

THE VALLEY BULLETIN

FIRST SUNDAY IN LENT



February 22nd, 2026

WELCOME

If you are visiting, we welcome you into our midst.
Whoever you are and wherever you are on your journey in faith, you are welcome.
It is a blessing to have you worship with us today!
The Parish of the Valley respectfully acknowledges that we gather for worship
on traditional Anishinaabe Algonquin territory.

A PENITENTIAL ORDER

This gathering rite from page 216 of the Book of Alternative Services is used immediately following the first hymn on Sundays during Lent. It includes an acclamation and the confession of sin and absolution. In the season of Lent, we use it to emphasize the penitential nature of the eucharist in this season.

Greeting

Celebrant The grace of our Lord Jesus Christ,
 and the love of God,
 and the fellowship of the Holy Spirit,
 be with you all.

People And also with you.

Celebrant Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Celebrant Almighty God,
**All to you all hearts are open,
 all desires known,
 and from you no secrets are hidden.
 Cleanse the thoughts of our hearts
 by the inspiration of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 Through Christ our Lord. Amen.**

Confession and Absolution

The people are invited to confession in these or similar words.

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
**All We confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

If the Kyrie Eleison is said or sung, it is said or sung here:

**Kyrie eleison.
Christe eleison.
Kyrie eleison.**
Or **Lord, have mercy.
Christ, have mercy.
Lord, have mercy.**

The celebrant stands and says,

**All Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.
Amen.**

LET'S PRAY

In the Anglican Communion, we pray for Sarah Mullally, Archbishop of Canterbury. We pray for The Church of Ireland. We pray for our Companion Diocese of Jerusalem.

In the Anglican Church of Canada, we pray for Shane Parker, our Primate. We pray for Anne Germond, our Metropolitan. We pray for Christopher Harper, National Indigenous Anglican Archbishop.

In our Diocese of Ottawa we pray: Almighty God, giver of all good gifts: look on your Church with grace, and guide the minds of those who shall choose a bishop for our diocese, that we may receive a faithful servant, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen. We pray for Michael Bird, our Diocesan Administrator. We pray for our Diocesan Partners: Communion Forest and Compass Rose. We pray for the Staff at Ascension House, including the Diocesan Archivist. We pray for St. Mark the Evangelist, Ottawa.

In our Deanery of the Northwest, we pray for all parts of our Deanery of the Northwest as we begin our Lenten journey. We pray for St. Stephen's, Micksburg, part of the Parish of the Valley.

In our Parish of the Valley, we pray for Matthew Brown our Incumbent; and for Gillian Hoyer, Nicholas Forte, and Christine Muise our Associate Incumbents. And for the life and members of our Parish of the Valley Community, this week we pray for: Stephan & Carol Jackson, Peter & Maggie Jacques, Caroline James, Thelma James, Meleda Jessup.

For those who have died and all members of their family as they grieve: Fred Kmith.

For the sick , those who have asked for our prayers, and all others who are on our hearts...

Alice & Petawawa: Ralph, Bill, Issy, Marion, Lynn, Wanda, Rose, Laurie, Lois, Gloria, Trent, Sammy, Michael, Minnie.

Barry's Bay & Whitney: Joyce, Mary Ann, George, Poppy Joe & Penny Jane, Blake, Cathy, Susan, Patricia, Elspeth, Debra, Mary-Jayne, Fern, Shirley, Marilyn, David, Susie, Sharon, Theresa, Bob, Stuart, Katherine.

Killaloe/Tramore & Eganville: Lynn, Lynda, Ed, Marg, Joan, James, Hilary, Heather, Jan, Harold, Richard, Dorothy, Betty, Ann, Sheila, Andrea, Sharon, Junior, Peter, Richard, Pauline, Phyllis, Ethel, Anice, Paula, Rosemary.

Pembroke: Diane, Jolene, Loreen, Heather, Tristan, Bill, Bob, Jo, Connie, June, Lawrence, Lomie, Bea.

Stafford/Beachburg/Cobden: Gwen, Elmor, John, Jean, Margaret, Denver, Brian, Ruby, Janice, Susan, Ryan, Haley, Ruth, James, Sharon, Dave, Nicholas, Carolyn, Hillary, Ralph, Thyra, Sandra.

TODAY'S READINGS

FEBRUARY 22, 2026 - First Sunday in Lent

Genesis 2.15-17, 3.1-7; Psalm 32; Romans 5.12-19; Matthew 4.1-11

UPCOMING READINGS

March 1, 2026 - Second Sunday in Lent

Genesis 12.1-4a; Psalm 121; Romans 4.1-5, 13-17; John 3.1-17

March 8, 2026 - Third Sunday in Lent

Exodus 17.1-7; Psalm 95; Romans 5.1-11; John 4.5-42

OFFERINGS

We are grateful for your ongoing support of our parish's congregations.

