



A Creative Spiritual Community

Holy Eucharist
Book of Alternative Services



First Sunday in Lent
February 22, 2026
10:00 a.m. service

Welcome to St. Andrew's!
All are welcome here.



Sunday Ministries	8:00	10:00
Sidespersons/Greeters		Kathy / Irene / Dennis
Server	David Smethurst	Haven Duncan McLean
Readers	Valerie Smethurst	Susan Anderson Dianne Marks
Intercessor	David Smethurst	Marks McAvity
Chalice		Margaret McAvity
Coffee		Continental Bruch and Vestry / Gunning
Altar Guild	4	4

Prelude

Welcome

Announcements

LAND ACKNOWLEDGEMENT - We gather on lands which have been the home of SENĆOŦEN and HUL'Q'UMI'NUM' speaking Coast Salish peoples from time immemorial, and their encounter with the Creator in this place goes before our own.

Opening hymn (CP#486) ***Love Divine, All Loves Excelling***

1 Love divine, all loves excelling,
joy of heaven, to earth come down,
fix in us thy humble dwelling;
all thy faithful mercies crown.
Jesus, thou art all compassion;
pure, unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

2 Come, almighty to deliver;
let us all thy grace receive;
suddenly return, and never,
nevermore thy temples leave.
Thee we would be always blessing,
serve thee as thy hosts above,
pray and praise thee without ceasing,
glory in thy perfect love.

3 Finish, then, thy new creation;
pure and spotless let us be;
let us see thy great salvation
perfectly restored in thee,
changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,

The Gathering of the Community

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All And also with you.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to this table. Let us confess our sins, confident in God's forgiveness.

Presider Most merciful God,
All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Kyrie Eleison

Ky - ri - e e - lei - son, Ky - ri - e e -
lei - son, Ky - ri - e e - lei - son,
Ky - ri - e e - lei - son.

Presider Almighty God, have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All **Amen.**

Collect of the Day

Presider Holy and loving Creator,
All **your Son battled with the
powers of darkness
and grew closer to you in the desert:
Help us to use these days to grow
in wisdom and prayer,
so that we may witness
to your saving love in Jesus Christ our Lord.
Amen.**

Proclamation of the Word

Reader A reading from the Book of Genesis
(2:15-17; 3:1-7).

All Hear what the Spirit is saying to God's people.
Thanks be to God.



Psalm 32

- ¹ Happy are they whose transgressions are forgiven,
and whose sin is put away!
- ² Happy are they to whom the Lord imputes no guilt,
and in whose spirit there is no guile!
- ³ While I held my tongue, my bones withered away,
because of my groaning all day long.
- ⁴ For your hand was heavy upon me day and night;
my moisture was dried up as in the heat of summer.
- ⁵ Then I acknowledged my sin to you,
and did not conceal my guilt.
- I said, "I will confess my transgressions to the Lord."
Then you forgave me the guilt of my sin.
- ⁶ Therefore all the faithful
will make their prayers to you in time of trouble;
when the great waters overflow,
they shall not reach them.
- ⁷ You are my hiding-place;
you preserve me from trouble;
you surround me with shouts of deliverance.
- ⁸ "I will instruct you and teach you in the way that you should go;
I will guide you with my eye.
- ⁹ Do not be like horse or mule, which have no understanding;
**who must be fitted with bit and bridle,
or else they will not stay near you."**
- ¹⁰ Great are the tribulations of the wicked;
but mercy embraces those who trust in the Lord.
- ¹¹ Be glad, you righteous, and rejoice in the Lord;
shout for joy, all who are true of heart.

**Glory to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever. Amen.**

Reader A reading from the Letter to the Romans (5:12-19).

Hear what the Spirit is saying to God's people.

All Thanks be to God.

Gradual Hymn (CP#565) **Guide Me, O Thou Great Jehovah**

1 Guide me, O thou great Jehovah,
pilgrim through this barren land.
I am weak, but thou art mighty;
hold me with thy powerful hand.
Bread of heaven, bread of heaven,
feed me till I want no more,
feed me till I want no more.

2 Open now the crystal fountain
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through.
Strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.

Presider May God be with you.

All **And also with you.**

Presider The Holy Gospel of our Lord Jesus Christ
according to Matthew (4:1-11).

All **Glory to you, Lord Jesus Christ.**

Presider The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

(Gradual hymn continued)

3 When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises,
I will ever give to thee,
I will ever give to thee.

Sermon The Rev. Kelly Duncan

The Nicene Creed

Presider Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit, he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy, catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The Peace

Presider My friends in Christ, may the peace of God be always with you.

