



POHICK EPISCOPAL CHURCH

The 1774 home church of George Washington and George Mason.
In Christ: Embracing our history, welcoming in the present, transforming for the future.

March 01, 2026

The Second Sunday in Lent
8:00 a.m.

Holy Eucharist: Rite One
& An Exhortation

The congregation enters and departs in silence

The congregation stands

HOLY EUCHARIST: RITE ONE

The Book of Common Prayer, pp. 325-340

THE WORD OF GOD

Celebrant Bless the Lord who forgiveth all our sins.

People **His mercy endureth for ever.**

The Celebrant says the Collect.

COLLECT

Second Sunday of Lent, p. 166

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

OLD TESTAMENT

Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the Lord had told him; and Lot went with him.

Reader The Word of the Lord.

People ***Thanks be to God.***

THE PSALTER (*said seated*)

Psalm 121

Levavi Oculos

- 1 I will lift up mine eyes unto the hills : from whence cometh my help.
- 2 My help cometh even from the Lord : who hath made heaven and earth.
- 3 He will not suffer thy foot to be moved : and he that keepeth thee will not sleep.
- 4 Behold, he that keepeth Israel : shall neither slumber nor sleep.
- 5 The Lord himself is thy keeper : the Lord is thy defence upon thy right hand.
- 6 So that the sun shall not burn thee by day : neither the moon by night.

7 The Lord shall preserve thee from all evil : yea, it is even he that shall keep thy soul.
8 The Lord shall preserve thy going out , and thy coming in : from this time forth for evermore.

Gloria Patri

Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Book of Common Prayer, 1662

THE EPISTLE LESSON

Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.
People *Thanks be to God.*

THE GOSPEL LESSON

John 3:1-17

Celebrant The Holy Gospel of our Lord Jesus Christ according to John
People *Glory be to thee, O Lord.*

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from

above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?”

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Celebrant The Gospel of the Lord.

People *Praise be to thee, O Christ.*

THE SERMON

The Reverend Ted Renaud

Moment of Silence

THE NICENE CREED

p. 326

THE PRAYERS OF THE PEOPLE

BCP. pp. 328-330

AN EXHORTATION

BCP, pp. 316-317

THE CONFESSION

THE PEACE

WELCOME AND ANNOUNCEMENTS

THE PRESENTATION OF THE BREAD AND WINE

THE OFFERTORY

THE GREAT THANKSGIVING: *Eucharistic Prayer I*

p. 333

THE PRAYER OF CONSECRATION

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THE LORD'S PRAYER	p. 336
THE BREAKING OF THE BREAD	p. 337
THE AGNUS DEI	p. 337
THE PRAYER OF HUMBLE ACCESS	p. 337
THE INVITATION	p. 338

All baptized Christians are invited to receive Communion (see back page). Please follow the direction of the ushers to Communion Stations.

THE MINISTRATION OF HOLY COMMUNION

THE PRAYER OF THANKSGIVING	p. 339
THE BLESSING AND DISMISSAL	p. 339-40

We warmly welcome all newcomers and visitors and hope you'll introduce yourselves, receive a gift, and leave us your contact information!

~SERVING TODAY~

Celebrant	The Reverend Daniel M. Cenci
Preacher	The Reverend Ted Renaud
Lay Eucharistic Ministers	Calvin Pilgrim and Tony Marsico
Acolyte	Kyle Johnson
Ushers	Dave Billingsley and Sandra Caesar

~PRAYERS, INTERCESSIONS, AND THANKSGIVINGS~

- **For the special needs and concerns of this congregation**, especially for Craig Floyd, Wren Norwood, Andrea Godwin-Stremmer, Cathie McCall, Alisa Romero, Steve Alfieris, Jennifer Sassin, Becky Wagner, Tanya Reams, Joe Coleman, Andy, Kelly, Nissa D'Andrea, Ray Rios, Mickie Krause, Anne Derbes, Bill Hosp, D'Andrea Wooten, Brett Ward, Ann Carter, Lydia Cepeda, Terry Abrams, Tom Mayberry, Jim Murphy, Barb Rader, Margo Singleton, Mary Reilly, David Urbanski, Boatner Howell, Susanne Roberts, Donna Crawford, Pat DeYoung, Barry Brown, Lara Gore, Larry Mobley, Alexander Clumpkens, Everett Wanko, Maggie Calio, Jack Oates, Anne Sayer, Jan Hover, Cheryl Maddock, Christina Cole, Rob Grant, Sally Hogg, Anne & Tony

Marsico, Jim Bartholomew, Kelly Godfrey, Rob Lamb, Vera Robinson, Melissa Cohen, Patty Mitchell, Carmen Ramon, Linda Egan, Samira Zajur, Larry Rose, and Nolan Brown.

