



The Transfiguration of The Lord

February 15, 2026 + 4pm

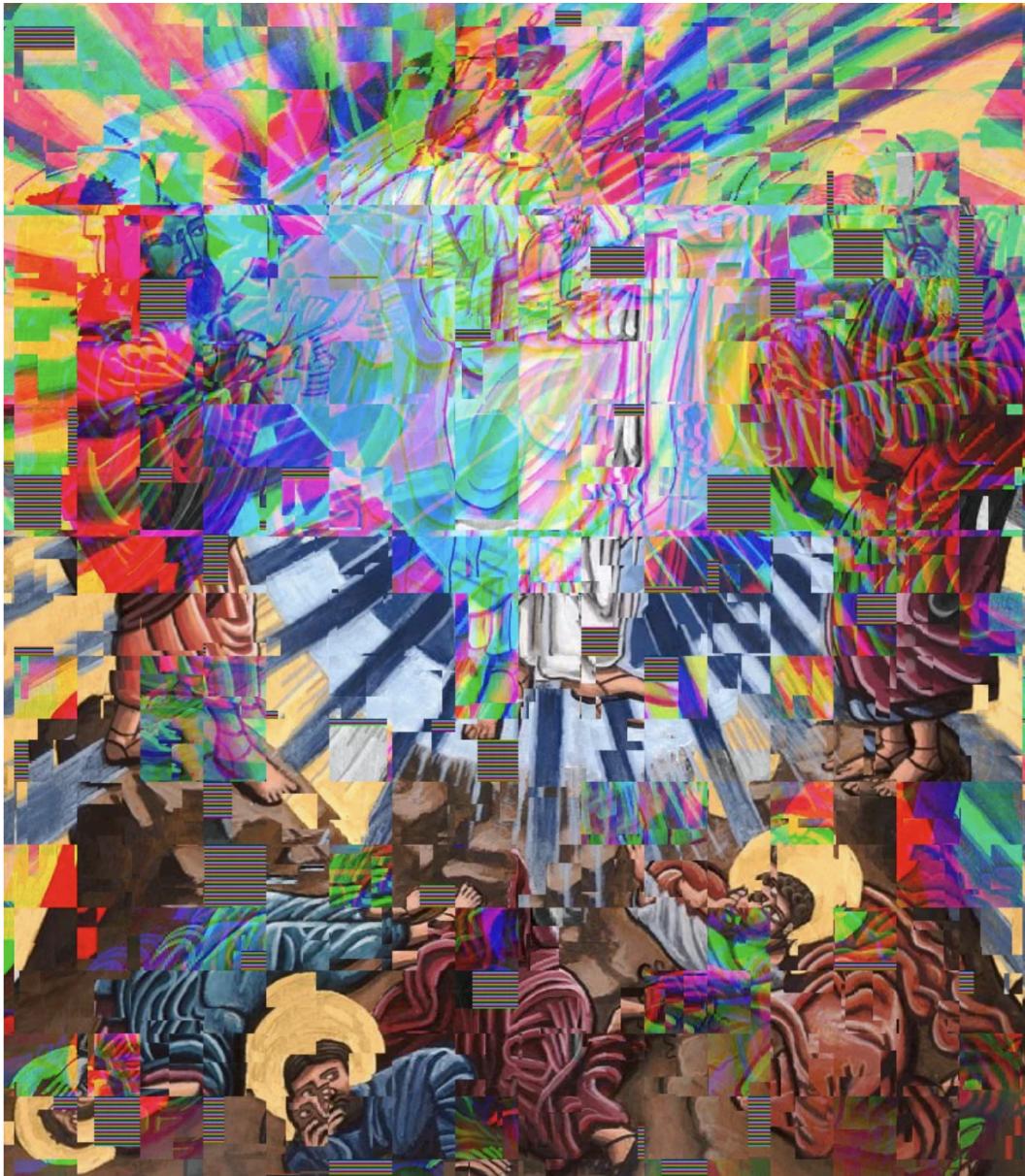


Image: Glitch Transfiguration - Kelly Latimore



Welcome to The AbbeyChurch

***No matter who you are or what you are carrying today,
know you are beloved and so very welcome here in Jesus' name.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, uncertain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

Land Acknowledgement

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək'ʷəŋən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands.

We pause in silence to remember and to recall the land under our feet, the hidden rivers, the trees and flowers and shifting seasons. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Opening Loop and Tolling of the Bells Welcome, Announcements and Land Acknowledgement

Opening Words and Collect:

Light and peace in Jesus Christ!

Thanks be to God.

The glory of God shines like a consuming fire.

We have seen the glory of God in the face of Jesus Christ.

The voice of God thunders like a mighty storm.

Out of the cloud, God speaks: This is my beloved Son; listen to him!