All And also with you.

Offertory hymn ***Throughout These Lenten Days and Nights***
(Tune: *TALLIS CANON - O Gracious Light, Lord Jesus Christ*)

1 Throughout these Lenten days and nights
we turn to walk the inward way,
where, meeting Christ, our guide and light,
we live in hope 'till Easter day.

2 The pilgrim Christ, the Lamb of God,
who found in weakness greater power,
embraces us, though lost and flawed,
and leads us to his rising hour.

3 We bear the silence, cross and pain
of human burdens, human strife,
while sisters, brothers help sustain
our courage 'till the feast of life.

4 And though the road is hard and steep,
the Spirit ever calls us on
through Calvary's dying, dark and deep,
until we see the coming dawn.

5 So let us choose the path of one
who wore, for us, the crown of thorn,
and slept in death, that we might wake
to life on Resurrection Morn!

6 Rejoice, O sons and daughters! Sing
and shout hosannas! Raise the strain!
For Christ, whose death Good Friday brings,
on Easter day will live again!

The Celebration of the Eucharist

Prayer over the Gifts

Presider God our provider,
All **you have not fed us with bread alone,
but with words of grace and life.
Bless us and these your gifts,
which we receive from your bounty,
through Jesus Christ our Lord. Amen.**

Eucharistic Prayer

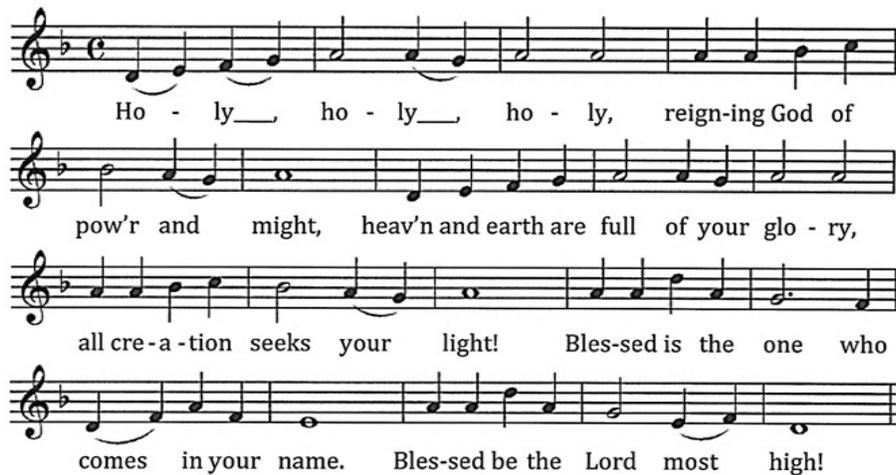
Presider May God be with you.
All **And also with you.**

Presider Lift up your hearts.
All **We lift them to God.**

Presider Let us give thanks to God our Creator.
All **It is right to give God thanks and praise.**

Presider Blessed are you, gracious God, creator of heaven
and earth; ...
... Therefore with angels and archangels and all
who have served you in every age, we raise our
voices to proclaim the glory of your name.

All *Sanctus*



Ho - ly, ho - ly, ho - ly, reign-ing God of
pow'r and might, heav'n and earth are full of your glo - ry,
all cre-a - tion seeks your light! Bles-sed is the one who
comes in your name. Bles-sed be the Lord most high!

Presider We give thanks to you, Lord our God ...
... Therefore, loving God, according to his
command,

All we remember his death,
we proclaim his resurrection,
we await his coming in glory;

Presider and we offer our sacrifice of praise and
thanksgiving to you, Lord of all ...
...all honour and glory are yours, loving God,
now and for ever.

All Amen.

Lord's Prayer

Presider As our Saviour taught us, let us pray,

All Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth
as in heaven. Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are
yours, now and for ever. Amen.

Fraction Anthem (CP#65) *Here, Lord, We Take the Broken Bread*

Here, Lord, we take the bro - ken bread and
drink the wine, be - liev - ing that by thy life our
souls are fed, thy part - ing gifts re - ceiv - ing.

The musical score is written on three staves in a treble clef with a key signature of two flats (B-flat and E-flat). The first staff contains the melody for the first line of lyrics. The second staff contains the melody for the second line of lyrics, featuring a triplet of eighth notes and a fermata over the final note. The third staff contains the melody for the third line of lyrics, ending with a fermata over the final note. The lyrics are printed below the corresponding notes.

