

# THE HOLY EUCHARIST

## SECOND SUNDAY in LENT

March 1, 2026  
10:30 A.M.

**St. John the Baptist Episcopal Church**  
in the Admiral District of West Seattle

*We acknowledge that we are on the unceded traditional land of the Coast Salish people,  
including the Duwamish and Suquamish People past and present.*

*We honor with gratitude the land itself and the Duwamish and Suquamish tribes.*

*Please know, that wherever you are in your spiritual journey, you have a place at St. John's.*

Portions of this service are from the optional expansive-language versions of the 1979 *Book of Common Prayer*, as authorized by the 79th General Convention in 2018.

*At the sound of the church bell all rise as able.*

## THE GATHERING OF GOD'S PEOPLE

### Hymn 401

The God of Abraham praise

TUNE: *Leoni*

1 The God of A-braham praise, who reigns en - throned a - bove;  
2 He by him - self hath sworn: we on his oath de - pend;  
3 There dwells the Lord, our King, the Lord, our Right - eous - ness,  
4 The God who reigns on high the great arch - an - gels sing,  
5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;  
2 we shall, on ea - gle - wings up - borne, to heaven a - scend:  
3 tri - um - phant o'er the world and sin, the Prince of Peace;  
4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!  
5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:  
2 we shall be - hold his face, we shall his power a - dore,  
3 on Zi - on's sa - cred height his king - dom he main - tains,  
4 Who was, and is, the same, and ev - er - more shall be:  
5 hail, A - braham's Lord di - vine! With heaven our songs we raise;

1 we bow and bless the sa - cred Name for ev - er blest.  
2 and sing the won - ders of his grace for ev - er - more.  
3 and, glo - rious with his saints in light, for ev - er reigns.  
4 e - ter - nal Fa - ther, great I AM, we wor - ship thee."  
5 all might and ma - jes - ty are thine, and end - less praise.

Words: Thomas Olivers (1725-1799), alt.  
Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.  
Public domain.

♩=48  
66. 84. D

## **Sending of Children to Children's Chapel**

*All children about age 3 through 4th grade are invited to go forward to the stairs in the front of the church for a prayer sending them and their leaders to Children's Chapel.*

*Presider* Children of God, go forth to receive God's word. May it light your way, and fill your lives with hope and joy. In the name of Christ our Savior. **Amen.**

## **A Penitential Order**

*Presider* Bless the Lord who forgives all our sins.

*People* **His mercy endures for ever.**

## **The Decalogue**

*Kneeling as able.*

*Presider* Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.

*People* **Amen. Lord have mercy.**

*Presider* You shall not make for yourself any idol.

*People* **Amen. Lord have mercy.**

*Presider* You shall not invoke with malice the Name of the Lord your God.

*People* **Amen. Lord have mercy.**

*Presider* Remember the Sabbath day and keep it holy.

*People* **Amen. Lord have mercy.**

*Presider* Honor your father and your mother.

*People* **Amen. Lord have mercy.**

*Presider* You shall not commit murder.

*People* **Amen. Lord have mercy.**

*Presider* You shall not commit adultery.

*People* **Amen. Lord have mercy.**

*Presider* You shall not steal.

*People* **Amen. Lord have mercy.**

*Presider* You shall not be a false witness.

*People* **Amen. Lord have mercy.**

*Presider* You shall not covet anything that belongs to your neighbor.

*People* **Amen. Lord have mercy.**

*Presider* Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."  
— *Mark 12:29-31*

## Confession

*Presider* Let us confess our sins against God and our neighbor.

*A moment of reflective silence is kept.*

*People* **Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of our Savior Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*Presider* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## Kyrie Eleison S86

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e  
e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -  
le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.  
Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Setting: *New Plainsong*; David Hurd (b. 1950)

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## The Collect of the Day

### Second Sunday in Lent

*Presider* God be with you.

*People* **And also with you.**

*Presider* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

*You may be seated.*

# THE LITURGY OF THE WORD

## First Reading

Genesis 12:1–4a

The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

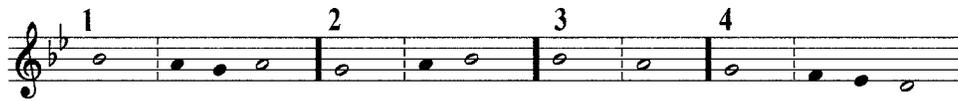
So Abram went, as the LORD had told him; and Lot went with him.