Let us pray. Holy God, on the mountain you revealed to chosen witnesses your well-beloved Son, wonderfully transfigured: Speak to us, and let the fire of your Spirit burn brightly in our hearts. Open our minds to receive the wisdom of the law, the hope of the prophets. **Amen.**

*Folks of all ages are welcomed to set the table as we sing this opening song.
You are invited to rise in body or in spirit as we sing joyfully.*

Opening Song: Holy Holy Holy Lord God Almighty

Holy, holy, holy! Lord God almighty Early in the morning our song shall rise to thee
Holy, holy, holy! Merciful and mighty God in three persons, blessed Trinity!

Holy, holy, holy! Though the darkness hide thee
Though the eye of sinfulness, thy glory may not see
Only thou art holy. There is none beside thee - perfect in power, in love and purity

Holy, holy, holy! Lord God almighty - All thy works shall praise thy name,
in earth and sky and sea

Holy, holy, holy! Merciful and mighty - God in three persons, blessed Trinity
Dykes / Public Domain / VU, alt.

The Poem

Chosen by Molly LeBlanc - Poet-in-Residence

We Proclaim

The Hebrew Scripture Reading:

A reading from the book of Exodus (24:12-18)

The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

...The word of the Lord. **Thanks be to God.**

You are invited to rise in body or spirit as we prepare our hearts to hear the gospel.

The Gospel Acclamation

fiddle

[A] Lord, to whom shall we go? [C] Lord, to whom shall we go?

D G D A

[A] You are gracious and merciful. [C] Lord, to whom shall we go?

D G D A

[A] Slow to anger and abounding in love. [C] Lord, to whom shall we go?

D G D A

[A] Lord, to whom shall we go? [C] Let us trust in your word.

[C] Al - le - lu - ia, Al - le - lu - ia,

Al - le - lu - ia, Al - le - lu - ia.

Dr. Kent Gustavson - used with permission - from Light Into the World: Hope for a New Day (Bluegrass Mass) - see drkent.ca

The Gospel

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to Matthew (17:1-9)

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

...Let us proclaim the Gospel from the rooftops.

With our words and with our lives!

Gospel Acclamation Repeated

[C] Al - le - lu - ia, Al - le - lu - ia,

Al - le - lu - ia, Al - le - lu - ia.

Bell. Silence for reflection. Bell.

You are invited to rise in body or in spirit as we affirm our faith in these words:

Affirmation of Faith: A New Creed

[we say together]

We are not alone,

we live in God's world.

We believe in God:

who has created and is creating,

who has come in Jesus,

the Word made flesh,

to reconcile and make new,

who works in us and others

by the Spirit.

We trust in God.

We are called to be the Church:

to celebrate God's presence,

to live with respect in Creation,

to love and serve others,

to seek justice and resist evil,

to proclaim Jesus, crucified and risen,

our judge and our hope.

In life, in death, in life beyond death,

God is with us.

We are not alone.

Thanks be to God. Amen. The United Church of Canada, 1968, rev..

Our Prayers**Margot Spence****The Confession**

Trusting in God's forgiveness, let us turn to the cross of Christ and, in silence, confess our failings and acknowledge our part in the pain of the world.

Silence is kept.

[together we say] **Before God, with the people of God we confess to turning away from God in the ways we wound our lives, the lives of others, and the life of the world.**

The Absolution / Assurance of Grace**The Peace**

...The peace of Christ be with you all. **And also with you.**

You are invited to share a sign of God's peace to those near you.

Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet. All donations are eligible for a charitable tax receipt.

The Offertory Song: Transform Us As You Transfigured

Transform us as you, transfigured, stood apart on Tabor's height.
Lead us up our sacred mountains, search us with revealing light.
Lift us from where we have fallen, full of questions, filled with fright.

Transform us as you, transfigured, once spoke with those holy ones.
We, surrounded by the witness of those saints whose work is done,
Live in this world as your Body, chosen daughters, chosen sons.

Transform us as you, transfigured, would not stay within a shrine.
Keep us from our great temptation-time and truth we quickly bind.
Lead us down those daily pathways where our love is not confined.

Sylvia Dunstan / GIA Publications 1995, OneLicense

We Celebrate

As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever they find themselves in their spiritual journey.

*If you wish to come forward to receive a blessing rather than bread and wine,
simply place your hands across your chest.*

Prayer Over The Gifts

Let us pray: Holy God, receive all we offer you this day, and transform us by that radiant glory, which we see in the transfigured face of Jesus Christ our Lord. **Amen.**
ACC adapted

A brief silence is kept.

The Great Thanksgiving

God is with us.

We are not alone.

Christ is present here.

The Spirit is among us.

Let us give thanks to God,

in memory and in hope.

