



SUNDAY SERMON

RECAP

22 February 2026

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Sermon Notes

Sermon Title: A year of Rest

Prophet Andre Bronkhorst

Scripture Reading: Various

Two prophetic declarations:

Isaiah 61:7 (NKJV)

Instead of your shame you will receive a double portion, and instead of disgrace you will rejoice in your inheritance. And so you will inherit a double portion in your land, and everlasting joy will be yours.

Isaiah 54:2 (NKJV)

'Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes.

Introduction

While waiting on the Lord last December, the Lord placed "A Year of Rest, a divine Sabbatical" on Andre Bronkhorst's heart. He was greatly encouraged when our theme for the year was the same. Has a sense that this is what is on the Father's heart for the world.

Two Scriptures confirm this:

Leviticus 25:4 (NKJV)

"but in the seventh year there shall be a sabbath of solemn rest for the land, a sabbath to the Lord. You shall neither sow your field nor prune your vineyard."

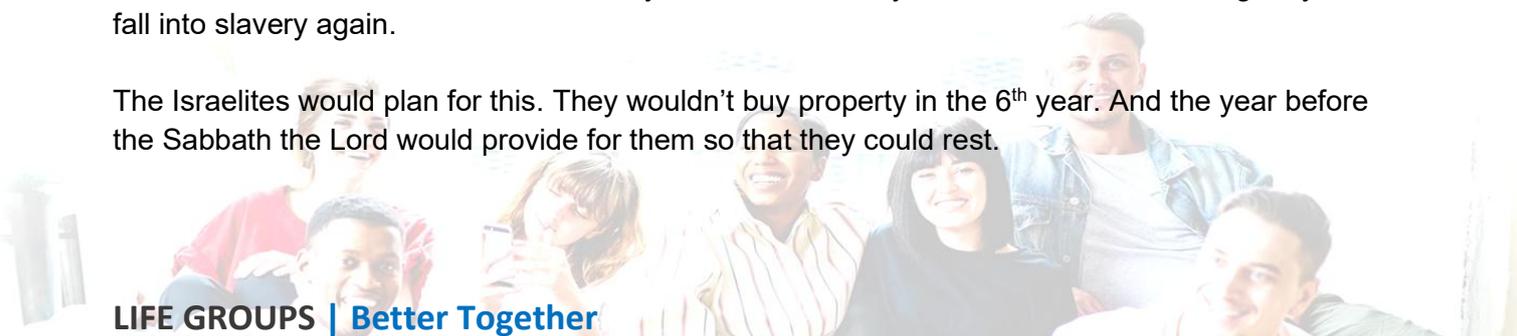
Matthew 11:28 (NKJV)

"Come to Me, all *you* who labour and are heavy laden, and I will give you rest."

In the Old Testament they had a sabbath year every 7th year. The heart of the Sabbath was to give the land, and the people, a chance to rest. Even debts would be cancelled and slaves released. God built rest into the rhythms of creation.

The Lord had delivered them from slavery and the Sabbath year was aimed at ensuring they didn't fall into slavery again.

The Israelites would plan for this. They wouldn't buy property in the 6th year. And the year before the Sabbath the Lord would provide for them so that they could rest.



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SUNDAY SERMON

RECAP

We can learn from this. So many people are running at a pace so fast that they have begun to burn out. Burnout happens when our output is greater than our input. When we give more than we receive. Many people in business and in ministry are living unhealthy lives.

In the New Testament Jesus is our rest! We are called to enter into the rest of the Lord, and to function from that place of rest.

1. Remember that provision comes from Him. Not from constant striving.

The Sabbath year was a declaration of faith. It was a bold statement that God was their source, not themselves.

When we live and work from a place of rest in Christ we are declaring that He is our source and we are not.

2. Rest is a command not a suggestion.

Rest is not a luxury or a reward. Rest is obedience.

God rested on the Sabbath day to set a standard for us to follow.

When we refuse to rest we are saying, "It all depends on me, I must keep everything running."

When we rest we are trusting God to undertake for us and keep things going.

3. Rest renews what work cannot restore

When the land rests the nutrients are restored naturally.

When we rest in God the same happens to us. Our strength is renewed, our perspective changes, our emotional 'soil' becomes healthy again, and our faith deepens.

There are things God can only renew in us when we stop and rest.

4. Jesus is our eternal sabbatical

In the New Testament Jesus fulfills the Sabbath. He says, "Come to ME, and I will give you rest."

He offers us a rest that comes from trusting Him to ourselves, from abiding in Him not relying on our performance. His rest releases us from burdens and striving.

Hebrews 4:10 (NKJV), "For he who has entered His rest has himself also ceased from his works as God *did* from His."

2026 is a year where we are working from rest, not working to rest!
We need to take a careful look at our lives. Rest is important. It will set things in motion that hard



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work cannot do.

We need to plan our times of rest before we plan our work for the year.

When we do this we can live from a place of fullness and vibrancy. Anxiety will lift off our lives. We will be able to accomplish more and be even more productive. But all from a place of rest.

Rest does not mean sleeping a lot and watching TV. Rest is a place where we feed our spirit by spending time in the Word and in God's presence.

The success of this season is going to be rest.

God will command His blessing because we choose to rest in Him.

Declaration:

- Tiredness and exhaustion to lift.
- The blessing of the Lord to be upon us.
- That we can enter a time of rest and enjoy God's presence.

