

GOD'S INVITATION

5 Be Transformed



On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

February 15, 2026

The Last Sunday after the Epiphany



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

Today, as part of our **Year of Invitation**, we conclude our sermon series, **God's Invitation**. God is inviting us to **Be Transformed** into the image and likeness of Jesus Christ: to shine as listeners and ministers of healing in the valleys of the world.

The altar flowers this week are given by **Maryellen Gallo** to the glory of God and in loving memory of her parents, brother, and nephew—Irene, Mike, Gordon, and Frank Gallo. They are deeply missed and forever loved.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Exodus 24:12-18 Moses experiences a theophany, the presence of God in the midst of a cloud and receives the commandments.

2 Peter 1:16-21 The writer ascribes authorship to Peter and affirms the gospel account of Jesus along with the expectation of his second coming.

Matthew 17:1-9 Jesus took Peter, James, and John his brother, led them up on a high mountain by themselves; and He was transfigured before them. The whole phenomenon of the transfiguration was an affirmation of Jesus as the Messiah.

Junior Church

Children will gather after the opening songs for a commissioning and then return for communion. All of our staff and volunteers have had a criminal record check and have been approved for ministry with vulnerable people. **Teens** that are interested in volunteering as a helper or in any Sunday service ministry role all are welcome to reach out to Pastor Sarah.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: February 22

Lent 1 followed by the Annual General Meeting

Genesis 2:15-17, 3:1-7; Psalm 32; Romans 5:12-19; Matthew 4:1-11

The Reverend David Taylor preaches.

This Wednesday

Ash Wednesday, 10am and 7pm



the Gathering of the Community

The grace of our Lord Jesus Christ and the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

Almighty God,
to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Common Praise 505

**Be thou my vision, O Lord of my heart;
naught be all else to me,
save that thou art-
thou my best thought,
by day or by night,
waking or sleeping,
thy presence my light.**

**Be thou my wisdom,
and thou my true Word;
I ever with thee and thou with me, Lord;
thou my great Father;
thine own may I be,
thou in me dwelling;
and I one with thee.**

**Riches I heed not,
nor the world's empty praise;
thou mine inheritance, now and always:
thou and thou only, first in my heart,
high King of heaven,
my treasure thou art.**

Open The Eyes Of My Heart

Paul Baloche

**Open the eyes of my heart, Lord,
open the eyes of my heart;
I want to see you, I want to see you.**

*To see you high and lifted up,
shining in the light of your glory.
Pour out your power and love;
as we sing holy, holy, holy.*

**Holy, holy, holy,
I want to see you.**

Common Praise 505

**High King of heaven,
when victory is won,
may I reach heaven's joys,
bright heaven's Sun!
Heart of my own heart,
whatever befall,
still be my vision, O Ruler of all.**

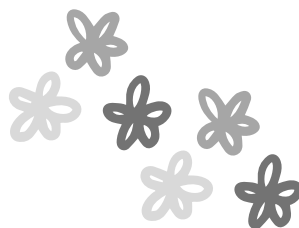
Compassionate God,

you transfigured your Son, Jesus Christ, before the eyes of your chosen witnesses and they were overcome by fear. Transfigure us so that we may turn from fear to love and reveal your compassion for all humanity; through Jesus Christ, the beloved. Amen.

Commissioning of the Children

*We have a wonderful program for your child this morning. They will return for Communion.
Please note that all our children's workers have had a criminal record check
and are approved by the Diocese of New Westminster to work with vulnerable people.*

The peace of the Lord be always with you.
And also with you!



the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Book of Exodus (24:12-18).

Listen for God's Word.

Our hearts are open.

The First Song of Isaiah

Carl P. Daw, Jr.

***Surely it is God who saves me,
I will trust in him and not be afraid.
For the Lord is my stronghold
and my sure defense,
and he will be my Saviour.***

The choir sings the verses.

Therefore you shall draw water with rejoicing
from the springs of salvation.