Blessed are you, gracious God, Creator of light, Giver of all life, Source of love. At your word creation dawns. Under your rainbow the floods recede. With a burning bush you hallow the earth.

By the light of your promise, you guide your people across the desert and through the night. When we reject your ways and stray from your path, we praise you that you do not abandon us. You send Jesus to be a light to all the nations. He brings sight to the blind and healing to the sick, hope to the despairing and justice to the oppressed. And yet we reject him, betray him, crucify him. But you, O God, bring forth light, raising him from the grave, the first born of your new creation. Therefore we join with all creation, and all the heavenly hosts who dwell in light inaccessible, to sing:

Holy, holy, holy Lord - God of power and might

Heaven and earth of your glory are full - Hosanna, hosanna, hosana in the highest

+Blest is the One who comes in the name of the Lord

Blest is the One who comes in the name of the Lord

Holy, holy, holy Lord, God of power and might - Heaven and earth of your glory are full

Hosanna, hosanna, hosana in the highest. Hosanna, hosanna, hosana in the highest

Steve Bell / Signpost Music / CCLI, alt.

As we gather at this table, we remember that on the night before he died, Jesus had supper with his friends. He took a loaf of bread, thanked you as we have thanked you, broke the bread, and gave it to them, saying: "Take, eat. This is my body, given for you. Each time you do this, remember me." Then, he took a cup, and after giving thanks, passed it to his friends, saying: "Drink. This cup is the promise of God, poured out in my life's blood. Each time you drink from it, remember me."

Remembering your boundless love for us in Jesus Christ, we offer you our praise, as we proclaim the mystery of faith: **Christ has died, Christ is risen, Christ will come again.**

Send, O God, your Holy Spirit upon us and upon these gifts, that all who share in this bread and cup may be the body of Christ: light, life, and love in the world. We praise you, eternal God, through Christ your Word made flesh, and in the power of your life-giving Spirit, now and forever. **Amen.**

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

**Our *Father (*or Parent, or Abba, or Amma, or Source, or Mother)
who art in heaven, hallowed be thy name, thy kingdom come,
Thy will be done, on earth as it is in heaven. Give us this day our daily bread.
Forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom, the power and the glory. Forever and ever. Amen.**

Silence is kept

These are the gifts of God - for the people of God - given for the life of the world.

Thanks be to God!

*All are welcome (none compelled!) to receive at Jesus' table!
The bread is gluten-free, there are also rice crackers available.
Grape juice is in the small cups. It is wine (port) in the larger chalice.*

Song (pre-recorded): Agnus Dei / Lamb of God

Tom Wuest Brass Trumpet Publishing / Used with Permission.

Communion Song: The Lord Is My Light

Calmly (♩ = 66) (A1) (A2) (B1) (B2) *fine*

The Lord is my light, my light and sal-va-tion: in God I trust, in God I trust. The

Theme II

The Lord is my light, my light and sal-va-tion: in God I trust, in God I trust. The

Ateliers et Presses de
Taize / OneLicense

Each of the two themes can be sung *separately*, either in unison or as a round (two voices only: coming in on A1 and B1). The two themes can also be sung *together*, preferably with theme I for female and theme II for male voices.

Communion Song: Cause You Face to Shine

Cause your face to shine. Cause your face to shine

Cause your face to shine And we will find our way. (*repeat*)

Tom Wuest © Brass Trumpet Publishing, 2017 / CCLI

The Prayer After Communion

[we pray together] Life-giving God, may we, who share Christ's body, live his risen life; we, who drink his cup, bring new life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and all creation will live to praise your name. Amen.

We Are Sent

The Blessing

Closing Song: Guide Me O Thou Great Redeemer

Guide me, O my great Redeemer, pilgrim through this barren land;

I am weak, but Thou are mighty; hold me with Thy powerful hand.

Bread of heaven, bread of heaven,

Feed me now and evermore. Feed me now and evermore!

Open now the crystal fountain, whence the healing stream doth flow.

Let the fire and cloudy pillar lead me all my journey through.

Strong Deliverer, strong Deliverer,

Be thou still my strength and shield Be thou still my strength and shield

When I tread the verge of Jordan, bid my anxious fears subside.

Death of death, and hell's Destruction, land me safe on Canaan's side.

Songs of praises, songs of praises I will ever sing to Thee! I will ever sing to Thee!

Williams/Williams Public Domain

The Sending

Come down from the mountain with mountain-like faith.

Walk on God's paths as bright, shining light.

Live in God's ways with faith, hope, and love.

Go into the world transformed and renewed!

Thanks be to God. Amen.

Sending Song: Felix Culpa

God who watches over you - will never slumber nor sleep.

God who watches over you - will never slumber nor sleep. (*repeat*)

Oh, My child, lay your burden down - lay them at My feet.

