

SECOND SUNDAY IN LENT

MARCH 1ST, 2026

*The Son of man must be lifted up, that whoever believes
in him may have eternal life.*



St. Paul's Cathedral
LONDON | CANADA



SUNG EUCHARIST

Book of Alternative Services

Please stand and sing our opening hymn

Opening Hymn The Living God Be Praised

LEONI
CP 348

Traditional Yigdal Melody

1. The li - ving God be praised! Give ho - nour to God's name,
5 who was, and is, and is to be, for aye the same;
10 the one e - ter - nal God ere_ all_ that_ now ap - pears,_
15 the First, the Last, be - yond all_ thought God's_ time - less years!

**2 Without a form is God,
nor can we comprehend
the measure of God's love for us
without an end.
for God is Lord of all,
creation speaks God's praise;
the human race and all that lives
God's will obeys.**

**3 God's Spirit floweth free,
high surging where it will;
in prophets word God spoke of old
and speaketh still.
Established is God's law
and changeless it shall stand,
inscribed upon the human heart
in every land.**

**4 Eternal life hath God
Implanted in the soul;
God's love shall be our strength and stay
while ages roll,
the living one be praised!
Give honour to God's name,
who was, and is, and is to be, for aye the same.**

The Gathering of the Community

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Presider In this time and place, we gather on the ancestral beaver hunting grounds of the Algonquin, Haudenosaunee and Attawandaran peoples; the traditional lands of the Anishnaabe Peoples, the Haudenosaunee Confederacy, and the Lenni-Lanape Peoples; and the current communities of the Chippewa of the Thames First Nation, Oneida Nation of the Thames, and Munsee-Delaware Nation.

People **From many places and peoples we come to this time of prayer.**

Presider We uphold our common stewardship of creation and our common birthplace of God's earth.

People **We respect our place on this land and move forward in love and peace.**

Presider Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Please remain standing and join in singing the Kyrie

CP 678

John Merbecke
1510?-1585?

Choir: ALL SING:

Lord, have mer - cy up - on us; Lord, have mer - cy up - on us;

³ Choir: ALL SING:

Christ, have mer - cy up - on us; Christ, have mer - cy up - on us;

⁵ Choir: ALL SING:

Lord, have mer - cy up - on us; Lord, have mer - cy up - on us;

The Collect of the Day

Presider Let us pray. (silence)

Almighty God, whose Son was revealed in majesty before he suffered death upon the cross, give us faith to perceive his glory, that being strengthened by his grace we may be changed into his likeness, from glory to glory; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People **Amen.**

“Christian Education” – The children will leave to the Assembly Room for the church school.

Please be seated

PROCLAMATION OF THE WORD

A Reading from the Book of Genesis:

Reader: Stephanie Allen

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him. (Genesis 12:1-4a)

Reader The word of the Lord.

People **Thanks be to God.**

Please remain seated for the Lenten Prose, joining with singing the refrain:

Lenten Prose

10th Century Mozarabic rite



1 To you, Redeemer, on your throne of glory:
lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications. *Refrain*

2 O you chief Corner-stone, Right Hand of the Father; Way of Salvation,
Gate of Life Celestial cleanse you our sinful souls from all defilement. *Refrain*

no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, what whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Reader The Gospel of Christ.
People **Praise to you, Lord Jesus Christ**

We all sing



Homily The Very Reverend Dr. Kevin George

Please stand

The Nicene Creed

Presider Let us confess our faith, as we say:
All **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God

from true **God**, begotten, not made, of one being with the **Father**. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the **Holy Spirit** he became incarnate from the **Virgin Mary**, and was made man. For our sake he was crucified under **Pontius Pilate**; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the **Father**. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession

Leader Reconciled by God's mercy and sustained by God's presence, let us pray for the world and its needs. *I invite you to take a comfortable posture: standing or sitting for the Prayers of the People.*

(A brief silence.)

Faithful One, you renew us by grace. As you have inspired faith through the work of church artists and hymnwriters throughout the ages, give your church the means to praise your beauty today. Hear us, O God.

People **Your mercy is great.**

Leader Living One, you delight in this world. The sun and moon, the wind and the water declare your goodness. Preserve this earth, and protect conservationists, scientists, and all who labour in service to creation.

People **Your mercy is great.**

Leader Ruling One, you bless us to be a blessing. Open the hearts of all leaders to seek the flourishing of every person and lend your help to all who wait for justice, deliverance, and peace. Hear us, O God.

