.
Help him trust Your process even when progress feels unseen.

My Prayer for Him

Encourage His Journey

Remind him that growth takes time and that you see his effort.
Encouragement strengthens perseverance.

Personal Reflection

Am I patient with God's work in both of us?

DAY 20 — Pray for Lasting Transformation

Scripture: John 15:1–5

Understanding His Journey

Today your husband is being challenged to depend on Christ daily rather than personal strength. God is teaching him that lasting influence and leadership grow from connection with Christ, not striving. Dependence is the foundation of fruitfulness.

Pray for Him

Jesus, help my husband remain connected to You. Produce lasting spiritual fruit through his life and leadership.

My Prayer for Him

Encourage His Journey

Thank him for pursuing spiritual growth, even when change feels gradual. Gratitude reinforces commitment.

Personal Reflection

Lord, help our marriage remain rooted in You.

PHASE 5 COMPLETE

You have prayed as God forms humility and surrender within your husband.

From surrendered hearts, service naturally begins to grow.

Continue praying — God is preparing him to serve others faithfully.

PHASE 6 — SERVE

Praying for Faith in Action

Days 21–24

Phase Introduction

As surrender deepens, faith begins to move outward through service.

During this phase, your husband is being challenged to live out his faith through action — serving others, leading intentionally, and taking responsibility where God is calling him to step forward.

Service may stretch comfort zones.

He may try new responsibilities, initiate spiritual leadership, or become more engaged in church or family life.

These steps may not feel polished at first.

God often forms leaders through faithful action rather than perfect readiness.

Your encouragement helps strengthen confidence as obedience becomes visible.

DAY 21 — Pray for Willingness to Serve

Scripture: John 13:12–15

Understanding His Journey

Today your husband is being challenged to serve others intentionally rather than waiting for convenience or recognition.

Taking initiative in service may feel unfamiliar or uncomfortable as he steps beyond passive faith.

God is developing willingness through action.

Pray for Him

Lord, give my husband a willing heart to serve.

Help him follow Christ's example of humility and faithfulness in caring for others.

My Prayer for Him

Encourage His Journey

Thank him when he takes initiative — whether at home, church, or in relationships. Recognition strengthens continued leadership.

Personal Reflection

How can I also serve with humility today?

DAY 22 — Pray for Humble Leadership

Scripture: Mark 10:43–45

Understanding His Journey

Today your husband is being challenged to view leadership as service rather than control.

He may begin taking responsibility in new ways within the home or spiritual life.

Learning servant leadership often develops gradually through practice.

Pray for Him

Father, shape my husband into a servant leader.

Help him lead with humility, compassion, and wisdom.

My Prayer for Him

Encourage His Journey

Express appreciation when he leads spiritually or helps intentionally, even in small ways.

Encouragement builds confidence.

Personal Reflection

Do I affirm leadership efforts when they appear?

DAY 23 — Pray for Bold Faith

Scripture: James 2:17

Understanding His Journey

Today your husband is being challenged to put faith into action.

He may step into conversations, responsibilities, or opportunities he previously avoided.

Acting in faith often requires courage before confidence develops.

Pray for Him

Lord, give my husband boldness to act on his faith.

Help him trust You as he steps forward in obedience.

My Prayer for Him

Encourage His Journey

Offer verbal support when he steps into something new or challenging.

Confidence often grows through affirmation.

Personal Reflection

Where might God be calling me to act in faith?

DAY 24 — Pray for Endurance in Serving

Scripture: Galatians 6:9

Understanding His Journey

Today your husband is being challenged to serve faithfully even when effort goes unnoticed. Service without recognition can test motivation. God is forming perseverance and faithfulness through consistent action.

Pray for Him

Father, strengthen my husband to serve faithfully without discouragement. Help him remain steady and joyful in serving others.

My Prayer for Him

Encourage His Journey

Acknowledge acts of service you notice that others may not see. Feeling seen strengthens endurance.

Personal Reflection

How can gratitude shape my attitude today?

PHASE 6 COMPLETE

You have prayed as your husband begins living out faith through service. As service grows, God often reveals areas requiring repentance and renewal. Continue praying — deeper transformation is still unfolding.

PHASE 7 — REPENT

Praying for Restoration and Renewal

Days 25–28

Phase Introduction

As faith becomes active through service, God often reveals areas still needing healing and renewal.

During this phase, your husband is being challenged to practice repentance — honestly turning back to God where attitudes, habits, or priorities have drifted.

Repentance is not punishment.

It is invitation.

Men growing spiritually often become more aware of failure before they experience freedom.

This awareness may bring humility, reflection, or emotional weight.

Your prayers during this phase help create an atmosphere of grace where restoration can fully take place.

DAY 25 — Pray for a Repentant Heart

Scripture: Psalm 139:23–24

Understanding His Journey

Today your husband is being challenged to honestly examine his heart before God.

He may be reflecting on attitudes, habits, or decisions needing change.

This process can feel heavy, but it is often the beginning of spiritual freedom.

Pray for Him

Lord, search my husband's heart.

