

St Stephen the Martyr Anglican Church, Burnaby

**Holy Eucharist Service
with Zoom Option
The First Sunday in Lent**

Sunday, February 22, 2026 - 10:00 AM



The Temptation in the Wilderness – painting by Briton Riviere (1840-1920)

The Zoom codes for **all** our worship services are:

Meeting ID: 83846564281 Passcode: 244245

<https://us06web.zoom.us/j/83846564281?pwd=DxZqcFXDEK6Fi7uS7Srv906FS7Xd3l.1>

Thank you for joining us for worship this morning! This document provides a guide for our time together. You are invited to join in saying the words in **bold**. Bookmarks to pre-mark the hymnals are available where you picked up this guide. Hymns today are in the blue "Common Praise" hymnals.

The Gathering of the Community

Words of Welcome and a Territorial Acknowledgment

🎵 Opening Hymn "Today I Awake"

CP-9

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with you all.

All And also with you.

Celebrant Bless the Lord who forgives all our sins.

All His mercy endures for ever.

Celebrant Almighty God,

All to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Celebrant Seek the Lord while he wills to be found, call upon him when he draws near; let the wicked forsake their ways, and the evil ones their thoughts; and let them return to the Lord, and he will have compassion, and to our God, for he will richly pardon.
Isaiah 55.6, 7

If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God, who is faithful and just, will forgive us our sins and cleanse us from all unrighteousness. *1 John 1:8-9*

Let us confess our sins against God and our neighbour.

Silence is kept

**All Most merciful God;
we confess that we have sinned against you
in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life, through Jesus Christ our Lord.

All: Amen.

The children and their teachers move to Sunday School.

The Collect of the Day

Celebrant Let us pray.

All **Spirit of the desert, you drove Jesus to the edge of the world to seek your truth and find his calling; scour our hearts and awaken our hunger, so that freed from empty clinging we may serve only you and the Creator; through Jesus Christ, the Lord of the wilds. Amen.**ⁱⁱ

The Proclamation of the Wordⁱⁱⁱ

First Reading

Genesis 2:15-17, 3:1-7

read by Theresa

God has formed the first human from the dust of the ground and has breathed life into him. God has placed him in his own domain, a land of delight, the Garden of Eden. To eat of the tree of the knowledge of good and evil is to attempt to gain total knowledge of creation, something God does not intend humans to do.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die, for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food and that it was a delight to the eyes and that the tree was to be desired to make

one wise, she took of its fruit and ate, and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made loincloths for themselves.

Hear what the Spirit is saying to God’s people.

All **Thanks be to God.**

Psalm 32^{iv}

Our cantor today is Andy

The cantor sings the refrain first, then everyone repeats it the second time. The cantor sings the verses.



Be glad, you righ - teous, re - joice in God.

Refrain: Be glad, you righteous, rejoice in God.

Happy are they whose transgressions are forgiven, and whose sin is put away!

Happy are they to whom God imputes no guilt, and in whose spirit there is no guile! **[Refrain]**

While I held my tongue, my bones withered away, because of my groaning all day long.

For your hand was heavy upon me day and night;

my moisture was dried up as in the heat of summer. **[Refrain]**

Then I acknowledged my sin to you, and did not conceal my guilt.
I said, "I will confess my transgressions to God." Then you forgave me the guilt of my sin. **[Refrain]**

Therefore all the faithful will make their prayers to you in time of trouble;
when the great waters overflow, they shall not reach them.
You are my hiding-place; you preserve me from trouble;
you surround me with shouts of deliverance. **[Refrain]**

I will instruct you and teach you in the way that you should go; I will guide you with my eye.
Do not be like horse or mule, which have no understanding;
who must be fitted with bit and bridle, or else they will not stay near you." **[Refrain]**

Great are the tribulations of the wicked; but mercy embraces those who trust in God.
Be glad, you righteous, and rejoice in God; shout for joy, all who are true of heart. **[Refrain]**

Second Reading

Romans 5:12-19

Read by Josie

Paul has said that Christians, reconciled to God, will be saved, sharing in the risen life of Christ. Now he contrasts Christ and Adam. Adam was the first human; with Christ there is a new humanity. Both inaugurated eras.

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— for sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death reigned from Adam to Moses, even over those who did not sin in the likeness of Adam, who is a pattern of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the gift in the grace of the one man, Jesus Christ, abounded for the many. And the gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the gift following many trespasses brings justification. If, because of the one man's trespass, death reigned through that one, much more surely will those who receive the abundance of grace and the gift of righteousness reign in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as through the one man's disobedience the many were made sinners, so through the one man's obedience the many will be made righteous.

All Hear what the Spirit is saying to God's People.
Thanks be to God.

 **Gospel Acclamation** "*Glory and Praise to You*"
Glory and praise to you, Lord Jesus Christ!

CP-716

The Gospel Reading

Matthew 4:1-11

Reader The Lord be with you.
All And also with you.
Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.
All Glory to you Lord Jesus Christ.

