



510 Mt View Ave, Victoria V9B 2B1, 250-474-3031

[www.colwoodanglican.ca](http://www.colwoodanglican.ca) | [admin@colwoodanglican.ca](mailto:admin@colwoodanglican.ca)

[iandersen@bc.anglican.ca](mailto:iandersen@bc.anglican.ca)

*The Right Rev. Anna Greenwood-Lee, Bishop*

*Rev. Sr. Ingrid Andersen, Priest*

***“Together in Christ  
we seek to love God and  
to love and serve all others”***

**Second Sunday in Lent**

**10:00 a.m. Service**

**March 1, 2026**



JESUS MAIFA. Nicodemus, from Art in the Christian Tradition.

**Sunday Services** are at 8:30 a.m. (Traditional Rite)

10:00 a.m. (Contemporary)

**Office Hours** Mon to Thurs 9:00-Noon

**Online Bible Study** Thursdays at 6:00 p.m.

## **WELCOME TO CHURCH OF THE ADVENT**

*If you are new to our parish, please identify yourself to the sidespersons or priest so we can welcome you and tell you about our church.*

*We recognize that we worship on the traditional lands of Coast Salish peoples. We commit ourselves to continue with our First Nations neighbours on the journey of healing, truth, and reconciliation.*

*The Rev. Sr. Ingrid Andersen preaches & presides.*

*This service is being broadcast live on the Internet. By attending this morning, you acknowledge and consent to the fact that video images of you may appear there.*

*Please have your electronic devices on silent mode during the service.*

<p><b>10:00 a.m. Holy Eucharist</b> <b>Book of Alternative Services, p. 185</b></p>
---

*Lay Eucharistic Minister is Shaena Wallace  
Sidespeople are Elaine & Art Youngson  
Ministry of the Chalice – Rob Taylor & Lydia French  
Director of Music is Nell Howard*

## **THE GATHERING OF THE COMMUNITY**

**Leader:** As we meet today, we begin by remembering the Songhees and x<sup>w</sup>sepsəm nations, on whose traditional land we now gather in gratitude. We acknowledge their story and their stewardship of the land and water, the plants, and animals, through the many generations. As we meet today, we remember those who have called this place their home in recent years — the community of faith known as Church of the Advent. Let us greet one another with words and signs of welcome.

### **Opening Hymn: MV 120 My Soul Cries Out (Canticle of the Turning)**

© 1990 by GIA Publications, Inc.

My soul cries out with a joyful shout that the God of my heart is great,  
and my spirit sings of the Wondrous things that you bring to the ones who wait.  
You fixed your sight on your servant's plight, and my weakness you did not spurn,  
So from east to west shall my name be blest. Could the world be about to turn?

**Refrain:** My heart shall sing of the day you bring. Let the fires of your justice burn.  
Wipe away all tears, for the dawn draws near, and the world is about to turn!

Though I am small, my God, my all, you work great things in me,  
and your mercy will last from the depths of the past to the end of the age to be.  
Your very name puts the proud to shame, and to those who would for you yearn,  
you will show your might, put the strong to flight, for the world is about to turn.  
**[R]**

From the halls of power to the fortress tower, not a stone will be left on stone.  
Let the king beware for your justice tears ev'ry tyrant from his throne.  
The hungry poor shall weep no more, for the food they can never earn;  
there are tables spread, ev'ry mouth be fed, for the world is about to turn. **[R]**

Though the nations rage from age to age, we remember who holds us fast:  
God's mercy must deliver us from the conqueror's crushing grasp.  
This saving word that our forebears heard is the promise which holds us bound,  
'til the spear and rod can be crushed by God, who is turning the world around. **[R]**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the  
Holy Spirit, be with you all.

**And also with you.**

Bless the Lord who forgives all our sins.  
**His mercy endures for ever.**

Almighty God, **to you all hearts are open, all desires known, and from you no  
secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your  
Holy Spirit, that we may perfectly love you, and worthily magnify your holy  
name; through Christ our Lord. Amen.**

**Sentence of the Day:** The Son of man must be lifted up, that whoever believes in  
him may have eternal life.

**Collect of the Day:** Almighty God, **whose Son was revealed in majesty before he  
suffered death upon the cross, give us faith to perceive his glory, that being  
strengthened by his grace we may be changed into his likeness, from glory to  
glory; who lives and reigns with you and the Holy Spirit, one God, now and for  
ever. Amen.**

*(Please be seated)*

## THE STORY OF FAITH IS PROCLAIMED

### Chat at the Chancel:

#### Hymn: I Want Jesus to Walk with me

PD

I want Jesus to walk with me,  
I want Jesus to walk with me;  
All along my life-long journey,  
I want Jesus to walk with me.