God who watches over you - will never slumber nor sleep

music and words by Alana Levadoski, alt. / CCLI

*We will be back here to worship next Sunday at 4pm
as well as 2 options for Ash Wednesday (see below)*

Donations to our Common Life and Ministry



A huge thank you to everyone who supported our ministry in 2025, making it possible for us to continue thriving! We continue to welcome your offerings of all kinds; financial and otherwise - and are grateful for all the ways you give.

Here are a few ways to donate financially to the common life of our Beloved Community:

1. **E-transfers.** This method is our favourite as we receive the full amount. (no fees) Please use your online banking to interac e-transfer to treasurer@emmauscommunity.ca. Make sure you have filled out [this form](#) so we have the details to provide a tax receipt or email treasurer@emmauscommunity.ca with the details of the amount, date and your full contact details.
2. **Online** Via [Canada Helps - follow the link below or click the QR code -> here:](#) <https://www.canadahelps.org/en/charities/emmausabbeychurch/>
3. The **Square POS** reader at the back of the church. Again, be sure to provide your name and contact details either when making the donation via Square or using one of the slips by the iPad.

With deep gratitude for your generous support of this beloved AbbeyChurch.



A note from our friends at QomQem to those who volunteered and donated!

This past Sunday (February 8th) was our final Sunday Night Outreach at the church.

I wanted to take a moment to thank you for volunteering with QomQem for Sunday Night Outreach. We truly appreciate your dedication and support in helping provide food for our relatives on the street.

As of Sunday, February 8th, we've wrapped up our outreach shifts at the church. If and when we secure additional funding, we'll be sure to keep you updated.

In the meantime, we'll continue running Sunday Night Outreach from our Peers office at a smaller scale through the end of February.

We'll also be in touch about a small wrap-up celebration later on. During that time, we would love to gather your comments and observations about doing this work together over the past two years.

We are incredibly grateful for your time, care, and commitment!

Maarsii, Thank you, with gratitude,
Sarah Gallard - Associate Director
QomQem Coastal Connections(in Partnership w/ Peers Victoria)

We hope to continue and deepen this partnership into the future. Stay tuned!

Weekday Prayer with the Emmaus Community

② **Emmaus/AbbeyChurch Upper Room** (off the Balmoral parking lot, up the metal stairs)

Mondays 9 am - Morning Prayer w/ Centering Prayer - approx 45 mins. In-person only.

Tuesdays 9 am - approx 25-30 mins - in-person and online.

Thursdays 8:15 am - morning prayer - The Upper Room and online on zoom.

Fridays 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on the accessible entrance or zoom/liturgies link

Ash Wednesday ::: Get Your Ash In Church THIS WEDNESDAY!

Wednesday February 18th 9am and 6pm -

both happening in the Chapel - enter off the parking lot.

9am - A short, simple spoken service with imposition of Ashes
with Rev. Lynn Mills presiding

Or, you are invited to join Fairfield UC and some of the AbbeyChurch musicians
(Jen on piano and Mary on harp)
at **6pm** in the chapel for a contemplative worship with chants from the Taize
Community.



Coldest Night of the Year

Jen is walking for Coldest Night of the Year to support Our Place. Please chat with her if you'd like to support her by donating or joining the AbbeyChurch Amblers to walk!



Lectio Devina on Brokenness with Kintsugi

On Friday February 20 from 4 to 6 pm, you are invited to join a small group of aspiring Abbey artists (in the Abbey office), to contemplate a passage on brokenness, hear about the Japanese practice of Kintsugi and have a chance to repair a ceramic vessel using a modified procedure. There is room for 10 people. To reserve a space, please email Margot at mspence@shaw.ca. You will need to bring a small broken piece of pottery / ceramic to work on (eg mug or bowl sized, though it should be a piece that you will no longer use for food or liquid). Alternatively you can visit a thrift store and buy a piece you don't mind breaking, to practice repairs on.

Lenten Study on MAID (Assisted Dying)

A few folks have requested a conversation about this - and we'll use some of the resources and people from our denominations to explore Christian perspectives. Talk to Lynn if you're interested in joining.



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WANNA CHAT? Reach out to us at admin@abbeychurch.ca

BORROW A BOOK? the (very in-process - 15% catalogued) library catalog is here:
www.librarycat.org/lib/EmmausCommunity or email library@emmauscommunity.ca

WEEKLY NEWSLETTER? Have you subscribed to our weekly e-newsletter? We have recently learned that some shaw.ca emails are not receiving the newsletters - if you are missing them, please re-subscribe with a new email here: <https://www.abbeychurch.ca/subscribers>

admin@abbeychurch.ca + www.abbeychurch.ca

778.557.4166 we would love to connect.

This leaflet is printed on tree-free paper. Please recycle or take home!