*Reader* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

## Response

Please join in singing the **bold verses**.



SJB Psalm Tone 2, Thomas Aláan

**Psalm 121** • *Levavi oculos*

- 1 <sup>1</sup> I lift up my eyes / *to the / hills*; \*  
    <sup>2</sup> from where is my help / *to / come*?
- 2 <sup>3</sup> My help comes from the / *LORD*, \*  
    <sup>4</sup> the maker of hea- / *ven and / earth*.
- 3 <sup>1</sup> **He will not let your / foot be / moved** \*  
    <sup>2</sup> **and he who watches over you will not fall / a / -sleep.**
- 4 <sup>3</sup> Behold, he who keeps watch over / *Israel* \*  
    <sup>4</sup> shall neither slum- / *ber nor / sleep*;
- 5 <sup>1</sup> **The LORD himself watches / over / you**; \*  
    <sup>2</sup> **the LORD is your shade at your / right / hand,**
- 6 <sup>3</sup> So that the sun shall not strike you by / *day*, \*  
    <sup>4</sup> nor the / *moon by / night*.
- 7 <sup>1</sup> **The LORD shall preserve you / from all / evil**; \*  
    <sup>2</sup> **it is he who shall keep / you / safe.**
- 8 <sup>3</sup> The LORD shall watch over your going out and your coming / *in*, \*  
    <sup>4</sup> from this time forth for / *ever / -more*.

## Second Reading

Romans 4:1–5, 13–17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")— in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

## **Holy Gospel**

*Standing as able.*

**John 3:1–17**

*Presider* The Holy Gospel of our Savior Jesus Christ according to John.

*People* **Glory to you, O Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

*Presider* The Gospel of our Savior.

*People* **Praise to you, O Christ.**

*You may be seated.*

## **The Sermon**

**The Reverend Canon Elise B. Johnstone, D. Min.**

*There will be a moment for quiet personal reflection.*

## **The Nicene Creed**

*Standing as able.*

*People* We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate  
from the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## **Prayers of the People**

### **Form II**

*Intercessor* I ask your prayers for God's people throughout the world; for Sean, our presiding bishop; Phil, our bishop; Elise and Robert, our priests; for this gathering; and for all ministers and people.

In the Anglican Cycle of Prayer we pray for the Anglican Episcopal Church in Japan (Nippon Sei Ko Kai).

In the Diocesan Cycle of Prayer we pray for St. Matthew's/San Mateo, Auburn; and St. Michael's South Sudanese, Auburn.

Pray for the Church.

*Silence may be kept.*

*Intercessor* I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

*Silence may be kept.*

*Intercessor* I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

*Silence may be kept.*

*Intercessor* I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him.

*Silence may be kept.*

*Intercessor* I ask your prayers for \_\_\_\_ .

*Silence may be kept.*

*Intercessor* I ask your thanksgivings for \_\_\_\_\_ .

*Silence may be kept.*

*Intercessor* I ask your prayers for the departed, especially \_\_\_\_\_. Pray for those who have died.

*Silence may be kept.*

*Intercessor* Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

*Presider* Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **The Peace**

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Those present celebrate the peace with a bow, hands raised in blessing, or the peace sign.*

*You may be seated.*

## **Welcome and Announcements**

*If you wish to make online donations to the ministry of St. John the Baptist Episcopal Church, please visit <https://sjbwestseattle.org/give> or use the SJB Venmo QR code. Thank you.*



**venmo**

### **Holy Week Services at St. John's**

Palm Sunday, **March 29**, 8:30 a.m. & 10:30 a.m. *Proper Liturgy with Procession*

Monday in Holy Week, **March 30**, 6:30 p.m. *Stations of the Cross*

Tuesday in Holy Week, **March 31**, 6:30 p.m. *Holy Eucharist*

Wednesday in Holy Week, **April 1**, 6:30 p.m. *Tenebrae*

Maundy Thursday, **April 2**, 6:30 p.m. *Proper Liturgy with the Stripping of the Altar*

