

THE ANGLICAN PARISH OF ST. MARK

“Drawing People to the Light”

Part of the Diocese of British Columbia

www.stmarkqualicum.ca <https://bc.anglican.ca>

**A Celebration of Laying on of Hands, Anointing, Healing, Reconciliation and
Renewal with Holy Communion on the First Sunday of Lent**



February 22, 2026

The Annual Vestry Meeting will follow our service today

In a state of openness, and with a desire to learn the truth of our shared history, we acknowledge that we worship on the unceded territory of the Qualicum First Nation. We give thanks for their careful stewardship of the forests, rivers, oceans, lands and air, so that we might walk with them and celebrate the gift of the Creator. We commit to a lifelong journey of respectful understanding.

**Celebrant: The Reverend Deborah Rivet
Assisting: The Reverend Rob Hutchinson**

Before the service, please observe silence so that we can be in quiet prayer.

Processional Hymn: "Be Still for The Presence of the Lord" SOF 40

Be still for the presence of the Lord The holy one is here Come bow before him now With reverence and fear In him no sin is found We stand on holy ground Be still for the presence of the Lord The holy one is here	Our radiant king of light Be still for the glory of the Lord Is shining all around Be still for the power of the Lord Is moving in this place He comes to cleanse and heal To minister his grace No work too hard for him In faith receive from him Be still for the power of the Lord Is moving in this place
Be still for the glory of the Lord Is shining all around He burns with holy fire With splendour he is crowned How awesome is the sight	

The Gathering of the Community

The Greeting

Rev Deborah: In the name of Christ, we welcome you.
We have been called out of darkness into God's marvelous light.
Grace and peace be with you
and also with you.

Rev. Rob The love of God has been poured into our hearts,
 through the Holy Spirit who has been given to us:
 we dwell in him and he lives in us.

All: **Give thanks to the Lord and call upon his name;
 make known his deeds among the peoples.**

Rev. Deborah

My dear friends, we are gathered here in the name of our Lord Jesus Christ who is present among us. As the gospels tell us, the sick came to him for healing; moreover, he loves us so much that he died for our sake. Through the apostle James, he has commanded us: “Are there any who are sick among you? Let them send for the priests of the Church, and let the priests pray over them, anointing them with oil in the name of the Lord; and the prayer of faith will save the sick persons, and the Lord will raise them up; and if they have committed any sins, their sins will be forgiven them.” Let us therefore commend one another to the grace and power of Christ, that he may heal us and show us his mercy.

Rev. Rob

Let us pray,
God our comforter, in this time of mercy you have come to bless us with your grace. Restore us and make us whole, make us joyful in spirit, and ready to embrace your will. Grant this through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit One God, now and forever. **Amen**

The Proclamation of the Word

Gospel Procession: “We Cannot Measure How You Heal” (v 1,2)

CP 292

Reader The Lord be with you
People And also with you.

Reader The Holy Gospel of our Lord Jesus Christ according to Mark.
People Glory to you, Lord Jesus Christ.

Mark 2: 1-12

Jesus Heals a Paralytic

When he returned to Capernaum after some days, it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralyzed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, 'Son, your sins are forgiven.' Now some of the scribes were sitting there, questioning in their hearts, 'Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?' At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, 'Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, "Your sins are forgiven", or to say, "Stand up and take your mat and walk"? But so that you may know that the Son of Man has authority on earth to forgive sins'—he said to the paralytic— 'I say to you, stand up, take your mat and go to your home.' And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, 'We have never seen anything like this!'

Reader The Gospel of Christ

People Praise to you, Lord Jesus Christ.

Gospel Procession: “We Cannot Measure How You Heal” (v 3)

CP 292

A Short Reflection:

Rev Deborah

A Statement of Our Belief

We believe in God the Father, from whom every family in heaven and on earth is named. We believe in God the Son, who lives in our hearts through faith, and fills us with his love. We believe in God the Holy Spirit, who strengthens us with power from on high. We believe in one God; Father, Son, and Holy Spirit. Amen.