Donations can always be placed on the offering plates located at the back of the church, or can be given during the offertory in congregations where an offering plate is passed. To learn more about Pre-Authorized Remittances (PAR), options for e-transfer, or how to donate online with credit card through *Canada Helps* or [Tithe.ly](https://www.ValleyAnglicans.ca), please visit our website: www.ValleyAnglicans.ca

*This Valley Bulletin is offered to the greater glory of God
by Jim Dunn
in loving memory of Lynne Dunn.*

SERVICES IN THE PARISH OF THE VALLEY

MARCH 1, 2026

8 & 10am - Holy Trinity Pembroke
9am - St Anthony's Whitney
9am - Ascension Killaloe
9:30am - St George's South Alice
11am - St Paul's Cobden (Morning Prayer)
11am - St John's Eganville
11am - Epiphany Barry's Bay
11:15am - All Saints Petawawa

COMMUNITY SERVICES

Thursday, February 26th at 10am (LTC) and 10:30am (RH) - Caressant Care, Cobden
Thursday, March 5th at 10:15am at Valley Manor, Barry's Bay
Thursday, March 5th at 11am at Marianhill, Pembroke

VESTRY MEETINGS

Sunday, March 1st at 11am, Epiphany Barry's Bay
Sunday, March 1st at 11:15am, All Saints Petawawa
Tuesday, March 3rd at 11am, St. George's South Alice
*Sunday, March 8th at 9am, Ascension Killaloe/St. John's Tramore
Sunday, March 8th at 11am, St. Paul's Cobden
Sunday, March 8th at 1pm, Joint meeting of Micksburg, Lower Stafford & Rankin
Tuesday, March 10th at 10am, St. Anthony's Whitney
Sunday, March 15th at 10am, Holy Trinity Pembroke
*Sunday, March 15th at 11am, St. John's Eganville

**Tentative dates, pending the completion of financial reviews by Tim Moss, Chartered Professional Accountant.*

NEWS & UPCOMING EVENTS

Lenten Evening Prayer, in partnership with St. Timothy's Lutheran Church, begins on Wednesday February 25th at 7pm at St. Timothy's (503 Alfred Street, Pembroke) and continuing until March 25th. The first two weeks will be Sung Evening Prayer, the last three will be Holden Evening Prayer. All are invited to join the Parish of the Valley and St. Timothy's at this beautiful service.

Our regular **Wednesday Worship** at 10am continues weekly at Holy Trinity Pembroke. All are welcome to join us in the chancel for this quiet said service of Holy Eucharist.

The Episcopal Election for our Anglican Diocese of Ottawa will take place next Saturday, February 28th in Christ Church Cathedral, Ottawa. Please pray for our diocese as a whole, for the candidates, and for all members of synod as we discern who the Holy Spirit is calling to serve as our next bishop. Prayers are also appreciated for our parish's clergy team and for all members of synod from our Parish of the Valley as they travel to Ottawa to share in this important discernment.

February 28th is the **Coldest Night of the Year** walk in Pembroke, in support of The Grind. St. Paul's Cobden, through its 2025 Yates Bequest Donations, has generously sponsored a rest-stop on behalf of our Parish of the Valley. Rest-stops will provide warming refreshments for walkers throughout the walk. Volunteers are now being requested to support the Coldest Night of the Year on the day. These positions include a variety of indoor and outdoor positions (greeters and cheerleaders, setup/teardown crew, etc.). You can learn more and register at <https://cnoy.org/volunteer>. In the drop-down location box, scroll down to find and select "Pembroke - The Grind Pembroke" and you will be shown volunteer opportunities for our local event.

You can also register to fundraise - with or without walking. If you would like to donate to the Anglican Parish of the Valley team, you can do so at our team page here: <https://secure.e2rm.com/registrant/TeamFundraisingPage.aspx?teamID=1041119&langPref=en-CA>

St. John's Eganville is sponsoring two **"Grandparent & Tot" free skates** at the Eganville Arena on March 2nd and 9th from 1pm to 1:50 pm. All are warmly welcomed to join!

World Day of Prayer is Friday, March 6th and we are pleased to be participating in three services across the Parish:

Pembroke at 2pm hosted by Holy Trinity Pembroke

Petawawa at 2pm at St. George's Chapel Garrison Petawawa

Eganville at 3pm at Grace Lutheran Church

All are welcome and encouraged to attend one of these services as we come together across denominations to pray.

CLERGY TEAM

Contact Information

The Rev. Matthew Brown (613-732-4658)

The Rev. Gillian Hoyer (613-687-9123)

The Rev. Nicholas Forte (613-629-9498)

The Rev. Christine Muise (613-883-8402)

Cover: *Jesus Is Tempted, detail*, JESUS MAFA, Cameroon, 1973.

JESUS MAFA is a response to the New Testament readings from the Lectionary by a Christian community in Cameroon, Africa. Each of the readings was selected and adapted to dramatic interpretation by the community members. Photographs of their interpretations were made, and these were then transcribed to paintings.

www.valleyanglicans.ca

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