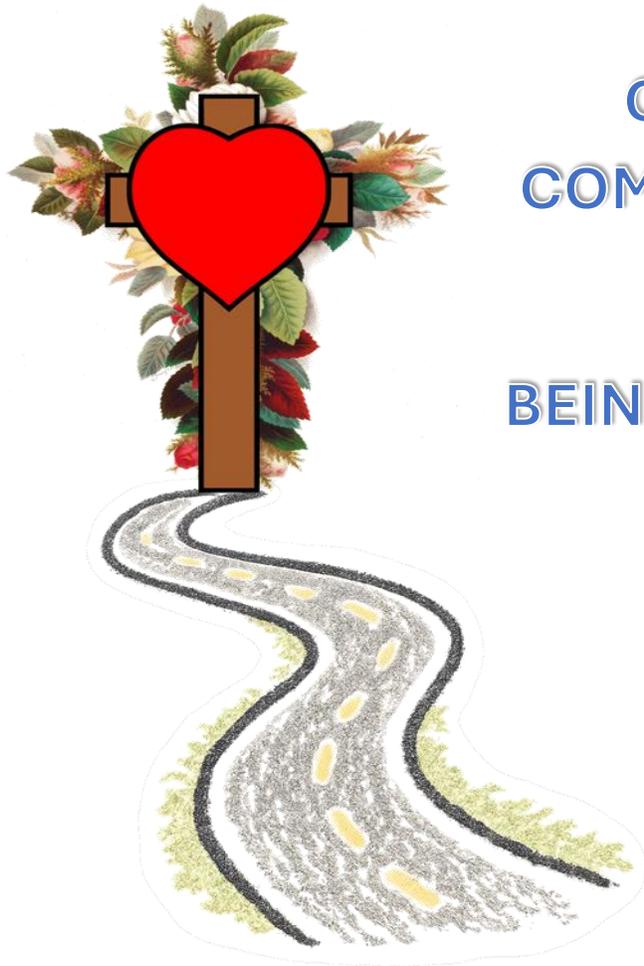




Calgary Diocesan Anglican Church Women Winter 2026 Newsletter



Our Theme for 2026
COME AND JOURNEY WITH
OUR SAVIOUR –
BEING A PILGRIM  HOW
IT CHANGES YOU

Anglican Church Women Prayer



Almighty God, our heavenly Father, who sent your blessed Son into the world to be the Saviour of all; Grant us a deep sense of gratitude for your grace and mercy towards us. Enable us by your Spirit to reveal your love in prayer and work and stewardship, so that your salvation may become known to all people, and your Name glorified throughout the earth: through Jesus Christ our Lord. Amen



Do You Like sharing Good News with Others?
Do you like working with a great group of Ladies?
Do you like working on a computer?

We are stilling looking for a new Newsletter Team!

We are looking for a couple of ladies who would like to work together to help create 3 – 4 newsletters a year for the women of the Diocese of Calgary. We have several regular contributors who create a lot of content for us but we now require some people who are able to coordinate and compile everything into our Newsletter. (Note: we currently produce the newsletter in MS Word as that is what our contributors use and send to us in.)

While we do have our traditional newsletter and format, the new team would be able to express themselves creatively and the board would be excited to listen to any new direction a new volunteer would be interested in. We love to have new people come on board and take us to new places!

If you are interested in finding out more or would like to volunteer please contact us as soon as possible so that we start getting you involved! Linda A. has several templates she can share and also give you a good overview of what is needed in our Newsletters. (see contact list at end of this newsletter)



Jan 2026 Board meeting (not all members pictured)

Interested in Joining the Board of the Anglican Church Women?

This great group of ladies meet 4-5 times throughout the year, mostly via zoom as well as meeting up with each other at the events throughout the year such as conferences, retreats, book studies, and hymn sings. A diverse group, we do our best to represent women throughout the diocese and try to find ways for everyone to connect and share worship, ideas, friendship and camaraderie! We welcome every Anglican church woman into our group and anyone can participate in the board. If you are interested in starting out as a member-at-large please contact any of the board members (see the contact list at the end of this newsletter) and we'd be happy to include you in our upcoming meetings and events!

President's Report



I'm hoping everyone had a happy and blessed Christmas and that you have had a few days, or hours, to relax, recover, become restored, and to take some time for yourselves.

We have been blessed with such strange weather here in Southern Alberta and I'm praying that the spring brings us rain. This winter I've been trying to downsize! Not because I'm moving anywhere but I just seem to have accumulated a lot of paper.! I'm betting you know what I mean! The many old birthday and Christmas cards, receipts and recipes saved from years ago. Some are treasures but unfortunately, many in my case, should go in the recycle bin.