People **Your mercy is great.**

Leader Compassionate One, you send your Son to save. Declare your word of acceptance to any who feel condemned and lift up any brought low by hatred and exclusion. Tend to all who are struggling with illness or loss especially Marg,

George, Leigh, Joyce, Laura, Vaughan, Rick, Anna, Stanley, Jacob, Althea, Harika, Leah, Carolyn, Susan, Roy. Hear us, O God.

People

Your mercy is great.

Leader

Guiding One, you watch over our going out and coming in. Bless newcomers and new members in this assembly and accompany those who have recently left this community to journey elsewhere. Hear us, O God.

People

Your mercy is great.

Leader

Eternal One, you neither slumber nor sleep. Be our keeper in life and in death. Thank you for our beloved who have died, and for your promise which saves this whole world by your love. Hear us, O God.

People

Your mercy is great.

Leader

Receive our prayers, O God, through Jesus Christ, our strength and salvation.
Amen.

Confession and Absolution

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to God's table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant

Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People

Amen.

Please stand

The Peace

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Please offer one another a sign of the peace before we all sing the hymn

Offertory Hymn Be Thou My Vision

SLANE
CP 505

Trad. Irish
8th cen



5 1. Be thou my__ vis - sion, O__ Lord of my heart;
naught be all else to me, save that thou art -
9 thou my__ best__ thought in the day or the night,____
13 wa - king or sleep - ing, thy__ pres - ence my light.

- 2 **Be thou my wisdom, and thou my true Word;
I ever with thee and thou with me, Lord;
thou my great Father; thine own may I be,
thou in me Dwelling, and I one with thee.**
- 3 **Riches I heed not, nor the world's empty praise;
thou mine inheritance, now and always:
thou and thou only, first in my heart,
high King of heaven, my treasure thou art.**
- 4 **High King of heaven, when victory is won,
may I reach heaven's joys, bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O Ruler of all.**

Prayer over the Gifts

Celebrant God of wisdom, may the light of the eternal Word, our Lord and Saviour Jesus Christ, guide us to your glory. We ask this in his name.

People Amen.

The Great Thanksgiving

Simple tone

Celebrant: **ALL SING:**



The Lord be with you: And also with you.

Celebrant: **ALL SING:**



Lift up your hearts: We lift them to the Lord.

Celebrant: **ALL SING:**



Let us give thanks to the Lord our God: It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

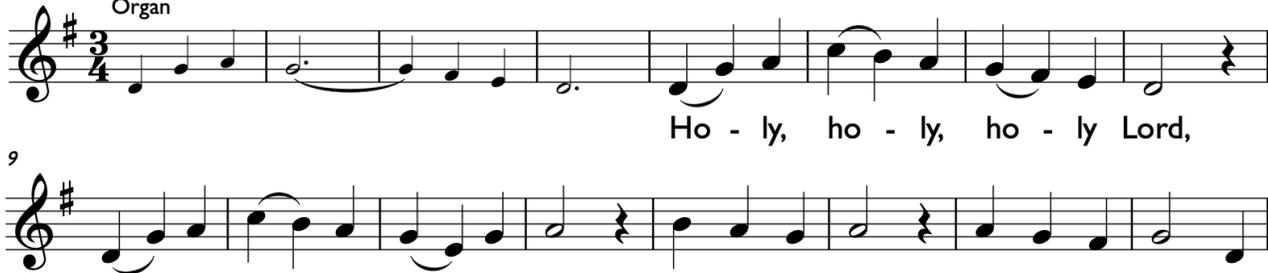
Therefore we raise our voices to you in praise to proclaim the glory of your name.

We all sing the Sanctus:

GATHERING MASS
CP --

Paul Inwood
b. 1947

Organ



Ho - ly, ho - ly, ho - ly Lord,
God of po - wer, God of might, hea-ven and earth, hea-ven and earth are

17

 full of your glo-ry, your po-wer and might: Ho - san - na, ho - san -

24

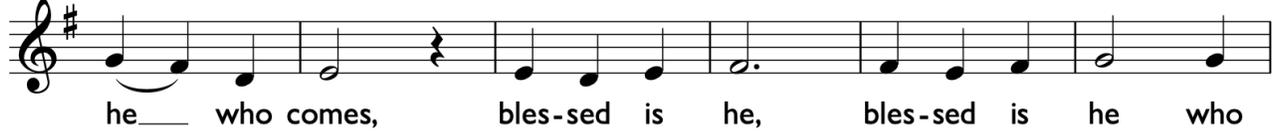
 -na, ho - san - na in the high - est, Ho - san - na, ho - san -

32

 -na, ho - san - na in the high - est. Organ

40

 Bles-sed, bles-sed is he_ who comes, bles-sed, bles-sed is

47

 he_ who comes, bles-sed is he, bles-sed is he who

53

 comes in the name of the Lord. Ho - san - na, ho - san -

60

 -na, ho - san - na in the high - est, Ho - san -

66

 -na, ho - san - na, ho - san - na in the high - est.

