

Life Group Notes & Discussion Guide, March 1st, 2026

“Lessons from Jesus”

“Two Miracles in One Journey”

Sermon text: **Luke 8:40-56**; Old Testament Text: **Psalm 130:1-8**; New Testament Text: **1 Peter 5:6-11**.

Read **Luke 8:40-56** as you listen to the sermon, then answer the questions below.

1. Read **Luke 8:40**. When Jesus returned, to what town did He return?
2. Read **Luke 8:41-42**. Who was waiting for Him and what did He want Jesus to do for him?
3. What position did this man hold?
4. How did this man display great courage and great faith in Jesus?
5. Read **Luke 8:43-44**. What happened as Jesus began His journey to the man’s house?
6. Read **Luke 8:45-46**. How did Jesus react to His unexpected encounter with the woman?
7. How did Peter react?
8. Read **Luke 8:47-48**. Why did the woman do what she had done and what was the result?

9. How did Jesus react to the woman's explanation?

10. Read **Luke 8:49-50**. What do you think Jairus thought about the woman's interruption now?

11. How would you have reacted to Jesus's statement in **v. 50**?

12. Read **Luke 8:51**. Who was allowed to accompany Jesus to see the girl?

13. Read **Luke 8:52-53**. What were the people doing when Jesus arrived?

14. How did the people react to Jesus's statement & why?

15. Read **Luke 8:54-55**. What happened when Jesus spoke to the girl?

16. Why did Jesus want the girl to be given something to eat?

17. Read **Luke 8:56**. Why did Jesus charge the parents to *"tell no one what had happened?"*

18. What will you remember most from this message?

Discussion Guide for Your Life Group Meeting

- I. At your Life Group meeting, first read **Psalm 130:1-8** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. In **Psalm 130:1**, to what do you think the psalmist is referring when he says, ***out of the depths I cry to you, O Lord?***
 2. In **Psalm 130:2**, why is the psalmist so eager for the Lord to hear his ***cry for mercy?***
 3. When you read **Psalm 130:3**, what kind of mental image does it evoke?
 4. After reading **Psalm 130:4**, why do you think the psalmist would ***fear the One who forgives him?***
 5. In **Psalm 130:5**, for what do you think the psalmist is ***waiting?***
 6. Why is ***hope in His word*** such a necessity in our ***waiting for the Lord?***
 7. When you read **Psalm 130:6**, what kinds of thoughts and emotions do you imagine go through the minds of ***watchmen waiting for the morning?***
 8. When the psalmist says, ***my soul waits for the Lord more than watchmen wait for the morning***, what does that communicate to you about the psalmist's heart for the Lord?
 9. As children of Abraham, what thoughts go through your minds as you read **Psalm 130:7?**
 10. Remembering that we are children of Abraham, how does reading **Psalm 130:8** make you feel?
- II. Next read **1 Peter 5:6-11**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions.
1. When you read **1 Peter 5:6**, how do you feel about the need to ***humble yourself under the mighty hand of God?*** (Put another way, how do you view ***the mighty hand of God?*** Do you see His hand as an oppressive hand or a helpful, encouraging hand?)
 2. How will God ***exalt us at the proper time?***
 3. Read **1 Peter 5:7**. How well would you say you do at ***casting all your anxieties on him?***
 4. What do you think makes us often miss out on the benefits of this promise?
 5. Read **1 Peter 5:8**. As you live your life, how aware are you of the fact that we have an enemy ***who seeks to devour us?***
 6. Does that awareness bring you fear or confidence?
 7. Read **1 Peter 5:9**. How do you use your faith in Christ to ***resist the devil?***

8. How does it make you feel to know *our brothers and sisters in Christ throughout the world are experiencing the same suffering?*
 9. Read **1 Peter 5:10**. Explain in your own words what this verse means to you.
 10. Read **1 Peter 5:11**. How does this verse make you feel when you read it?
- III. Read **Luke 8:40-56**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. Read **Luke 8:40**. When Jesus returned, to what town did He return?
 2. Read **Luke 8:41-42**. Who was waiting for Him and what did He want Jesus to do for him?
 3. What position did this man hold?
 4. How did this man display great courage and great faith in Jesus?
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 9. How did Jesus react to the woman's explanation?
 10. Read **Luke 8:49-50**. What do you think Jairus thought about the woman's interruption now?
 11. How would you have reacted to Jesus's statement in **v. 50**?
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 17. Read **Luke 8:56**. Why did Jesus charge the parents to *"tell no one what had happened?"*