I'm mentioning this because I found a treasure, a copy of the service held at my church on its 50th Anniversary dated 17th June 1979. I attend St. Paul's and St Thomas' Anglican Church on the Kainai Reserve in Southern Alberta. I've submitted some excerpts from the bulletin to this newsletter (separate article) and I'm hoping you find it interesting.

Maybe you have some interesting facts about your church, congregation or your A.C.W. that you would like to share with us. If so, you could send them to dioceseofcalgaryacw@gmail.com and we'll do our best to showcase them in our upcoming newsletters!

With Valentine's Day coming soon let's all treasure and praise those we love. "And now these three remain: Faith, Hope and Love. But the greatest of these is Love".... 1 Corinthians 13:13

May God's love fill your hearts with peace, joy and kindness.

In Faith,
Valerie Jensen,
President

Valentine's Upside Down Pineapple Cupcakes

(Servings: 24 cupcakes)

- cooking spray
- ½ cup butter, melted
- 1 ½ cups brown sugar
- 24 maraschino cherries
- 1 (20 ounce) can crushed pineapple
- 1 ⅓ cups pineapple juice
- 1 (15.25 ounce) package cake mix (your choice but I prefer plain mix)
- ⅓ cup vegetable oil (if required by the cake mix recipe)
- 3 large eggs (if required by the cake mix recipe)
- 1 tablespoon confectioners' sugar for dusting, or as needed

Instructions

1. Preheat the oven to 350°F. Spray 2 standard muffin pans with non-stick cooking spray.
2. Spoon 1 teaspoon melted butter into the bottom of each sprayed muffin cup
3. Spoon 1 tablespoon brown sugar into each muffin cup. Press a maraschino cherry into the center of the brown sugar in each muffin cup
4. Spoon a heaping tablespoon of crushed pineapple on top and compact it with the back of a spoon into an even layer

COOKS CORNER



5. Mix pineapple cake mix using pineapple juice instead of the suggested liquid, add the vegetable oil and eggs in a large bowl and mix as per cake mix instructions.
6. Pour batter into the muffin cups; do not overfill.
7. Bake in the preheated oven until a toothpick inserted into the center of a cupcake comes out clean, about 20 minutes.
8. Line a work surface with waxed paper. Allow cupcakes to cool at least 5 minutes before inverting muffin cups onto the waxed paper; serve with pineapple and cherry sides up (NOTE: if your cupcakes have 'domed' quite a bit and will not sit flat when inverted, set a heavy, flat baking tray/cookie sheet on top for a couple of minutes while cooling – before then flipping out onto the waxed paper.
9. Sprinkle cupcakes lightly with confectioners' sugar before serving



Enjoy! Happy Valentine's Day!

New Archbishop of Canterbury

From Bishop Sarah Mullally – on being called to be the 106th Archbishop of Canterbury Bringing confidence in the Gospel and offering Christian hope and hospitality.....



It is an extraordinary and humbling privilege to have been called to be the 106th Archbishop of Canterbury. In this country and around the world, Anglican churches bring healing and hope to their communities. With God's help, I will seek to guide Christ's flock with calmness, consistency and compassion.

These are times of division and uncertainty for our fractured world. I pray that we will offer space to break bread together and discover what we have in common – and I pledge myself to this ministry of hospitality.

I am committed to equipping the Church to be a kind and safe place that cares for everyone, especially those who are vulnerable, as we rise to the challenge of God's call to justice, equity, peace and the care of creation.

Bishop Sarah Mullally

THANKOFFERING FUND

NOTICE FOR THE AGM

The Annual ACW Conference will be held this year on Friday afternoon April 17th and Saturday April 18th via Zoom. It is at this time that we disburse all Thankoffering funds donated by ACW groups, individuals and events since the date of the last conference.

Two groups/charities/organizations are chosen each year to share equally in the funds received – approximately \$1700 annually – one organization inside the Diocese and one outside the Diocese.

The Board would welcome all suggestions from you as to whom you think would be deserving of a share in the Thankoffering funds. You can email your suggestion to Mary Dymond (treasurer) via email at mkdymond@gmail.com. The Board will then select the two recipients to be announced at the Annual Conference. Submissions are required by Thursday March 12th.



NEWSLETTER SUBSCRIPTIONS

Just a reminder regarding Newsletter subscriptions. The cost to print and distribute the Newsletter is approximately two-thirds more than the funds received for subscriptions. Due to the increasing costs of printing and postage, we are urging you to subscribe via E-mail if you are able. Those who receive the Newsletter by Email are subsidizing those who receive it by Mail as this helps to defray the cost of producing the Newsletter. We thank you for your support.

