

**David: The Early Years
For Cave Dwellers Only
1 Samuel 22:1-5**

1 Samuel 22:1 (NKJV) David therefore departed from there and escaped to the cave of Adullam. So when his brothers and all his father's house heard it, they went down there to him.

- I. The Cave: How It Happened - Psalms 142:1-7**
- II. The Challenge: What It Involved**
 - A. The Domestic Relations - 1 Samuel 22:1, 2**
 - B. The Distressed**
 - C. The Debtors**
 - D. The Discontent - Psalms 57; Psalms 34**
- III. The Change: Why It Occurred**
 - A. First, because David hurt enough to admit his need.**
 - B. Second, he was honest enough to cry for help.**
 - C. And third, he was humble enough to learn from God. - Psalms 31:3**
- IV. Why Do We Need a Refuge?**
 - A. First, we need a refuge because we are in distress, and sorrow accompanies us. - Psalms 31:9**
 - B. Also, we need a refuge because we are sinful and guilt accuses us. - Psalms 31:10**
 - C. We need a refuge because we are surrounded by adversaries and misunderstanding assaults us. - Psalms 31:11-13**