

A JOURNEY BEYOND SUNDAY

5 Day Devotional

LIFE CHANGES WHEN GOD SHOWS UP

THIS FIVE-DAY DEVOTIONAL FOLLOWS THE HEARTBEAT OF ACTS 2:42-47 AND THE SERMON THEME: LIFE CHANGES WHEN GOD SHOWS UP. EACH DAY WILL INVITE YOU TO MOVE FROM INSPIRATION TO FORMATION—LETTING THE SPIRIT SHAPE YOUR FAITH, YOUR COMMUNITY, AND YOUR WITNESS. COME EXPECTING NOT JUST NEW INFORMATION, BUT A DEEPER SURRENDER TO GOD'S PRESENCE AND PURPOSE.

FEBRUARY 8, 2026

Preface: A Journey Beyond Sunday

Thank you for choosing to continue the journey beyond Sunday.

Each week, God speaks to our church through the preached Word, and often what is planted in a single sermon is meant to grow through daily reflection, prayer, and obedience. This 5-day devotional has been prayerfully created from Pastor Phillip Polk's most recent Sunday message to help you revisit, reflect, and respond to what God is saying in this season.

Our hope is that this devotional serves as more than a reading plan—it is a tool for spiritual growth. These daily moments are designed to help you slow down, listen closely, and allow the truth of God's Word to take deeper root in your heart and life. As you engage each day, we encourage you to invite the Holy Spirit to reveal how the message applies personally to you and how it might shape your walk with Christ.

This devotional also helps us remain connected as a church family, unified around the vision God has entrusted to Pastor Polk and the direction the Lord is leading our church. While God speaks uniquely to each of us, there is power in journeying together—anchored in the same Word, moving forward with shared faith and purpose.

As you begin, come with an open heart. Read prayerfully. Reflect honestly. And trust that God is still speaking—guiding, refining, and strengthening you day by day.

May this week draw you closer to Him and deepen your connection to what God is doing among us.



**READ
ROMANS 14:23**

Day 1

LIFE CHANGES WHEN GOD SHOWS UP

Faith isn't a religious accessory—it's the doorway into everything God calls us to be and do. In the sermon, the reminder was clear: we aren't saved without faith, we don't pray with confidence without faith, and we can't step into God's vision while leaning on pressure, hype, or fear. God invites His people to trust Him with sincerity, not perform spirituality to impress others or manipulate outcomes.

A Spirit-filled life begins with honest dependence: not "by might, nor by power," but by His Spirit working through surrendered believers. Faith grows when you decide that obedience matters more than outcomes, and trust matters more than what you can control. Today is about letting God search your heart—so your actions, prayers, and choices come from faith rather than obligation or anxiety.

WHERE HAVE I BEEN TRYING TO "MAKE THINGS HAPPEN" IN MY OWN STRENGTH INSTEAD OF TRUSTING GOD'S SPIRIT?

WHAT IS ONE AREA OF MY LIFE WHERE I FEEL PRESSURE TO PERFORM SPIRITUALLY RATHER THAN RELATE TO GOD HONESTLY?

HOW CAN I TAKE ONE STEP OF OBEDIENCE TODAY EVEN IF I CAN'T GUARANTEE THE OUTCOME?

WHEN I PRAY, DO I APPROACH GOD WITH SINCERE FAITH OR WITH A SENSE OF DUTY? WHAT WOULD CHANGE IF I PRAYED WITH CHILDLIKE TRUST?

WRITE A SIMPLE FAITH STATEMENT FOR THIS WEEK (E.G., "LORD, I WILL TRUST YOU WITH ___ EVEN IF ___").



**READ
ACTS 2:42**

Day 2

LIFE CHANGES WHEN GOD SHOWS UP

When God shows up, He doesn't just stir a crowd—He forms a people. Acts 2:42 describes the early believers devoting themselves to teaching, fellowship, breaking bread, and prayer. The sermon highlighted that Spirit-filled church isn't merely about numbers or excitement; it's about a community shaped by truth, shared life, and spiritual devotion that holds steady whether it's large or small.

Devotion is different from attendance. Devotion means you build your life around what God is building in you. Teaching anchors you in the Word so you're not driven by trends. Prayer keeps you connected to the Spirit so you're not running on empty. When these become priorities, faith becomes steady and your life begins to reflect the presence of God in everyday rhythms.

WHICH OF THE FOUR DEVOTIONS IN ACTS 2:42 (TEACHING, FELLOWSHIP, BREAKING BREAD, PRAYER) IS WEAKEST IN MY LIFE RIGHT NOW?

WHAT SPECIFIC TIME AND PLACE CAN I SET THIS WEEK TO BE CONSISTENT IN THE WORD AND PRAYER?

WHAT IS ONE TRUTH FROM SCRIPTURE I NEED TO "DEVOTE MYSELF" TO INSTEAD OF JUST AGREEING WITH?

HOW MIGHT MY SPIRITUAL LIFE CHANGE IF I TREATED DEVOTION AS FORMATION, NOT OBLIGATION?