The cost is \$10.00 per year for both hardcopy and email versions. Please make your cheque payable to ACW – Diocese of Calgary and mail it to:

Mary Dymond, 212 Lake Moraine Place S.E., Calgary, Alberta, T2J 2Y9.

Please include your Name and Mailing Address and your email address if you would like your Newsletter emailed.



The Diocese of Calgary Anglican Church Women Invites you to a Zoom Hymn Sing

Sunday, April 12th

(Moved one week due to Easter Sunday)

at 7:00 pm

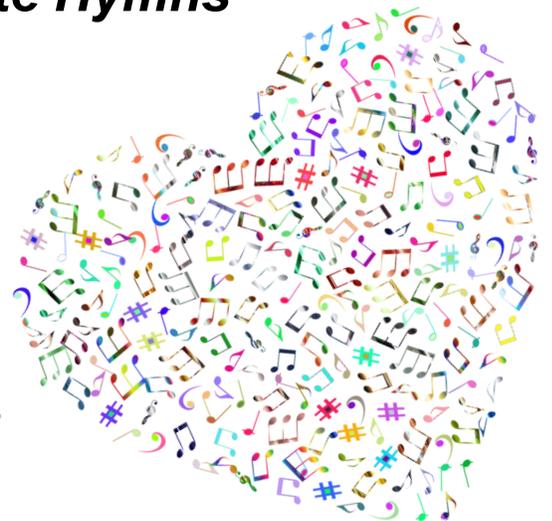
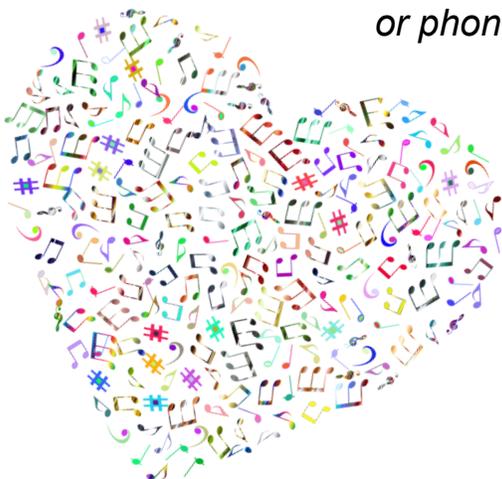


Come sing a selection Favourite Hymns

Please register at:

dioceseofcalgaryacw@gmail.com

or phone: 403-734-2130



**Calgary Diocesan ACW
Brochure of**

*Pilgrimages, Retreats,
Historic churches,
Labyrinths and Stations of
the Cross in Alberta*



“Come and Journey with our Saviour- Being a Pilgrim”

In keeping with our continuing theme of Journey's and Pilgrimage the ACW Board has put together a brochure of special places in Alberta to visit. *“A pilgrimage isn't about how far you go. It's about setting out with purpose, letting each step become prayer.”*

For a copy of the brochure please contact Linda Holt at lin-sid@telus.net.

The Walk for Peace 2025/2026

As we continue our Theme this year of Journey's and Pilgrimage I have been inspired by the messages from the movement “Walk For Peace” and I feel moved to share the information with you. The following are excerpts from their Facebook page and also available on their website <https://dhammacetiya.com/walk-for-peace/> #WalkforPeace #BuddhistMonks #PeaceWalk. What an incredible journey! Please enjoy.....

Submitted by Linda Anderson

Walk for Peace is the 120-day, 2,300-mile journey by Buddhist monks — with loyal dog, Aloka — walking from Fort Worth, Texas, to Washington, D.C. to raise awareness of inner peace and mindfulness across America and the world. The Walk For Peace was created with a simple and sincere purpose: to cultivate peace through compassion, loving-kindness, and mindfulness, and to bring peace to individuals, communities, our country, and the world.



“The Walk For Peace itself is not a political movement, nor is it focused on advocacy or legislation. Rather, it is a spiritual offering—an invitation to live peace through everyday actions, mindful steps, and open hearts. We believe that when peace is cultivated within, it naturally ripples outward into society. Their focus remains on walking together in harmony, sowing seeds of understanding, and allowing peace to arise organically—wherever conditions are wholesome and ready.”

The following is the message from their Jan 26th Facebook post...

Walking Through All Conditions - Our walk takes us through sun and rain, dry roads and wet, through snow and warmth, through noise and blessed silence, through crowds and quiet solitude. Some days are gentle and kind. Some days ask more of us than we expected. Some days surprise us with unexpected beauty or unexpected challenges.

And isn't this just like all our lives?