And on that day you shall say,
give thanks to the Lord,
and call upon his Name.

Make his deeds known among the peoples;
see that they remember that his name is exalted.
Sing the praises of the Lord,
for he has done great things,
and this is known in all the world.

Cry aloud, inhabitants of Zion,
ring out your joy,
for the great one in the midst of you
is the Holy One of Israel.

The Second Letter of Peter (1:16-21).

Listen for God's Word.

Our hearts are open.

Alleluia

Jerry Sinclair

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel
of our Lord Jesus Christ
according to Matthew.

**Glory to you,
Lord Jesus Christ**

Matthew 17:1-9

The Gospel of Christ.

**Praise to you,
Lord Jesus Christ.**

Sermon

Sermon Notes



The Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord; who was conceived by the power of the Holy Spirit and born of the Virgin Mary; who suffered under Pontius Pilate, was crucified, died, and was buried; who descended to the dead; who, on the third day, rose again; who ascended into heaven, and is seated at the right hand of the Father; who will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

Please be seated as we gather our offering to present to God. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. Today we use a Eucharistic Prayer 2 in the Book of Alternative Services, page 196.

Majesty
Jack Hayford

**Majesty, worship his majesty.
Unto Jesus be all glory, power and praise.
Majesty, kingdom authority
flow from his throne unto his own,
his anthem raise.**

**So, exalt, lift up on high
the name of Jesus.
Magnify, come glorify
Christ Jesus, the King.**

**Majesty, worship his majesty.
Jesus, who died, now glorified,
King of all kings.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The priest continues in prayer.

Holy Holy Holy Lord

Peter Scholtes

**Holy, holy, holy Lord,
God of pow'r and might.
Heaven and earth are filled
with your glory.**

Hosanna, hosanna, In the highest.

**Blessed is the one who comes
in God's holy name.
Hosanna in the highest.**

The priest continues in prayer.

The Lord's Prayer

the Right Reverend Gordon Light

**Our Father in heaven, hallowed be your
name, your kingdom come, your will be
done, on earth as in heaven. Give us
today our daily bread. Forgive us our
sins as we forgive those who sin
against us. Save us from the time of
trial, and deliver us from evil. For the
kingdom, the power, and the glory are
yours, now and for ever. Amen.**

We break this bread
to share in the body of Christ.

**We, being many, are one body,
for we all share in the one bread.**

The gifts of God for the Children of God.
Thanks be to God.

All are invited to receive Communion.

*If you would like to learn more about baptism, please connect with the minister.
Prayer for healing is offered during communion on the right side of the sanctuary.*

Change My Heart, O God

Eddie Espinosa

**Change my heart, oh God,
make it ever true;
change my heart, oh God,
may I be like you.**

**You are the potter, I am the clay;
mould me and make me,
this is what I pray.**

Refiners Fire

Brian Doerksen

**Purify my heart,
let me be as gold
and precious silver.
Purify my heart,
let me be as gold,
pure gold.**

Refiner's fire:

*my heart's one desire,
is to be holy,
set apart for you, Lord.
I choose to be holy,
set apart for you, my Master;
ready to do your will.*

**Purify my heart,
cleanse me from within
and make me holy.
Purify my heart,
cleanse me from my sin,
deep within.**

Common Praise 619

**Fairest Lord Jesus,
ruler of all nature,
O thou the Godhead's human son:
thee will I cherish, thee will I honour,
thou my soul's glory, joy, and crown.**

**Fair are the meadows,
fairer still the woodlands,
robed in the blooming garb of spring;
Jesus is fairer, Jesus is purer,
who makes the troubled heart to sing.**

**Fair is the sunshine,
fairer still the moonlight,
and fair the twinkling, starry host;
Jesus shines brighter,
Jesus shines purer,
than all the angels heaven can boast.**

**All fairest beauty
heavenly and earthly,
wondrously, Jesus, is found in thee;
none can be nearer, fairer or dearer,
than thou, my Saviour, art to me.**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.**

