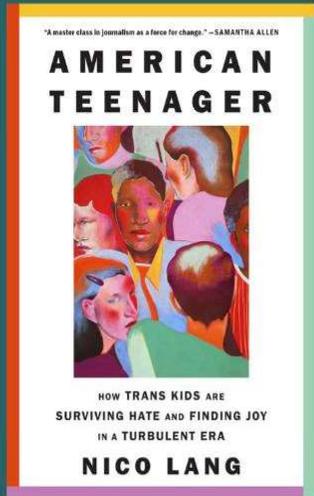


SAVE THE DATE - MARCH 7, 2026 @ 3:00 PM



American Teenager

How Trans Kids are Surviving Hate and Finding Joy in a Turbulent Era

by Nico Lang

Author reading and Q&A: March 7, 3:00PM
St. Andrew's Lutheran Church, 2650 148th Ave SE, Bellevue WA

PFLAG

Hear from author Nico Lang in Bellevue (at St. Andrew's Lutheran Church) as they share the stories of trans youth chronicled in their award-winning book "American Teenager." This reading/discussion is hosted by PFLAG Bellevue/Eastside on trans kids surviving hate and finding joy. - Heart for Others Team



United Women in Faith are taking a road trip!



When: Thursday, March 12
Where: White River Valley
Museum in Auburn
Time: 11:00 AM meet in
church parking lot

**Lunch will follow our
museum visit.**

Contact: Margot M.

On Thursday, March 12, we are carpooling to the **White River Valley Museum in Auburn.** Sign up in the narthex to let us know you plan to come. We will meet at the church at 11am to carpool, or you can meet us at the museum at noon. We will be enjoying lunch in Auburn after our museum visit.

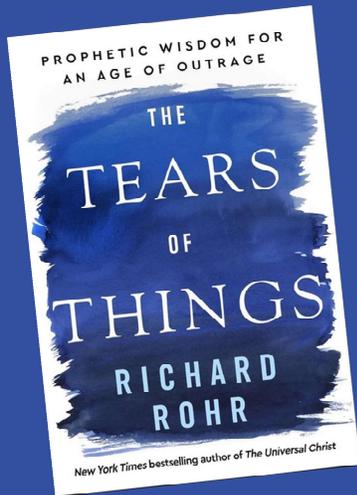
The Traveler & American Democracy video screening

Rick Steves' video screening
and discussion will be on
Sunday, March 8, at 11:30-1pm,
in the Sanctuary, for the
congregation and the community.



The Heart for Others team will be conducting a video screening of Rick Steves' speech titled, "**The Traveler and American Democracy**" that was held at Edmonds Center for the Arts on January 30th. Rick Steves examines how lessons learned on the road can help Americans better understand and meet the challenges facing Democracy in the USA. **The screening and discussion will be on Sunday, March 8, at 11:30-1pm, in our sanctuary, for the congregation and the community.**

Lent Book Study



Join us!

Tuesdays

February 17 - March 31

9:30am - 11:00am

@ the Parlor or on Zoom

-- OR --

Sundays

February 22 - March 29

11:30am - 12:30pm

@ Sanctuary

Questions: talk to Pastor Cathy L.

LENT BOOK STUDY

The Tears of Things: Prophetic Wisdom for an Age of Outrage by Father Richard Rohr

Join us on Tuesday mornings at 9:30-11:00am from February 17 - March 31

- OR -

Sunday mornings - 11:30am-12:30pm from February 22 - March 29

Father Richard Rohr turns to the writings of the Jewish prophets, revealing how some of the lesser-read books of the Bible offer us a crucial path forward today. Drawing on a century of biblical scholarship, *The Tears of Things* breathes new life into ancient wisdom, paving a path of enlightenment for anyone seeking a way of compassionate living in a hurting world. If you are seeking Hope and Whole-hearted Living in difficult times, join us as we seek to answer these questions. How do we live compassionately in a time of violence and despair? What can we do with our private disappointments and the anger we feel in such an unjust world?

You will need to get a copy of the book from the library or your favorite bookstore. For more information, talk to Pastor Cathy Law.