

# All Saints' Cathedral Parish Eucharist



Second Sunday in Lent  
1 March 2026 at 10:30am

*Welcome to All Saints' Cathedral as we journey together  
through the season of Lent.*

*We acknowledge that the land on which we worship is the traditional gathering place of  
the Cree, Nakoda Sioux, Blackfoot, Dene, Sarcee, Saulteaux, Mohawk and Métis  
Nations. We commit in both prayer and action to be faithful Treaty 6 partners.*

## Welcome and Announcements

### Hymn of Praise 347 The God of Abraham Praise

#### The Greeting and Collect for Purity

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

Celebrant Almighty God,  
All to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

#### Trisagion Common Praise 688

David Hurd

Holy God, holy and mighty, holy immortal one, have mercy on us.

Holy God, holy and mighty, holy immortal one, have mercy on us.

Holy God, holy and mighty, holy immortal one, have mercy on us.

#### Collect for the Day

Celebrant Almighty God,  
All whose Son was revealed in majesty before he suffered death upon the cross, give us faith to perceive his glory, that being strengthened by his grace we may be changed into his likeness, from glory to glory; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## The First Reading: Genesis 12:1-4a

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

Reader Hear what the Spirit is saying to the Church.

People Thanks be to God.

## The Gradual Psalm 121

Chant: Jeremy Spurgeon

### ANTIPHON



THE LORD SHALL WATCH O-V-E-R YOUR GO-ING OUT AND YOUR COM-ING IN.

I will lift up my eyes to the hills:  
From whence is my help to come?  
My help comes from the LORD,  
The maker of heaven and earth. **Antiphon**

He will not let your foot be moved:  
And he who watches over you will not fall asleep.  
Behold, he who keeps watch over Israel  
Shall neither slumber nor sleep. **Antiphon**

The Lord himself watches over you:  
The Lord is your shade at your hand;  
So that the sun shall not strike you by day,  
Neither the moon by night. **Antiphon**

The Lord shall preserve you from all evil:  
It is he who shall keep you safe.  
The Lord shall watch over your going out and your coming in,  
From this time forth for evermore. **Antiphon**

## The Second Reading: Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader        Hear what the Spirit is saying to the Church.

All            **Thanks be to God.**

## Sequence Hymn 559    Blessed Jesus, At Your Word

### The Holy Gospel

Gospeller    The Lord be with you.

**People        And also with you.**

Gospeller    The Holy Gospel of our Lord Jesus Christ  
                  according to John (3:1-17).

**People        Glory to you, Lord Jesus Christ.**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God, for no one can do these signs that you do unless God is with that person." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him,



who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures and ascended into heaven and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

Kyrie Eleison

Richard Shephard

At a moderate speed

*p*  
Lord, have mer - cy. Lord, have mer - cy.

*mf*  
Lord, have mer - cy. Christ, have mer - cy. Christ, have

*p*  
mer - cy. Christ, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

## Prayers of the People

*If you would like a name (you or someone else) added to the parish prayer list, please contact the office. If a name should be removed, please let us know.*

Intercessor Heavenly Father, fill all those who lift their hearts to you with a spirit of rebirth, that we might find your joy and pour it out for others in your name. Answer us as we say, Lord in your mercy, "hear our prayer."

We lift up all of those for whom prayer has been requested: Rob and Ritu, Brian, Leah, Mavis, Vivian, John, James, Joe and Shelly, Carol, Shawne, Jayson, Tyler, Chris, Diane, Lynn, Linda, Benjamin, Seth and Lucy, Pio, Bonnie, Mel, Bob, Janet, Mary, June, JC, Mark, Paul, Laura, Selina, Kenneth, and those known only unto you, Lord. Lord in your mercy,

All **hear our prayer.**

Intercessor For the Church of the living God throughout the world, we pray for Primate Shane Parker and National Indigenous Archbishop Chris Harper of the **Anglican Church of Canada**. We also lift up the leadership of the Diocese of Montreal and Bishop Victor-David Mbuyi Bipungu.

We pray for our own **Diocese of Edmonton** and Stephen, our Bishop. We pray for St. Margaret, Edmonton and Rector Aaron Parsall-Myler, Honorary Assistant Susan Ormsbee, and Office Administrator Janette Chambers.