Presider We break the bread of life,
and that life is the light of the world.

All **God here among us,
light in the midst of us,
bring us to light and life.**

Presider These are the gifts of God for the people of God.

All **Thanks be to God.**

The Communion

Communion hymn (JN#134) ***Turn Your Eyes Upon Jesus***

1 Turn your eyes upon Jesus
look full in his wonderful face
and the things of earth will grow strangely dim
in the light of his glory and grace.

2 Turn your thoughts upon Jesus
think deep on his comforting love
and the thoughts of self and of sin and strife
will be lost in the rapture above.

3 Turn your hearts upon Jesus
cast each heavy burden aside
and the peace and joy of his presence near
will enter and ever abide.

Communion hymn (CP#615) ***Just As I Am***

1 Just as I am, without one plea,
but that thy blood was shed for me,
and that thou biddest me come to thee,
O Lamb of God, I come, I come.

2 Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all, I need, in thee to find,
O Lamb of God, I come, I come.

(Communion hymn continued)

3 Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears, within, without,
O Lamb of God, I come, I come.

4 Just as I am, and waiting not
to rid my soul of one dark blot,
to thee, whose blood can cleanse and spot,
O Lamb of God, I come, I come.

5 Just as I am - thy love unknown
has broken every barrier down -
now to be thine, yea, thine alone,
O Lamb of God, I come, I come.

Communion hymn (CP#505) ***Be Thou My Vision***

1 Be thou my vision, O Lord of my heart;
naught be all else to me, save that thou art,
thou my best thought, by day or by night,
waking or sleeping, thy presence my light.

2 Be thou my wisdom, and thou my true Word;
I ever with thee and thou with me, Lord;
thou my great Father; thine own may I be,
thou in me dwelling, and I one with thee.

3 Riches I heed not, nor the world's empty praise;
thou mine inheritance, now and always:
thou and thou only, first in my heart,
high King of heaven, my treasure thou art.

4 High King of heaven, when victory is won,
may I reach heaven's joys, bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O Ruler of all.

Prayer after Communion

Presider All your works praise you, O Lord.

All **And your faithful servants bless you.
Gracious God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
May we, who share his body, live his risen life;
we, who drink his cup, bring life to others;
we, whom the Spirit lights, give light to the world.
Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

Closing hymn (JN#401) ***Christ Be Our Light***

Longing for light, we wait in darkness.
Longing for truth, we turn to you.
Make us your own, your holy people,
light for the world to see.

***Refrain:* Christ, be our light! Shine in our hearts.
Shine through the darkness.
Christ, be our light!
Shine in your church gathered today.**

Longing for peace, our world is troubled.
Longing for hope, many despair.
Your word alone has power to save us.
Make us your living voice.

Refrain

Longing for food, many are hungry.
Longing for water, many still thirst.
Make us your bread, broken for others,
shared until all are fed.

Refrain

(continued over)

(Closing hymn continued)

Longing for shelter, many are homeless.
Longing for warmth, many are cold.
Make us your building, sheltering others,
walls made of living stone.

Refrain: Christ, be our light! Shine in our hearts.
Shine through the darkness.
Christ, be our light!
Shine in your church gathered today.

Many the gifts, many the people,
many the hearts that yearn to belong.
Let us be servants to one another,
making your kingdom come.

Refrain

Dismissal

Presider Go in peace to love and serve our God.

All Thanks be to God.

Postlude



Weekly Cycle of Prayer

In our parish, we pray for Bob & Kathryn Dawson, Sandi De Luca, David Debabe, Michael Denton, and Catherine Dexter.

In our community, we pray for Kelset Elementary School, the Administration, the staff, and the students.

In our Region, we pray for the Parish of St. Mary Magdalene, Mayne Island, The Rev. Blair Haggart, and the neighbourhood.

In our Diocese, we pray for Anna, our Bishop, and for the Parish of St. Andrew, Sidney.

In our Ecclesiastical Province, we pray for The Right Rev. Lynne McNaughton, Bishop of Kootenay.

In Canada, we pray for The Most. Rev. David Edwards, Archbishop, and the clergy and the people of the Diocese of Fredericton.

In the world, we pray for The Church of Ireland.