- We pray for all the blessings of this life, especially those celebrating birthdays this week: Beth Altman, Beth Cooke, Becky Wagner, Henry Prior, Richie Rodriguez, Molly Diaz, Chet Biller, Joe Berger III, and Jo Maynard.
- We pray for our members who serve our country, particularly those overseas, and their families: Ryan Moatta, Gabby Rolland, Summer Lancet, Colt Drew, Andrew Choi, and The Hicks Family.
- We pray for the victims of violence and of natural disasters worldwide. We pray for a Peaceful resolution of all global conflicts, and we ask your protection for all innocent people.
- We pray for all Christians who face persecution for their faith.
- In the Diocese of Virginia, we pray for St. David's, Aylett; Grace, Stanardsville; and St. Peter's in the Woods, Fairfax Station.

❧ *THANK YOU* ❧

Dear Church Family,

Thank you all for the many prayers, cards, meals and loving support you offered during Fred's service and reception. Your kindness carried us through a very difficult time. Your care, support and strength brought us comfort when we needed it most. We are grateful for everything you did to honor Fred and support our family.

Love, The Crawford Family

❧ *TODAY'S EVENTS* ❧

- **7:45 am to 11:45 am:** The Nursery will be open and an attendant will be on site.
- **Coffee hours** in the Parish House after the 8 am and 10:30 am services.
- **9:15 am-10:15 am:** Church School: Preschool through fourth grade. Parents, please pick up your children at the door of the classrooms.
- **9:15 am: Adult Forum- Lent Madness** is an inspirational, participative, and fun study of the saints, their stories, and their spiritual disciplines. Lent Madness will involve learning about 32 saints and their witness and inspiration, for all ages. Adults and youth will be voting on our favorite saints! (led by Rev. Ted)
- **9:15 am in the Nursery: Grace Space** (18-36 month olds with parent or grandparent)
- **10:20 am Classroom D: Children's Chapel**, parents can drop off preschool-2nd graders
- **6 pm: EYC meeting**

❧ *UPCOMING EVENTS* ❧

- **MAR 03: Attention Women of Pohick Church** --- The Diocese of Virginia ECW is having a **Lenten Retreat**, "*Hallowing our Days: Sacred Spaces & Prayer Practices for Everyday Living*" on

Tuesday, March 3. The Martha Guild would like you to join us as we attend this session via "Livestream" in the Annex. We ask that you join us at 9:30am for 'Coffee Hour', and then watch the session that is from 10am - 11am. Flyers for this event are posted in the Parish House and a signup sheet with information will be in the Common Room. The Diocese is asking for everyone to register, even if you are attending via Livestream. If you will be joining the Martha Guild to watch this event, please sign up & give the registration form to Connie or Helen, or leave in the Martha Guild Mailslot in the Church Office by Tuesday, February 24. Any questions, please contact Helen Parker or Connie Myers.

- **FEB 25-March 25: WEDNESDAYS during Lent: Lenten Potluck 6:00pm, program 6:30pm, and Compline 7:15pm, all in Common Room**
- **Join Rev. Daniel on Wednesday nights at 6:00pm for our 2026 Lenten pot-luck supper series!** Our theme this year is the life and journeys of the twelve apostles. We will examine where each apostle is mentioned in the canonized scripture, paying close attention to their role in the Jesus movement, and how they lived out their calling to follow Christ. We will also look at church tradition and extra-biblical sources that will help us understand what may have happened to the apostles after the resurrection and ascension of Jesus. A children's program on the lives of the Apostles will also be offered at the same time. We invite you and your family to be a part of our apostolic journey! Please bring a dish to share!
- **MAR 08: Clocks Spring Forward**
- **MAR 10: Vestry Meeting, 7:00 pm**
- **MAR 14: St. Patrick's Day Dinner**
- **MAR 15: Golden Dove Gift Shop Spring sale 8:30-noon**
- **MAR 18: Eucharist at the Fairfax, 1:30 pm**
- **MAR 18: Lenten Potluck 6:00pm, program 6:30pm in common Room, and Lenten Choral Evensong 7pm-8pm in the Church.** All are invited! The order of worship is from The Book of Common Prayer, 1662 and will be sung by the Pohick Choir & Pohick Youth Choir. This service is part of our Wednesday night Lenten program.
- **MAR 26: Prayer Service at Harmony at Spring Hill Assisted Living Center, 1:30 pm**
- **(Coffee 'n' Compline will resume Wed April 8)**
- **(Friday Family Fellowship will resume April 24)**

HOLY WEEK:

Palm Sunday – March 29

8 am Holy Eucharist Rite I

9:15 am Sunday School and Children's Chapel

10:30 am Holy Eucharist Rite II

Fellowship Hour after both the 8 am and 10:30 am services in the Parish House.