#### First Reading: Genesis 12:1-4A

Scott Weatherell

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

Hear what the Spirit says to the Church.

**Thanks be to God.**

#### Psalms: 121 (Pg. 882)

Shaena Wallace

I lift up my eyes to the hills; \* **from where is my help to come?**

My help comes from the Lord, \* **the maker of heaven and earth.**

He will not let your foot be moved \* **and he who watches over you will not fall asleep.**

Behold, he who keeps watch over Israel \* **shall neither slumber nor sleep;**

The Lord himself watches over you; \* **the Lord is your shade at your right hand,**

So that the sun shall not strike you by day, \* **nor the moon by night.**

The Lord shall preserve you from all evil; \* **it is he who shall keep you safe.**

The Lord shall watch over your going out and your coming in, \* **from this time forth for evermore.**

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")-in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hear what the Spirit says to the Church.

**Thanks be to God.**

*(Please stand as you are able for the Gradual Hymn.)*

**Gradual Hymn: PoP 112 When Our Lives Are Ruled by Fear (vs 1&2)**

Text: David Bjorlin, b.1984; © 2020 GIA Publications, Inc

When our lives are ruled by fear and our churches choked by greed,  
when success becomes our goal and security our creed:

**Refrain:** Let us brave the wilderness, dare to walk where few have trod,  
leaving safety's easy path, risking doubt, and finding God.

When our faith erodes to facts, and our stories turn to rules,  
when the cruel are seen as wise, and the merciful called fools. **[R]**

*(Please remain standing for the Gospel reading)*

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you Lord Jesus Christ.**

**Gospel:** John 3:1-17

Rev. Sr. Ingrid Andersen

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, what whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of Christ.

**Praise to you Lord Jesus Christ.**

**Sermon:** Rev. Sr. Ingrid Andersen

### **RESPONDING TO THE WORD**

**Prayers of the People:**

Sue Hamblin

*(Please be seated for the prayers)*

Each petition will end with – God of mercy.

Please respond with – **Hear our prayer.**

### **Confession & Absolution:**

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

*(Please stand as you are able for the Peace)*

### **The Peace:**

The peace of the Lord be always with you.

**And also with you!**

*All are warmly welcome to join us at the Lord's Table. If you prefer not to receive communion but to receive a blessing, please cross your arms over your chest. Gluten-free bread is available upon request. Please leave your communion glasses in the bowls on the left and right as you return to your seat.*

### **THE SACRED MEAL IS SHARED**

**Offertory Hymn: CP 559 Blessed Jesus, At Your Word**

**Prayer over the Gifts: God of wisdom, may the light of the eternal Word, our Lord and Saviour Jesus Christ, guide us to your glory. We ask this in his name. Amen.**

**Eucharistic Prayer #3 (BAS Pg. 198):**

**The Sanctus: VU 951 Santo, Santo, Santo** (Anon., Argentina)

**Santo, santo, santo. Mi Corazón te Adora!  
Mi Corazón te sabe decir; Santo eres Dios!  
Holy, holy, holy, my heart, my heart adores you!  
My heart is glad to say the words: You are holy, God!**

**Lord's Prayer:**

Words & music © 2015 Jason D. Locke

Our Father in Heaven, **Hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the pow'r and the glory are yours now and forever. Amen.**

**The Breaking of the Bread:**

We break this bread,  
**Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying.  
**If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

**The Communion:**

**Communion Anthem: Come and Dine**

*Sung by Choir*

David Haas GIA Publications, Inc.

*(Please stand as you are able for the Prayer after Communion)*

**Prayer after Communion:** Creator of heaven and earth, **we thank you for these holy mysteries, which bring us now a share in the life to come, through Jesus Christ our Lord. Amen.**

**Doxology:** Glory to God, **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## SENDING FORTH

### Shared Ministry:

### Birthdays & Anniversaries:

### Sending out of Lay Eucharistic Visitors:

In the name of God and of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in Christ's body and blood.

**We being many, are one body, because we all share in the one bread.**

May those who receive it from you be strengthened and encouraged in the community we have together in our Lord Jesus Christ. **Amen.**

### Blessing:

### Commissioning Hymn: CP 502 You Are Salt for the Earth

### Commissioning:

Go in peace to love and serve the Lord.

