

# All Saints' Cathedral Choral Eucharist



First Sunday in Lent  
22 February 2026 at 10:30am

*Welcome to All Saints' Cathedral as we journey together  
through the season of Lent.*

*We acknowledge that the land on which we worship is the traditional gathering place of  
the Cree, Nakoda Sioux, Blackfoot, Dene, Sarcee, Saulteaux, Mohawk and Métis  
Nations. We commit in both prayer and action to be faithful Treaty 6 partners.*

## Welcome and Announcements

### Hymn of Praise 180 Giver of the Perfect Gift

#### The Greeting and Collect for Purity

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

Celebrant Almighty God,  
All to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

#### Trisagion Common Praise 688

David Hurd

Holy God, holy and mighty, holy immortal one, have mercy on us.

Holy God, holy and mighty, holy immortal one, have mercy on us.

Holy God, holy and mighty, holy immortal one, have mercy on us.

#### Collect for the Day

Celebrant Almighty God,  
All whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## The First Reading: Genesis 2:15-17; 3:1-7

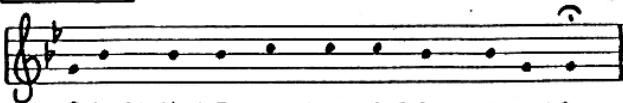
The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader        Hear what the Spirit is saying to the Church.  
People        Thanks be to God.

## The Gradual Psalm 32

Chant: Jeremy Spurgeon

### ANTIPHON



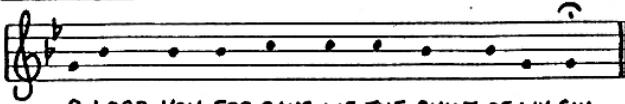
O LORD, YOU FOR-GAVE ME THE GUILT OF MY SIN.

Happy are they whose transgressions are forgiven,  
And whose sin is put away!

Happy are they to whom the Lord imputes no guilt,  
And in whose spirit there is no guile! **Antiphon**

While I held my tongue, my bones withered away,  
Because of my groaning all day long.  
For your hand was heavy upon me day and night;  
My moisture was dried up as in the heat of summer. **Antiphon**

## ANTIPHON



O LORD, YOU FOR-GAVE ME THE GUILT OF MY SIN.

Then I acknowledged my sin to you,  
And did not conceal my guilt.  
I said, "I will confess my transgressions to the Lord."  
Then you forgave me the guilt of my sin. **Antiphon**

Therefore all the faithful will make their prayers to you in time of trouble;  
When the great waters overflow, they shall not reach them.  
You are my hiding-place; you preserve me from trouble;  
You surround me with shouts of deliverance. **Antiphon**

"I will instruct you and teach you in the way that you should go;  
I will guide you with my eye.  
Do not be like horse or mule, which have no understanding;  
Who must be fitted with bit and bridle, or else they will not stay near you.

### **Antiphon**

Great are the tribulations of the wicked;  
But mercy embraces those who trust in the Lord.  
Be glad, you righteous, and rejoice in the Lord;  
Shout for joy, all who are true of heart. **Antiphon**

## The Second Reading: Romans 5:12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one

trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader Hear what the Spirit is saying to the Church.

All Thanks be to God.

### Sequence Motet Adoramus Te Domine

Roberto Remondi

*We adore thee, O Lord Jesus Christ, and we bless thee,  
Because by thy holy cross thou hast redeemed the world.  
O Lord, have mercy upon us.*

### The Holy Gospel

Gospeller The Lord be with you.

People **And also with you.**

Gospeller The Holy Gospel of our Lord Jesus Christ  
according to Matthew (4:1-11).

People **Glory to you, Lord Jesus Christ.**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of

the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Gospeller     The Gospel of Christ.

People         Praise to you, Lord Jesus Christ.

Post-Gospel Hymn 175   Forty Days and Forty Nights

The Homily

The Very Reverend Alexandra Meek

The Nicene Creed   Common Praise 681

John Merbecke

All            I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible;

And in one Lord Jesus Christ, the only begotten Son of God, begotten of the Father before all worlds, God of God; Light, of Light, very God, of very God; begotten, not made; being of one substance with the Father, through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures and ascended into heaven and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

**Kyrie Eleison**

*Kyrie eleison.*

*Christe eleison.*

*Kyrie eleison*

Christoph Dalitz

*Lord have mercy.*

*Christ have mercy.*

*Lord have mercy.*

## **Prayers of the People**

*If you would like a name (you or someone else) added to the parish prayer list, please contact the office. If a name should be removed, please let us know.*

Intercessor God of wisdom and mercy, look upon us with compassion. Hear and answer our prayers as may be best for us as we say: Lord in your mercy, "hear our prayer."