Looking Forward

March 9-12, 2026	Lenten Retreat at Riverdell. The theme is <i>Seeking: Honest Questions for Deeper Faith</i>
March 21, 2026	Memorial Service for Dorothy Arnet
April 21, 2026	Vancouver Island Chamber Choir's Spring concert at St Andrew's at 7pm
May 8, 2026	Vintage Fashion Show and Tea Fundraiser at the Church
June 13, 2026	Evensong with Christ Church Cathedral at St Andrews at 4pm

***** This Week at a Glance *****
(February 22 - March 1, 2026)

Sunday	February 22nd 2026 - First Sunday in Lent 8:00 am Holy Communion BCP 10:00 am Holy Eucharist BAS Continental Brunch Vestry / AGM
Monday	1:30 pm Friends of St. Andrew delivery 3:30 pm Zoom Prayer Gathering <i>(Please contact the church office for the link)</i>
Tuesday	1:30 pm Friendship Circle
Wednesday	11:30 am Neighbours Lunch 2:00 Line Dancing
Thursday	10:00 am Holy Eucharist 11:00 am Lenten Study Series 11:30 am Brunch Bunch 7:00 pm Choir Practice
Friday	1:30 pm Friends of St. Andrew delivery
Saturday	11:30 am Brunch Bunch
Sunday	March 1st 2026 Second Sunday in Lent 8:00 am Holy Communion BCP 10:00 am Holy Eucharist BAS



Quarterly Mission
January - March 2026
Aboriginal Coalition to End Homelessness



Thank you to everyone for the lovely bouquet of altar flowers in celebration of my birthday. Since I now live in a studio apartment, I can enjoy them from all over the room! God's blessing on you all.....Patricia MacLeod.

Announcements

WELCOME TO VISITORS - Would you like to receive a tax receipt for your offering (over \$20)? Please pick up an offering envelope from the stand on the credenza at the entrance to the church. All are welcome!

COUGH, COLD, FLU, COVID SEASON PROTOCOLS AT ST ANDREW'S -If you feel at all unwell, please do not come to church. If you are able, consider joining in the livestream of the 10am Sunday morning service through the web-site here: <https://www.standrewssidney.ca/blog> until you have recovered. If you feel that you may be coming down with something but aren't entirely sure, please wear a mask to church. Thank you for thinking of the vulnerable and immuno-compromised members of our community!

NEW SCHEDULE FOR OUR ZOOM PRAYER MEETING- The Zoom Prayer Meeting has changed its meeting time to Mondays at 3:30 pm. All are welcome to join this meeting, weekly or whenever you can, to pray for those who have asked for our prayers and prayers as the Spirit leads us. Contact the office to obtain the link.

WORLD DAY OF PRAYER 2026 - Mark your calendars for the World Day of Prayer on Friday, March 6th at 2:00 pm. Join members of other churches on the Peninsula at St Paul's United Church, 2410 Malaview in Sidney as we pray, sing and reflect on this year's theme "I Will Give You Rest: Come." Materials from Nigeria bring us a powerful invitation drawn from Matthew 11:28-30. At a time when people worldwide are carrying heavy burdens, our Nigerian sisters offer profound insights into finding rest in God. Michael MacEwan will be leading an ad hoc choir for anyone who likes to sing. For more information, please email stpauluc@telus.net.

Lent at St. Andrews

LENTEN STUDY SERIES - The Lenten Study Series takes place on Thursdays at 11:00 am in the boardroom. Our theme this season is "Chocolate for Lent." We will watch the 2000 film *Chocolat*, which tells the story of how a free-spirited woman's chocolate shop revolutionizes life in a small French town. Together, we will explore what the film's themes—hospitality, transformation, and service to others—tell us about our own Lenten journey.

READING JOHN IN LENT : Interested in exploring a fresh perspective on Christianity? Join parishioner Bill Geimer on Saturday, February 28th, from 2:00 to 4:30 p.m., for a workshop delving into the legacy of Bishop John Shelby Spong. Lent is a time when we focus on the Gospel of John, so this workshop will help us gain a deeper understanding of our readings. Please bring a Bible (any translation) to the workshop and email the church office to register at admin@standrewssidney.ca today. See you there!



Annual General Meeting 2026

Vestry Notice - Notice is hereby given that a meeting of the parishioners of St Andrew's, Sidney will be held today, following the 10am service, in the Hall, for the purpose of our Annual General Meeting. We'll have a continental brunch and enjoy time together as a parish family.



Readings for March 1, 2026

OT: Genesis 12:1-4a
Psalm: 121
Epistle: Romans 4:1-5, 13-17
Gospel: Matthew 17:1-9

Sources

Inside Cover: *The Temptation of Christ on the Mountain* by Duccio di Buoninsegna

Collect of the Day. Alternative Collects for the Revised Common Lectionary, prepared by the Liturgy Task Force of the Faith, Worship, and Ministry Committee of the General Synod of the Anglican Church of Canada, 2019.

