



First Sunday in Lent

February 22nd, 2026

at 10:00 am

**Service of Holy Communion with Anointing
and celebration of African Heritage**

If you are joining us for the first time, welcome!

We hope you feel at home.

Acknowledgement and Thanksgiving for the Land

Opening Hymn “This Little Light of Mine”

Kids Leading

*This little light of mine
I'm gonna let it shine
This little light of mine
I'm gonna let it shine
This little light of mine
I'm gonna let it shine
Let it shine let it shine let it shine*

On Monday, He gave me the gift of love;
Tuesday, peace came from above.
Wednesday, He told me to have more faith;
Thursday, He gave me a little more grace.
Friday, He told me to watch and pray
Saturday, He told me what to say,
On Sunday, He gave me the power divine
To let my little light shine.

The light that shines is the light of love,
Lights the darkness from above,
It shines on me and it shines on you,
and it shows what the power of love can do.
I'm gonna shine my light both far and near,
I'm gonna shine mine light bright and clear,
where there's a dark corner in this land
I'm gonna let my little light shine.

The Greeting

Please remain standing

Green 216

The Collect of the Day

The Proclamation of the Word

Please be seated

The First Reading

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, ‘You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, ‘Did God say, “You shall not eat from any tree in the garden”?’ The woman said to the serpent, ‘We may eat of the fruit of the trees in the garden; but God said, “You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.”’ But the serpent said to the woman, ‘You will not die; for God knows that when you eat of it your eyes will be

opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

(Genesis 2:15-17, 3:1-7)

Reader: The word of the Lord.

People: **Thanks be to God.**

Psalm 32

Cantors: Joanne and Paul

Refrain: ***It's me, it's me O Lord, standing in the need of prayer.
It's me, it's me O Lord, standing in the need of prayer.***

O Lord, when I kept silent my strength was all but gone,
But when I turned to you Lord, You cleansed me from all wrong.

Blessed is the one forgiven whose sins are washed away,
You guide us on our journey when we bow down and pray.

You save me from the waters, protect me through the night
You teach, instruct and guide us, with your eternal light.

The Second Reading

You know the story of how Adam landed us in the dilemma we're in—first sin, then death, and no one is exempt from either sin or death. That sin disturbed relations with God in everything and everyone, but the extent of the disturbance was not clear until God spelled it out in detail to Moses. So death, this huge abyss separating us from God, dominated the landscape from Adam to Moses. Even those who didn't sin precisely as Adam did by disobeying a specific command of God still had to experience this termination of life, this separation from God. But Adam, who got us into this, also points ahead to the One who will get us out of it.

Yet the rescuing gift is not exactly parallel to the death-dealing sin. If one man's sin put crowds of people at the dead-end abyss of separation from God, just think what God's gift poured through one man, Jesus Christ, will do! There's no comparison between that death-dealing sin and this generous, life-giving gift. The verdict on that one sin was the death sentence; the verdict on the many sins that followed was this wonderful life sentence. If death got the upper hand through one man's wrongdoing, can you imagine the breathtaking recovery life makes, absolute life, in those who grasp with both hands this wildly extravagant life-gift, this grand setting-everything-right, that the one man Jesus Christ provides?

Here it is in a nutshell: Just as one person did it wrong and got us in all this trouble with sin and death, another person did it right and got us out of it. But more than just getting us out of trouble, he got us into life! One man said no to God and put many people in the wrong; one man said yes to God and put many in the right.

Romans 5:12-19 (*The Message*)

Gospel Proclamation *Please stand if you are comfortable doing so*

Gradual: **“Angels Watching Over Me”**

*All day, all night, angels watchin' over me, my Lord.
All day, all night, angels watchin' over me.*

Gospeler: The Lord be with you.

People: **And also with you.**

Gospeler: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you Lord Jesus Christ**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, ‘If you are the Son of God, command these stones to become loaves of bread.’ But he answered, ‘It is written, “One does not live by bread alone, but by every word that comes from the mouth of God.”’ Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, ‘If you are the Son of God, throw yourself down; for it is written, “He will command his angels concerning you”, and “On their hands they will bear you up, so that you will not dash your foot against a stone.”’ Jesus said to him, ‘Again it is written, “Do not put the Lord your God to the test.”’ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, ‘All these I will give you, if you will fall down and worship me.’ Jesus said to him, ‘Away with you, Satan! for it is written, “Worship the Lord your God, and serve only him.”’ Then the devil left him, and suddenly angels came and waited on him.