We lift up all of those for whom prayer has been requested: Rob and Ritu, Brian, Leah, Mavis, Vivian, John, James, Joe and Shelly, Carol, Shawne, Jayson, Tyler, Chris, Diane, Lynn, Linda, Benjamin, Seth and Lucy, Pio, Bonnie, Mel, Bob, Janet, Mary, June, JC, Mark, Paul, Laura, Selina, Kenneth, and those known only unto you, Lord. Lord in your mercy,

**All** hear our prayer.

Intercessor For the Church of the living God throughout the world, we pray for Primate Shane Parker and National Indigenous Archbishop Chris Harper of the **Anglican Church of Canada**. We also lift up the leadership of the Indigenous Spiritual Ministry of Mishamikoweesh and Bishop Lydia Mamakwa and Suffragan Bishop Morris Fiddler. We pray for our own **Diocese of Edmonton** and Stephen, our Bishop. We pray for St. Luke, Edmonton and Interim Priest-in-Charge Helen Chan Bennett.

In the **Diocese of Buyé**, we pray for the Murungurira Parish and Audace Gahungu, Rector.

In the **Indigenous Community**, we lift up the Montana First Nation. Lord in your mercy,

**All** hear our prayer.

Intercessor Call your church to repentance for the ways in which we stray from our Lord's example and give us strength to follow him fearlessly and without reservation. Lord in your mercy,  
**All hear our prayer.**

Intercessor Let the way of Jesus be an inspiration for all who hold authority in our nation and around the world that they may desire first the well-being of those they lead and work together to establish peace. Lord in your mercy,  
**All hear our prayer.**

Intercessor Grant us an awareness of the temptations that seek to lead us astray that we might amend our lives. Empower us to live into our faith with courage and commitment. Lord in your mercy,  
**All hear our prayer.**

Intercessor Strengthen us and give us the perseverance and wisdom to care for your creation that we might secure its abundance and diversity. Lord in your mercy,  
**All hear our prayer.**

Intercessor Grant your healing presence to all who suffer that they may find wholeness in Christ's love for them. Lord in your mercy,  
**All hear our prayer.**

Intercessor Take the dead into your loving care, watch over the grieving with tenderness, and bring us, with all the saints in every generation, into your new age. Lord in your mercy,  
**All hear our prayer.**

Intercessor You have promised to be with us when we gather. Hear our prayers and be among us, empower us to do your will, and forgive and restore us in our failings. All this we ask through our Lord and redeemer, Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and always.  
**All Amen.**

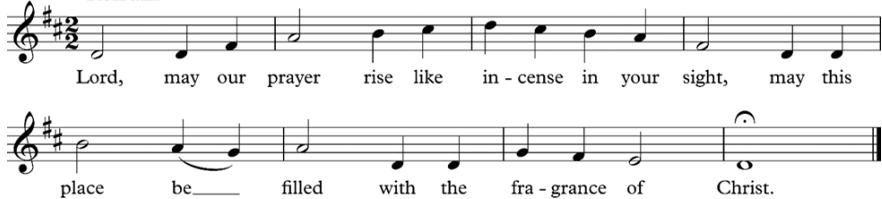
## The Fragrance of Christ

David Haas

Choir I will thank you, Lord, with all of my heart, you have heard the words of my mouth. In the presence of the angels I will bless you, I will adore before your holy temple.

All

**Refrain**



Lord, may our prayer rise like in - cense in your sight, may this place be filled with the fra - grance of Christ.

## Confession and Absolution

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to God's table. Therefore, let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

Celebrant Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

## The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

## The Offertory

*You may place your offering in the plate as the sidespeople make their way down the centre aisle. Offering may also be placed in the offering box set in the middle aisle of the cathedral. To donate to the work of the Cathedral online, please go to our website.*



## Choir

Healey Willan

*For He shall give his angels charge over thee: to keep thee in all thy ways.  
They shall bear thee up in their hands: lest thou dash thy foot against a stone.*

## The Offertory Hymn 455 Dear Lord and Father of Mankind

## The Celebration of the Eucharist

### Prayer over the Gifts

Celebrant God our refuge and our strength,  
All receive all we offer you this day, and through the death and  
resurrection of your Son transform us to his likeness. We ask this in  
his name. Amen.

## The Great Thanksgiving

Celebrant The Lord be with you.  
People And also with you.

Celebrant Lift up your hearts.  
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.  
People It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth; we  
give you thanks and praise through Jesus Christ our Lord, who  
was tempted in every way, yet did not sin. By his grace we are able  
to triumph over every evil, and to live no longer for ourselves  
alone, but for him who died for us and rose again. Therefore with

angels and archangels and all who have served you in every age,  
we raise our voices to proclaim the glory of your name.

## Sanctus and Benedictus

R. R. Terry

*Holy, holy, holy, Lord God of Sabaoth. Heaven and earth are full of your glory.  
Hosanna in the highest. Blessed is the One who comes in the name of the Lord.  
Hosanna in the highest.*

126 *mf* San - ctus, san - ctus, san - ctus, Do - mi - nus De - us Sa - ba - oth.

130 *p* Ple - ni sunt cae - li et ter - ra glo - ri - a, glo - ri - a tu - a. *f* Ho -

134 *p* san - na in ex - cel - sis, Ho - san - na in ex - cel - sis.

