

# THE HOLY EUCHARIST

## FIRST SUNDAY in LENT

February 22, 2026  
10:30 A.M.

 St. John the Baptist Episcopal Church  
in the Admiral District of West Seattle

*We acknowledge that we are on the unceded traditional land of the Coast Salish people,  
including the Duwamish and Suquamish People past and present.*

*We honor with gratitude the land itself and the Duwamish and Suquamish tribes.*

*Please know, that wherever you are in your spiritual journey, you have a place at St. John's.*

Portions of this service are from the optional expansive-language versions of the 1979 *Book of Common Prayer*, as authorized by the 79th General Convention in 2018.

*At the sound of the church bell all rise as able.*

### **Sending of Children to Children's Chapel**

*All children about age 3 through 4th grade are invited to go forward to the stairs in the front of the church for a prayer sending them and their leaders to Children's Chapel.*

*Presider* Children of God, go forth to receive God's word. May it light your way, and fill your lives with hope and joy. In the name of Christ our Savior. **Amen.**

*Please remain standing as able.*

## THE GREAT LITANY

*Intercessor* Holy God, Creator of heaven and earth,

*People* **Have mercy on us.** .....



Have mer - cy on us.

*Intercessor* Holy and Mighty, Redeemer of the world,

*People* **Have mercy on us.**

*Intercessor* Holy Immortal One, Sanctifier of the faithful,

*People* **Have mercy on us.**

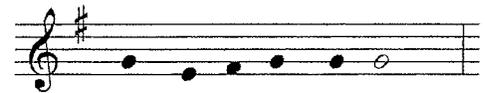
*Intercessor* Holy, blessed, and glorious Trinity, One God,

*People* **Have mercy on us.**

*Intercessor* From all evil and mischief;

from pride, vanity and hypocrisy; from envy, hatred, and malice; and from all evil intent,

*People* **Savior deliver us.** .....



Sav - ior de - li - ver us.

*Intercessor* From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

*People* **Savior deliver us.**

*Intercessor* From sins of body and mind; from deceits of the world, the flesh, and the devil,

*People* **Savior deliver us.**

*Intercessor* From famine and disaster; from violence, murder, and dying unprepared,

*People* **Savior deliver us.**

*Intercessor* In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

*People* **Savior deliver us.**

*Intercessor* By the mystery of your holy incarnation; by your birth, childhood, and obedience; by your baptism, fasting, and temptation,

*People* **Savior deliver us.**

*Intercessor* By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

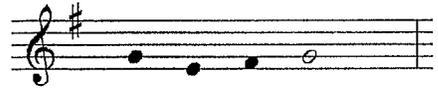
*People* **Savior deliver us.**

*Intercessor* By your agony and trial; by your cross and passion; by your precious death and burial,

*People* **Savior deliver us.**

*Intercessor* By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

*People* **Savior deliver us.**



*Intercessor* Hear our prayers, O Christ our God.

*People* **Hear us, O Christ.** .....

Hear us, O Christ.

*Intercessor* Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

*People* **Hear us, O Christ.**

*Intercessor* Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

*People* **Hear us, O Christ.**

*Intercessor* Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

*People* **Hear us, O Christ.**

*Intercessor* Give your people grace to witness to your word and bring forth the fruit of your Spirit.

*People* **Hear us, O Christ.**

*Intercessor* Bring into the way of truth all who have erred and are deceived.

*People* **Hear us, O Christ.**

*Intercessor* Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

*People* **Hear us, O Christ.**

*Intercessor* Guide the leaders of the nations into the ways of peace and justice.

*People* **Hear us, O Christ.**

*Intercessor* Give your wisdom and strength to the President of the United States, the Governor of this state, and the Mayor of this city that in all things they may do your will, for your glory, and the common good.

*People* **Hear us, O Christ.**

*Intercessor* Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

*People* **Hear us, O Christ.**

*Intercessor* Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

*People* **Hear us, O Christ.**

*Intercessor* Give us the will to use the resources of the earth to your glory and for the good of all.