Blessing

Common Praise 460

**Lord, the light of your love is shining,
in the midst of the darkness shining;
Jesus, Light of the world shine upon us;
set us free by the truth you now bring us,
shine on me, shine on me.**

***Shine, Jesus, shine;
fill this land with the Father's glory;
blaze, Spirit, blaze;
set our hearts on fire.
Flow, river, flow:
flood the nations with grace and mercy;
send forth your word,
Lord, and let there be light.***

**Lord, I come to your awesome presence,
from the shadows into your radiance;
by the blood I may enter your brightness,
search me, try me,
consume all my darkness,
shine on me, shine on me.**

**As we gaze on your kingly brightness
so our faces display your likeness;
ever changing from glory to glory,
mirrored here may our lives tell your story,
shine on me, shine on me.**

**Go in peace to live the gospel,
extending God's invitation to all.
Thanks be to God.**

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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark – Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made
by **cash** or **cheque**
(made out to the Parish of St. Mark – Ocean Park),
by **Pre-Authorized Debit** (PAD),

at the **Electronic Donation Station** (EDS) in the foyer (please ask the usher for assistance),
by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website.

If you would like donation **envelopes**, please connect with the office.

All donations will receive a tax-receipt in February of the following year.



The Pulse

Children Youth & Family Ministry

Did you know?!

The youth are away this long weekend on a youth Winter Retreat!

On Our Winter Retreat we will be growing in our walk with Jesus, through fellowship, creativity and faithful conversation.

Stay tuned for updates from our youth about their experience!

**Sunday Junior Church Program
Come and explore the Gospel with us!**

Group 1: Grades K to 7

Group 2: Grades 8-12

A sensory space is available for all those who would like to use it.

Youth Group Fridays

Grades 8 - 12, 7 - 9 pm

All are welcome!

email yministryrsvp@gmail.com with any inquiries.



The Lunch Basket is given this week by **Jef and Shannon Poulsen** to the Glory of God and in gratitude for the February birthdays of four family members "



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynnehl@telus.net. She will share your request with a community of faithful intercessors!

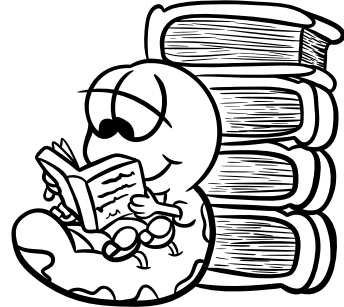
To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michaele@klaverrealtor.ca, or contact the office.

Library News

Prayers from the Parking Lot: 50 Short Reflections

by Mary Carver

Prayers from the Parking Lot meets you where you are--overscheduled and overwhelmed. If you're looking for understanding and encouragement as you navigate your busy days, this little book will yield big results.



News & Events

This week at the Parish

Monday	Office closed--Family Day
Tuesday	Guild meeting 2pm Shrove Tuesday Pancake Dinner 5:30 pm
Wednesday	Holy Communion, 10 am Saavy Seniors 1pm Ash Wednesday Service 7pm
Thursday	Contemplative Prayer 7 pm Choir Practice 7:30 pm
Friday	Sr. Youth Group 7:00 pm

Souper Sunday is TODAY!!!

Your Community Outreach Ministry is back in the kitchen! COUNTRY CHICKEN VEGETABLE is the soup for the month \$10.00 per Litre and \$5.00 ½ Litre. All the funds raised will go to the Community Outreach Ministry.



"Caregivers" Group

Sunday, February 15th

After the Sunday Service

There will be a meeting for anyone who identifies as a "caregiver" (someone who supports an ill relative or a dependent family member) in the Family Room after Church after the 10am service on February 15th.

If you can't make it and want to be involved, please email father dara at fatherdarajoy@gmail.com

Shrove Tuesday Pancake Supper Tuesday, February 17th, 5:30

Start the Lenten season right with a Mardis Gras of pancakes, sausages and all the fixings. Children under 5 eat free.