138 *p* Be - ne - di - ctus, be - ne - di - ctus qui ve - nit in no - mi - ne, in *cresc.*

144 *dim.* no - mi - ne Do - mi - ni. *f* Ho - san - na in ex - cel - sis, Ho - san - na in ex -

149 *p* cel - sis, Ho - san - na in ex - cel - sis, in ex - cel - sis. *rall.*

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

People Therefore, Father, according to his command,  
**we remember his death,**  
**we proclaim his resurrection,**  
**we await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People **Amen.**

Our Father, who art in heaven, hallowed be thy name,  
Thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive them that trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory, forever and ever. Amen.

### The Breaking of the Bread

Celebrant We break this bread,  
All Communion in Christ's body once broken.

Celebrant Let your Church be the wheat which bears its fruit in dying.  
All If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

### The Communion

Celebrant These are the gifts of God for the people of God.  
All Thanks be to God.

*Please come forward to receive communion. You may receive both the bread and the wine, or if you prefer, you may receive in one kind only, the bread. Intinction (dipping the bread) is not permitted. The communion bread is gluten, dairy, egg, and yeast free. To receive a blessing in place of communion, please cross your hands over your chest.*

### Music During Communion

#### Agnus Dei

*Agnus Dei  
qui tollis peccata mundi:  
Miserere nobis  
Dona nobis pacem*

Antonio Lotti

*Lamb of God,  
You take away the sin of the world.  
Have mercy on us.  
Grant us peace.*

Tantum Ergo

Oreste Ravanello

*We revere the great Sacrament of the Eucharist, our vision enlightened by faith.*

Communion Hymn 564 Lead Us, Heavenly Father, Lead Us

Prayer after Communion

Celebrant Faithful God,  
All in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. Amen.

The Doxology

Celebrant Glory to God,  
All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

The Benedictory Hymn 372 Praise to the Holiest in the Height

Dismissal

Leader Let us go in peace to love and serve the Lord!  
People Thanks be to God!

Organ

Fantasia in C minor BWV 562

Johann Sebastian Bach

## Announcements

**Lent/Easter Flower Campaign Begins March 1** - If you would like to donate towards Easter flowers or a new paschal candle, please enclose your donation an Easter Flower and Candle Campaign envelope (found in pew or in the Narthex starting March 1) and place in the offering. A tax receipt will be provided if your name and mailing address are included.

**Just for Kids - "The Bread of Life!" - February 22 at Noon** - On Sunday, February 22, following the 10:30am service, children are invited to join our theological student, Stacey Buffie, as they *lean* into Lent by exploring the wonder of bread! Lunch will be provided.

**All Saints' Annual Congregation Meeting - February 22 at Noon** - Following the 10:30am service on Sunday, February 22, we will hold our 2026 Annual Meeting (beginning approximately noon).

**Being With: Exploring Faith Together - Monday, February 23 at 5:30pm** - This meeting is a regular opportunity for young adults to gather for dinner and conversations around faith. If you are a young adult, please join us.

**Lectionary Bible Study - Mondays at 1:00pm** - This Bible study explores the lectionary readings for the coming Sunday. We meet at the Cathedral at 1:00pm every Monday except for holiday Mondays.

**Lenten Formation Course - Begins February 25** - The Diocese of Algoma is offering a Lenten course on the topic of Anglican Beliefs and Practices. This course is designed to deepen understanding of Anglican faith, tradition, and identity. Meeting Wednesday evenings from February 25 through April 15, this course is led by a variety of scholars and church leaders including former Primate Linda Nicholls and Edmonton's own Scott Sharman. For more information or to register, please visit:

<https://www.dioceseofalgoma.com/2026/01/30/anglican-beliefs-and-practices-lenten-formation-course/>

**Donations Accepted of Winter Clothing** - We are looking for donations of gloves, mitts, neck warmers, long underwear, and long-sleeve t-shirts and anything large size (2XL-5XL). We also accept monetary donations for winter clothing purchases. *We currently have a healthy supply of jackets and socks.*

**New Sunday Morning Parking Permits** - Annual Sunday morning parking permits for the Impark lot South of the Cathedral are available for purchase. If you would like to purchase one, please contact the Office for details.

**Corporation/Lock Up This Week:** Dean Alex

**Readings for Next Sunday:** Genesis 12:1-4a; Romans 4:1-5, 13-17; John 3:1-17

Bishop, The Right Reverend Stephen London  
Dean, The Very Reverend Alexandra Meek  
Deacon, The Reverend John Gee  
Music Director and Organist, Jeremy Spurgeon  
Wardens, Ebenezer Oladokun and Margaret Sisley  
Administrative Assistant, RJ Chambers  
Cathedral Office: (780) 428-6323  
10035 103 Street NW  
Edmonton, AB T5J 0X5  
[Admin@AllSaintsCathedral.ca](mailto:Admin@AllSaintsCathedral.ca)  
[www.AllSaintsCathedral.ca](http://www.AllSaintsCathedral.ca)  
CCLI Church Copyright License #3313862



**ALL SAINTS'**  
Anglican Cathedral