

Lent 1
22 February 2026
8 am Holy Eucharist

*The Book of Common Prayer Communion service is found in the accompanying seasonal booklet. The Congregation joins in the **bold font**.*

Collect of the Day

Presider: Let us pray,

**All: Spirit of the desert,
you drove Jesus to the edge of the world
to seek your truth and find his calling:
scour our hearts and awaken our hunger,
so that freed from empty clinging
we may serve only you and the Creator;
through Jesus Christ, the Lord of the wilds. Amen.**

The First Lesson: Genesis 2:15-17 & 3:1-7

Reader: The Lesson is taken from the Book of Genesis,

¹⁵ The LORD God took the man and put him in the garden of Eden to till it and keep it. ¹⁶ And the LORD God commanded the man, ‘You may freely eat of every tree of the garden; ¹⁷ but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, ‘Did God say, “You shall not eat from any tree in the garden”?’ ² The woman said to the serpent, ‘We may eat of the fruit of the trees in the garden; ³ but God said, “You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.”’ ⁴ But the serpent said to the woman, ‘You will not die; ⁵ for God knows that when you eat of it your eyes will be opened, and you will be like God,^[a] knowing good and evil.’ ⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Here endeth the Lesson.

Gradual Psalm: 32 Beati quorum.

¹ Blessed is he whose unrighteousness is forgiven, /
and whose sin is covered.

² Blessed is the man unto whom the LORD imputeth no sin, /
and in whose spirit there is no guile.

³ For while I held my tongue, /
my bones consumed away through my daily complaining.

⁴ For thy hand was heavy upon me day and night, /
and my moisture was changed as with the drought of summer.

⁵ I acknowledged my sin unto thee; /
and mine unrighteousness have I not hid.

⁶ I said, 'I will confess my sins unto the LORD'; /
and so thou forgavest the wickedness of my sin.

⁷ For this shall every one that is godly make his prayer unto thee,
in a time when thou mayest be found; /
when the great waters overflow, they shall not come nigh him.

⁸ Thou art a place to hide me in; thou shalt preserve me from trouble; /
thou shalt compass me about with songs of deliverance.

⁹ I WILL inform thee, and teach thee in the way wherein thou shalt go; /
and I will guide thee with mine eye upon thee.

¹⁰ Be ye not like to horse and mule, which have no understanding; /
**whose mouths must be held with bit and bridle,
else they will not come nigh thee.**

¹¹ Great plagues remain for the ungodly; /
**But whoso putteth his trust in the LORD,
mercy embraceth him on every side.**

¹² Be glad, O ye righteous, and rejoice in the LORD; /
and be joyful, all ye that are true of heart.

Glory be to the Father and to the Son and to the Holy Ghost,/
As it was in the beginning, is now and ever shall be, for ever and ever.

The Gospel: Matthew 4:1-11

Presider: The Lord be with you,

All: and with thy Spirit.

Presider: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory be to thee, O Lord.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²He fasted for forty days and forty nights, and afterwards he was famished. ³The tempter came and said to him, ‘If you are the Son of God, command these stones to become loaves of bread.’ ⁴But he answered, ‘It is written, “One does not live by bread alone, but by every word that comes from the mouth of God.”’

⁵Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶saying to him, ‘If you are the Son of God, throw yourself down; for it is written, “He will command his angels concerning you”, and “On their hands they will bear you up, so that you will not dash your foot against a stone.”’ ⁷Jesus said to him, ‘Again it is written, “Do not put the Lord your God to the test.”’

⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; ⁹and he said to him, ‘All these I will give you, if you will fall down and worship me.’ ¹⁰Jesus said to him, ‘Away with you, Satan! for it is written, “Worship the Lord your God, and serve only him.”’ ¹¹Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Christ.

All: Praise be to thee, O Christ.



Readings for Lent 2, March 1, 2026

Genesis 12:1-4a; Psalm 121; Romans 4:1-5 & 13-17; John 3:1-17



This Week at HTC

Tuesday February 24

4-5 pm Trinity Tuesdays “Walking the Way” (Lounge)

Wednesday February 25

9:30-10 am Midweek Eucharist

10:30-11:30 am Bible Study (Lounge)

Thursday February 26

5:30-6 pm Vespers (on Zoom- link in newsletter)

Saturday February 28

11.00 am-noon HTC Community Brunch (Parish Hall)

Sunday March 1

8-9 am BCP Eucharist (Cathedral & Facebook Live)

10-11:15 am Choral Eucharist Cathedral & Facebook Live)

SERVICES ARE LIVE-STREAMED VIA FACEBOOK

For more information and to sign-up for the newsletter,

see the Holy Trinity Cathedral website at www.holytrinitycathedral.ca

or you can contact the Parish Office

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