In the **Diocese of Buyé**, we pray for the Hospital Chaplaincy and Daniel Bizimana, Chaplain.

In the **Indigenous Community**, we lift up the Paul First Nation. Lord in your mercy,

All **hear our prayer.**

Intercessor We pray for the church universal, for our understanding of your holy word to increase, and our ability to live the life of service you demand of us to be a source of peace and joy. Lord in your mercy,

All **hear our prayer.**

Intercessor We pray for all nations, that all governments, authorities, and leaders might sacrifice their own desires and power to benefit those with no power. May we become united in our work toward peace, security, and service to the least of these. Lord in your mercy,

**All hear our prayer.**

Intercessor We pray for the world itself, for this earth and all your creation, that we may all work together to repair the harm we have done and to discover new, more sustainable ways of life. Lord in your mercy,

**All hear our prayer.**

Intercessor We pray for those who suffer, for those in trouble and despair, for those who are ill and frightened, and for those who are grieving, anxious, or hopeless. We pray that those in greatest need may feel you close about them. Lord in your mercy,

**All hear our prayer.**

Intercessor We pray for our own lives and the needs of those we love. We pray for those we do not know and for those we have neglected or harmed. Be mercifully present to us and to all. Lord in your mercy,

**All hear our prayer.**

Intercessor We pray for the departed, for those who are dying, and for all those who watch and wait with them. May light perpetual and joy unending be theirs to claims. Lord in your mercy,

**All hear our prayer.**

Intercessor Lord, like Nicodemus we do not fully understand the mysteries of your love and we sometimes willfully ignore the truth of your word. Bring us again into new life lived in you and share with us the joy of your eternal kingdom. To you, to the Son and to the Holy Spirit we pledge our lives.

**All Amen.**

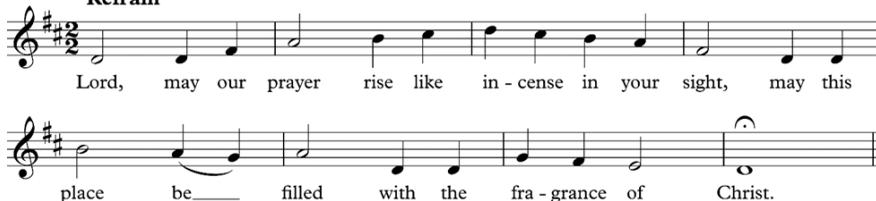
## The Fragrance of Christ

David Haas

Choir I will thank you, Lord, with all of my heart, you have heard the words of my mouth. In the presence of the angels I will bless you, I will adore before your holy temple.

All

**Refrain**



Lord, may our prayer rise like in - cense in your sight, may this place be filled with the fra - grance of Christ.

## Confession and Absolution

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to God's table. Therefore, let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

Celebrant Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

## The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

## The Offertory

*You may place your offering in the plate as the sidespeople make their way down the centre aisle. Offering may also be placed in the offering box set in the middle aisle of the cathedral. To donate to the work of the Cathedral online, please go to our website.*



**Offertory Motet** Tantum Ergo Trad. Welsh Melody, arr. Colin Mawby  
*We revere the great Sacrament of the Eucharist,  
Our vision enlightened by faith. Amen.*

**The Offertory Hymn 533** Jesus, Lover of My Soul

## The Celebration of the Eucharist

### Prayer over the Gifts

Celebrant God of wisdom,  
All may the light of the eternal Word, our Lord and Saviour Jesus  
Christ, guide us to your glory. We ask this in his name. Amen.

## The Great Thanksgiving

Celebrant The Lord be with you.  
People And also with you.

Celebrant Lift up your hearts.  
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.  
People It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore with

angels and archangels and all who have served you in every age,  
we raise our voices to proclaim the glory of your name.

## Sanctus and Benedictus Common Praise 735

Franz Schubert

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

People Therefore, Father, according to his command,  
**we remember his death,**  
**we proclaim his resurrection,**  
**we await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

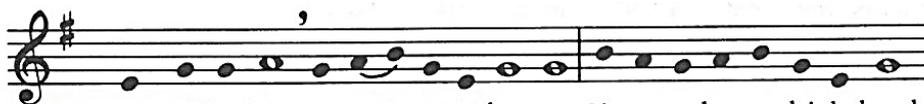
People Amen.