*People* **Hear us, O Christ.**

*Intercessor* Bless and keep all your people,

*People* **Hear us, O Christ.**

*Intercessor* Comfort and liberate the lonely, the bereaved, and the oppressed.

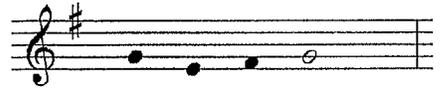
*People* **Hear us, O Christ.**

*Intercessor* Keep in safety those who travel, and all who are in peril.

*People* **Hear us, O Christ.**

*Intercessor* Heal the sick in body, mind or spirit and provide for the homeless, the hungry, and the destitute.

*People* **Hear us, O Christ.**



*Intercessor* Guard and protect all children who are in danger.  
*People* **Hear us, O Christ.**.....

Hear us, O Christ.

*Intercessor* Shower your compassion on prisoners, hostages, and refugees, and all who are in trouble.  
*People* **Hear us, O Christ.**

*Intercessor* Forgive our enemies, persecutors, and slanderers, and turn their hearts.  
*People* **Hear us, O Christ.**

*Intercessor* Hear us as we remember those who have died and grant us with them a share in your eternal glory.  
*People* **Hear us, O Christ.**

*Intercessor* Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.



Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy on us.

## The Collect of the Day

### First Sunday in Lent

*Presider* God be with you.  
*People* **And also with you.**

*Presider* Let us pray.  
Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*You may be seated.*

# THE LITURGY OF THE WORD

## First Reading

**Genesis 2:15-17; 3:1-7**

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

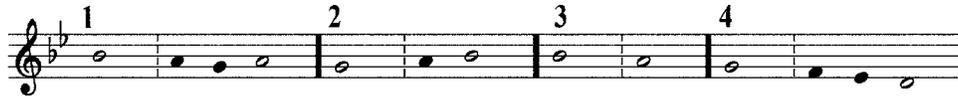
Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'"

But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

## Response

Please join in singing the **bold verses**.



SJB Psalm Tone 2, Thomas Aláan

### Psalm 32 • *Beati quorum*

- 1 <sup>1</sup>Happy are they whose transgressions / *are for* / -given, \*  
<sup>2</sup>and whose sin is put / *a* / -way!
- 2 <sup>3</sup>Happy are they to whom the Lord imputes no / *guilt*, \*  
<sup>4</sup>and in whose spirit there / *is no* / guile!
- 3 <sup>1</sup>**While I held my tongue, my bones wi- / *thered a* / -way, \***  
<sup>2</sup>**because of my groaning all / *day* / long.**
- 4 <sup>3</sup>**For your hand was heavy upon me day and / *night*; \***  
<sup>4</sup>**my moisture was dried up as in the / *heat of* / summer.**
- 5 <sup>1</sup>Then I acknowledged my / *sin to* / you, \*  
<sup>2</sup>and did not conceal / *my* / guilt.
- 6 <sup>3</sup>I said, "I will confess my transgressions to the / *Lord.*" \*  
<sup>4</sup>Then you forgave me the guilt / *of my* / sin.
- 7 <sup>1</sup>**Therefore all the faithful will make their prayers to you in / *time of* / trouble; \***  
<sup>2</sup>**when the great waters overflow, they shall not / *reach* / them.**
- 8 <sup>3</sup>**You are my hiding- / *place*;**  
<sup>3</sup>**you preserve me from / *trouble*; \***  
<sup>4</sup>**you surround me with shouts of de- / *li-ve* / -rance.**
- 9 <sup>1</sup>"I will instruct you and teach you in the way that / *you should* / go; \*  
<sup>2</sup>I will guide you with / *my* / eye.
- 10 <sup>3</sup>Do not be like horse or mule, which have no under- / *standing*; \*  
<sup>3</sup>who must be fitted with bit and / *bridle*,  
<sup>4</sup>or else they will not / *stay near* / you."
- 11 <sup>1</sup>**Great are the tribulations / *of the* / wicked; \***  
<sup>2</sup>**but mercy embraces those who trust in / *the* / Lord.**
- 12 <sup>3</sup>**Be glad, you righteous, and rejoice in the / *Lord*; \***  
<sup>4</sup>**shout for joy, all who are / *true of* / heart.**

## Second Reading

### Romans 5:12–19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification.

If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

## **Holy Gospel**

*Standing as able.*

**Matthew 4:1–11**

*Presider* The Holy Gospel of our Savior Jesus Christ according to Matthew.

