

February 19, 2026

[facebook.com/OkotoksUnited](https://facebook.com/OkotoksUnited)



Do you want to stay informed about the church, its ministry progress, and financials while celebrating the church community achievements?

Then join us for the  
**Okotoks United Church Annual General Meeting**  
**Sunday February 22, 2026, following service.**

**A light luncheon will be provided by volunteers.**



Visit St Andrew's United Church website: [Dewintonunitedchurch.ca](http://Dewintonunitedchurch.ca)



**Who knew ..** that the weather would get in the way of a yummy pancake supper for Shrove Tuesday?!

Rest assured, the Pancake Meal will be rescheduled.

**STAY TUNED!**



## **Preparing for Change: a Lenten study**

Are you looking to change something in your life and finding it hard to take the first steps or find support?

Join Julia every Wednesday (February 18 to March 25) throughout Lent to explore the theme Preparing to Change.

We will meet from 2:00 – 3:00 p.m. each week in the Okotoks Boardroom to discuss the week's subject. Please bring a journal. Each week builds on each other so please make as many as you can.

**Wednesday, February 18 – Recognizing the Need to Change**

**Wednesday, February 25 – Creating a Clear Goal**

**Wednesday, March 4 – Planning and Preparing for Change**

**Wednesday, March 11 – Commitment**

**Wednesday, March 18 – Recognizing Barriers to Change**

**Wednesday, March 25 – Taking Action and Developing the Discipline**

### **Receiving New Members at Easter!**

**Are you considering joining the church?**

**If you are interested in joining either St. Andrew's or Okotoks United Church on Easter Sunday, please let Julia know.**



**Join Julia on Sunday, March 1st from 12:30 - 2:30 in the conference room to learn more about the United Church and what it means to be a member.**

## An Invitation to Healing Pathway Training Phase 2 - Where Two or More Gather



AT MCKILLOP UNITED CHURCH, LETHBRIDGE, AB

**Friday, April 17: 6PM - 9PM**

**Saturday, April 18: 9AM - 5PM**

**Sunday, April 19: 1PM - 5PM**

*Instructors Deb Firus & Judith Ann Donaldson*

**First timers \$260 Early bird/\$300 after cut off**

**Repeaters \$145 Early bird/\$160 after cut off**

**\$100 non-refundable deposit**

For more information contact

office@mckillopunited.ca or phone 403 328-2703

Are you seeking physical, mental or spiritual healing? Come experience a healing session!

To book a session, please contact:

**Gisela Dyck at 403-938-2506**



*Prayer*

Milk River-Raymond Pastoral Charge  
Prairie Winds Pastoral Charge



Children 5 and up are invited to Sunday School during service at Okotoks United!



**April 10 - 12, 2026**  
Enthos Retreat Centre

**FINDING COMFORT IN THE SHADOWS**  
Ecumenical Women's Retreat

**Info and Registration: [info@imageosfspirituality.ca](mailto:info@imageosfspirituality.ca)**  
Or [www.imageosfspirituality.ca](http://www.imageosfspirituality.ca)

**Retreat Speaker: Rev. Elizabeth Short**  
**Worship Leader: Rev. Julia Kimmett**



## NEWS FROM ST. ANDREW'S UNITED

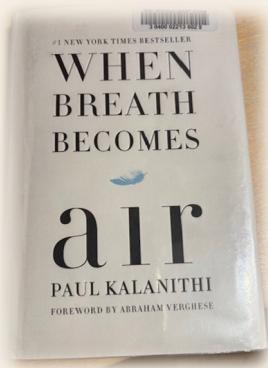
### Written by P. Marie Wedderburn

The February 8th service saw twenty-one worshippers join Julia as she delivered the second of three services with the title "Living Our Faith" based on The United Church of Canada's theme of 'Towards 2035'. (The first one on February 1st can be found on Okotoks United's website and was entitled 'Living Our Faith: Deep Spirituality'.) The message for the second of the series Julia entitled "Living Our Faith: Bold Discipleship" and we heard the scripture Luke 9:23-25 where Jesus speaks of who can be his disciples.