Good Friday, **April 3**, noon & 6:30 p.m. *Proper Liturgy*

Holy Saturday, **April 4**, 10:30 a.m. *Proper Liturgy*

Saturday Vigil, **April 4**, 8:00 p.m. *The Great Vigil of Easter*

Easter Sunday, **April 5**, 8:30 a.m. *Easter Day spoken Holy Eucharist*

10:30 a.m. *Easter Day Holy Eucharist with music*

11:45 a.m. *Easter Egg Hunt*

## **THE LITURGY OF THE TABLE**

### **Offertory Sentence**

*Presider* I appeal to you by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. — *Romans 12:1*

*Please stand as you are able.*

## Hymn

### Come, thou fount of every blessing

TUNE: *Nettleton*

Hymn 111 from the supplemental hymnal *Lift Every Voice and Sing II*.

1. Come, Thou fount of ev-ery bless-ing, Tune my heart to sing thy  
2. Here I raise my Eb-en-e-zer, Hith-er by thy help I'm  
3. O, to grace how great a debt-or, Dai-ly I'm con-strained to

1. grace; Streams of mer-cy nev-er ceas-ing, Call for songs of loud-est  
2. come; And I hope, by thy good pleas-ure, Sure-ly to ar-rive at  
3. be; Let that grace, Lord, like a fet-ter, Bind my won-d'ring heart to

1. praise. Teach me some me-lo-dious son-net, Sung by flam-ing tongues a  
2. home. Je-sus sought me when a stran-ger, Wan-d'ring from the fold of  
3. Thee. Prone to wan-der, Lord, I feel-it, Prone to leave the God I

1. bove. Praise the mount, O fix me on it. Mount of God's un-chang-ing love.  
2. God. He, to save my soul from dan-ger, In-ter-posed His pre-cious blood.  
3. love. Here's my heart, Lord, take and seal it, Seal it from thy courts a-bove.

Words: Robert Robinson (1735-1790)

Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813; harm. Carl Haywood (b. 1949), from *Songs of Praise*, Harm. Copyright © 1992.

“Ebenezer” is from the Hebrew *ebhen hā-’ezer* (stone of help).

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*The congregation’s gifts of money for the mission and ministry of St. John’s and food for the Food Bank and Little Free Pantry are presented and placed on the Holy Table.*

## Presentation

*People All things come from you, O God, and from your own have we given you.*

*Please remain standing.*

## The Great Thanksgiving

**Eucharistic Prayer 1** from *Enriching Our Worship 1*

*Presider* God be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Presider* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## Sanctus S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Blest is the one who comes in the name of the Lord. Ho - san - na in the high - est.

Setting: From *New Plainsong*; David Hurd (b. 1950), alt.

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*Please remain standing.*

*Presider* Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*People* **Christ has died.  
Christ is risen.  
Christ will come again.**

*Presider* Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with [ \_\_\_\_\_ and] all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

## The Lord's Prayer

*Presider* And now as our Savior Christ has taught us, we are bold to pray,

*People* **Our Father, who art in heaven,  
hallowed be thy Name, thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory, for ever and ever. Amen.**

## Breaking of the Bread

*The Presider breaks the consecrated Bread. A period of silence is kept.*

## Fraction Anthem S161

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Setting: From *New Plainsong*; David Hurd (b. 1950)

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## The Invitation to Communion

*Presider* The Gifts of God for the People of God.

*You may be seated.*

To receive Communion, you are invited to come to the altar rail and stand or kneel at one of the cushions. To receive the bread (wafer), please hold your hands palms up, and the Presider will place a wafer in your hands. Gluten-free bread is available for those requiring it. Please indicate this by holding your hands palms down initially. If you do not wish to partake of the consecrated wine from the common chalice, you may consume the wafer at the altar rail or return to your seat to consume it.

To receive the wine, please consume your wafer, and then wait for the Eucharistic Minister to bring the common cup to you at the altar rail. Please do not attempt to intinct (dip) the wafer into the chalice. If you prefer not to partake of the common cup, but would like to receive the words of ministrations, simply cross your arms in front of your chest when the Eucharistic Minister comes to you at the altar rail.