*People* **Glory to you, O Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,  
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

*Presider* The Gospel of our Savior.

*People* **Praise to you, O Christ.**

*You may be seated.*

## **The Sermon**

**The Reverend Robert Stevens**

*There will be a moment for quiet personal reflection.*

## **The Nicene Creed**

*Standing as able.*

*People* **We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate  
from the Virgin Mary, and became truly human.**

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

## Confession

*Presider* Let us confess our sins against God and our neighbor.

*A moment of reflective silence is kept.*

*Said by all* **Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of our Savior Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*Presider* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Those present celebrate the peace with a bow, hands raised in blessing, or the peace sign.*

*You may be seated.*

## Welcome and Announcements

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*If you wish to make online donations to the ministry  
of St. John the Baptist Episcopal Church,  
please visit <https://sjbwestseattle.org/give>  
or use the SJB Venmo QR code. Thank you.*

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# THE LITURGY OF THE TABLE

## Offertory Sentence

*Presider* I appeal to you by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. — Romans 12:1

*Please stand as you are able.*

# Hymn

## Tempted and tired we're oft made to wonder

TUNE: *Farther Along*

Hymn 187 from the supplemental hymnal *Lift Every Voice and Sing II*.

1. Tempt - ed and tried we're oft made to won - der, Why it should  
2. When death has come and tak - en our loved ones, It leaves our  
3. Faith - ful till death said our lov - ing mas - ter, A few more  
4. When we see Je - sus com - ing in glo - ry, When He comes

1. be thus all the day long; — While there are oth - ers liv - ing a -  
2. home so lone - ly and drear; — Then do we won - der why oth - ers  
3. days to la - bor and wait; — Toils of the road will then seem as  
4. from His home in the sky; — Then we shall meet Him in that bright

1. bout us, Nev - er mo - lest - ed though in the wrong. —  
2. pros - per, Liv - ing so wick - ed year af - ter year. —  
3. noth - ing, As we sweep through the beau - ti - ful gate. —  
4. man - sion, We'll un - der - stand it all by and by. —

Far - ther a - long we'll know all a - bout it, Far - ther a -

long we'll un - der - stand why; — Cheer up, don't wor - ry, live in the

sun - shine, We'll un - der - stand it all by and by. —

Words: W. B. Stevens

Music: W. B. Stevens; arr. J. R. Baxter, Jr.

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The congregation's gifts of money for the mission and ministry of St. John's and food for the Food Bank and Little Free Pantry are presented and placed on the Holy Table.

## Presentation

*People* All things come from you, O God, and from your own have we given you.

*Please remain standing.*

## The Great Thanksgiving

**Eucharistic Prayer 1** from *Enriching Our Worship 1*

*Presider* God be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Presider* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## Sanctus S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Blest is the one who comes in the name of the Lord. Ho-san-na in the high - est.

Setting: From *New Plainsong*; David Hurd (b. 1950), alt.

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*Please remain standing.*

*Presider* Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*People* **Christ has died.  
Christ is risen.  
Christ will come again.**

*Presider* Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with [ \_\_\_\_\_ and] all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

