

Premarital Counseling Questions

Please take the time to answer these questions on your own. During the premarital counseling sessions, we will review both of your answers together. Be as honest as you can.

Section 1 – Personality

Question 1: What is your Myers Briggs personality type? To take the test online go to: <http://www.humanmetrics.com/cgi-win/jtypes2.asp> and write your results below

Section 2 – Spirituality and Religion

Question 1: What are your spiritual/religious beliefs?

Question 2: Are you and your partner's spiritual/religious beliefs similar or different? Does this create problems or strengthen your relationship? Does your spirituality affect your relationship with your partner?

Question 3: If you have children, will they be raised in a religion? How do you plan to do this?

Section 3 – Conflict Style

Which Conflict Response Style best describes you:

- Passive:** To show no outward or visible reaction to negative words or actions; to endure inwardly; to submit to or remain silent about conflict.
- Evasive:** To escape, divert, avoid or shirk the responsibility or consequence of hurts or wrongs resulting from an argument, accusation, conflict or question.
- Defensive:** To be protective; resisting attack; excessively concerned with guarding against real or perceived threats of criticism, wrongdoing, failure or exposure of sin.
- Aggressive:** To initiate confrontation; attack, argue or use emotional, spiritual and physical force to defeat opposition.

Section 4 – Communication

Question 1: How does your Conflict style impact your relationship when an argument arises?

Question 2: Do you feel as though your partner listens to you? If your answer is no, how would you like them to improve on this?

Question 3: When an argument arises, do you and your partner come to an agreement? *Does one of you always win the argument?*

Question 4: Have would you like your partner to show you that they love you each day?

Section 5 – Family Planning

Question 1: Do you plan to have children? If so, how many?

Question 2: If you want to have biological children but are unable, what other options would you consider?

Question 3: If you plan to have children: How were you raised as a child? What parenting styles will you or will you not imitate from your parents?

Section 6 – Marital Expectations

Question 1: Is your partner responsible for your happiness? How does he/she do this?

Question 2: If you could change one thing about your partner, what would it be?

Question 3: If your partner could promise you that one thing about them would never change, what would that be?

Section 7 – Finances

Question 1: Will you be sharing a joint bank account or keeping separate bank accounts after you're married? How did you come to this decision?

Question 2: Do you have outstanding debt? How much? Does your partner know about this?

Question 3: How will you make financial decisions after you're married?
