

## THE HOLY SACRAMENT OF COMMUNION

† HYMN: *Eat this Bread and Never Hunger*

VU#471

One: The Holy One be with you

**Many: And also with you**

One: Open your hearts to the One who is Love

**Many: We open our hearts to you, O God**

One: Let us give thanks to God, who gives us courage

**Many: To the One who calls us to lives of service, we give thanks and praise**

From our beginning, you shaped us to live in service to one another and all the earth. You set us in the garden to co-create life with you. You surrounded us with creatures and creations that depend on our care. Our destinies have always been wrapped up in one another – our individual well-being bound to the well-being of all.

Therefore we join our voices with your people on earth and all the company of the heavens, singing praise to you,

**Holy, Holy, Holy One**

**God of justice and love**

**Heaven and earth are full of your wonder**

**Hosanna among us**

Gracious One, we struggle with spirits of fear and greed that tempt us away from your original plan for us. We excuse ourselves from responsibilities to our neighbors. We struggle to believe we have anything to offer to the whole. And at times we knowingly do harm to others for the sake of our own gain.

You know our struggles, O God. And so you sent us Jesus.

In him we learn how to show up for one another. Jesus lived in service to collective well-being. He sought out those in need of community. He befriended the ones who were isolated. He challenged the structures that destroy.

Through his life, you taught us that the same capacities live in us. We too can choose the way of service to collective life. You have given each of us gifts to play our part.

The same spirit of courage that kept Jesus proclaiming love even in the face of death lives in us.

On the night of his arrest, Jesus shared a meal with his companions.

He took bread, blessed it, broke it, gave it to his disciples and said:

“This is my body which is given for you.

Do this in remembrance of me.”

After the meal, he took the cup, blessed it, and shared it saying:

“This cup that is poured out is the new covenant.”

In remembrance of all you have done to save us, we proclaim the mystery of our faith:

**Christ was birthed among us.**

**Christ was killed among us.**

**Christ rises again among us.**

Pour out your Spirit on these gifts and make this bread and this cup sustenance for our Lenten journey. By your grace, may we experience anew the call you place on our lives to serve one another. In feasting at your table, may our hearts be filled with courage once again to follow Christ, come what may.

In collective longing for a taste of your Kin-dom on earth, we join together in echoing the prayer of Jesus:

**Our Creator... Amen.**

Come to the table, for it is prepared.

The Body of Christ – broken for you

**Bread for the journey**

The Cup of Blessing – poured out for you

**Wine of new life**

**Thanks be to God**

**Prayer after receiving**

**God, your bread and your cup renew our spirits. No matter the times we have failed to show up to your call, or to our own needs, or to the cries of our neighbors, you receive us again. May your unending grace be our foundation as we journey with Christ towards justice. Amen.**





## Trinity United Church

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*You are...Wanted...Valued...Included...Affirmed*

**Sunday, March 1<sup>st</sup>, 2026 - 10:00 AM**  
**The Chosen Fast: Land & Life**  
**2<sup>nd</sup> Sunday in Lent & Communion**

† indicates stand as you are able      MV = More Voices  
Bold indicates participation by the people      VU = Voices United

Core Values: Living Faith - Inclusive Fellowship  
Joyful Service – Being Anti-Racist – Affirming All

### GATHERING AS COMMUNITY

#### PRELUDE

#### WELCOME & TERRITORIAL ACKNOWLEDGEMENT

*Hadih, Bundada honzoo*, welcome in the name of The Christ.

**All: Welcome to this place of worship, situated on the Ancestral and unceded lands of the Lheidli T'enneh people.**  
Welcome to this place of blessing, this space of grace, and this holy sanctuary.

This place where we discern how to live into the way of Jesus.

**All: We gather this morning to share in song, word, and prayer, to publicly, intentionally, and explicitly affirm that we are all an expression of the divine's holy light.**

Welcome to this community, with deep traditions and hearts open to God

**All: Be present with God and with one another here**

Be welcomed and receive this blessing of presence and connection.

#### LIFE & MINISTRY

#### THE PEACE OF CHRIST SHARED WITH ALL

The peace of Christ be with you!  
**And also with you.**

#### LEARNING AND SPEAKING PEACE – Lheidli Dakelh

Peace of Christ be with you – Dez-ghel nawhulh 'unt'oh  
And also with you – Cha nyulh 'unt'oh

† HYMN:            *How Good, Lord, to Be Here*            **VU#10**

#### CALL TO WORSHIP (Responsive) by M Jade Kaiser

One: When the way is difficult and dangerous,

**Many: let us still choose what is good and just.**

One: When evil comes to break us down and break us apart,

**Many: let us still choose to carry on with each other.**

One: When power from on high strikes fear in our hearts,

**Many: let us still choose the courage to persist. For we know that the love and power of God, which abides in us, will not be overcome.**

One: Come, let us walk in this good way, let us belong to one another, just as we belong to God

**Lighting the Christ Candle:**

#### GROUNDING IN THE HOLY ONE

#### EMBRACING GOD'S LOVE AND GRACE (Unison)

**We sing of God the Spirit, faithful and untameable, who is creatively and redemptively active in the world. Divine creation does not cease until all things have found wholeness, union, and integration with the common ground of all being. Creator, we turn toward your love and grace with open hearts, knowing that as you so freely offer it, we must reach back toward you to receive it. God's love and grace is for all, a well so deep there is always enough for each one of us. Amen**

† HYMN:            *We Cannot Own the Sunlit Sky*            **MV#143**

#### A STORY FOR THE AGES

*Lectionary@Home: Genesis 12:1–4a, Psalm 121, Romans 4:1–5, 13–17, Matthew 17:1–9*

#### FOCUS READING:

**Romans 4:1-5 New Revised Standard Version Updated Edition Romans 4:13-17**

WA: This is the witness of the ancestors of our faith

All: Thanks be to God.

ANTHEM: *I Lift My Eyes Up to the Hills*

SERMON: *Land & Life*

Holy Quiet

THE HOLY SACRAMENT OF COMMUNION

BEING THE CHURCH THROUGH SERVICE

† HYMN: *Lord, Listen to Your Children Praying* (x2) VU#400

PRAYERS OF THE PEOPLE

SHARING OUR GIFTS FOR MINISTRY

OFFERTORY PRAYER (Unison)

Gracious God, We bring these tokens of our recognition for your abundant gifts. We bring these gifts that they may be transformed by the hands of your community to bring Peace. We bring ourselves that we may share in the co-creating of your peace, and that we might too, partake and experience it with others. Holy One, we ask that you would bless these gifts, multiply them, bring the deep peace of Shalom to your people. Amen.

† HYMN: *Make Me a Channel of Your Peace* VU#684

† COMMISSIONING & BLESSING

† HYMN: *Walk With Me* (chorus, v 4, chorus only) VU#649

POSTLUDE

**PARTICIPATING IN WORSHIP LEADERSHIP TODAY:** *Worship Leader – Rev. dr. Kendra Mitchell-Foster; Worship Assistant – Nancy Shelford; Pianist – Vic Steblin; Trumpet Player – Diane Kjørven; Choir Director – Erica Skowron; Associate Choir Director – Diane Kjørven; Adult Choir; Digital Ministry – Rebecca Fillier & Fya Garbutt*



