

You might ask yourself why attend a women's retreat?

You can....

- Recharge in a new location.
- Unplug from technology, work, and family responsibilities.
- Draw nearer to God.
- Draw nearer to others in relationships.
- Have some fun and relax.

What happens at a Christian women's retreat?

- **Worship:** Singing, praying, and learning Biblical principles.
- **Biblical teaching:** An opportunity to learn and grow. This year we have one speaker.
- **Reflection:** Processing emotions and how they impact life.
- **Fellowship:** Meeting new friends and building relationships.
- **Growth:** Learning and growing together.



Grace

Comes from the Greek word 'Charis'
Loving-kindness, blessing, undeserved favor.

WHAT TO BRING

- Bible
- Paper/pen for note taking
- Warm clothing for outdoors
- Indoor shoes/slippers
- **Book exchange table**
Bring a book or two you are finished with, take a new one home.
- **White Elephant gift exchange**
Please shop from home. It can be something funny. No more than a \$20 value. Please bring it wrapped.

TAKE NOTE

Friday Supper: Chili and fixings.

Saturday Lunch: Charcuterie

Any offerings designated towards the Women's Ministry will assist in keeping the costs of the retreat affordable for all.

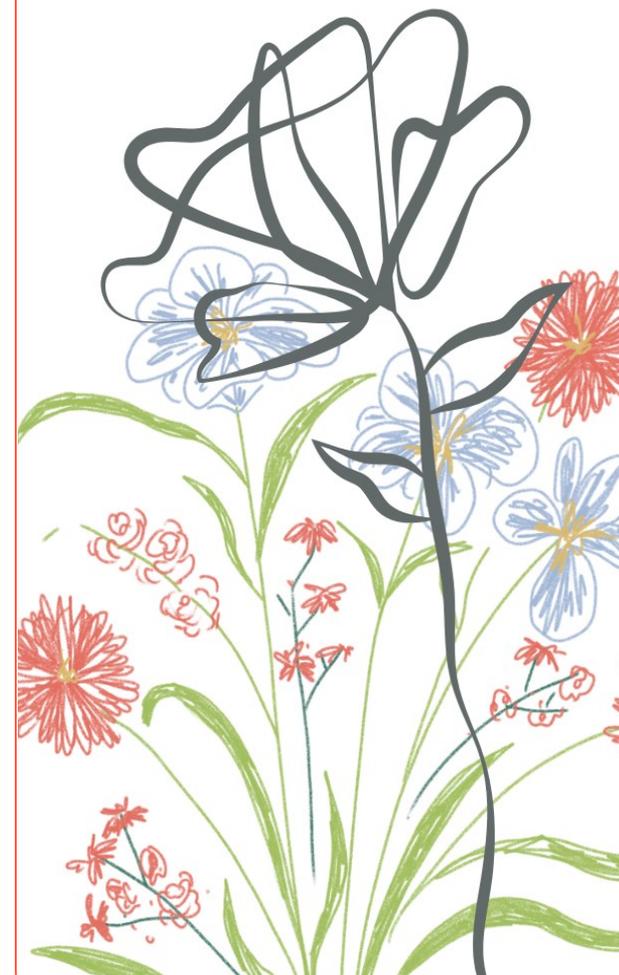
COMMITTEE MEMBERS

Melissa Edwards (587.899.6520)
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Ladies Graciousness Retreat



May 1 - May 2, 2026

Balmoral Bible Chapel

GUEST SPEAKER

Nancy Erratt: She was born and raised in Surrey, BC, where she attended the Surrey Alliance Church for most of her growing up years. She graduated in 1995 from Millar College of the Bible in Pambrun, Saskatchewan, where she met her husband, Peter.



From 1996 to 2000, Peter and Nancy served with Canadian Sunday School Mission at Camp Silversides. In 2000, Peter was called to serve as the assistant pastor at Bethany Baptist Church in Red Deer, where they have made their home and raised their family.

Nancy has been actively involved in children's and women's ministries in various capacities for more than 25 years. She loves helping women grow in their walk with the Lord and finds joy in encouraging others to serve with a wholehearted love for Christ. Peter and Nancy have continued to serve together at Bethany Baptist Church for over 25 years and are thankful for their four beautiful daughters."



Friday, May 1

5.30 pm - 6.00 pm

- Welcome / registration

6.15 pm

- Introduction to weekend / prayer

6.30 pm - Supper

7.15 pm

- Dessert / worship / speaker
Session #1

8.00 pm

- Ice Breaker

Saturday, May 2

9.15 am - 9.30 am

- Arrival / registration

9.30 am

- Announcements / prayer / worship

9.45 am

- Session #2

10.25 am

- Discussion questions

10.45 am

- Break: walk, coloring station, journal decorating, book exchange, coffee/visiting

11.30 am - Lunch

12.45 pm

- Introduction / prayer / worship

1.00 pm

- Session #3

1.50 pm

- Discussion questions

2.00 pm - 3.30 pm

- White Elephant gift exchange

REGISTRATION

Return the completed form/payment to a committee member on Sundays, or to Melissa via text, or during the week to Deb in the office. You may also download and print the brochure from www.balmoralchapel.ca

COST: \$50

Registration Deadline: April 24

CONTACT INFORMATION:

Name: _____

Phone: _____

E-mail: _____

Emergency: _____

Dietary Needs/Issues: _____

PAYMENT INFORMATION:

Cash _____ Cheque _____

E-transfer _____ h.vogel@balmoralchapel.ca

E-transfer message line 'For Women's Retreat'

Cheques made out to Balmoral Bible Chapel

OTHER:

Do you need financial assistance? _____

Would you like to contribute to the sponsoring of others? _____

Do you need a ride? _____

Can you provide a ride? _____

Will you give permission for your picture to be taken? Yes _____ No _____