**In the name of Christ!**

*We ask everyone to kindly please return the Lord's Prayer sheet music insert to the sidespeople before leaving church. Thank you.*

*All music reprinted under OneLicense.net#A-712884,  
CCLI Livestream 22392993 & 22392986*

## **INTERCESSIONS**

### **TODAY WE PRAY**

*We pray for The Nippon Sei Ko Kai.*

*We pray for our Primate Shane, John our Metropolitan,  
Anna our Bishop, and Ingrid our Priest.*

*In the Western Peninsula & Gulf Islands region for The Anglican Church of the  
Advent, and Rev. Sr. Ingrid Andersen*

### **FOR THOSE WHO HAVE ASKED US TO PRAY FOR THEM**

*We pray for those who have asked for our prayers and for those we know and love,  
especially Cena, Andrew, Steve, Alan, Linda, Jim, John, Tina, Jenny, Barb, Jim,  
Wayne, and Neil, and the residents and staff of The Priory.*

### **READINGS FOR NEXT WEEK**

Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

## **SHARED MINISTRY**

**Don't forget to vote** – The new Church of the Advent Logo design is now on display in the Narthex, presented to you in three versions. Which one is your favourite? Please take a moment to choose one of the three (and pick A or B) and write your name and sign on the corresponding sheet. Online voting is also an option. Check your weekly newsletter!

**Next Community Coffee Social** - Join us for our next Community Coffee Social held on Wednesday March 4th from 9:30 to 11 am in the hall.

We warmly welcome you to come and spend some time in a relaxing and social environment. Bring your friends too!

**Jazz Vespers – March 15<sup>th</sup>** - Church of the Advent is thrilled to welcome vocalist Stephanie Greaves to our Jazz Vespers stage. Stephanie has performed all over the world. With an untiring commitment to her craft, she's become a household name at public events and private functions across Victoria and Vancouver Island. Be it at intimate solo shows, dinner theatre at the Oak Bay Beach Hotel, or singing Canada's national anthem for international dignitaries or tens of thousands of cheering Vancouver Canucks and BC Lions fans, Stephanie displays the versatility and grace of a natural performer. Stephanie will be accompanied by one of our favorite performers, award-winning jazz pianist Attila Fias.

**From the Parish Library** – It's not too late to find a good book for Lent: there are several displayed on the top shelf of the small bookcase in the narthex, and hundreds to choose from on the main bookshelves. To borrow one, fill out a green slip from the shelf below the display, and put it in the box labelled Library.

### **MARK YOUR CALENDARS**

- Mar 4** Community Coffee Social, 9:30-11 am, Hall  
**Mar 7** Parish Council Planning Session, 8:30-12, Chapel  
**Mar 11** Ladies Guild Mtg, 1:30 pm  
**Mar 14** Parish Movie Night, 6 pm, Hall  
**Mar 15** Jazz Vespers feat. Stephanie Greaves, 7 pm  
**Mar 17** Book Club, 10 am, St. John's Room  
**Mar 25** LG Community Lunch, 12 pm, Hall  
**Mar 28** Spanish Service (Oscar Romero) & Potluck, 6 pm  
**Mar 29** 8:30 Breakfast, Room C
- Apr 1** Community Coffee Social, 9:30-11 am  
**Apr 2** Agape Meal & Maundy Thursday, 6 pm, Hall  
**Apr 3** Good Friday Service, 10 am  
**Apr 4** Easter Vigil/Spanish Service & potluck, 6 pm  
**Apr 5** Easter Sunrise Service, 6:15 am, Esquimalt Lagoon  
Easter morning services, 8:30 & 10 am  
**Apr 6-12** Sr Ingrid on Vacation  
**Apr 13-16** Sr Ingrid at Clergy Conference  
**Apr 6** Easter Monday, Parish office closed  
**Apr 8** LG Meeting, 1:30 pm  
**Apr 21** Book Club (all welcome), St. John's Rm, 10 am  
Parish Council Mtg, 7 pm  
**Apr 22** LG Community Lunch, noon  
**Apr 25** Spanish Service & Parish Spring Potluck, 6 pm  
**Apr 26** 8:30 Breakfast, Rm C  
**Apr 27-May 1-** GARAGE SALE PREP WEEK  
**May 2** GARAGE SALE DAY; Taize Service, 5 pm