

The background features a series of concentric, overlapping curved lines in shades of gray, some solid and some dashed, creating a sense of depth and movement. A large, solid blue rectangular box is centered on the page, containing the main text.

Marriage Retreat 2026

Coastline Christian Fellowship

¹⁸ Then the Lord God said, **“It is not good that the man should be alone;**

(Ladies respond MMM-HMMM!)

I will make him a helper fit for him.”

Genesis 2

19 Now out of the ground the Lord God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name.

Genesis 2

²⁰ The man gave names to all livestock and to the birds of the heavens and to every beast of the field. **But for Adam there was not found a helper fit for him.**

Genesis 2

²¹ So the Lord God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh.

²² And the rib that the Lord God had taken from the man he made into a woman and brought her to the man.

Genesis 2

23 Then the man said,
“This at last (*it's about time*) **is bone of
my bones and flesh of my flesh;**
she shall be called Woman,
because she was taken out of Man.

Genesis 2

²⁴ Therefore a man shall leave his father and his mother and hold fast to his wife, and they **shall become one flesh.**

²⁵ And the man and his wife were both naked and were not ashamed

Genesis 2

Husband and Wife Equality

Elisabeth Elliot said:

“In what sense is red equal to blue? They are equal only in the sense that both are colors in the spectrum. Apart from that they are different. In what sense is hot equal to cold? They are both temperatures, but beyond this it is almost meaningless to talk about equality”



The Two

Become One

³ And Pharisees came up to him and tested him by asking, "Is it lawful to divorce one's wife for any cause?"

⁴ He answered, "Have you not read that he **who created them from the beginning made them male and female,**

Matthew 19

⁵ and said, 'Therefore a man shall leave his father and his mother and hold fast to his wife, and the **two shall become one flesh**'?

⁶ So they are **no longer two but one flesh**. What therefore God has joined together, let not man separate."

Matthew 19

28 In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself.

Ephesians 5

29 For no one ever hated his own flesh,
but nourishes and cherishes it, just as
Christ does the church,

Ephesians 5

30 because we are members of his body.
31 "Therefore a man shall leave his father
and mother and hold fast to his wife,
and the **two shall become one flesh.**"

Ephesians 5



2nd Law of Thermodynamics
–entropy happens when
something is left to itself, it
slides into **decay** and
disorder.

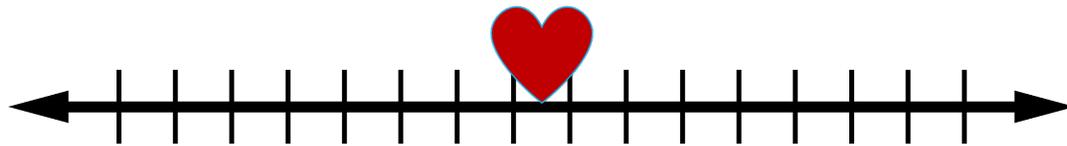


This suggests that starting on your wedding day, your marriage will begin a slow downward slide--***that is unless you take action.***



**No marriage remains
motionless.**

Isolation



Oneness

**You are either drifting toward
isolation or moving toward
oneness.**

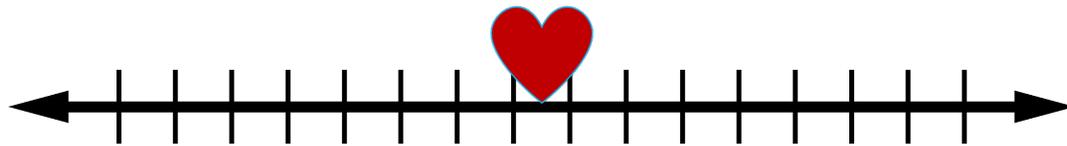
When first married, what were some of your dreams for doing life together?



God's original design for marriage is better than our best dreams for marriage.

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Oneness

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