Please remain standing or be seated

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "A Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

All

Therefore, Father, according to his command,
we remember his death,
we proclaim his resurrection,
we await his coming in glory;

and we offer our sacrifice of praise and thanksgiving to you, Lord of all;
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

GATHERING MASS
CP --

Paul Inwood adapt. Williams
b. 1947

All sing:

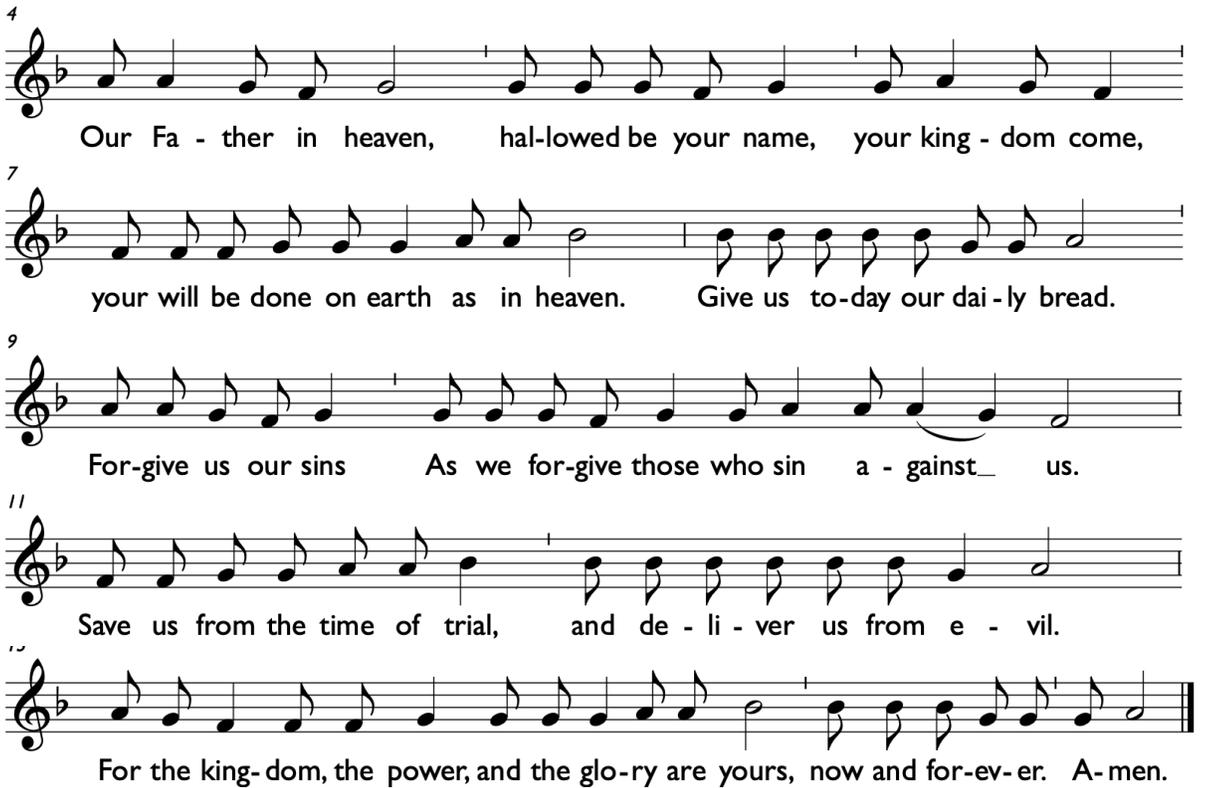
Organ

A - men, A - men, A - men, A - men.

The image shows a musical staff in treble clef with a key signature of one sharp (F#) and a time signature of 3/4. The melody consists of quarter and eighth notes, with some notes beamed together. The lyrics 'A - men, A - men, A - men, A - men.' are written below the staff, with hyphens under the 'A' and 'men' to indicate the syllable structure. The word 'Organ' is written above the staff at the beginning.