Maundy Thursday – April 2, 7 pm
Holy Eucharist Rite I
Washing of Feet, Stripping of Altar, Procession to Altar of Repose

Good Friday – April 3
12 pm, Rite I with music and 7 pm Rite I, spoken
Stations of the Cross follows the 12 noon Service

Easter Sunday – April 5
6:00 am Flame Walk
6:45 am Easter Prayer in Church, light Pascal Candle
7 am Hot Cross Buns Breakfast
7:30 am Rite I Eucharist, Spoken
9:00 am Rite II, Choral
10:15 am Community Easter Egg Hunt
11:15 am Rite I, Choral

❧ *MINISTRIES* ❧

CHILDREN'S MINISTRY: TODAY: Church School, Grace Space and Children's Chapel

- Susan Pehrsson, Director of Christian Education, 703-282-6574 or spehrsson@pohick.org

YOUTH MINISTRY: TODAY: 6 pm: EYC

- The Rev. Ted Renaud, Youth Minister, trenaud@pohick.org

MUSIC MINISTRY:

New members are welcome in all choirs and ensembles. Now is an excellent time to join in the preparations for the Seasons of Lent, Easter and Pentecost.

TODAY: Sunday, March 1, The Second Sunday in Lent

- 9:45 a.m. Pohick Choir, Music Room
- **10:30 a.m. Holy Eucharist: Rite One, Pohick Choir**
- 11:45 a.m. Pohick Youth Choir, Music Room & Church

Tuesday, March 3, *Tuesday in the Second Week of Lent*

- 6-6:30 p.m. St. Francis Choir

Wednesday, March 4, *Wednesday in the Second Week of Lent*

- **7:15 p.m. Compline, Barbara Lynn, leader**

Thursday, March 5, *Thursday in the Second Week of Lent*

- 5:30-6:30 p.m. Pohick Youth Choir & RSCM, Music Room
- 6:15-7:15 p.m. Pohick Handbells, Music Room
- 7:30-9 p.m. Pohick Choir

Sunday, March 8, The Third Sunday in Lent

- 9:45 a.m. Pohick Choir, Music Room & Church
- **10:30 a.m. Holy Eucharist: Rite One**, *Pohick Choir, St. Francis Choir, Pohick Pickers*
- 11:45 a.m. Pohick Youth Choir

LENTEN CHORAL EVENSONG, Wednesday, March 18, 2026, 7 p.m., *The Book of Common Prayer, 1662, Pohick Youth Choir & Pohick Choir, Evening Service in C – Stanford, Preces & Responses of Tallis, Anthems of S. S. Wesley & Howells.*

❧ **FOR YOUR INFORMATION** ❧

- **Mark your calendars! Pohick Vacation Bible School, July 13-17**, Ages 18 months-5th grade. The theme this year is Snowball Mountain Challenge! Log on to pohick.org/events/vbs to register.
- **It's never too early to begin planning for this year's Fair—our 80th! Mark your calendar for Saturday October 3, 2026.** The organizing team is exploring sponsorship opportunities with local businesses at multiple levels. We are compiling a list of merchants within a three to five-mile radius of the parish to invite as potential sponsors. If you have suggestions for businesses we should approach, or if you would like to assist the Fair Committee, please contact Rick Church at rickandkristi@comcast.net
- **If anyone is interested in contributing a dozen candy/treat filled plastic Easter eggs for Pohick's Easter Egg Hunt (April 5)**, please bring the eggs into the Parish Office.
- **Volunteers are needed to stream our services to Facebook and YouTube.** We now routinely stream many of our services and need to expand our streaming team. Anyone age 18 or older with some comfort using personal computers is welcome to join our small team for this fun and important ministry. We will teach you everything you need to know, but it's really not hard to do this. Please contact Chris Brown to volunteer (cbrown@pohick.org), or talk to him any time he's around, or stop in the church office when a service is being streamed and speak with whomever is streaming the service at that time.

