



Christ Church
Cathedral
Ottawa

First Sunday in Lent

Sunday | February 22nd | 2026

10.30 am | Choral Eucharist | BAS

Mass for three voices | William Byrd

Welcome

Children are welcome to fully participate in the service
and activity sheets are available at the entrance to the Cathedral.
Sidespeople can provide headsets for those who need hearing assistance.
Please turn off or set mobile devices to silent mode.

*Our diocese was founded on the homeland of the Anishinaabe Algonquins.
May we dwell on this land with respect and peace.*

The Gathering of the Community

Prelude | *Prélude* | César Franck

Introit | *Lent Prose* | *Tone V*

Hear us, O Lord, have mercy upon us: for we have sinned against thee. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications. O thou chief cornerstone, right hand of the Father: way of salvation, gate of life celestial: cleanse though our sinful souls from all defilement.

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

A Penitential Order

Sentence | *Matthew 4:4*

We shall not live by bread alone, but by every word that proceeds from the mouth of God.

Bless the Lord who forgives all our sins.

God's mercy endures for ever.

Invitation to Confession

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Silence.

Kyrie Eleison

Kyrie eleison, Christe eleison, Kyrie eleison. | Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Confession and Absolution

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Collect for the Episcopal Election

Almighty God, giver of all good gifts: look on your Church with grace and guide the minds of those who shall choose a bishop for our diocese, that we may receive a faithful servant who will care for your people and equip us for our ministries; through Jesus Christ our Lord. **Amen.**

Collect of the Day

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Proclamation of the Word

First Reading | *Genesis 2:15-17; 3:1-7*

A reading from the book of Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, "You shall not eat from any tree

in the garden?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Holy Word. Holy Wisdom.

Thanks be to God.

Psalm | 32

Happy are they whose transgressions are forgiven, and whose sin is put away! Happy are they to whom the Lord imputes no guilt, and in whose spirit there is no guile! While I held my tongue, my bones withered away, because of my groaning all day long. For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer. Then I acknowledged my sin to you, and did not conceal my guilt. I said, "I will confess my transgressions to the Lord." Then you forgave me the guilt of my sin. Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them. You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance. "I will instruct you and teach you in the way that you should go; I will guide you with my eye. Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you." Great are the tribulations of the wicked; but mercy embraces those who trust in the Lord. Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

Second Reading | Romans 5:12-19

A reading from the letter of Paul to the Romans.

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned; sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely

have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Holy Word. Holy Wisdom.

Thanks be to God.

Gradual | *O most merciful* | Ernest Bullock

O most merciful! O most bountiful! God the father almighty, by the redeemer's sweet intercession, hear us, help us, when we cry.

Holy Gospel | *Matthew 4:1-11*

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

"Worship the Lord your God, and serve only him." Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Hymn 175 | *Forty days and forty nights*

Apostles' Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers

Let us pray.

Gracious and holy God, we pray for your blessing to rest upon Shane, our Primate, Anne, our Metropolitan, our diocese and cathedral. Let your presence be made known in all that we do and all that we say. In this holy season of Lent, draw us more deeply into prayer, into humility, and into love, that your joy and compassion may flow through us and touch all whom we meet.

Lord, in your mercy,

hear our prayer.

Creator and Redeemer God, drive away the shadows of despair that linger over our politics and public life. Revive in us the longing for justice and truth; restore our courage to seek what is good and right. Establish your just and gentle reign throughout the world—especially in places torn by violence and war, where peace feels distant and

where so many have lost homes, loved ones, and hope itself. Make us instruments of your peace and servants of reconciliation.

Lord, in your mercy,

hear our prayer.

Compassionate and healing God, stretch out your tender hand upon all who are ill in body, mind, or spirit. We remember before you those known to us who suffer in pain, those burdened by anxiety or grief, and those whose hearts are broken by personal or family struggles. Surround them with your mercy, uphold them with your strength, and grant them the comfort of your presence.

Silence.

Lord, in your mercy,

hear our prayer.

God of all consolation, be near to those who mourn. Give courage and quiet faith to the bereaved, that, casting their cares upon you, they may find strength for each new day and hope in the promise of resurrection life.

Silence.

Lord, in your mercy,

hear our prayer.

Faithful and everlasting God, renew us through this Lenten journey. Cleanse our hearts, strengthen our fellowship, and send us into the world as witnesses to the Gospel of your Son. May we walk the way of the cross with humility and love, bringing healing where there is hurt, welcome where there is loneliness, and reconciliation to this wounded world.