Lord's Prayer

Celebrant 
Priest: As our Sa-viour taught us, let us pray:

People 
4 Our Fa - ther in heaven, hal-lowed be your name, your king - dom come,
7 your will be done on earth as in heaven. Give us to-day our dai - ly bread.
9 For-give us our sins As we for-give those who sin a - gainst_ us.
11 Save us from the time of trial, and de - li - ver us from e - vil.
13 For the king-dom, the power, and the glo-ry are yours, now and for-ev-er. A-men.

The choir will sing the **Agnus Dei** from the *Communion service in E Minor* by Harold Darke (1888 - 1976)

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us Thy peace.*

The Communion

Celebrant The gifts of God for the People of God.

People **Thanks be to God.**

Gluten-free communion wafers are available.
Please indicate your wish to the administrant at Communion.

Communion Anthem

Lord, Let Me Know Mine End

Maurice Greene (1696 - 1755)

Lord, let me know mine end, and the number of my days,
that I may be certified how long I have to live.
Behold, thou hast made my days as it were a span long,
and mine age is even as nothing in respect of thee;
And verily every man living is altogether vanity.
For man walketh in a vain shadow, and disquieteth himself in vain;
he heapeth up riches, and cannot tell who shall gather them.
And now, Lord, what is my hope?
truly my hope is even in thee.
Hear my prayer, O Lord, and with thine ears consider my calling;
hold not thy peace at my tears.
O spare me a little, that I may recover my strength,
before I go hence, and be no more seen.

Verses from Psalm 39

Please stand

Prayer after Communion (*silence is kept*)

Celebrant Let us pray.
Creator of heaven and earth, we thank you for these holy mysteries, which
bring us now a share in the life to come, through Jesus Christ our Lord.

People **Amen.**

Doxology

Celebrant Glory to God,
People whose power, working in us, can do infinitely more than we can ask
or imagine. **Glory to God from generation to generation, in the
Church and in Christ Jesus, for ever and ever. Amen.**

Closing Announcements and Blessing

We all sing the Post Communion Hymn Lift High the Cross

CRUCIFER
CP 602

Sydney H Nicholson
1875-1947

6
11

REFRAIN: Lift high the cross, the love of Christ pro - claim till all the world_

— a - dore — his sa - cred name. I. Come, Chris - tian peo - ple,

sing your prai - ses, shout! If we are_ si - lent, e - ven stones cry out.

2 **Jesus, you wept to see our human strife:
teach us compassion for each human life.**

Refrain

3 **Great is the cost of walking on this road,
to follow and suffer with the Son of God.**

Refrain

4 **Worlds to be born and children yet to be,
come, take up this song into eternity.**

Refrain

Dismissal

The Deacon dismisses the congregation in these or similar words:

Deacon Go forth in the name of Christ.

People **Thanks be to God.**

Postlude

Today is St David's Day. St David is the Patron Saint of Wales; so I will be performing two organ works in honour of this Saint's Day. The "Prelude on a Welsh Folk Tune" and a "Toccatina" by Robert Jones are my choices today. Robert Jones (b. 1945) is a Welsh composer, organist and examiner and was a High School teacher for 30 years. His music has much beauty, and is very calming; something we all need these days.

Coffee Hour

After the service please join us for coffee and cold drinks.
Youth Group meets in the Guild Room.

ANNOUNCEMENTS

Diocese of Huron Chain of Prayer – Today we pray for the Church of the Epiphany, London; St John the Evangelist Collegiate Chapel, Huron University College; The Good Shepherd Worshipping Community, Lambeth; and St. Jude's, London.

The **St. Paul's Cathedral Heritage Committee** requires a volunteer to fill the recently vacated position of recording secretary. Please contact Carrie Fieldhouse 519-434-3225 if interested; she in turn will contact John Lutman, Heritage Committee chair, who will follow up.

Homelessness and Food Insecurity- a panel discussion

By Paul's Place

Join us in person for a real talk on homelessness and food insecurity—let's find solutions together!

Homelessness and Food Insecurity - a Panel Discussion – March 26 @ 4pm

Join us in person for an eye-opening panel discussion tackling the tough topics of homelessness and food insecurity. Hear from passionate experts and advocates as they share stories, challenges, and solutions. It's a great chance to learn, ask questions, and get

involved in making a difference. Don't miss this important conversation! For more information and to reserve a spot contact Nistha Chakraborty @ 226-504-0740.