### **The Lord's Prayer**

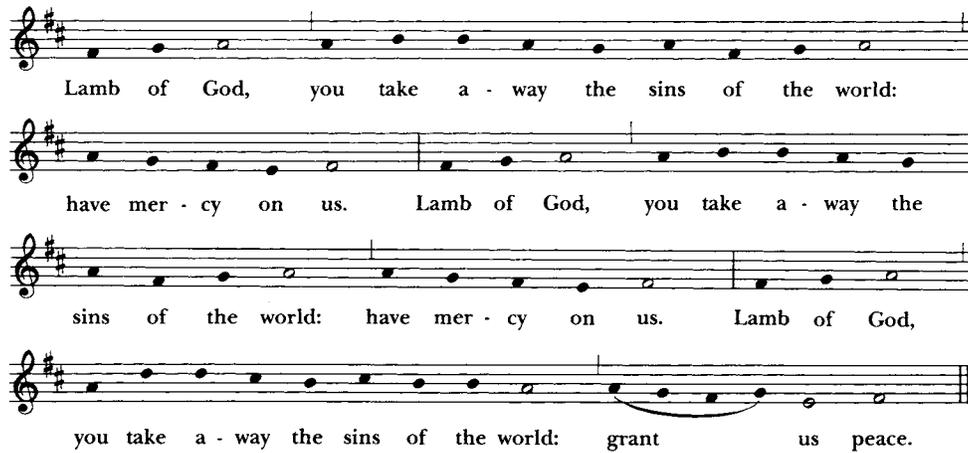
*Presider* And now as our Savior Christ has taught us, we are bold to pray,

*People* **Our Father, who art in heaven,  
hallowed be thy Name, thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory, for ever and ever. Amen.**

### **Breaking of the Bread**

*The Presider breaks the consecrated Bread. A period of silence is kept.*

## Fraction Anthem S161



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Setting: From *New Plainsong*; David Hurd (b. 1950)

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## The Invitation to Communion

*Presider* The Gifts of God for the People of God.

*You may be seated.*

*To receive Communion, you are invited to come to the altar rail and stand or kneel at one of the cushions. To receive the bread (wafer), please hold your hands palms up, and the Presider will place a wafer in your hands. Gluten-free bread is available for those requiring it. Please indicate this by holding your hands palms down initially. If you do not wish to partake of the consecrated wine from the common chalice, you may consume the wafer at the altar rail or return to your seat to consume it.*

*To receive the wine, please consume your wafer, and then wait for the Eucharistic Minister to bring the common cup to you at the altar rail. Please do not attempt to intinct (dip) the wafer into the chalice. If you prefer not to partake of the common cup, but would like to receive the words of ministration, simply cross your arms in front of your chest when the Eucharistic Minister comes to you at the altar rail.*

*Reception of the sacrament in one kind (either bread or wine) is considered a full experience of the sacrament.*

*If you would prefer to receive a blessing instead of communion, when you come to the altar rail, simply cross your arms in front of your chest, and the Presider will greet you and offer God's blessing.*

*If you are unable to come forward, ask an usher or someone nearby to request that communion be brought to you.*

# Communion Hymn

Sung by all.

## There is a balm in Gilead

TUNE: *Balm In Gilead*

Hymn 203 from the supplemental hymnal *Lift Every Voice and Sing II*.

There is a balm in Gil-e-ad to make the wound-ed

whole; There is a balm in Gil-e-ad to heal the sin-sick soul.

1. Some - times I feel dis - cour - aged, And think my work's in vain. But

2. If you can - not preach like Pet - er, If you can - not preach like Paul, You can

3. Don't ev - er be dis - cour - aged For Je - sus is your friend, And

1. then the ho - ly spir - it Re - vives my soul a - gain.

2. tell the love of Je - sus, And say He died for all.

3. if you lack for know - ledge, He'll ne'er re - fuse to lend.

Words: Traditional

Music: American Melody; arr. Carl Haywood (b 1949), from *The Haywood Collection of Negro Spirituals*, ©1992

## Prayer for Those Worshipping at Home During the Time of Communion

Those worshipping at home are invited to pray.

*People* O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

— from *Saint Augustine's Prayer Book*, Forward Movement, 2014

## Postcommunion Prayer

Please stand as you are able.

*Presider* Let us pray.

*People* Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## Solemn Prayer Over the People: First Sunday in Lent

*Presider* Grant, Almighty God, that your people may recognize their weaknesses and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

## Hymn 142

Lord, who throughout these forty days

TUNE: *St. Flavian*

1 Lord, who through-out these for - ty days for us didst fast and pray,  
2 As thou with Sa - tan didst con-tend and didst the vic - tory win,  
3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,  
4 And through these days of pen - i - tence, and through thy Pas-sion - tide,  
5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.  
2 O give us strength in thee to fight, in thee to con-quer sin.  
3 to die to self, and chief - ly live by thy most ho - ly word.  
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898)

Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901)

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## Dismissal

*Presider* Let us bless the Lord.