Included in the message were the following thoughts: where are we grounded or rooted? for we are all grounded in something; the word discipleship is not used much anymore; discipleship remains our intentional commitment to Jesus as we speak and act like him in our world with love, in humbleness, and with justice. We all have two natures within ourselves: our ego is the small "s"; and our bigger "S" recognizes our connection to the world in which we live. Which "self" "Self" do we portray as we live our faith with bold discipleship?

Twenty-three worshippers joined Julia at the February 15th service. Continuing her sermon series her message title was "Living Our Faith: Daring Justice" and we heard Luke 4:14-21 read. Jesus challenged the rich; spoke truth to power; sought to care for the disadvantaged. In our world today there are many needs which may include but are not limited to the following list: mental health, love, food, clothes, shelter, ability to make decisions for our own lives. As those who are called by Jesus we cannot do nothing in light of the injustices we see around us. For Daring Justice is removing the barriers that prevent all people from having a fair life. We were asked what our response continues to be as we endeavour to love our neighbours as ourselves? What is our answer?

## FIRE SIDE BOOK CLUB



We meet the  
2nd Tuesday of each month,  
at 1:00 pm in the Youth Room.

Our current read is *When Breath Becomes Air*  
by Paul Kalanithi

Please contact Janet Page at  
587-363-5423 to join.



ST. ANDREW'S UNITED  
CHURCH, DEWINTON

# JOHN WORT HANNAM



(FRI), FEB 20, 2026  
7 - 9 PM  
\$35.00 PER PERSON

TICKETS AVAILABLE THROUGH

DEWINTONUNITEDCHURCH@GMAIL.COM

ETRANSFER OR EMAIL FOR INFO

## News from the Town of Okotoks

There's another roundabout coming to downtown Okotoks!

The Town of Okotoks will resume construction this spring on its River's Edge project which will see crews working on upgrades along Riverside Drive (from Northridge Drive to east of Veterans Way). It is hoped the upgrades will improve the Veterans Way intersection and enhance parking along Daggett Street.

Construction, which will run from spring to fall, will include turning the T-intersection at Riverside Drive and Veterans Way into a roundabout.

A **drop-in information session** to learn more about the project, including impacts such as detours, will be held at the Okotoks Public Library on **Thursday, Feb. 26** from 10 a.m. to noon and 4 to 6 p.m.

# SOUP AND BUN LUNCH



Please join us for a hot bowl of  
home-made soup and a bun.

Enjoy the comfort of friendly people while  
delighting in fresh-made desserts with  
your choice of tea or coffee.

All for \$8!

Monday March 9, 2026

Okotoks United Church

Noon until 2:00 pm

Reservations not required. First come-first served.