Reception of the sacrament in one kind (either bread or wine) is considered a full experience of the sacrament.

If you would prefer to receive a blessing instead of communion, when you come to the altar rail, simply cross your arms in front of your chest, and the Presider will greet you and offer God's blessing.

If you are unable to come forward, ask an usher or someone nearby to request that communion be brought to you.

## Communion Anthem

*God so loved the world*

John Goss (1800-1880)

God so loved the world, that He gave His only-begotten Son, that whoso believeth in Him should not perish, but have everlasting life. For God sent not His Son into the world to condemn the world; but that the world through Him might be saved.  
Amen.

— John 3:16–17

## Communion Hymn 654

Day by day, dear Lord

TUNE: *Summer*

*Sung by all.*

Day by day, dear Lord, of thee three things I pray:  
to see thee more clear - ly, love thee more dear - ly,  
fol - low thee more near - ly, day by day.

Words: Att. Richard of Chichester (1197-1253)  
Music: *Summer*, Arthur Henry Biggs (1906-1954)

$\text{♩} = 58$   
Irr.

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## **Prayer for Those Worshipping at Home During the Time of Communion**

*Those worshipping at home are invited to pray.*

*People* **O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.**

— from *Saint Augustine's Prayer Book*, Forward Movement, 2014

## **Postcommunion Prayer**

*Please stand as you are able.*

*Presider* Let us pray.

*People* **Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## **Solemn Prayer Over the People: Second Sunday in Lent**

*Presider* Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

# Hymn 149

## Eternal Lord of love, behold your Church

TUNE: *Old 124th*

*Unison or harmony*

1 E - ter - nal Lord of love, be - hold your Church  
2 So dai - ly dy - ing to the way of self,  
3 If dead in you, so in you we a - rise,  
walk - ing once more the pil - grim way of Lent,  
so dai - ly liv - ing to your way of love,  
you the first - born of all the faith - ful dead,  
led by your cloud by day, by night your fire,  
we walk the road, Lord Je - sus, that you trod,  
and as through ston - y ground the green shoots break,  
moved by your love and toward your pres - ence bent:  
know - ing our - selves bap - tized in - to your death:  
glo - rious in spring - time dress of leaf and flower,  
far off yet here— the goal of all de - sire.  
so we are dead and live with you in God.  
so in the Fa - ther's glo - ry shall we wake.

Words: Thomas H. Cain, (1931-2003)

Music: *Old 124th*, melody *Pseaumes octante trois de David*, 1551; harm. Charles Winfred Douglas (1867-1944)

10. 10. 10. 10. 10

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### Dismissal

*Presider* Let us bless the Lord.

*People* **Thanks be to God.**

### Postlude

*Pavan "The Earle of Salisbury,"* BK 15

William Byrd (c. 1540-1623)

## Serving in Worship Today

**Acolytes:** Helena and Lara Frazier; **Altar Guild:** Carolyn Koehler; **Children's Chapel:** Catherine Dodge; **Closer:** John Kettel; **Coffee Hour:** Anne Rogers; **Eucharistic Minister/Intercessor:** \_\_\_; **Livestream:** Walter Johnstone; **Music:** Thomas Aláan, Joyce Gibb, SJB Choir; **Preaching/Presiding:** The Rev. Cn. Elise B. Johnstone; **Readers:** Kitt Gassman, Kathy Lund; **Ushers:** Becky Kacel, Carol Sutcliffe; **Verger:** Layne Bautista.