(*Matthew 4:1-11*)

Gospeler: The Gospel of Christ.
People: Praise to you, Lord Jesus Christ.

Gradual: “Angels Watching Over Me”

*All day, all night, angels watchin' over me, my Lord.
All day, all night, angels watchin' over me.*

Sermon: The Rev. Michelle Jones

Prayers of the People

Leader: God of grace,

All: hear our prayer.

The Peace *Please stand if you are comfortable doing so*

Offertory Hymn “Precious Lord”

Blue 509

The Celebration of the Eucharist

Prayer over the Gifts *Please remain standing*

Eucharistic Prayer # 1

Green 193

*After the Sanctus you have the option to remain standing, sit,
or kneel as is your preference.*

The Lord's Prayer

Green 211

Breaking of the Bread #7

Green 213

All: Lamb of God, you take away the sin of the world, have mercy on us. (Repeat) Lamb of God, you take the sin of the world, grant us your peace.

The Communion of the People

The Invitation to Holy Communion

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available. Please make your need known to the priest.

You are welcome to come forward to receive a blessing by crossing your hands over your chest.

Those who wish to have Holy Communion brought to them at their seat should notify a sidesperson.

Communion Hymns:

“Steal Away”

*Steal away steal away
Steal away to Jesus
Steal away steal away home
I ain't got long to stay here*

Green trees are bending
Poor sinners stand a-trembling
The trumpet sounds within my soul
I ain't got long to stay here

My Lord He calls me
He calls me by the thunder
The trumpet sounds within my soul
I ain't got long to stay here

My Lord He calls me
He calls me by the lightning
The trumpet sounds within my soul
I ain't got long to stay here

“There is a Balm in Gilead”

*There is a balm in Gilead to make the wounded whole
There is a balm in Gilead to heal the sin sick soul*

Sometimes I feel discouraged
And think my work's in vain
But then the Holy Spirit revives my soul again

If you cannot preach like Peter
If you cannot pray like Paul
You can tell the love of Jesus
And say He died for all

Prayer after Communion *Please stand*

The Doxology

Green 214

The Blessing

Announcements

Closing Hymn: “Bless His Holy Name” – Andrae Crouch

<i>Bless the Lord O my soul</i>	I will praise His name
<i>And all that is within me</i>	I will praise His name
<i>Bless His holy name. (repeat)</i>	I will praise His name
	Bless His holy name

He has done great things
He has done great things
He has done great things
Bless His holy name

Dismissal

Leader: Followers of Jesus, inspired by the Holy Spirit,
serve the world God loves!

People: **Thanks be to God!**

Announcements

Vestry Sunday! - grab a coffee and join us in the sanctuary for 2026 Vestry

Caledon Community Services Needs Our Help! Fill your heart within this Lenten season, please sign up to lend a helping hand on Tuesday March 10 or Saturday March 14 at The Exchange Food Bank, in Bolton. Stocking shelves and other light duties. See sign up sheet in the Gathering Space. Speak to Valerie for more information.

The Little Food Cupboard - This month we would greatly appreciate the following items: Canned soups, beans, pasta, pasta sauces, cake mixes and non-refrigerated milk products (almond, coconut, soy, etc...)
Thank you for your generosity, the people of Caledon East are grateful for you!

Please remember in your prayers this week

North Peel Deanery: The Rev. Julie Meakin (Regional Dean), and the people of Holy Family, Heart Lake

St. James Cycle of Prayer: Brad Teeter & Joanne Redhead, Robert & Gweneth Redhead, Janice & David Reed, Donna Roberts & Tom Whalen, Riley & Chelsea

Those in need: Elizabeth, Silvana, Rose, Rob, Connor, Paul, Anna, & Rob

***The Fountain thirsts, the Bread is hungry here,
The Light is dark, the Word without a voice.***

~ excerpt from "Stones into Bread" by Malcolm Guite