WHO CAN I ASK TO CHECK IN WITH ME THIS WEEK ABOUT ONE DEVOTIONAL HABIT I'M TRYING TO BUILD?



**READ
JOHN 1:7**

Day 3

LIFE CHANGES WHEN GOD SHOWS UP

The sermon emphasized that biblical fellowship (koinonia) is deeper than casual conversation—it’s shared spiritual life. Real fellowship creates belonging, mutual support, and collective action. When God shows up, He knits people together, not as consumers of a service, but as family who walk in the light with one another.

Koinonia requires honesty and intention. It means you’re known, not just seen. It means you bring your faith into relationships and your relationships into your faith—praying for each other, carrying burdens, and choosing unity. A Spirit-filled church becomes strong not because everyone is perfect, but because people keep stepping into the light and choosing love over isolation.

DO I TEND TO ISOLATE WHEN I STRUGGLE, OR INVITE TRUSTED BELIEVERS INTO THE REALITY OF MY LIFE?

WHO IS ONE PERSON I CAN PURSUE DEEPER FELLOWSHIP WITH—BEYOND SURFACE-LEVEL CONVERSATION?

WHAT BURDEN (MINE OR SOMEONE ELSE’S) CAN I HELP CARRY THIS WEEK IN A PRACTICAL WAY?

IS THERE ANY RELATIONSHIP IN THE CHURCH WHERE I NEED TO PURSUE RECONCILIATION, CLARITY, OR FORGIVENESS?

WHAT DOES “WALKING IN THE LIGHT” LOOK LIKE FOR ME TODAY (ONE SPECIFIC HONEST STEP)?



**READ
PSALM 34:1**

Day 4

LIFE CHANGES WHEN GOD SHOWS UP

A Spirit-filled community is marked by worship and joy that don't depend on perfect circumstances. The sermon reminded us of David's pattern: he poured out confusion and pain, yet returned to praise—"yet I will praise Him." This kind of worship is not denial; it's decision. It's choosing God's character as your anchor when life feels unsteady.

Joy and favor grow where praise becomes a practice. Like a light bulb that doesn't boast about its brightness, a believer doesn't have to advertise spirituality—God's presence becomes evident through a life that consistently turns toward Him. Today is about letting worship reshape your perspective so your faith remains sincere, steady, and contagious to others.

WHAT CIRCUMSTANCE HAS BEEN PULLING MY FOCUS AWAY FROM PRAISING GOD LATELY? NAME IT HONESTLY.

WHAT IS ONE ATTRIBUTE OF GOD (FAITHFULNESS, POWER, COMPASSION, HOLINESS) I CAN PRAISE HIM FOR TODAY?

HOW CAN I BUILD A SMALL RHYTHM OF WORSHIP INTO MY DAY (MUSIC, SPOKEN PRAISE, THANKSGIVING, SCRIPTURE)?

WHEN I'M DISAPPOINTED, DO I WITHDRAW FROM GOD OR TURN TOWARD HIM? WHAT WOULD "YET I WILL PRAISE" LOOK LIKE TODAY?

WRITE A BRIEF PRAYER OF PRAISE THAT INCLUDES BOTH HONESTY ABOUT YOUR STRUGGLE AND CONFIDENCE IN GOD'S GOODNESS.



**READ
ACTS 1:8**

Day 5

LIFE CHANGES WHEN GOD SHOWS UP

When God shows up, the result isn't only personal renewal—it's outward witness. In the sermon, the challenge was simple and practical: you may not know all the right words, but you can share your story. The Spirit empowers ordinary believers to speak about what Jesus has done, and God uses that testimony to reach people you may never be able to persuade through arguments alone.

A Spirit-filled church grows in more than attendance—it grows in impact. Acts describes a community with joy, generosity, goodwill, and daily additions, but the engine behind it was Spirit-empowered witness flowing from real life change. Today is about aligning your heart with God's mission: trusting that your story, your faith, and your availability can become a doorway for someone else to encounter Jesus.

WHAT IS MY STORY IN ONE OR TWO SENTENCES ABOUT HOW GOD HAS WORKED IN MY LIFE? WRITE IT OUT.

WHO IS ONE PERSON IN MY LIFE THAT NEEDS HOPE RIGHT NOW, AND HOW CAN I PRAY FOR THEM SPECIFICALLY?

WHAT IS ONE SIMPLE NEXT STEP TO SHARE MY STORY THIS WEEK (A TEXT, COFFEE INVITE, TESTIMONY, INVITATION TO CHURCH)?

WHAT FEAR OR INSECURITY KEEPS ME FROM SPEAKING UP, AND WHAT PROMISE FROM GOD CAN I HOLD ONTO INSTEAD?

HOW CAN I PARTICIPATE IN THE CHURCH'S VISION THIS YEAR THROUGH FAITH, SERVICE, GENEROSITY, OR ENCOURAGEMENT—ONE CONCRETE ACTION THIS WEEK?