Ash Wednesday, February 18th, 10am and 7pm

Living a Healthy Life with Chronic Pain

**Thursdays, February 19 - March 26,
1:00 - 3:30 PM**

St. Mark's - Family Room
All are welcome to this free workshop series. For more information, please contact Barb Grantham.

Coldest Night of the Year Saturday, February 28th, 4pm Memorial Park, White Rock Beach

Register, fundraise, and walk 2 km or 5 km with the St. Mark's Walkers team for the 17th Annual Sources Community Coldest Night of the Year.

Coldest Night of the Year is a winterrific, family-friendly fundraising walk supporting people experiencing hurt, hunger, and homelessness.

Sign up to walk and/or fundraise at en.cnoy.org/home.

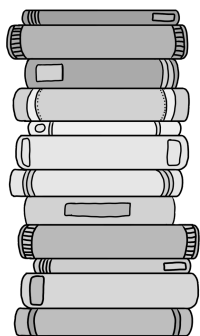


ATTENTION

To the members of the Parish of St. Mark – Ocean Park,
You are invited to the
Annual General Meeting (Vestry)
on **Sunday, February 22nd**
following the 10am Service

At this meeting we will
Receive the ministry and financial reports of 2025,
Elect members to Parish Council
and the Board of Trustees, and
Approve the budget for 2026.

All people 15 years or older who have attended the parish of St. Mark – Ocean Park and whose names are written on our roll for the last 3 months are members of Vestry. All persons 16 years or older who in the past 12 months have provided an identifiable commitment of time, talents or financial resources to the parish or who been in receipt of the ministrations of the Parish because of illness or other incapacity shall have the right to vote.



Lent/Easter Book Study with Father Dara

Thursdays at 6pm beginning March 12, ending April 16

The Mystics Would Like a Word:

Six Women Who Met God and Found a Spirituality for Today

Journey with Teresa of Ávila, Margery Kempe, Hildegard of Bingen, Julian of Norwich, Catherine of Siena, and Thérèse of Lisieux into the story of the Church and into a Christian spirituality that speaks into today's unique experiences, leading us to wholeness, healing, and spiritual vitality.

Be inspired this Lent!



Go to STMARKBC.ORG and click on the Weekly Video & Guide Button for this week's video.



Developing a Spirituality of Invitation

How to Invite Someone to Be Transformed

Just as with living in the Spirit, it is not we who invite people to be transformed, but God. Nevertheless, God empowers us to be agents of transformation in the world. As St. Irenaeus writes in *Against Heresies*, *"Human beings are the means by which God's purposes are brought to completion in creation."* God is transforming the world, and in grace God invites us to be participants in that work. So, if this is true, how do we participate with God in the world's transformation? Here's an idea:

1

Watch & Pray

Everything we do is in response to the work of God. So we must learn to watch where God is working in people's hearts and join him. If we fail to watch, we might begin to think that we are the Saviours of the world, not God. This will burn us out.

2

Be Ready to Respond

When you notice God doing something in someone's life, be ready!

Maybe someone will tell you one day, "I have been thinking I need to start praying again." If they do, it's a sign Jesus is knocking on the door of their heart so tell them that you will pray with them!

Maybe someone will infer that they want to make a change in their life, but don't know where to start. If they do, it's a sign Jesus is trying to transform them. Invite them to a church service, start a prayer group or a Bible study (watch the *Insire* series on the St.Mark's Youtube!).

Be ready to respond, because God wants to transform people's hearts!

Daily Bible Readings

Monday John 18:15-18, 25-27 Wednesday Luke 18:9-14
Tuesday John 18:28-38 Thursday John 17:1-8

Friday John 17:9-19
Saturday John 17:20-26



the Parish of St. Mark - Ocean Park

STMARKBC.ORG

Office Hours:

Monday, Wednesday, Thursday, Friday, 9am to 2pm

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