Heavenly Father, we want to heed your calling to be like Jesus. Help us this Lenten season to tune out the voices of the world and focus on hearing you. Thank you for speaking your words of wisdom, mercy and love into our lives. Draw us closer to you each day and guide us with your gentle voice. **Amen**

Joe Forsyth - A Litany for Healing

God the Father, your will for all people is health and salvation.
We praise and bless you, Lord.

God the Son, you came that we might have life,
and might have it more abundantly.

We praise and bless you, Lord.

God the Holy Spirit, you make our bodies
the temple of your presence.

We praise and bless you, Lord.

Holy Trinity, one God, in you we live and move and have our being.
We praise and bless you, Lord.

Lord, grant your healing grace to all who are sick, injured or disabled,
especially those on our hearts,
that they may be made whole.

Hear us, Lord of life.

Grant to all who are lonely, anxious or depressed
a knowledge of your will and an awareness of your presence.
Hear us, Lord of life.

Grant to all who minister to those who are suffering,
wisdom and skill, sympathy and patience.

Hear us, Lord of life.

Mend broken relationships, and restore to those in distress

soundness of mind and serenity of spirit.

Hear us, Lord of life.

Sustain and support those who seek your guidance
and lift up all who are brought low by the trials of this life.

Hear us, Lord of life.

Grant peace and a holy death to those who are dying,
and uphold by the grace and consolation of your Holy Spirit
those who are bereaved remembering at this time the people of Tumbler Ridge and
the family of Arlene England.

Hear us, Lord of life.

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world.

Hear us, Lord of life.

You are the Lord, you perform mighty wonders.
You have declared your power among the peoples.
With you, Lord, is the well of life
and in your light do we see light.

Hear us, Lord of life.

Heal us, and make us whole. Amen

Let us be silent before God.

A period of silence follows for silent reflection and self-examination.

Celebrant: O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The gospel calls us to turn away from sin and be faithful to Christ. As we offer ourselves to him in penitence and faith, we renew our confidence and trust in his mercy. Cast your burden upon the Lord and he will sustain you. (Psalm 55: 22)

Lord, have mercy.

Lord, have mercy.

You bring pardon and peace to the sinner:

Christ, have mercy.

Christ, have mercy.

You bring light to those in darkness:

Lord, have mercy.

Lord, have mercy.

Confession

Almighty God,

Our heavenly Father,

**we have sinned in thought and word and deed,
and in what we have left undone.**

We are truly sorry and we humbly repent.

For the sake of your Son, Jesus Christ,

have mercy on us and forgive us,

that we may walk in newness of life

to the glory of your name. Amen

Absolution

God, the Father of mercies,

has reconciled the world to himself

through the death and resurrection of his Son, Jesus Christ,

not holding our sins against us,

but sending his Holy Spirit to shed abroad his love among us.

By the ministry of reconciliation entrusted by Christ to his Church,

receive his pardon and peace

to stand before him in his strength alone

this day and for evermore. **Amen.**

Laying on of Hands and Anointing

Oil for anointing may be brought to the priest.

Our help is in the name of the Lord
who has made heaven and earth.
Blessed be the name of the Lord:
now and forever. **Amen.**

Holy Scripture teaches us that in acts of healing and restoration our Lord Jesus Christ and his disciples laid hands upon those in need of healing (and anointed them). By so doing they made known the healing power and presence of God. Pray that as we follow our Lord's example, you may know his unfailing love.

If you wish to have the laying on of hands and or anointing
please come to the altar rail
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For the laying on of hands and anointing, the priest says:
"May the Lord in his love and mercy uphold you by the grace and power of the Holy
Spirit"

Hymns during the Laying on of Hands and Anointing

“Healer of Our Every Ill”	CP 612
“The Lord is My Shepherd”	CP 519
Thou Art the Way: to Thee Alone	CP 515

Blessing of the Prayer Shawls

Celebrant The peace of the Lord be always with you.
People And also with you.

