



Each week of Lent we will focus on some object that is found in our daily lives and look at how it can remind us of Jesus and his love for us, his desires for us. These sheets are to help you carry the theme throughout your week, so don't feel you have to do everything one day! This week is all about Bread!

Something to do:

- **Bake bread together**



- If you regularly make your own bread, let it be a family activity this week.
- Or pick up a tube or more of crescent rolls and let each person help roll the rolls up and place on the cooking sheet. When the rolls are done, sit down together and eat them!
- Or...use the recipe on the bottom of this sheet to make unleavened bread – it's easy to do! When the bread is baked, eat some together!

- **Visit a bakery and ask if they can show you how they make bread**



- **Make bread visits** – offering bread to others has long been a sign of hospitality. Gather some bread loaves or rolls and make care packages for neighbors or friends. Go together to deliver the bread with a nice note.

- **Questions to ask this week:**

- What's your favorite way to eat bread? What's your favorite kind of bread?
- Jesus says he is the "bread of life" – what do you think that means?
- What things in your life do you take for granted? You just "know" they are going to be there – chairs to sit on? Beds to sleep in? The sunshine in the sky? Today try to remember to thank God for all the gifts he gives you – including your "daily bread" - your food and Jesus the bread of life!



Bread Recipe

- 2 1/2 cups of flour
- 1/2 tsp of baking powder
- 1/2 tsp of salt
- 2 T of oil
- 1/4 cup of honey
- Water

Mix dry ingredients together
 Make well in center and add oil and honey
 Mix well, all the while adding water until you have a stiff dough.
 Cover and refrigerate for a few hours or overnight
 Roll out/pat out portion of dough to 1/4-1/2 inch thick (no thicker) on floured board and/or by using floured hands
 Bake @ 375 degrees for 20 minutes on a GREASED cookie sheet or use parchment paper.