

MADE FOR THIS

Sermon Based Questions

"Made for This Part 8 - Dealing with Distractions" – Nathan Blais

February 22, 2026

This week's sermon looked at Nehemiah 6 and the final wave of opposition: distraction. When direct attacks and internal conflict didn't stop the work, the enemy tried to derail Nehemiah through invitations, manipulation, fear, and compromise—but Nehemiah stayed focused, prayed for strength, and the wall was finished with God's help.

Share

1. What's one distraction that can pull you off track faster than you'd like to admit?
2. What's something you've said "yes" to lately that you realized quietly meant saying "no" to something more important?
3. If you could delete one recurring stressor from your week (with no consequences), what would you remove?

Discuss

4. Read Nehemiah 6:1–4. Discuss what stands out about Nehemiah's response: "I am doing a great work and I cannot come down." What does that reveal about focus and priorities?
5. Read Nehemiah 6:5–9. Discuss how the open letter works as a tactic (rumors, "everyone says," fear). Why would manipulation be effective against a whole community?
6. Read Nehemiah 6:10–13. Discuss why the "safe" option would have been compromise for Nehemiah. What would it have cost him personally and publicly?
7. Read Mark 4:14–19. Discuss how "the cares of the world, the deceitfulness of riches, and the desires for other things" connect to idea of distraction choking fruitfulness.

Reflect

8. Where are you most tempted to "come down from the wall" right now—what pulls your attention away from what you know God is calling you to?
9. What's one area where fear could push you toward a small compromise "just this once"? What would staying faithful look like instead?

Apply

10. What is one clear "no" you will practice this week so you can give your best "yes" to God (time, phone, spending, a commitment, a conversation you don't need to have)?
11. Choose a simple phrase you'll use when distraction hits (e.g., "I'm doing a great work—I can't come down"). When and where will you use it this week?