Offertory Hymn: "What Wondrous Love Is This" CP 400

The Holy Eucharist

Prayer over the Gifts

Merciful God,
accept all we offer you this day.
Lead us to love you with all our heart,
and to love all people with your perfect love.
We ask this in the name of Jesus Christ. Amen.

Celebrant: The Lord be with you.
People **And also with you.**

Celebrant: Lift up your hearts.
People **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Celebrant: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all. In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

People: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Celebrant: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, “Take, and eat: this is my body which is broken for you.” In the same way he took the cup, saying, “This is my blood which is shed for you. When you do this, you do it in memory of me.” Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and forever. **Amen.**

The Lord's Prayer – (sung)

David Haas

Celebrant We break the bread of life,
 And that life is the light of the world.
All **God here among us,**
 Light in the midst of us,
 Bring us to light and life. Amen

Invitation to The Communion Table

Come to this table,
you who have much faith and you who would like to have more;
you who have been to this sacrament often
and you who have not been for a long time;
you who have tried to follow Jesus and you who have failed.
Come, it is Christ who invites us to meet him here.

The Gifts of God for the People of God
Thanks be to God.

**The Healing Ministry Prayer Team and Eucharistic Team
will proceed to the Altar first for Communion.**

If you would prefer Holy Communion brought to you in the pew, please stand and the Eucharistic Ministers will come to you.

**Communion at the Altar Rail commences
with the Choir Members followed by the Congregation**

Prayer Ministry

Our healing prayer team invites you to join them to pray or give thanks to God in the Narthex (entrance) during Communion, or in the alcove under the exit sign after the service. Confidentiality is assured.

Post Communion Hymn: One Bread, One Body, One Lord of All

CP 73

Prayers after Communion

Gracious God,

In the Eucharist we celebrate your love for us and for all people. May we who share in these holy mysteries receive health of body, mind and spirit and continual will to witness to your gospel. We ask this in the name of Jesus Christ our Lord.

Amen.

Blessing

May the Lord bless you and keep you;
the Lord make his face shine on you,
and be gracious to you;
the Lord turn his countenance to you
and give you peace;
and the blessing of God almighty,
Father, Son and Holy Spirit,
be among you and remain with you always. **Amen.**

Celebrant Glory to God,

All **whose power, working in us, can do infinitely more than we can ask or imagine.**

Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Dismissal

Liturgical Assistant Go in peace to love and serve the Lord.
All **Thanks be to God.**

Please proceed into the Parish Hall for the Annual Vestry Meeting

**For Emergency Pastoral Care please contact:
Morag Atherstone @ 250-248-6353 or Cynthia Preyser @ 250-954-9122**

Thank you to those who assisted in the service today.

Celebrant:	Rev Deborah	Greeters:	Serena & Al
Crucifer and Liturgical Assistant:	Cynthia	Reader:	Michael
Chalice:	Maggie & Neil	Musical Director: Guitarist:	Pippa Richard
Intercessor:	Joe	Altar Guild:	Anne

Announcements

- A warm St. Mark's welcome to all who are worshipping with us today. Please join us in the hall following the service for conversation and refreshments and our Annual Vestry Meeting which begins at noon to review the previous year's business and plan for the future.
- We extend a big "thank you" to our Men's Club members who cooked and served our Pancake dinner last Tuesday. It was enjoyed by many.
- A 6-week Lenten study session based on "The Chosen" video began this past Wednesday following the mid-week 11:30am service. There is still space available if you wish to join us for a soup-and-bun lunch at 12:30, followed by the study. Please speak to Michael King if you are interested.