There are times when everything flows smoothly, when the path ahead feels clear and our steps feel light. And there are times—perhaps some of us are facing this right now—when the road feels rough, when obstacles keep appearing, when we feel cold or tired or uncertain about what comes next, making it hard to take even one more step.

The weather of our lives changes without asking permission. Sunny moments give way to storms we didn't see coming. Ease gives way to struggle. Joy and difficulty sit side by side in our hearts. We cannot control these shifts, no matter how hard we try. We cannot demand that life only bring us gentle days.



But here is what we can do, and it changes everything: we can choose the path of peace for our minds, even when our circumstances feel anything but peaceful.

When we make this choice—when we gently commit to being mindful with our breath and our daily actions, when we practice being present instead of fighting what is—we discover something that feels like grace. We find a peace within that the changing conditions cannot shake, cannot steal, cannot destroy.

The rain still falls, but we are not swept away by it. The rough path still asks us to be brave, but we do not lose who we are. The noise still surrounds us, but we are not drowned by it. Because beneath all of it, there is something in us that remains steady, quiet, whole.

This is the peace that lives beneath all circumstances. It doesn't depend on perfect weather or smooth roads. It doesn't require everything to go our way. It simply asks that we show up for ourselves with kindness and mindfulness, breathe as consciously as we can, and meet whatever comes with gentleness instead of harsh judgment.

Life will bring sun and rain—that is simply its nature. But peace—true, lasting peace—is not found in controlling the weather around us or within us. It's found in learning to walk through all of it with minds that stay as grounded as we can, hearts that try to stay open, and spirits that whisper to us on the hardest days: this too shall pass, and we are still here, still breathing, still whole, still capable of choosing peace.

We are stronger than we know. And peace is closer than we think.

May you and all beings be well, happy, and at peace.





A little history of St Paul's and St Thomas' Anglican Church, Kainai Reserve.

While going through old papers, I found the service bulletin for the 50th Anniversary of my church dated 17 June 1979. In it is an article entitled "The Story of the Building of St Paul's Church", written by Sophie E. Allison.

Mrs. Allison's tribute to the building of the church begins by saying that her father, Archdeacon S.H. Middleton, who was the Principal and Rector of the Anglican Residential school on the Kainai Reserve, realized that the chapel of the residential school was not large enough for the congregation, students and staff. Because of this the Vestry met and decided to build a church, as well as a Parish Hall in the basement, to accommodate over 200 people.

Mr. Harry Meech, an architect in Lethbridge, was consulted and drew up a blue-print plan for the new building, and the first sod was turned in November 1928.

This building process was due to the hard work of a local Cardston contractor, Mr. Ralph Weston, and volunteers from the congregation, many of whom had learned the rudiments of carpentry skills at the Calgary Industrial School.

Mrs. Allison went on to describe the difficult process of financing the building of the church, as there were unforeseen costs of materials. Numerous private donations and finally a loan from a local bank came to the rescue so the building could be completed. The final cost being about \$15,000.00.

When the church building was completed, a gala opening and dedication was held on June 17, 1929. Mrs. Allison writes "the expressions of joy and achievement in the faces of all the congregation as the choir processed up the central aisle singing, The Church's One Foundation.... on that day will never be forgotten."

In 1958 the church was moved to its present location just to the north of Cardston, Alberta and the congregation of St Paul's was amalgamated with the congregation of St. Thomas' Anglican Church, previously located in the town of Cardston. St. Paul's and St. Thomas' Anglican Church continues to be active. Our minister is the Ven. Jacqui Durand, Archdeacon for Indigenous Ministers, with Archdeacon Sidney Black and Rosie Jane Tailfeathers also taking servicesand our ACW is alive and well!

Submitted by Val Jensen



A repeat from last year's newsletter - a message worth repeating ❤️

The Anglican Diocese of Calgary Anglican Church Women are pleased to invite you to
Our **2026** ZOOM Annual Spring Conference and Annual General Meeting

COME AND JOURNEY WITH OUR SAVIOUR –

BEING A PILGRIM  **HOW IT CHANGES YOU**



Friday April 17th, and Saturday April 18th, 2026

Presented on ZOOM

With Guest Speakers, a Pre-Conference Event, time to socialize with friends, Services of Compline and Holy Eucharist, Our AGM ...and much more!!

MORE information to follow including registration!!



Many of us have daily devotion books, receive emails from individuals that we find inspiring and others have phone apps. I have been using the Everyday Faith from the Church of England for some time now and find their devotions inspiring.

The following devotion was one of a six day series that I found rather surprising and quite interesting. I suppose I am not usually thinking about Jesus when I am reading the on line news, checking for messages from my stepkids, friends, and more frequently the medical world, and playing games and doing puzzles. I really appreciated this wake up call about how to deal with social media. And... to be reminded again of God's presence in all aspects of my life.