## ANNOUNCEMENTS

### Today at St. John the Baptist

- 8:30 a.m. Spoken Holy Eucharist in the Church
- 9:30 a.m. Choir Practice in the Choir Room
- 9:35 a.m. Adult Formation in the Library
- 10:30 a.m. Holy Eucharist with Music in the Church and livestreamed on our YouTube channel
- 10:30 a.m. Children's Chapel  
Families begin worshipping in church together, and then children (ages 3–10) will be dismissed for Children's Chapel, with a Godly Play story, returning to the nave at the Peace.
- 11:45 a.m. Coffee Hour in the Parish Hall
- 1:00 p.m. MusicNW Concert\* in the Nave
- 3:00 p.m. Worship at the Mount at Providence Mt. St. Vincent
- 7:00 p.m. Youth Group in the Parish Hall

### Coffee Hour in the Parish Hall

Join us for a time of fellowship in the Parish Hall following our 10:30 a.m. service every Sunday for snacks and coffee. Newcomers are especially invited to attend so we can better get to know you and welcome you to SJB. If you are interested in providing snacks and hospitality during our weekly Coffee Hour, please consider signing up to support this ministry on the yellow sign-up sheet in the Parish Hall. Hosts serve in teams. Experienced hosts are happy to show newcomers the ropes. Thank you!

### Sunday Morning Adult Formation

Our February 22–March 22 Lenten topic is a book study of Jon Meacham's *The Hope of Glory*, a reflection on the seven last sayings of Jesus in the Gospels. Please sign up in the Narthex/Lobby if you'd like for SJB to order a copy of the text for you. Questions? Email Canon Elise. [elise@SJBWestSeattle.org](mailto:elise@SJBWestSeattle.org)

### Wednesday Evening Lenten Program

Wednesdays, February 25–March 25, there will be a Holy Eucharist with Healing at 6:15 p.m. in person or on Zoom, followed by a simple soup supper, and program beginning about 6:45 p.m. We will look at the issue of Christian Nationalism, how it came about, and how might we, as followers of the God of Love, respond. It is a series of five sessions. To participate, please sign up in the Narthex/Lobby. Interested in providing a simple soup supper? One or more households can sign up to host in the Narthex/Lobby. Questions? Email Canon Elise. [elise@SJBWestSeattle.org](mailto:elise@SJBWestSeattle.org)

### Youth Group Tonight

Students in grades 6–12 are invited to the Parish Hall, 7–8:30 p.m., for snacks, games, and conversation on the first and third Sundays of the month. Our next youth group is tonight, Sunday, March 1. Contact Jackson with any questions. [familylife@SJBWestSeattle.org](mailto:familylife@SJBWestSeattle.org)

### Men's Gathering

Men of all ages and their partners, friends, and neighbors are invited to a no-host breakfast every second Saturday of the month. Meet at Chelan Café, 3527 Chelan Ave SW, Saturday, March 14, 8 a.m. For more information or a ride, please contact David Perrine. 206-937-2932.

### Spiritual Practices Small Groups

SJB will continue our exploration of Spiritual Practices in Small Groups. Our evening Spiritual Practices Group will meet on the second and fourth Tuesdays at 6 p.m., while our daytime group will be meeting the second and fourth Wednesdays at 11 a.m. If you have any questions, please contact Fr. Robert. [robert@SJBWestSeattle.org](mailto:robert@SJBWestSeattle.org)

### Walking Through the Bible

Join us on the second and fourth Sundays for *Walking Through the Bible*. You do not have to have a deep knowledge of the *Bible* to join in these explorations. Join us as we explore a different book of the *Bible*. In March we will begin a study of *Exodus*. Questions? Please email Canon Elise. [elise@SJBWestSeattle.org](mailto:elise@SJBWestSeattle.org)



## St. John the Baptist Episcopal Church in the Admiral District of West Seattle

### A Note from Our Rector

We are so glad you are worshipping here today!

Visiting?

If you are visiting with us, we would be glad to answer any questions you may have about the Episcopal Church or about St. John's. I'm Elise, the Rector (the priest in charge) of St. John's—I encourage you to reach out to me—I'd love to meet you!

Interested in Baptism?

In the Episcopal Church, we believe that Baptism by water and in the name of the Father, the Son, and the Holy Spirit is full initiation into the Body of Christ, the Church— regardless in which Christian tradition you may have been baptized.

If you are interested in Baptism, please reach out to me—I would love to talk with you about this.

As we like to say here, wherever you are in your spiritual journey, you have a place at St. John's!

Welcome!