*People* Thanks be to God.

## Postlude

III. *Song Without Words* from piano suite *In the Land o' Cotton*

Florence Price (1887-1953)

## **Serving in Worship This Morning**

**Acolyte:** Jordan Alfonzo;  
**Altar Guild:** Wilma Hansen;  
**Children's Chapel:** Kristin Alfonzo;  
**Closer:** Dan Johnson;  
**Coffee Hour:** Tanya Baklanoff, Mitch Kief;  
**Eucharistic Minister/Intercessor:** Tom Taylor;  
**Livestream:** Walter Johnstone;  
**Music:** Thomas Aláan, Joyce Gibb, SJB Choir;  
**Preaching:** The Rev. Robert Stevens;  
**Presiding:** The Rev. Cn. Elise B. Johnstone;  
**Reader:** Cathie Knox-Browning;  
**Ushers:** Rachel and Russ Crosbie, Lilith Lysistrata;  
**Verger:** John Hainze.

### **Holy Week Services at St. John's**

Palm Sunday, **March 29**, 8:30 a.m. & 10:30 a.m. *Proper Liturgy with Procession*

Monday in Holy Week, **March 30**, 6:30 p.m. *Stations of the Cross*

Tuesday in Holy Week, **March 31**, 6:30 p.m. *Holy Eucharist*

Wednesday in Holy Week, **April 1**, 6:30 p.m. *Tenebrae*

Maundy Thursday, **April 2**, 6:30 p.m. *Proper Liturgy with the Stripping of the Altar*

Good Friday, **April 3**, noon & 6:30 p.m. *Proper Liturgy*

Holy Saturday, **April 4**, 10:30 a.m. *Proper Liturgy*

Saturday Vigil, **April 4**, 8:00 p.m. *The Great Vigil of Easter*

Easter Sunday, **April 5**, 8:30 a.m. *Easter Day spoken Holy Eucharist*

10:30 a.m. *Easter Day Holy Eucharist with music*

11:45 a.m. *Easter Egg Hunt*

# ANNOUNCEMENTS

## Today at St. John the Baptist

- 8:30 a.m. **Spoken Holy Eucharist** in the Church
- 9:30 a.m. **Choir Practice** in the Choir Room
- 9:35 a.m. **Adult Formation** in the Library
- 10:30 a.m. **Holy Eucharist with Music** in the Church and livestreamed on our YouTube channel
- 10:30 a.m. **Children's Chapel**  
Families begin worshipping in church together, and then children (ages 3–10) will be dismissed for Children's Chapel, with a Godly Play story, returning to the nave at the Peace.
- 11:45 a.m. **Coffee Hour** in the Parish Hall
- 12:00 p.m. **Walking Through the Bible** in the Community Room
- 3:00 p.m. **Books and Bricks Mission Trip Gathering** in the Parish Hall for those attending the summer trip

## Coffee Hour in the Parish Hall

Join us for a time of fellowship in the Parish Hall following our 10:30 a.m. service every Sunday for snacks and coffee. Newcomers are especially invited to attend so we can better get to know you and welcome you to SJB. If you are interested in providing snacks and hospitality during our weekly Coffee Hour, please consider signing up to support this ministry on the yellow sign-up sheet in the Parish Hall. Hosts serve in teams. Experienced hosts are happy to show newcomers the ropes. Thank you!