Respectfully submitted
Margaret Newton

A Devotion from the App **Everyday Faith** from the Church of England

January 29, 2026 – [Everyday Purpose](#) – Part of a Series of devotions entitled Following Jesus in a Digital World

Reading:

Colossians 3, verse 17

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Reflection

Our digital footprint is an unusual thing. Part of it sits in places we never see. Algorithms send content our way and shape what appears on our screens. Much of this sits outside our control. Yet when something appears that pulls us away from our identity in Christ, we face a quiet choice. No one else may notice. The choice still shapes us.

After reflecting on identity in Christ in yesterday's reading, *[Colossians 3, verses 1-3 So if you have been raised with Christ, seek the things that are above, Where Christ is, seated at the right hand of God. Set your mind on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God.]* Paul now shows how this identity directs daily action. He teaches that whatever we do, in word or action, can be offered to Jesus. This includes our digital footprints.

Small choices online become quiet acts of worship. No clicking on an advert for something we do not need. A thoughtful comment. An encouraging message. A prayer before posting. Closing a reel instead of slipping into a long scroll. These simple actions strengthen character and witness. They show a heart anchored in Christ rather than shaped by hurry, pressure, or the pull for attention.

In a world that values speed and noise, a steady presence stands out. When life is rooted in Christ, ordinary actions gain meaning. Jesus meets us in these simple choices and forms us through them.

Response

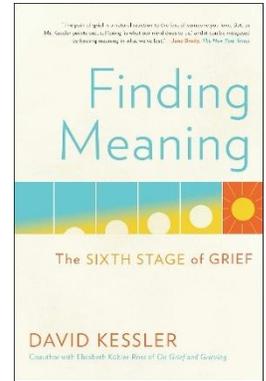
Pause and notice one small online action today. Choose to offer that action to Jesus with gratitude.

Prayer

Lord Jesus, guide my ordinary steps. Shape my words and choices online. Fill my daily actions with gratitude. Help me reflect your presence in quiet and hidden moments today. AMEN

Book Review

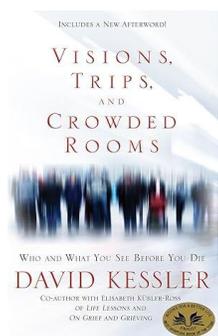
In the fall of 2025, I attended a workshop series on grieving. It was sponsored by The Wheatland Hospice Association to help their volunteers understand the grieving process and how, as they volunteer, they can respond helpfully and sympathetically in end of life situations. The program was based on a book by David Kessler. The book was **Finding Meaning: the sixth stage of Grief**. [2019].



I have read many books on grief and found this one especially helpful. The background to Kessler's book is also fascinating.

Having worked in public libraries most of my life I was certainly familiar with Elisabeth Kubler Ross as the author of the transformative book *On Death and Dying*. Published in 1969 it was the ONLY book available on the topic for many, many years. Decades later, she and David Kessler wrote the classic *On Grief and Grieving*, introducing the five stages of grief.

After many years of personal experience, as well as knowledge and wisdom earned through decades of work with the grieving Kessler introduced a sixth stage of grieving. As Kessler found, many people look for "closure" after a loss. Kessler argued that it's finding meaning beyond the stages of grief most of us are familiar with—denial, anger, bargaining, depression, and acceptance—that can transform grief into a more peaceful and hopeful experience. In "Finding Meaning" Kessler gives readers a roadmap to remembering those who have died with more love than pain; he shows us how to move forward in a way that honors our loved ones. Kessler's insight is both professional and intensely personal. For most of his life, Kessler taught physicians, nurses, counselors, police, and first responders about end of life, trauma, and grief, as well as leading talks and retreats for those experiencing grief. Despite his knowledge, his life was upended by the sudden death of his twenty-one-year-old son.



If I have found a book especially helpful I do look to see if there is anything else the author has written that I might learn more. I was delighted to find that David Kessler had written a book in 2011 entitled **Visions, Trips and Crowded Rooms: Who and What you see before you die.**

I am sure I am not the only one who has had either the experience of their loved one insisting that a dead relative or loved one is in the room with them or, have heard stories of such experiences. I was quite interested and was rather hoping it wasn't too fanciful.

The book contains an introduction to each of three unique shared experiences, followed by testimonials by families, health professionals and religious leaders. What was very interesting to me is that that these experiences are rarely talked about but I found the stories very comforting. These three different types of experiences do challenge our ability to explain and fully understand the mystery of our final days. But for Christians who are used to great mysteries it shouldn't surprise us at all.