Music and Readings for Holy Week – March 29th @ 4pm

Join the choir and clergy for a contemplative sequence of sacred music and spoken word. As we enter the holiest week of the year, the Cathedral Choir will lead us in a beautiful ceremony, to give us time to reflect on the passion of Christ. An opportunity to pause, breath and immerse yourself in stunning music from across the centuries.

Entry is free (Donations gratefully accepted)

Spread the word – Please share this event with your friends, family and neighbours. Bring a guest and show them our wonderful choir. Someone may need this hour of reflection more than you presume. We are looking to get a full house.

Today's Liturgical Leaders

Celebrant – The Venerable Sam Thomas

Preacher – The Very Reverend Dr. Kevin George

Gospeller – The Reverend Pat Henderson

Guest Organist – Alison Clark

Servers – Doug Campbell, Raphael Samuel, Clark Home, Azariya Lajaku-Williams

Lay Administrants – Florence Perkes, Gord Rolleston

Greeter – Bette Ferguson

Welcome Minister – Hazil Malone, Lois Gosney

Bell Ringer – TBD

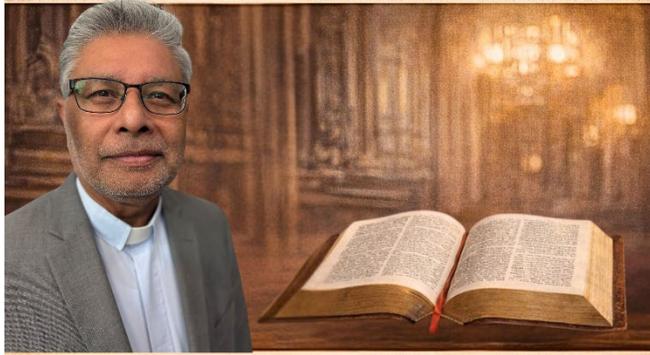
Live Stream – Jade Vajna



In case you missed it we are featured in the London Heritage Council's coverage of Doors Open. <https://youtu.be/YJcLhMi-wgM>

MIDWEEK BIBLE STUDY

— at St. Paul's Cathedral —



 Every Wednesday at 11:00 am

Led by Archdeacon Sam Thomas

*A welcoming and thoughtful exploration of Scripture
at St. Paul's Cathedral, in the heart of downtown.*

 Holy Communion at 12:15 pm

 Free soup lunch to follow

Come for one part — or stay for all. All are welcome.



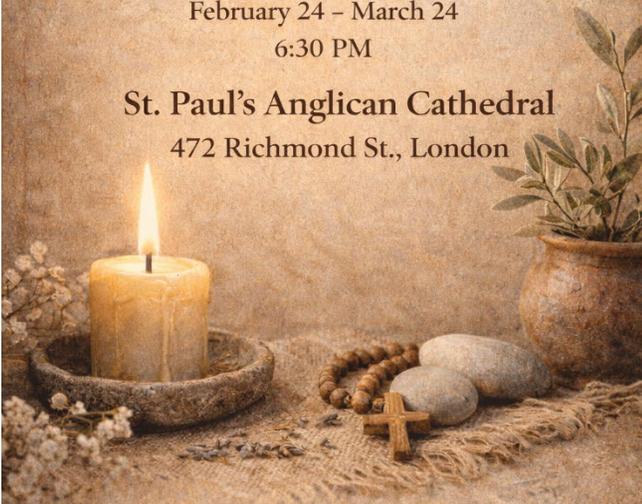
ST. PAUL'S CATHEDRAL

472 Richmond Street • London, Ontario
www.stpaulscathedral.on.ca


 MIDWEEK LENTEN
**FRANCISCAN
 EVENING PRAYER**

———
 Tuesdays
 February 24 – March 24
 6:30 PM

St. Paul's Anglican Cathedral
 472 Richmond St., London



Take a moment of stillness in the middle of the week


BOOK STUDY

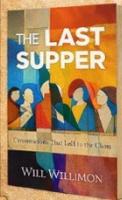


THE LAST SUPPER
 Conversations That Led to the Cross

Lenten Book Study
 February 24th, March 3rd, 10th & 24th
 7 PM – 9 PM
 St. Paul's Cathedral
 472 Richmond St.

Hybrid In-Person & Online
 via Zoom

THE LAST SUPPER
 by Will Willimon



To register, email Kevingeorge@diohuron.org