## Sunday Morning Adult Formation

Our February 22–March 22 Lenten topic, beginning this Sunday, will be a book study of Jon Meacham's *The Hope of Glory*, a reflection on the seven last sayings of Jesus in the Gospels. Please sign up in the Narthex/Lobby if you'd like for SJB to order a copy of the text for you. Email Canon Elise with any questions. [elise@SJBWestSeattle.org](mailto:elise@SJBWestSeattle.org)

## Wednesday Evening Lenten Program

Wednesday, February 25–March 25, there will be a Holy Eucharist with Healing at 6:15 p.m. in person or on Zoom, followed by a simple soup supper, and program beginning about 6:45 p.m. We will look at the issue of Christian Nationalism, how it came about, and how might we, as followers of the God of Love, respond. It is a series of five sessions. To participate, please sign up in the Narthex/Lobby. Interested in providing a simple soup supper? Sign up to host in the Narthex/Lobby. One or more households can host.

## Youth Group

Students in grades 6–12 are invited to the Parish Hall, 7–8:30 p.m., for snacks, games, and conversation on the first and third Sundays of the month. Our next youth group is Sunday, March 1. Contact Jackson with any questions. [familylife@SJBWestSeattle.org](mailto:familylife@SJBWestSeattle.org)

## Episcopal 101

Are you interested in learning more about the Episcopal Church, our Anglican faith tradition, prayer practices, and more? A series of seven evening sessions began Monday, February 2, 6:30 p.m., and continues through March 16. If you're interested in signing up or learning more, please add your name to the list in the Narthex or email Canon Elise. [elise@SJBWestSeattle.org](mailto:elise@SJBWestSeattle.org)

## Spiritual Practices Small Groups

SJB will continue our exploration of Spiritual Practices in Small Groups. Our evening Spiritual Practices Group will meet on the second and fourth Tuesdays at 6 p.m., while our daytime group will be meeting the second and fourth Wednesdays at 11 a.m. If you have any questions, please contact Fr. Robert. [robert@SJBWestSeattle.org](mailto:robert@SJBWestSeattle.org)

## Walking Through the Bible

Join us on the second and fourth Sundays for *Walking Through the Bible*. You do not have to have a deep knowledge of the *Bible* to join in these explorations. Join us as we explore a different book of the *Bible*. This is our last session with the *Letter of Paul to the Galatians*. In March we will begin a study of *Exodus*. Questions? Please email Canon Elise. [elise@SJBWestSeattle.org](mailto:elise@SJBWestSeattle.org)



# St. John the Baptist Episcopal Church in the Admiral District of West Seattle

## A Note from Our Rector

We are so glad you are worshipping here today!

### Visiting?

If you are visiting with us, we would be glad to answer any questions you may have about the Episcopal Church or about St. John's. I'm Elise, the Rector (the priest in charge) of St. John's— I encourage you to reach out to me— I'd love to meet you!

### Interested in Baptism?

In the Episcopal Church, we believe that Baptism by water and in the name of the Father, the Son, and the Holy Spirit is full initiation into the Body of Christ, the Church— regardless in which Christian tradition you may have been baptized.

If you are interested in Baptism, please reach out to me— I would love to talk with you about this.

As we like to say here, wherever you are in your spiritual journey, you have a place at St. John's!

Welcome!

Elise+  
[elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

If there is a ministry you're interested in knowing more about or getting involved, you can also contact the office  
[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

## St. John the Baptist Vestry

### Class of 2026

Kitt Gassman  
John Hainze  
Lurilla Lee  
Cathy Thompson,  
*senior warden*

### Class of 2028

Sten Crissey  
Russ Crosbie  
Adrienne Haycock  
Becky Kacel

### Chair

The Rev. Cn. Elise Johnstone

### Clerk

Carol Sutcliffe

### Treasurer

Monte Frazier

### Class of 2027

Linda Barson  
Terry Brady  
Lauren Cox  
Mary Kay Jones

Would you like to request that our Prayer Chain pray for you or someone you know? Would you like to add a name to the Prayers of the People? Please visit

<https://sjbwestseattle.org/prayers>

## St. John the Baptist Staff and Office Information

3050 California Ave SW  
Seattle WA 98116

Phone 206-937-4545

[www.sjbwestseattle.org](http://www.sjbwestseattle.org)

Office Hours: Monday–Thursday 10:00 a.m.–3:00 p.m.