Elise+  
[elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

If there is a ministry you're interested in knowing more about or getting involved, you can also contact the office  
[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

### St. John the Baptist Vestry

#### Class of 2026

Kitt Gassman  
John Hainze  
Lurilla Lee  
Cathy Thompson,  
*senior warden*

#### Class of 2028

Sten Crissey  
Russ Crosbie  
Adrienne Haycock  
Becky Kacel

#### Chair

The Rev. Cn. Elise Johnstone

#### Clerk

Carol Sutcliffe

#### Treasurer

Monte Frazier

#### Class of 2027

Linda Barson  
Terry Brady  
Lauren Cox  
Mary Kay Jones

Would you like to request that our Prayer Chain pray for you or someone you know? Would you like to add a name to the Prayers of the People? Please visit

<https://sjbwestseattle.org/prayers>

### St. John the Baptist Staff and Office Information

3050 California Ave SW  
Seattle WA 98116

Phone 206-937-4545  
[www.sjbwestseattle.org](http://www.sjbwestseattle.org)

Office Hours: Monday–Thursday 10:00 a.m.–3:00 p.m.

The Rev. Canon Elise B. Johnstone, *rector*  
[elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

The Rev. Robert G. Stevens, *curate*  
[robert@sjbwestseattle.org](mailto:robert@sjbwestseattle.org)

Katelyn Cowell, *parish administrator*  
[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

Thomas Aláan, DMA, *choir director*  
[thomas@sjbwestseattle.org](mailto:thomas@sjbwestseattle.org)

Anita McKay, *bookkeeper*  
[finance@sjbwestseattle.org](mailto:finance@sjbwestseattle.org)

Jackson Espeut, *family life minister*  
[familylife@sjbwestseattle.org](mailto:familylife@sjbwestseattle.org)

Nora Jindrich, *nursery and youth assistant*

David O. Ruberg, *bulletin guru*

Joyce Gibb, *pianist*

If you wish to reach a staff person who does not have an email listed, please contact the office.

[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

### What's going on at SJB this week

Sunday, March 1, 8:30 AM	Spoken Holy Eucharist	Nave
Sunday, March 1, 9:30 AM	Choir Practice	Choir Room
Sunday, March 1, 9:35 AM	Adult Formation	Library
Sunday, March 1, 10:30 AM	Holy Eucharist with Music	Nave
Sunday, March 1, 10:30 AM	Children's Chapel with Godly Play	Nave, Large Godly Play Room
Sunday, March 1, 1:00 PM	Music NW Concert*	Nave
Sunday, March 1, 1:30 PM	Team Meeting	Library
Sunday, March 1, 3:00 PM	Worship at the Mount	Providence Mt St Vincent
Sunday, March 1, 7:00 PM	Youth Group	Parish Hall
Monday, March 2, 4:00 PM	Endolyne Rehearsal*	Parish Hall
Monday, March 2, 6:00 PM	AA Shipwrecked	Community Room
Tuesday, March 3, 4:00 PM	Endolyne Rehearsal*	Parish Hall, Community Room
Tuesday, March 3, 7:00 PM	AA Into Action	Community Room
Wednesday, March 4, 2:30 PM	WSHS Outreach*	Parish Hall
Wednesday, March 4, 6:00 PM	WS Little League Meeting*	Community Room
Wednesday, March 4, 6:15 PM	Lenten Program	Parish Hall
Thursday, March 5, 6:30 PM	Choir Practice	Nave
Thursday, March 5, 7:00 PM	AA 12x12	Community Room
Friday, March 6, 5:00 PM	WSHS Baseball Dinner*	Parish Hall, Kitchen
Friday, March 6, 6:00 PM	AA Shipwrecked	Community Room
Saturday, March 7, 8:00 AM	Al-Anon	Parish Hall, Community Room
Sunday, March 8, 8:30 AM	Spoken Holy Eucharist	Nave
Sunday, March 8, 9:35 AM	Adult Formation	Library
Sunday, March 8, 9:30 AM	Choir Practice	Choir Room
Sunday, March 8, 10:30 AM	Holy Eucharist with Music	Nave
Sunday, March 8, 10:30 AM	Children's Chapel with Godly Play	Nave, Large Godly Play Room
Sunday, March 8, 12:00 PM	Walking Through the Bible	Community Room
*Indicates that a group is renting SJB for this use.		