FROM THE FINANCE OFFICE:

- Pohick no longer provides Offering Envelopes. We have alternate ways of giving. Please contact the office if you want your envelope number. All offerings are recorded by name/number.
- **Stewardship Update:** Thank you to those who have returned their pledge cards! If you have not, please return your pledge cards as soon as possible.
- Good News - We will continue to use **MyEOffering** (the current vendor) into 2026.
- Don't Forget - If you increased your pledge for 2026, you will need go online to make the adjustment to your donations. If you are not an online giver, please consider this for 2026. If you make your payment through your checking/savings account, the fee is only \$0.30.
- This is a great way to have continuity in your donations and help us budget for expenses.
- If you would like assistance, please contact me at the office. Thank you for your continued support of Pohick Church! *Julie Ramacciotti, Finance Administrator*

GOLDEN DOVE GIFT SHOP

Open 1st & 3rd Sundays-8:45-10:30AM

2nd & 4th Sundays-11:30AM- 12:30PM

First Saturdays-1-3PM (during docent tours)

SPRING things are in the shop, with more to come soon!

MARK YOUR CALENDARS

GOLDEN DOVE GIFT SHOP SPRING SALE, in Common Room-March 15th-8:30AM-Noon

Lots of spring décor: bunnies, Easter items, table accessories, baptism & confirmation gifts too!

- **Education for Ministry (EfM) Classes are Mondays at 7pm on Zoom.** Contact: Denise McHugh at 410-300-9867 or dmchugh@umd.edu, or John Egan 703-973-5038 or jjegan3@netscape.net.
- **Coffee N Compline** on-line Wednesdays at 7:00 pm. Fellowship, reflection and worship. Call the Parish Office at 703 339-6572 for the Microsoft Teams link. This same link is used every Wednesday. *Compline will resume after Lent and Easter, on Wed., April 8.*
- **Our regular Sunday Services** are at 8 am (Rite I Eucharist) and 10:30 am (Rite II Eucharist). Christian Education for all ages begins at 9:15 am. Announcements are on pohick.org /news/weekly-announcements. Send your email to adminassistant@pohick.org to receive our weekly email.
- **Parish Office hours:** Mon-Thu 9am-3pm, Fridays 9am-noon. (*Parish Office will be closed on Monday April 6, in observance of Easter Sunday*)

❧ *INSTRUCTIONS FOR RECEIVING COMMUNION* ❧

In the Episcopal tradition, all baptized Christians are welcomed to receive Communion at the Lord's Table; simply come to the altar rail and kneel to receive if you are able, or you may stand. If you are unable to come to the rail, please indicate to an usher that you would like communion brought to you.

The options for receiving communion are:

- *You may hold out both hands to receive bread and drink from the cup;*
- *To receive by intinction, please leave the bread in your open palm and the Chalice bearer will dip the bread in the chalice for you and place it back in your hand.*
- *To reduce germ exposure in the chalice medical authorities have suggested, and the Diocese recommends, only the Chalice Bearer intinct the bread in the Common Cup.*
- *If you prefer to receive only bread, simply cross one arm across your chest as you hold out your hand for bread.*
- *You may cross your arms over your chest and simply receive a blessing.*

Vestry of Pohick Church

<u>Member</u>	<u>Elected Position and Commission Leads</u>
Neil Hogg	Senior Warden
Dave Billingsley	Junior Warden, Building and Grounds
Andrea Gurrola	Treasurer, Resources/ Stewardship/Policy
Tom Mayberry	Register, Pastoral Care/Worship/Education
Dan Derbes	
Molly Diaz	Young Adult/Family Ministry
Rick Church	Communication/Digital Ministry
John Egan	
Christopher Hempel	
Patrick Riley	
Tom Wright	
Barbara Schavland	(youth rep 25/26)
Olivia Diaz	(youth rep 26/27)

Staff of Pohick Church

Priest-In-Charge:	The Reverend Daniel M. Cenci
Assistant Rector/ Youth Minister:	The Reverend Ted Renaud
Minister of Music:	Ronald Butts Boehmer
Director of Education:	Susan Pehrsson
Finance Admin.:	Julie Ramacciotti
Sexton:	Clint Herbert
Administrative Asst.:	Kara Faunt
Cemetery Warden:	Sandra Caesar
Communications Mgr:	Deborah Hennig
Nursery Supervisor:	Jennifer Tatum

QR Code is set up for one-time giving for visitors or guests.

Pohick Episcopal Church

The Reverend Daniel M. Cenci, Priest-In-Charge

9301 Richmond Highway
Lorton, VA 22079

703-339-6572 • pohick.org

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**Home Church of George Washington
and George Mason**