The first experience is "visions." As the dying lose sight of this world, some people appear to be looking into the world to come.

The second experience is getting ready for a "trip." The phenomenon of preparing oneself for a journey isn't new or unusual. In fact, during our loved ones' last hours, they may often think of their impending death as a transition or journey. These trips may seem to us to be all about leaving, but for the dying, they may be more about arriving.

Finally, the third experience is "crowded rooms." The dying often talk about seeing a room full of people, as they constantly repeat the word crowded. In the tapestry of life and death, we may

begin to see connections to the past that we missed in life.

And finally a wonderful comfort from Kessler. "While death may look like a loss to the living, the last hours of a dying person may be filled with fullness rather than emptiness."

These two titles are available through your local library using inter library loan.

Review by Margaret Newton.

Archivist Report – submitted by Linda Holt

*From the Archives:
November 2004*

Anglican Church Women have played a major role in shaping our Diocese. "The particular power of a woman rests in her greater recognition of the power of an idea. As women we have achieved an improved status in many ways. We have largely taken that for granted. We have not realised our power as a group." (Dr. Irene Parby- MLA, 1921-1935)

Do you know that we:

- Pray for each other
- Provide generous apportionment and monetary support in pledges to our parish
- Offer "Work Bee" support in cleaning, maintaining and upgrading the church, altar and grounds
- Visit shut-ins regularly
- Commit cash to The Northern Clergy Wives and Families
- Donate to the Primates Fund
- Organize Bazaars, Teas, Bake Sales, Wedding and Funeral Catering, Turkey and Beef Suppers
- Donate to food banks
- Teach Sunday School

A Solution for Preserving Our ACW

Give young women a reason to join ACW. What can we offer? Our skills. We have the pioneer knowledge our grandmothers passed along to us. We can work, side by side with young women to teach these skills. Let us reach out to them.

From the Archives:

Jean Pinkham – *the Founding President of the Women's Auxiliary in Calgary Diocese*

(b. 6 May 1849 in Lower Fort Garry (Man.), m. 29 Dec. 1868 William Cyprian Pinkham (1844–1928) in Upper Fort Garry (Winnipeg), and they had eight children, of whom three boys and four girls survived infancy; d. 1 Feb. 1940 in Calgary.)

Jean Drever Pinkham would call herself a prairie "old timer"; others remembered her as a gifted leader and a "gracious chatelaine." Born to Scottish Presbyterian parents in Lower Fort Garry, she spent almost 91 years in western Canada. Her father, William Drever, was an Orkneyman who worked for the Hudson's Bay Company and



eventually settled in the Red River colony (Man.), where he married in 1843. After leaving the HBC in 1851, he became a successful merchant. His wife, Helen, raised six children in difficult frontier conditions, emphasizing religious faith, British education, generosity, and hospitality. Since there was no Presbyterian church in the settlement, the Drevers attended Church of England services.

Following the sudden death of her mother in 1866, Jean assumed the care of her father, the elder of her two brothers (the younger had died earlier the same year), and her two sisters who remained at home. The family enjoyed good relations with the Plains First Nations, who in the early years were among their few neighbours.

A tall, striking 19-year-old, Jean impressed William Cyprian Pinkham, an energetic and well-educated Anglican missionary from Newfoundland who arrived in September 1868 to serve the diocese of Rupert's Land in St James parish. He received a warm welcome from the Drevers, and married Jean three months later. Throughout their long union Pinkham felt blessed. Jean shared his spiritual faith and embraced the challenges presented by the frontier communities he served. With a strong personality and outstanding leadership ability, she made, as her husband's biographer notes, "the ideal clergyman's wife," one who demonstrated enthusiasm, a social conscience, and remarkable independence.

They moved to Winnipeg where Pinkham was Archdeacon of the Diocese and where their eight children were born. With the death of their first child, Jean became very focused on health care. A passion for community hospitals guided her work as a founding vice-president and later president of the Women's Hospital Aid Society, organized in 1883 to help support the Winnipeg General Hospital. Among her other interests in the late 1880s was the Children's Home of Winnipeg.

From Winnipeg, they moved to Calgary in 1889, a year after Pinkham had received the appointment as Bishop of the Diocese of Calgary. In Calgary, Jean became a valuable community leader and popular hostess. The Church of the Redeemer, which had opened in 1884, grew with the town; in 1889 it was designated the pro-cathedral of the diocese. Jean, who encouraged her daughters to take leadership roles in church work, served as first president of the pro-cathedral's Woman's Auxiliary from 1891 to 1904, and in 1920 she would initiate its Girls' Branch. By that time, she was honorary president of the diocesan WA. Well-known for her excellent cooking, she hosted in her home weddings, dinners, and meetings of church groups such as the Women's Guild and the Mothers' Union (she at different times headed both organizations). She recalled "making fifteen pounds of butter into pies" for a social at the parish hall and carving 12 turkeys for a fund-raising event.

