

## Redefining Expectations

### Week #3

## Communication in Marriage

- Review the last two weeks
  - Foundation of Marriage
  - Preparing for Marriage

### 3 marriage truths to help us stay on the same page.

1. Men and women are very \_\_\_\_\_! – We were created that way! - BY GODS DESIGN!
2. So, if we are different, we need to find a way that we can both achieve our goal in communicating without \_\_\_\_\_ each other apart along the way!
3. Speaking in generalizations here is what we need to understand about our spouse.
  - Men need and desire to be \_\_\_\_\_ and \_\_\_\_\_.
  - Women need and desire to be \_\_\_\_\_ and \_\_\_\_\_.

**Tonight we will answer: How do we communicate our needs and desires to our spouse.**

**Here is the game plan to get that done:** We are going to look at 7 different types of communication because not all communication belongs in the same conversation!

## 7 Types of communication in your marriage:

### 1. \_\_\_\_\_ Communication- How you \_\_\_\_\_ about your marriage.

- Pro 31:28-31- Her children arise up, and call her blessed; her husband *also*, and he praiseth her. (29) Many daughters have done virtuously, but thou excellest them all. (30) Favour *is* deceitful, and beauty *is* vain: *but* a woman *that* feareth the LORD, she shall be praised. (31) Give her of the fruit of her hands; and let her own works praise her in the gates.
- Pro 12:4- A virtuous woman *is* a crown to her husband: but she that maketh ashamed *is* as rottenness in his bones.
- **Marriage Tool 1:** Never speak \_\_\_\_\_ about your spouse to \_\_\_\_\_.
- **Marriage Tool 2:** \_\_\_\_\_ the things your spouse does well instead of focusing on their \_\_\_\_\_.
- **Marriage Tool 3:** \_\_\_\_\_ details should never be outside talk!

### 2. \_\_\_\_\_ Communication- How your \_\_\_\_\_ speaks to your spouse.

- James 3:13- Who *is* a wise man and endued with knowledge among you? let him shew out of a good conversation his works with meekness of wisdom.
- 1 Pet 3:2- While they behold your chaste conversation *coupled* with fear.
- Eph 5:28-29- So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. (29) For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church:
- **Marriage Tool 4:** \_\_\_\_\_ your spouse like they are the best part of your day.
- **Marriage Tool 5:** Tell your spouse you want to be with them in this situation \_\_\_\_\_ words.
- **Marriage Tool 6:** Allow your “conversation” to \_\_\_\_\_ with your spouse more than your words!

### 3. \_\_\_\_\_ Communication- How you talk through the \_\_\_\_\_ of life.

- Pro 19:13- A foolish son *is* the calamity of his father: and the contentions of a wife *are* a continual dropping.

- Mat 5:37- But let your communication be, Yea, yea; Nay, nay: for whatsoever is more than these cometh of evil.
- **Marriage Tool 7:** \_\_\_\_\_ is not real when both people care.
- **Marriage Tool 8:** Don't allow \_\_\_\_\_ to divide. Give it to the Lord!
- **Marriage Tool 9:** If this is the only communication present in your marriage then it is on life support! \_\_\_\_\_ is no excuse for \_\_\_\_\_!

4. \_\_\_\_\_ **Communication- How to reveal your \_\_\_\_\_ to your spouse.**

- Son 8:6-7- Set me as a seal upon thine heart, as a seal upon thine arm: for love *is* strong as death; jealousy *is* cruel as the grave: the coals thereof *are* coals of fire, *which hath a* most vehement flame. (7) Many waters cannot quench love, neither can the floods drown it: if *a* man would give all the substance of his house for love, it would utterly be contemned.
- Jer 17:9- The heart *is* deceitful above all *things*, and desperately wicked: who can know it?
- **Marriage Tool 10:** Plan \_\_\_\_\_ for conversations like these.
- **Marriage Tool 11:** \_\_\_\_\_ for your spouse, don't \_\_\_\_\_ your spouse.
- **Marriage Tool 12:** Ask \_\_\_\_\_ but don't expect immediate answers. Give space for a genuine \_\_\_\_\_ not a programmed \_\_\_\_\_.
- **Marriage Tool 13:** Never have a " \_\_\_\_\_ " room of your heart from your spouse. If there is something big seek Godly council.

5. \_\_\_\_\_ **Communication- How you work through \_\_\_\_\_ with your spouse.**

- Pro 21:9- *It is* better to dwell in a corner of the housetop, than with a brawling woman in a wide house.
- Pro 21:19- *It is* better to dwell in the wilderness, than with a contentious and an angry woman.
- Eph 4:26- Be ye angry, and sin not: let not the sun go down upon your wrath:
- **Marriage Tool 14:** Establish \_\_\_\_\_ of \_\_\_\_\_ to follow.
- **Marriage Tool 15:** Only \_\_\_\_\_ when it is heartfelt.
- **Marriage Tool 16:** Never us the \_\_\_\_\_ thing.
- Eph 4:29- Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.
- **Marriage Tool 17:** Keep things \_\_\_\_\_ - Don't mix \_\_\_\_\_.
- **Marriage Tool 18:** Don't bring past \_\_\_\_\_ into new \_\_\_\_\_.
- **Marriage Tool 19:** Don't keep \_\_\_\_\_.

- **Marriage Tool 20:** Learn to \_\_\_\_\_ - You both are sinners.
- Eph 5:21- Submitting yourselves one to another in the fear of God.
- **Marriage Tool 21:** Have a clear \_\_\_\_\_ to each \_\_\_\_\_.

6. \_\_\_\_\_ **Communication- How you make your spouse \_\_\_\_\_!**

- Son 4:9- Thou hast ravished my heart, my sister, *my spouse*; thou hast ravished my heart with one of thine eyes, with one chain of thy neck.
- Son 1:15- Behold, thou *art* fair, my love; behold, thou *art* fair; thou *hast* doves' eyes.
- Son 7:10- I *am* my beloved's, and his desire *is* toward me.
- **Marriage Tool 22:** \_\_\_\_\_ communication starts hours before the \_\_\_\_\_ event.
- **Marriage Tool 23:** \_\_\_\_\_ communication should not stop after the \_\_\_\_\_ event.
- **Marriage Tool 24:** \_\_\_\_\_ communication should \_\_\_\_\_ happen outside of your marriage!
- **Marriage Tool 25:** Other types of \_\_\_\_\_ lead us here; not the other way around!

7. \_\_\_\_\_ **Communication- How you plan for the \_\_\_\_\_ with your spouse.**

- Pro 29:18- Where *there is* no vision, the people perish: but he that keepeth the law, happy *is* he.
- Hab 2:2- And the LORD answered me, and said, Write the vision, and make *it* plain upon tables, that he may run that readeth it.
- **Marriage Tool 26:** \_\_\_\_\_ time to \_\_\_\_\_. -Make it fun, get away together to plan uninterrupted.
- **Marriage Tool 27:** Set \_\_\_\_\_ for your life. (Financial, Personal, Marriage, Family, Ministry, Business)
- **Marriage Tool 28:** Make time to \_\_\_\_\_ how things are going with your plans and \_\_\_\_\_ them as necessary.