Lord, in your mercy,

hear our prayer.

Holy God, receive these prayers, spoken and unspoken, for the sake of your Son, our Saviour Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 66 | *And now, O father, mindful of the love*



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate or tip-tap machine in the foyer, by going to

<https://www.canadahelps.org/en/dn/5519> or by e-transfer to info@ottawacathedral.ca.

The Celebration of the Eucharist

Prayer Over the Gifts

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right to thank you and praise you, holy and gracious God, creator of all things, ruler of heaven and earth, sustainer of life, for you are the source of all goodness, rich in mercy and abounding in love; you are faithful to your people in every generation, and your word endures for ever.

Therefore with angels and archangels, with the fellowship of saints and the company of heaven, we glorify your holy name, evermore praising you: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

We praise you, merciful God, not as we ought, but as we are able, because in your tender love you gave the world your only Son, in order that the world might be saved through him. He made you known by taking the form of a servant, healing the sick, liberating the oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross, he confronted the power of sin and disarmed it for ever. In his offering of himself, he became the perfect and sufficient sacrifice for the sins of the whole world. Redeemed by Christ, we have been adopted as your children; by your pardon you have made us worthy to praise you.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

In obedience to him and with grateful hearts we approach your holy table, remembering our Saviour's sacrifice, and rejoicing in his victory. Confident in his sovereign purpose, we declare our faith.

Christ has died, Christ is risen, Christ will come again.

Send your Holy Spirit on us that as we receive this bread and this cup we may partake of the body and blood of our Lord Jesus Christ, and feed on him in our hearts by faith with thanksgiving.

May we be renewed in his risen life, filled with love, and strengthened in our will to serve others; and make of our lives, we pray, a pure and holy sacrifice, acceptable to you, knitting us together as one in your Son Jesus Christ, to whom, with you and the Holy Spirit, be all honour and glory, now and forever. **Amen.**

The Lord's Prayer

Our Father,

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread,

Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Motet | *Ave verum* | William Byrd

Ave, verum corpus natum de Maria Virgine: vere passum, immolatum in cruce pro homine: cuius latus perforatum fluxit aqua et sanguine: esto nobis praegustatum, in mortis examine. O Jesu dulcis, O Jesu pie, O Jesu Fili Mariae. Miserere mei. Amen. | *Hail the true body, born of the Virgin Mary: You who truly suffered and were sacrificed on the cross for the sake of man. From whose pierced flank flowed water and blood: Be a foretaste for us in the trial of death. O sweet, O merciful, O Jesus, Son of Mary. Have mercy on me. Amen.*

The Sending of the Community

Prayer after Communion

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, forever and ever. Amen.

Blessing and Dismissal

May the God of mercy transform you by grace, and the blessing of God the Creator, God the Son, and God the Holy Spirit, be among you and remain with you always. **Amen.**

Go forth in the name of Christ.

Thanks be to God.

Hymn 533 | *Jesus, lover of my soul*

Postlude | *Fugue and Variation (opus 18)* | *César Franck*

Celebrant | The Very Reverend Beth Bretzlaff

Preacher | The Reverend Canon Doug Richards

Readers | Paul Kompass | Judith O'Rourke

Intercessor | Connie Brook

Duty Warden | Carol Nusum

Organist | James Calkin

Director | Andrew McAnerney

Sung by | Alto, Tenor, Bass Lay Clerks

Liturgy: *The Book of Alternative Services* ©1985; *Supplementary Eucharistic Prayer #3* © 2001; *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

Readings Next Sunday | March 1st

Second Sunday in Lent

Genesis 12:1-4a; Psalm 121; Romans 4:1-5, 13-17; John 3:1-17

Christ Church Cathedral Ottawa

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate

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Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 161)

Vicar | The Reverend Canon Douglas Richards (ext. 191)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Joan Riding | The Reverend Victoria Scott |
LCol (ret'd) The Venerable Michelle Staples | Lt (N) The Reverend Katherine Walker
Lay Readers | Daniel Jerusalemiec | Ted Livingstone

Director of Music and Organist | James Calkin (ext. 201)

Associate Director of Music | Andrew McAnerney (ext. 121)

Music Associate | Nick Veltmeyer

Algonquin Teacher in Residence | Albert Dumont (Oshki Nodin)

Church Wardens | Jane Morris | Katherine Spencer-Ross

Director of Operations and Development | Nicholas Galambos (ext. 171)