**Foothills Spiritual Life Centre Presents**  
**Drumming Circle with Gita Grahame**

**Enjoy the steady, healing  
rhythm of drumming.**

**Join Gita on March 13, 2026**

**7:00 pm to 9:00 pm**

**Suggested donation \$15**

# **MIDWEEK**

**FEED THE BODY • FEED THE SOUL**

**Please join us Wednesdays at 10:00 am in the Chapel .**



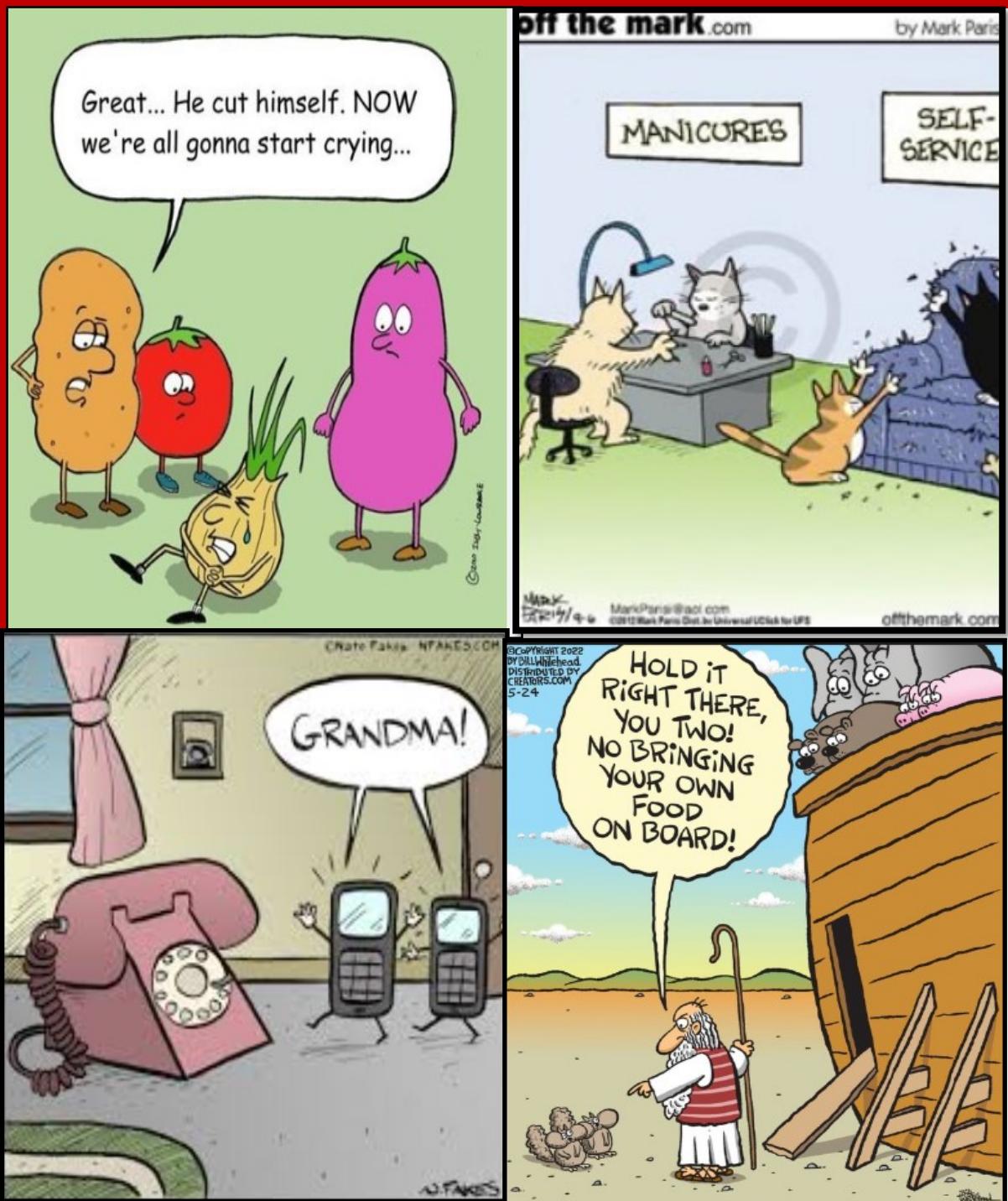
**Foothills Spiritual Life Centre Presents**  
**Métis Flower Teachings with Joe Gamache**  
**Hear stories of the lessons flower relatives hold,  
why Métis people are known as the flower  
beadwork people and the significance of  
ancestral Métis beadwork patterns.**

**Plus! Learn what 'Seed Bombs' are with Tamara!**

**Join Joel on Friday February 20, 2026**

**7:00 pm to 9:00 pm**

**Entrance by donation.**



If God had a refrigerator,  
your picture would be on it.



Laughter .. not only the best medicine  
but the cheapest.