Prayer over the Gifts: Alternative Collects of the Revised Common Lectionary, prepared by the Liturgy Task Force of the Faith, Worship and Ministry Committee of the General Synod of the Anglican Church of Canada, 2019.

Prayer after Communion. Book of Alternative Services.

Eucharistic Prayer: Book of Alternative Services, Eucharistic Prayer #3.

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Kyrie Eleison. Bob Hurd's Missa Ubi Caritas.

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Sanctus. - PICARDY.

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Parish Council

The Rector and Curate

Wardens: wardens@standrewssidney.ca

Rector's Warden:	Bruce Huxtable	250-228-0864
Deputy Rector's Warden:	Catherine Whiteley	778-426-0689
People's Warden:	Valerie Smethurst	250-656-2620
Deputy People's Warden:	Gordon Skultety	250-654-1296
Treasurer:	Richard Taylor	

Synod Delegates:

Gary Davies
Patricia Hatt
Barbara Uibel (alternate)

Members at Large:

Len Howland
Julie Lobb
Marnie Sandborn

Vestry Clerk:

Elsie Widdowson

Staff

Parish Administrator:	TBD
Custodian:	Juan Rueda
Director of Music:	Ryan Qu
Honorary Assistant:	The Ven. Penelope Kingham
Curate:	The Rev. Rebecca Yeo
Rector:	The Rev. Kelly Duncan

Psalm 32

- ¹ Happy are they whose transgressions are forgiven,
and whose sin is put away!
- ² Happy are they to whom the Lord imputes no guilt,
and in whose spirit there is no guile!
- ³ While I held my tongue, my bones withered away,
because of my groaning all day long.
- ⁴ For your hand was heavy upon me day and night;
my moisture was dried up as in the heat of summer.
- ⁵ Then I acknowledged my sin to you,
and did not conceal my guilt.
- I said, "I will confess my transgressions to the Lord."
Then you forgave me the guilt of my sin.
- ⁶ Therefore all the faithful
will make their prayers to you in time of trouble;
when the great waters overflow,
they shall not reach them.
- ⁷ You are my hiding-place;
you preserve me from trouble;
you surround me with shouts of deliverance.
- ⁸ "I will instruct you and teach you in the way that you should go;
I will guide you with my eye.
- ⁹ Do not be like horse or mule, which have no understanding;
**who must be fitted with bit and bridle,
or else they will not stay near you."**
- ¹⁰ Great are the tribulations of the wicked;
but mercy embraces those who trust in the Lord.
- ¹¹ Be glad, you righteous, and rejoice in the Lord;
shout for joy, all who are true of heart.

Glory be to the Father, and to the Son and to the Holy Ghost, as it was in the beginning, is now and ever shall be, world without end. Amen.



8:00 Holy Communion

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Genesis 2:15-17: 3:1-7	OT	2
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Romans 5:12-19		

Glory be to thee, O Lord

Matthew 4:1-11

Praise be to thee, O Christ

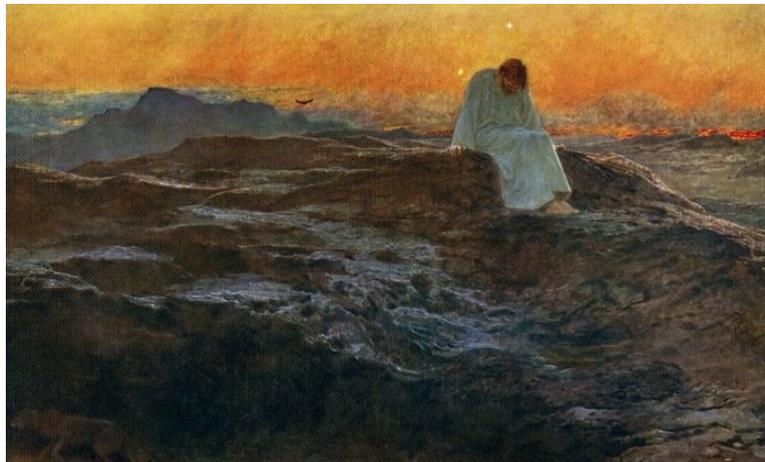
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**All are welcome to enjoy refreshments
after the service in the Hall.**



A Creative Spiritual Community

Book of Common Prayer
Holy Communion



First Sunday in Lent
February 22, 2026
8:00 a.m. service