In 1890 she not only headed a women's group that collected money to establish the Calgary General Hospital but also organized the Women's Hospital Aid Society, of which she would be president until 1901, to equip, maintain, and enlarge it. This action had been crystalized when a Chinese man died in Calgary leaving a hundred dollars towards a hospital. In 1897 her eldest daughter died in childbirth, a loss that no doubt propelled her into greater efforts to raise the revenue necessary to build a maternity hospital and nursing home connected to the CGH.



The Cottage Hospital (1890) before the General Hospital built in 1895

Jean supported the bishop's educational plans and was excited when he received permission from his ecclesiastical superiors to create a school for girls in Calgary, the only Protestant girls' school in the territories. From this early beginning in education grew St Hilda's College, opened in 1905, and Bishop Pinkham

College for boys, which took in its first students in 1911.

Her two younger sisters also lived in Calgary: Mary Isabella, who had married James Farquharson Macleod, commissioner of the North-West Mounted Police, and Christina Helen, the wife of John Pascoe Jeremy Jephson, a prominent lawyer. Elder sister Margaret had married the Anglican

missionary John Alexander Mackay and resided in Saskatchewan. When Colonel Macleod died suddenly, she took in her sister Mary and her five children for a while, selling her diamond ring to meet the extra expense.

As time went by, her associational commitments grew to include national organizations. When Lady Aberdeen visited Calgary in 1894, she enlisted Jean and her close friend Isabella Clark Lougheed to assist in inaugurating a local branch of the National Council of Women of Canada. Founded the following year, it was short-lived but would be resuscitated in 1912 through the efforts of Henrietta Louise Muir Edwards. In 1909 both Jean and Belle Lougheed were also involved in establishing a chapter of the Victorian Order of Nurses for Canada, another of Lady Aberdeen's initiatives, and that same year Jean was made first regent, and Belle first vice-regent, of the Colonel Macleod Chapter of the Imperial Order Daughters of the Empire. In 1911 Jean became a charter member of the Calgary Women's Canadian Club as well. During World War I she helped create the Alberta branch of the Canadian Red Cross Society in 1914 and acted as the province's vice-president on the Canadian Serbian Relief Committee, receiving for this service Serbia's Order of St Sava, 3rd class, and its Cross of Mercy. Sadly, her youngest son, Captain Ernest Frederick John Vernon Pinkham, was killed at the battle of the Somme in 1916 while serving with the Canadian Expeditionary Force.

Throughout their long lives Jean and her husband acquired many honours, such as an invitation to attend the coronation of King George V and Queen Mary in 1911. Arriving in London just before the ceremony, Jean had little time to buy a suitable outfit or make a booking with a hairdresser. Ever the resourceful pioneer woman, she altered a new dress using safety pins and personally arranged her hair.

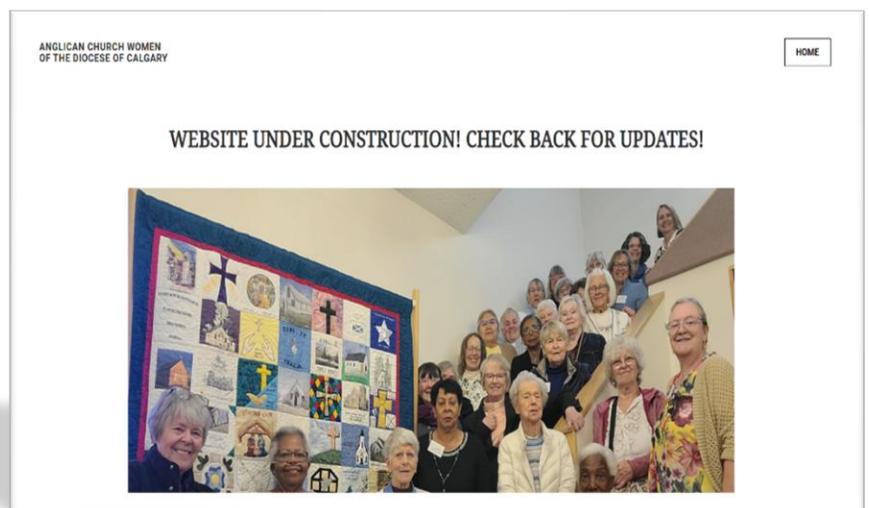
A biblical verse on Jean and Cyprian's Calgary gravestone echoes the theme of practical charity: "And I heard a voice from Heaven saying unto me write, Blessed are the dead which die in the Lord from Henceforth: yea, saith the spirit, that they may rest from their labours and their works do follow them."