Give him courage to see clearly where change is needed and assurance of Your grace as he turns toward You.

My Prayer for Him

Encourage His Journey

Respond with patience if he seems reflective or quiet today.

Grace provides safety for repentance.

Personal Reflection

Lord, help me welcome Your refining work in my own heart.

DAY 26 — Pray for Freedom Through Honesty

Scripture: 1 John 1:9

Understanding His Journey

Today your husband is being challenged to bring struggles fully into God's light.

Confession requires humility and vulnerability.

He may wrestle internally between shame and freedom as God leads him toward restoration.

Pray for Him

Father, give my husband courage to confess honestly before You.

Replace shame with forgiveness and restore joy through Your grace.

My Prayer for Him

Encourage His Journey

If vulnerability or honesty is shared, listen without judgment or immediate correction.

Listening communicates acceptance.

Personal Reflection

Do I respond to honesty with grace?

DAY 27 — Pray for Renewed Direction

Scripture: Luke 22:31–32

Understanding His Journey

Today your husband is being challenged to turn back toward Christ where he may have drifted.

Repentance often includes renewed commitment and spiritual clarity.

God strengthens men not after perfection, but after restoration.

Pray for Him

Lord, strengthen my husband as he turns fully toward You.
Restore confidence and renew his desire to follow faithfully.

My Prayer for Him

Encourage His Journey

Offer reassurance of your support rather than revisiting past mistakes.
Forward movement strengthens renewal.

Personal Reflection

How can forgiveness shape my responses today?

DAY 28 — Pray for Renewed Strength

Scripture: John 21:15–17

Understanding His Journey

Today your husband is being challenged to receive restoration and move forward in purpose. After repentance, God often renews calling rather than diminishing it. Like Peter, restoration becomes preparation for future leadership.

Pray for Him

Jesus, restore my husband with Your grace.

Strengthen him to move forward confidently in the purpose You have given him.

My Prayer for Him

Encourage His Journey

Remind him that growth includes restoration and new beginnings.

Hope strengthens renewed commitment.

Personal Reflection

Lord, help me extend grace as freely as You do.

PHASE 7 COMPLETE

You have prayed through a season of renewal and restoration.

Repentance prepares the heart for lasting discipleship.

Now God calls your husband not only to follow Christ personally,
but to lead others toward Him.

PHASE 8 — FOLLOW ME & FEED OTHERS

Praying for Lifelong Discipleship

Days 29–31

Phase Introduction

Spiritual growth does not end with personal transformation.

Jesus restores His followers so they may strengthen others.

During this final phase, your husband is being challenged to live as a disciple who helps others follow Christ — leading through example, encouragement, and faithful obedience.

Discipleship is not perfection.

It is daily faithfulness lived openly so others may grow.

Your continued prayer and encouragement help sustain this calling long after these 31 days end.

DAY 29 — Pray for Lifelong Faithfulness

Scripture: John 21:18–19

Understanding His Journey

Today your husband is being challenged to view discipleship as a lifelong commitment rather than a temporary effort.

He may be reflecting on what it means to follow Christ consistently — in both ease and difficulty.

God is inviting him to faithful obedience over the long course of life.

Pray for Him

Lord, strengthen my husband to follow You faithfully every day.

Give him perseverance to remain committed to You through every season.

My Prayer for Him

Encourage His Journey

Tell him you are grateful for the spiritual leadership you see developing in his life.

Affirm long-term growth rather than short-term results.

Personal Reflection

How can I support lifelong faithfulness within our marriage?

DAY 30 — Pray for Spiritual Influence

Scripture: John 21:15–17

Understanding His Journey

Today your husband is being challenged to invest spiritually in others.

He may begin considering how to encourage friends, lead family spiritually, or strengthen other men in faith.

Discipleship multiplies when faith is shared.

Pray for Him

Father, use my husband to strengthen others.

Give him wisdom, compassion, and courage to help others follow Christ.

My Prayer for Him

Encourage His Journey

Encourage opportunities where he invests spiritually in others — conversations, mentorship, or leadership moments.

Support reinforces calling.

Personal Reflection

Lord, how can I encourage others in faith as well?

DAY 31 — Pray for Continued Growth

Scripture: Hebrews 10:24–25

Understanding His Journey

Today your husband is being challenged to continue walking in discipleship through community.

Spiritual growth is sustained through relationships like his 2×2 — men strengthening one another in faith.

This journey is meant to continue beyond these 31 days.

Pray for Him

Lord, surround my husband with faithful brothers who strengthen and encourage him. Help him remain committed to community and continued growth.

My Prayer for Him

Encourage His Journey

Ask him what step he hopes to continue after these 31 days and express your support. Shared vision strengthens perseverance.

Personal Reflection

Lord, help our marriage continue growing toward You together.

Strengthen Him — Continue the Journey

These 31 days were not an ending.

They were a beginning.

God forms disciples over a lifetime through daily faithfulness, repentance, service, and community.

Your prayers matter.

Your encouragement matters.

Your partnership matters.

Continue praying.

Continue encouraging.

Continue walking together as Christ strengthens your home.