### The Lord's Prayer

McNeil Robinson



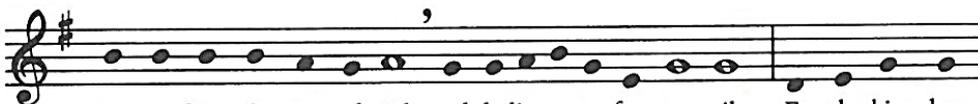
All Our Fa-ther in heav-en, hal-lowed be your name, your king-dom come,



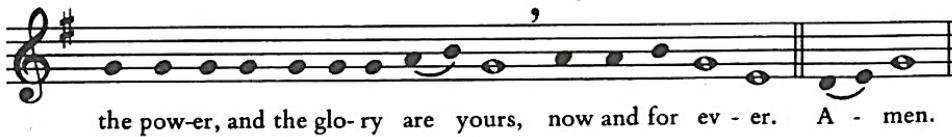
your will be done, on earth as in heav-en. Give us to-day our dai-ly bread,



For-give us our sins as we for-give those who sin a-gainst us.



Save us from the time of trial, and de-liv-er us from e - vil. For the king-dom,



## The Breaking of the Bread

Celebrant We break this bread,  
All Communion in Christ's body once broken.

Celebrant Let your Church be the wheat which bears its fruit in dying.  
All If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

## The Communion

Celebrant These are the gifts of God for the people of God.  
All Thanks be to God.

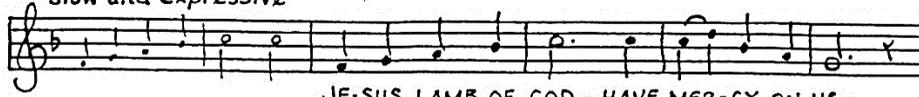
*Please come forward to receive communion. You may receive both the bread and the wine, or if you prefer, you may receive in one kind only, the bread. Intinction (dipping the bread) is not permitted. The communion bread is gluten, dairy, egg, and yeast free. To receive a blessing in place of communion, please cross your hands over your chest.*

## Music During Communion

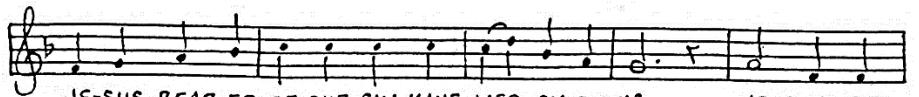
### Agnus Dei

Jeremy Spurgeon

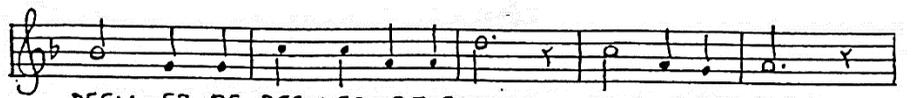
*slow and expressive*



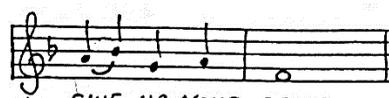
JE-SUS LAMB OF GOD, HAVE MER-CY ON US.



JE-SUS BEAR-ER OF OUR SIN, HAVE MER-CY ON US. JE-SUS RE-



DEEM - ER, RE - DEEM-ER OF THE WORLD, GIVE US YOUR PEACE,



GIVE US YOUR PEACE.

### As Moses Lifted Up the Serpent

Edward Bairstow

*As Moses lifted up the serpent in the wilderness,*

*Even so must the Son of Man be lifted up:*

*That whosoever believeth in him should not perish, but have eternal life.*

*For God so loved the world that he gave his only begotten Son,*

*That whoso believeth in him should not perish, but have everlasting life.*

*I, if I be lifted up, will draw all men unto me. (John 3:14-16, 12:32)*

Communion Hymn May the Grace of Christ Our Saviour



**May the Grace of Christ Our Saviour**

- 1 May the grace of Christ our Saviour,  
and the Father's boundless love,  
with the Holy Spirit's favour,  
rest upon us from above.
- 2 Thus may we abide in union  
with each other and the Lord,  
and possess in sweet communion  
joys which earth cannot afford.
- 3 To the God whose wisdom made us,  
to the Son who set us free,  
to the sanctifying Spirit,  
glory, endless glory, be!