Then Jesus was led up by the Spirit into the wilderness to be tested by the devil. He fasted forty days and forty nights, and afterward he was famished. The tempter came and said to him, "If you

are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, by every word that comes from the mouth of God.’ ”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down, for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’ ”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’ ”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, and he said to him, “All these I will give you, if you will fall down and worship me.” Then Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’ ”

Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Christ.

All: Praise to You, Lord Jesus Christ.

 **Gospel Acclamation “Glory and Praise to You”**
Glory and praise to you, Lord Jesus Christ!

CP-716

Homily

The Venerable Ruth Monette

Opportunity for Contemplation with Musical Interlude

Natan Bádue

 **Creed: “I Believe in God Almighty”**

CP-44

Prayers of the People

led by Sara

The leader will name aloud our parish’s known prayer concerns and conclude with the following prayer:

Leader Let us offer our intercessions, petitions, and thanksgivings, saying,
“God of our ancestors, hear our prayer.”

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth,

All God of our ancestors, hear our prayer.

Leader For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples,

All God of our ancestors, hear our prayer.

Leader For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all in danger; that they may be relieved and protected,

All God of our ancestors, hear our prayer.

Leader For all whom we have injured or offended,
All God of our ancestors, hear our prayer.

Leader For grace to amend our lives and to further your reign,
All God of our ancestors, hear our prayer.

Every Israelite was expected to live by the great commandment: “You shall love the Lord your God with all your heart, and with all your soul, and with all your might”. Jesus shows himself to be the ideal Israelite, as he refuses to use his power in self-gratifying ways.

*Additional intercessions, petitions and thanksgivings may be offered in silence or aloud.
After a period of silence, the following concluding prayer is said.*

Leader Gracious God, you have heard the prayers of your faithful people; you know our needs before we ask, and our ignorance in asking. Grant our requests as may be best for us. This we ask in the name of your Son Jesus Christ our Lord.^v

All Amen.

The Peace

The Peace is an invitation for us to extend the blessing of God's absolution of our sins to our neighbours. You are invited to greet those sitting nearest to you with a wave, handshake, fist bump or other greeting.

Celebrant Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. *Romans 5: 1,2*

The peace of the Lord be always with you.
All And also with you.^{vi}

The Celebration of the Eucharist

During the singing of the Offertory Hymn, the greeters will bring the offering plates through the congregation. Financial offerings may be placed in the plates at the entrances to the worship space or made online at www.ststephenburnaby.ca/pages/donate. St Stephen's depends on the generosity of our members and visitors to continue to offer Christ's light to our neighbours.

 **Offertory Hymn: "Forty Days and Forty Nights"** CP-175

Prayer over the Gifts

Celebrant God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name.

All Amen.

The Great Thanksgiving

Celebrant The Lord is here.

All His Spirit is with us.

Celebrant Lift up your hearts.

All We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

Celebrant Almighty God, good Father to us all, your face is turned towards your world. In love you gave us Jesus your Son to rescue us from sin and death. Your Word goes out to call us home to the city where angels sing your praise.
We join with them in heaven's song:

 **Sanctus "Holy, Holy, Holy Lord"** CP-694

**Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

Celebrant Father of all, we give you thanks for every gift that comes from heaven.
 To the darkness Jesus came as your light.
 With signs of faith and words of hope he touched untouchables with love
 and washed the guilty clean.

The crowds came out to see your Son, yet at the end they turned on him.
 On the night he was betrayed he came to table with his friends
 to celebrate the freedom of your people

Jesus blessed you, Father, for the food; he took bread, gave thanks, broke it and
 said: This is my body, given for you all.

Jesus then gave thanks for the wine; he took the cup, gave it and said:
 This is my blood, shed for you all for the forgiveness of sins.
 Do this in remembrance of me.

Therefore, Father, with this bread and this cup we celebrate the cross
 on which he died to set us free.
 Defying death he rose again and is alive with you to plead for us and all the world.

Send your Spirit on us now that by these gifts we may feed on Christ
 with opened eyes and hearts on fire.
 May we and all who share this food offer ourselves to live for you
 and be welcomed at your feast in heaven where all creation worships you,
 Father, Son and Holy Spirit:

All Blessing and honour and glory and power be yours for ever and ever. Amen.

 **The Lord's Prayer** *"The Lord's Prayer"* SGP-12

**Our Father in heaven, hallowed be your name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread. Forgive us our sins
 as we forgive those who sin against us.
 Save us from the time of trial and deliver us from evil.
 For the kingdom, the power, and the glory are yours, now and forever. Amen.**

The Breaking the Bread

Celebrant We break this bread,
All Communion in Christ's body once broken.

