



Each week of Lent we will focus on some object that is found in our daily lives and look at how it can remind us of Jesus and his love for us, his desires for us. These sheets are to help you carry the theme throughout your week, so don't feel you have to do everything one day! This week is all about shoes!

Something to do:

- **Create “holy ground” in your home**

- Set aside a spot in your home – maybe the dinner table, or a couch area, maybe it's a bedroom...but make a big deal about taking shoes off and creating holy ground for your family to gather in.
- Then do a family prayer together – each person praying out loud for whatever they want. OR if your holy ground is at the table, make a point of checking in with each other around the table. Maybe that's a practice you already do – then simply name the space as “holy ground” space out loud to all present in order to help everyone know holy ground can be anywhere.
- Talk about why you take your shoes off – perhaps review the story in Exodus 3:1-6 of Moses and the burning bush where God tells Moses to take off his shoes.

- **Put your shoes on and go!**

- Have everyone put their shoes on and go together – do some kind of service together, like:
 - Take a handmade note or some goodies to an older friend/person
 - Pick up trash around a park or common space you frequent
 - Buy some new pet toys and deliver them to the nearest shelter
- Or go for a Seeing God in Nature hike. As you go have each family member look for things that God created along the way. When someone sees/names something, stop and give God thanks for all God's created.

- **Questions to ask this week:**

- Have you ever felt like you were in a holy place? Where was it? What did it feel like?
- Where do your shoes take you this week? Think of all the places you go with shoes on – don't forget different kinds of shoes like ballet or tap shoes, boots, cleats, etc.
- Where might your shoes take you this week so you can shine Jesus' love into the world?