The Rev. Canon Elise B. Johnstone, *rector*  
[elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

The Rev. Robert G. Stevens, *curate*  
[robert@sjbwestseattle.org](mailto:robert@sjbwestseattle.org)

Katelyn Cowell, *parish administrator*  
[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

Thomas Aláan, DMA, *choir director*  
[thomas@sjbwestseattle.org](mailto:thomas@sjbwestseattle.org)

Anita McKay, *bookkeeper*  
[finance@sjbwestseattle.org](mailto:finance@sjbwestseattle.org)

Jackson Espeut, *family life minister*  
[familylife@sjbwestseattle.org](mailto:familylife@sjbwestseattle.org)

Nora Jindrich, *nursery and youth assistant*

David O. Ruberg, *bulletin guru*

Joyce Gibb, *pianist*

If you wish to reach a staff person who does not have an email listed, please contact the office.  
[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

## What's going on at SJB this week

Sunday, February 22, 8:30 AM	Nave
<b>Spoken Holy Eucharist</b>	
Sunday, February 22, 9:35 AM	Library
<b>Adult Formation</b>	
Sunday, February 22, 9:30 AM	Choir Room
<b>Choir Practice</b>	
Sunday, February 22, 10:30 AM	Nave
<b>Holy Eucharist with Music</b>	
Sunday, February 22, 10:30 AM	Nave, Large Godly Play Room
<b>Children's Chapel with Godly Play</b>	
Sunday, February 22, 12:00 PM	Community Room
<b>Walking Through the Bible</b>	
Sunday, February 22, 3:00 PM	Parish Hall
<b>Books and Bricks Mission Gathering</b>	
Monday, February 23, 11:00 AM	Nave
<b>Piano Tuning</b>	
Monday, February 23, 4:00 PM	Parish Hall
<b>Endolyne Rehearsal*</b>	
Monday, February 23, 6:00 PM	Community Room
<b>AA Shipwrecked</b>	
Tuesday, February 24, 4:00 PM	Parish Hall, Community Room
<b>Endolyne Rehearsal*</b>	
Tuesday, February 24, 6:00 PM	Library
<b>Spiritual Practices Group</b>	
Tuesday, February 24, 7:00 PM	Community Room
<b>AA Into Action</b>	
Wednesday, February 25, 9:45 AM	Library
<b>Building and Grounds Meeting</b>	
Wednesday, February 25, 11:00 AM	Library
<b>Spiritual Practices Group</b>	
Wednesday, February 25, 6:15 PM	Parish Hall
<b>Lenten Program</b>	
Thursday, February 26, 3:45 PM	Parish Hall
<b>WSHS Outreach*</b>	
Thursday, February 26, 5:00 PM	Parish Hall
<b>WS Little League Meeting*</b>	
Thursday, February 26, 6:30 PM	Nave
<b>Choir Practice</b>	
Thursday, February 26, 7:00 PM	Community Room
<b>AA 12x12</b>	
Friday, February 27, 6:00 PM	Community Room
<b>AA Shipwrecked</b>	
Saturday, February 28, 8:00 AM	Parish Hall, Community Room
<b>Al-Anon</b>	
Saturday, February 28, 10:00 AM	Nave
<b>Music NW Rehearsal*</b>	
Sunday, March 1, 8:30 AM	Nave
<b>Spoken Holy Eucharist</b>	
Sunday, March 1, 9:30 AM	Choir Room
<b>Choir Practice</b>	
Sunday, March 1, 9:35 AM	Library
<b>Adult Formation</b>	
Sunday, March 1, 10:30 AM	Nave
<b>Holy Eucharist with Music</b>	
Sunday, March 1, 10:30 AM	Nave, Large Godly Play Room
<b>Children's Chapel with Godly Play</b>	
Sunday, March 1, 1:00 PM	Nave
<b>Music NW Concert*</b>	
Sunday, March 1, 3:00 PM	Providence Mt St Vincent
<b>Worship at the Mount</b>	
Sunday, March 1, 7:00 PM	Parish Hall
<b>Youth Group</b>	
*Indicates that a group is renting SJB for this use.	