

Sunday, February 22nd, 2026

First Sunday in Lent (Violet)

First Reading

A READING FROM THE BOOK OF GENESIS (2:15-17; 3:1-7)

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalm 32

Happy are they whose transgressions are forgiven, and whose sin is put away!

Happy are they to whom the Lord imputes no guilt, and in whose spirit there is no guile!

While I held my tongue, my bones withered away, because of my groaning all day long.

For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, and did not conceal my guilt.

I said, "I will confess my transgressions to the Lord." Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them.

You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance.

"I will instruct you and teach you in the way that you should go; I will guide you with my eye.

Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you."

Great are the tribulations of the wicked; but mercy embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

Second Reading

A READING FROM THE LETTER OF PAUL TO THE ROMANS (5:12-19)

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Gospel

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MATTHEW (4:1-11)

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Open : CP175 **Forty Days and Forty Nights** v1,2,5

Tune: Heinlein Text: G. Smyttan (c) 1982 Hope Publishing Co.

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Forty days and forty nights
you were fasting in the wild;
forty days and forty nights
tempted, and yet undefiled:

burning heat throughout the day,
bitter cold when light has fled,
prowling beasts around your way,
stones your pillow, earth your bed

Saviour, may we hear your voice --
keep us constant at your side;
and with you we shall rejoice
at the eternal Eastertide.

Missa Pacem - Penitential Rite (Kyrie)

L.R. Babin (c) 2004,2010 GIA Publications

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Choir : Lord Jesus, you were sent to heal the contrite:

Lord, have mercy .

All: Lord, have mercy.

Choir: Christ Jesus, you came to call the sinners:

Christ, have mercy.

All: Christ, have mercy.

Choir: Lord Jesus, you plead for us

at the right hand of the Father :

Lord, have mercy.

All : Lord, have mercy.

Tract: SANC 46 **Jesus Tempted in the Desert** v1,2,3 /4

Tune: Ebenezer Text: H. Stuempfle (c) 1993 GIA Publications Inc.

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Jesus, tempted in the desert,
Lonely, hungry, filled with dread:
'Use your pow'r,' the tempter tells him;
'Turn these barren rocks to bread!'
'Not alone by bread,' he answers,
'Can the human heart be filled.
Only by the Word that calls us
Is our deepest hunger stilled!'

Jesus, tempted at the temple,
High above its ancient wall:
'Throw yourself from lofty turret;
Angels wait to break your fall!'
Jesus shuns such empty marvels,
Feats that fickle crowds request:
'God, whose grace protects, preserves us,
We must never vainly test.'

Jesus, tempted on the mountain
By the lure of vast domain:
'Fall before me! Be my servant!
Glory, fame, you're sure to gain!'
Jesus sees the dazzling vision,
Turns his eyes another way:
'God alone deserves our homage!
God alone will I obey!'

-----**gospel**-----
When we face temptation's power,
Lonely, struggling, filled with dread,
Christ, who knew the tempter's hour,
Come and be our living bread.
By your grace, protect, preserve us
Lest we fall, your trust betray.
Yours, above all other voices,
Be the Word we hear, obey.

Offertory : **Create in Me**

M.R. Hopkins (c)1989 Universal Music - Brentwood Benson Publishing; Big Steps 4 U

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Create in me a clean heart oh God
That I might serve You
Create in me a clean heart oh God
That I might be renewed
So fill me and heal me

And bring me back to You
Create in me a clean heart oh God
That I might serve You
(repeat)

Eucharistic Prayer :

Missa Pacem -**Holy Holy Holy**

R. Babin (c)2004

Holy, holy, holy Lord,
God of power and might,
heav'n and earth are full of your glory.
Hosanna in the highest,
Hosanna in the highest.

Blessed is he who comes in the name,
who comes in the name of the Lord
Hosanna in the highest,
Hosanna in the highes

Close : SANC3 **Come and Find the Quiet Centre**

Tune: Beach Spring Text: S. E. Murray

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Come and find the quiet centre
In the crowded life we lead
Find the room for hope to enter
Find the frame where we are freed
Clear the chaos and the clutter
Clear our eyes that we can see
All the things that really matter
Be at peace and simply be

Silence is a friend who claims us
Cools the heat and slows the pace
God it is who speaks and names us
Knows our being touches base
Making space within our thinking
Lifting shades to show the sun
Raising courage when we're shrinking
Finding scope for faith begun

In the Spirit let us travel
Open to each other's pain
Let our lives and fears unravel
Celebrate the space we gain
There's a place for deepest dreaming
There's a time for heart to care
In the Spirit's lively scheming
There is always room to spare