Celebrant Let your church be the wheat which bears its fruit in dying.
**All If we have died with him, we shall live with him;
 if we hold firm, we shall reign with him.**

 **Agnus Dei** *"Lamb of God"* CP-701

**Lamb of God, you take away the sins of the world: have mercy on us.
 Lamb of God, you take away the sins of the world: have mercy on us.
 Lamb of God, you take away the sins of the world: grant us peace.**

The Communion

Celebrant The gifts of God for the people of God.
All Thanks be to God.

Celebrant The table of bread and wine is now made ready.
So come to this table, you who have much faith
and you who would like to have more;
you who have been here often, and you who have not been for a while
you who have tried to follow Jesus, and you who have failed;
Come.
It is Christ who invites us to meet him here.^{vii}

To Receive Communion:

Please come forward to the step before the Altar to receive. We begin with the choir, the tech team, and the pews behind them and then move to the other side. Be attentive to physical distancing as you move within the space. To receive, extend both hands, one on top of the other so that the wafer may be placed on your palm. For the wine, you may take a sip from the chalice. We do not dip the wafer into the wine.

If you are not receiving wine, you may stay until the chalice is offered to you or return to your seat immediately.

If you would prefer a blessing instead, please ask for one.

If you need Communion brought to you, please alert a greeter or wave at the priest when everyone else has received.

Those on Zoom can say this prayer together.

If you are attending in-person, but are not receiving communion at this time, you may also wish to say the following prayer.

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, we offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death and resurrection of Christ, and for the means of grace and the hope of glory.

We pray that we may know you in heart, and soul and mind. Let nothing separate us from you. May we serve you in this life until, by your grace, we come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

 **Communion Hymns**

“Just as I am”

CP-615

“O Love How Deep”

CP-628

The Sending Forth of the Community

Prayer after Communion

Celebrant Let us pray:
Faithful God, in this holy bread you increase our faith and hope and love.
Lead us in the path of Christ who is your Word of life.

All Amen.

Celebrant Glory to God,
All Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Announcements

+ Blessing

Celebrant Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of the One God: Creator, Redeemer, and Sustainer be upon you this day and always.^{viii}

All Amen.



Closing Hymn *"Amazing Grace"*

CP-352

Dismissal

Celebrant Go forth in the name of Christ.

All **Thanks be to God.**



You are invited to join us after the service for a time of fellowship, and light refreshments.

The Annual Vestry for 2025 is at 11:45 a.m. in our Parish Hall.
Please join us. All are welcome.

ST STEPHEN THE MARTYR ANGLICAN CHURCH

CONTACT INFORMATION

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Curate: The Reverend Neil Jongbloed

Music Director: Natan Bádue

Parish Administrator: Lois Holmlund

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Wardens: Val Krause and Sara Shaw

Associate Warden: Sandra Sutherland

THANK YOU to all our choir members; our readers; our tech support: Shin; and to our other volunteer servers this Sunday: our Zoom host: Barb; Parish host: Pat N; our Greeters: Pat H and Judy; Prayer leader: Sara; Lay Administrator: Janet; Sacristan: Sara; our Offering caretaker: Pat N; Altar Guild: Pat N and Pat H; Sunday School: Betty and Josie. Coffee: Man and Betty

TERRITORIAL ACKNOWLEDGEMENT: WE ACKNOWLEDGE THAT ST. STEPHEN THE MARTYR IS LOCATED ON THE UNCEDED LANDS OF THE COAST SALISH PEOPLES, ON THE SHARED TRADITIONAL TERRITORY OF SK̓WX̓WÚ7MESH (SQUAMISH), səliiwətaʔ (TSLEIL-WAUTUTH), X̓wMƏŦK̓wƏYƏM (MUSQUEAM) AND kwik̓wəʔəm KWIKWETLEM (COQUITLAM) FIRST NATIONS.

Liturgical Notes

- In the context of Christian worship, Israel does not refer to the current political state but either to the historic Hebrews of the ancient Near East, or in Christian theology, to all people who put their faith and trust in Jesus Christ.
- *Elements of this liturgy without an endnote come from the "Supplementary Eucharistic Prayers, Services of the Word and Night Prayer" (2001)*
- *Hymns, unless noted otherwise, are from the "Common Praise" hymnal of the Anglican Church of Canada. All other hymns are licenced via: OneLicence Church Music copyright permission.*

Endnotes

ⁱ https://commons.wikimedia.org/wiki/File:Briton_Rivi%C3%A8re_-_The_Temptation_in_the_Wilderness.jpg

ⁱⁱ Collect from "Prayers for an Inclusive Church (2009) alt

ⁱⁱⁱ The introductions to the scripture readings are from [Commentaries on the Revised Common Lectionary](#)

^{iv} The Psalms are taken from the George Black Psalter at the Church of the Redeemer website, Anglican Church of Canada. <https://theredeemer.ca/music/george-black-psalter/>

^v The Prayers of the People are from "Pray without Ceasing."

^{vi} The Introduction to the Peace is from "Times and Seasons"

^{vii} Invitation words from Iota.

^{viii} The blessing is from "Times and Seasons"