Anglican Church Women Website



suggestions or contributions that you would like to submit please email them to Linda Anderson at lrbm.anderson@shaw.ca.

The Anglican Church Women of the Diocese of Calgary website remains [under re-construction](#) and will hopefully return over the coming year with its new layout and lots of information. Please bear with us as it is a work in progress that requires many hours of our volunteers time! If you have any



Welcome to the ANGLICAN WOMEN, DIOCESE OF CALGARY Facebook Page.

Send any information, pictures, news articles or inspirational memos that you would like to share across Facebook. I am always looking for items of interest to post. Please contact Margaret Newton- margmoore49@gmail.com

You can search in Facebook for **Anglican Women, Diocese of Calgary** (don't forget the comma!) and "follow" our page. By liking our page it boosts our visibility in Facebook.

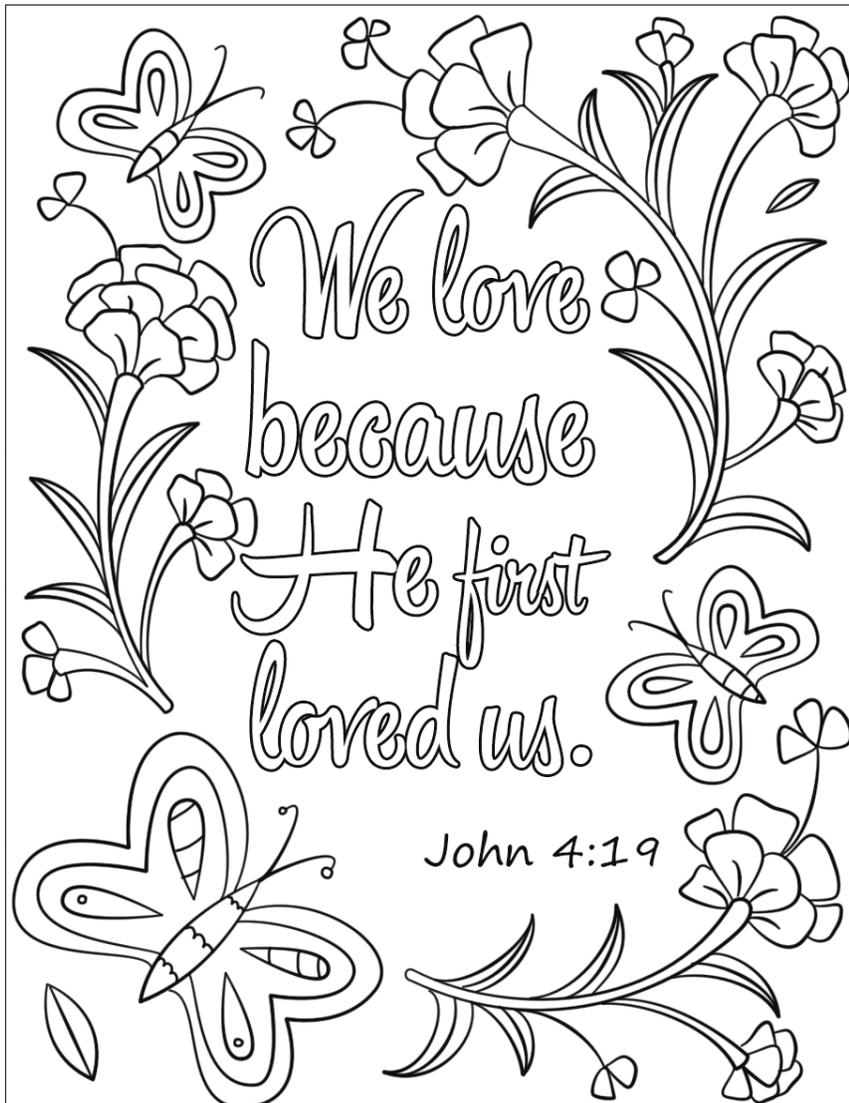
PLEASE LIKE US 



Anglican Women, Diocese of Calgary

Purpose

To unite all women of the Diocese in a fellowship of worship, learning and service which will deepen their personal relationship with Jesus Christ,



A.C.W. BOARD OF THE CALGARY DIOCESE 2025

email: dioceseofcalgaryacw@gmail.com

Facebook: Anglican Women, Diocese of Calgary

Patrons: Archbishop, The Most Rev. Greg Kerr-Wilson & Mrs. Vicki Kerr-Wilson

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