Text: St. 1-2, John Newton (1725-1807); st. 3, *New English Hymnal*.

## Prayer after Communion

Celebrant Creator of heaven and earth,  
All we thank you for these holy mysteries, which bring us now a share  
in the life to come, through Jesus Christ our Lord. Amen.

## The Doxology

Celebrant Glory to God,  
All whose power, working in us, can do infinitely more than we can  
ask or imagine. Glory to God from generation to generation, in  
the Church and in Christ Jesus, for ever and ever. Amen.

## The Blessing

## The Benedictory Hymn Lift High the Cross

*Refrain*

Lift high the cross, the love of Christ pro - claim

till all the world a - dore his sa - cred Name.

The image shows a musical score for the hymn 'Lift High the Cross'. It consists of two systems of music. The first system is labeled 'Refrain' and includes a vocal line with the lyrics 'Lift high the cross, the love of Christ pro - claim' and a piano accompaniment. The second system continues the vocal line with the lyrics 'till all the world a - dore his sa - cred Name.' and includes a piano accompaniment. The piano part features a steady bass line and chords in the right hand.

1 Led on their way by this tri - um - phant sign,  
 2 Each new - born ser - vant of the Cru - ci - fied  
 3 O Lord, once lift - ed on the glo - rious tree,  
 4 So shall our song of tri - umph ev - er be:

*Repeat Refrain*

the hosts of God in con- quering ranks com - bine.  
 bears on the brow the seal of him who died.  
 as thou hast prom - ised, draw the world to thee.  
 praise to the Cru - ci - fied for vic - to - ry.

Dismissal

Leader Let us go in peace to love and serve the Lord!  
 People Thanks be to God!

Organ

Allabreve in D major BWV 589

Johann Sebastian Bach

## Announcements

**Lent/Easter Flower Campaign Begins March 1** – If you would like to donate towards Easter flowers or a new paschal candle, please enclose your donation an Easter Flower and Candle Campaign envelope (found in pew or in the Narthex) and place in the offering. A tax receipt will be provided if your name and mailing address are included.

**Lectionary Bible Study – Mondays at 1:00pm** – This Bible study explores the lectionary readings for the coming Sunday. We meet at the Cathedral at 1:00pm every Monday except for holiday Mondays.

**Walking Together – Sunday, March 22 at 1:00pm** – Join us for our quarterly interfaith walk in the river valley, meet new faith neighbours, enjoy the gift of the river, and receive a new teaching. Please register at:

<https://www.templebethora.org/event-details/spring-equinox-river-walk>

### **Holy Week Services at the Cathedral:**

- Holy Wednesday, April 1, 7:00pm: Stations of the Cross
- Maundy Thursday, April 2, 12:10pm: Maundy Thursday / Foot-Washing
- Good Friday, April 3, 11:00am: The Veneration of the Cross
- Holy Saturday, April 4, 8:00pm: The Great Vigil of Easter with the Diocese of Edmonton

**Children’s Friendly Maundy Thursday Service at Good Shepherd** – If you are looking for a kid-friendly Maundy Thursday service, please visit Good Shepherd Anglican Church (15495 Castle Downs Road NW) on April 2 at 7:00pm.

**Donations Accepted of Winter Clothing** – We are looking for donations of gloves, mitts, neck warmers, long underwear, and long-sleeve t-shirts and anything large size (2XL-5XL). We also accept monetary donations for winter clothing purchases. *We currently have a healthy supply of jackets and socks.*

**New Sunday Morning Parking Permits** – Annual Sunday morning parking permits for the Impark lot South of the Cathedral are available for purchase. If you would like to purchase one, please contact the Office for details.

Corporation/Lock Up This Week: Margaret

Readings for Next Sunday: Exodus 17:1-7; Romans 5:1-11; John 4:5-42

Bishop, The Right Reverend Stephen London  
Dean, The Very Reverend Alexandra Meek  
Deacon, The Reverend John Gee  
Music Director and Organist, Jeremy Spurgeon  
Wardens, Ebenezer Oladokun and Thomas Usher  
Administrative Assistant, RJ Chambers  
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**ALL SAINTS'**  
Anglican Cathedral