- The Coldest Night of the Year Walk takes place this coming . St. Mark's support has been very generous, but there is still time to make your donation to the Island Crisis Care Society (ICCS) Oceanside campaign in support of individuals and families in our community who require shelter, nourishment and skills training. For more information: contact Dave Hitchcock, dj.hitchcock@gmail.com, or Lally Grauer, lallygrauer@gmail.com.
- The Beaux and Belles handbell choir- Bell Practice time will change to 4:00 - 5:00 p.m. beginning Tuesday, February 24 and continuing until June 16.
- Please wear your name tag to help us learn others' names. If you are new, or have misplaced your name tag, please request one by signing up on the clipboard on the narthex cabinet. When done, new tags will be in your mail slot.
- Our Parish Family Photo Board in the library/lounge is being redone. Starting next week (March 1), we will be taking NEW photos of everyone during coffee time.
- The Prayer Shawl Ministry will meet again on March 2 at 10:30 in the church hall to knit or crochet shawls and share conversation. Please contact Morag Atherstone for more information.
- Contact information for others in the parish will be made available to those who give consent to share their telephone number with others. Please sign in the added column on the roster at the Annual Vestry Meeting. A list will then be compiled and will be released only to those who are on the list.

St Marks Calendar
Feb 23rd – March 1st

Monday Feb 23th

12:00 – 3:30 Alpine Garden Group

Tuesday Feb 24th

9:00 – OK Quilts

1:00 – Parish Council (downstairs)

4:00- 5:00 – Handbells

Wednesday Feb 25th

10:00- Sermon Circle

11:30- Holy Communion

12:30 – 3:00 Lenten Study

5:30 NAC

Thursday Feb 26th

9:30 – 11:00 Men's Club

11:15- Choir

3:30- 52 Ways

Friday Feb 27th

Saturday Feb 28th

Sunday Mar 1st

8:30 – Holy Communion – BCP

10:00 – Holy Communion – BAS

A prayer for the people of Tumbler Ridge

2:31 ⓘ ⓘ ⓘ

91

We offer this prayer written by Bishop Deon Johnson:

We stand together in hope. We stand together in faith. We stand together in love. We stand individually as ambassadors of hope, vessels of faith, and sentinels of love. We stand as a community committed to making no peace with gun violence. We pray for the outpouring of the Holy Spirit to inflame and enkindle our lives, our churches, our communities, our cities, and our nation with a passion for lasting peace; through Jesus Christ the Author of Peace. Amen.

In the name of Jesus Christ, our hope and our peace,

The Bishops of the Ecclesiastical Province of British Columbia and Yukon

Bishop Anna Greenwood-Lee

Bishop David Lehmann

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"Shawls ... made for centuries universal and embracing, symbolic of an inclusive, unconditionally loving, God. They wrap, enfold, comfort, cover, give solace, mother, hug, shelter and beautify. Those who will have received these shawls, may they be uplifted and affirmed, as if given wings to fly above their troubles..."

May the Mother of Mercy, the Father of Faithfulness and the Spirit of Compassion wrap those in need in an all-encompassing love through these shawls, made with love and prayers and hope.

May each shawl bring comfort from all that appears too much to bear from all that seems to threaten a peacefulness of heart.

May these prayer shawls be a shelter for time of overwhelming grief a shade in times of sorrow too deep for words a shield from times of unimaginable loss.

May those receiving a shawl be comforted by faith in the eternal Loving One by the memories of what each person holds most dear.

May God's grace be upon this shawl...warming, comforting, enfolding and embracing.

May each mantle be a safe haven... a sacred place of security and well-being... sustaining and embracing in good times as well as difficult ones.

May the one who receives this shawl be cradled in hope, kept in joy, graced with peace, and wrapped in love.

For those who have made these shawls with love, with prayer and offering comfort and hope, let us pray,

Gracious and Loving God, as a congregation, we say thank you to you, Loving God for each person who has given of themselves as You have guided their hands and their hearts in their prayers as they have worked to create a gift knitted with love and hope and prayer. Thank you for their willingness to serve and for the contribution of themselves.

Please bless them, keep them and may your face shine upon them. Amen.