



Anglican Parish of Central Saanich
St. Mary Church St. Stephen Church
Faith - Family - Friendship



ANGLICAN DIOCESE OF BRITISH COLUMBIA

**Welcome To
PARISH OF CENTRAL SAANICH
At St. Mary Church**



FEBRUARY 15, 2026 - TRANSFIGURATION

We acknowledge that we gather to worship on the traditional lands of the WSÁNEĆ and Coast Salish peoples

St. Mary's Service:

Sunday Service: 9:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

Associated Clergy: Bishop Logan McMenamie

The Ven. Bob Baillie

The Rev. Dr. Brett Cane

The Rev. Paul Schumacher,

The Rev. Gil Shoesmith, deacon

HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (*V. I. Liturgy*)

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome & Land Acknowledgement

Gathering Song: Joyful, Joyful, We Adore Thee (CP #425)

**Joyful, joyful, we adore Thee,
God of glory, Lord of love;
Hearts unfold like flow'rs before Thee,
Op'ning to the sun above.
Melt the clouds of sin and sadness;
Drive the dark of doubt away;
Giver of immortal gladness,
Fill us with the light of day!**

**All Thy works with joy surround Thee,
Earth and heav'n reflect Thy rays,
Stars and angels sing around Thee,
Center of unbroken praise.
Field and forest, vale and mountain,
Flow'ry meadow, flashing sea,
Chanting bird and flowing fountain
Call us to rejoice in Thee.**

**Thou art giving and forgiving,
Ever blessing, ever blest,
Wellspring of the joy of living,
Ocean depth of happy rest!
Thou our Father, and our Mother,
All who live in love are Thine;
Teach us how to love each other,
Lift us to the joy divine.**

The Gathering of the Community

Lon: In this time and place we gather on the ancestral lands of the WSÁNEĆ and Coast Salish Peoples.

All: **From many places and Peoples we come to this house in prayer.**

Richard: In this time and place we are not alone for we meet in the presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus stands in our midst.

All: The Risen Jesus stands in our midst.

Richard: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Richard: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit. Amen.

Glory to God on High CP (#365)

**Glory to God on high,
and peace to all on earth.**

**We worship you, we give you thanks,
our heavenly King.**

**We give you praise,
almighty God and Father blessed
in glory bright.**

**Our Saviour, Jesus Christ,
the Father's only son,
The sacrificial Lamb,
who saves the world from sin,
have mercy Lord.
Beside the Father's hand enthroned,
now hear our prayer.**

**You only are the Lord.
You only are most high.
You only are the holy one,
Lord Jesus Christ.
And now you reign
with Father and with Spirit one
in glorious light.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (*Silence*)

The Prayer of the Day: Almighty God, **on the holy mount you revealed to chosen witnesses your well-beloved Son, wonderfully transfigured: mercifully deliver us from the darkness of this world, and change us into his likeness from glory to glory; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

The Readings

A Reading from the Book of Exodus – *Jan Bergink*

Exodus 24:12-18

¹² The LORD said to Moses, “Come up to me on the mountain and wait there; I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.” ¹³ So Moses set out with his assistant Joshua, and Moses went up onto the mountain of God. ¹⁴ To the elders he had said, “Wait here for us, until we come back to you. Look, Aaron and Hur are with you; whoever has a dispute may go to them.”

¹⁵ Then Moses went up on the mountain, and the cloud covered the mountain. ¹⁶ The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. ¹⁷ Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the Israelites. ¹⁸ Moses entered the cloud and went up on the mountain. Moses was on the mountain for forty days and forty nights.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 99 – *Marcia McMenamie*

1 The Lord is king; let the people tremble; * **he is enthroned upon the Cherubim; let the earth shake.**

2 The Lord is great in Zion; * **he is high above all peoples.**

3 Let them confess his name, which is great and awesome; * **he is the Holy One.**

4 “O mighty King, lover of justice, you have established equity; * **you have executed justice and righteousness in Jacob.”**

5 Proclaim the greatness of the Lord our God and fall down before his footstool; * **he is the Holy One.**

6 Moses and Aaron among his priests, and Samuel among those who call upon his name, * **they called upon the Lord, and he answered them.**

7 He spoke to them out of the pillar of cloud; * **they kept his testimonies and the decree that he gave them.**

8 “O Lord our God, you answered them indeed; * **you were a God who forgave them, yet punished them for their evil deeds.**”

9 Proclaim the greatness of the Lord our God and worship him upon his holy hill; * **for the Lord our God is the Holy One.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

A reading from 2nd Letter to Peter – *Don Campbell*

2 Peter 1:16-21

¹⁶ For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. ¹⁷ For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, “This is my Son, my Beloved, with whom I am well pleased.” ¹⁸ We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

¹⁹ So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. ²⁰ First of all you must understand this, that no prophecy of scripture is a matter of one’s own interpretation, ²¹ because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Ancient Words*

**Holy words long preserved
For our walk in this world;
They resound with God’s own heart
O Let the ancient words impart.**

**Words of life, words of hope,
Give us strength, help us cope;
In this world, where’er we roam
Ancient words will guide us home.**

Chorus:

*Ancient words, ever true
Changing me, changing you;
We have come with open hearts,
O let the ancient words impart*

**Holy words of our faith,
Handed down to this age;
Came to us through sacrifice
O, heed the faithful words of Christ.**

**Holy words long preserved
For our walk in this world;
They resound with God's own heart
O let the ancient words impart**

Chorus:

*Ancient words, ever true
Changing me, changing you;
We have come with open hearts,
O let the ancient words impart*

Richard: God be with you.

People: **And also with you.**

Richard: The Holy Gospel of our Lord Jesus Christ according to Matthew

People: **Glory to you, Lord Jesus Christ.**

Gospel Acclamation: *Alleluia (CP #715 – refrain)*

Alleluia, alleluia!

Alleluia, alleluia!

Matthew 17:1-9

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves.² And he was transfigured before them, and his face shone like the sun, and his clothes became bright as light.³ Suddenly there appeared to them Moses and Elijah, talking with him.⁴ Then Peter said to Jesus, “Lord, it is good for us to be here; if you wish, I will set up three tents here, one for you, one for Moses, and one for Elijah.”⁵ While he was still speaking, suddenly a bright cloud overshadowed them, and a voice from the cloud said, “This is my Son, the Beloved; with him I am well pleased; listen to him!”⁶ When the disciples heard this, they fell to the ground and were overcome by fear.⁷ But Jesus came and touched them, saying, “Get up and do not be afraid.”⁸ And when they raised their eyes, they saw no one except Jesus himself alone.

⁹ As they were coming down the mountain, Jesus ordered them, “Tell no one about the vision until after the Son of Man has been raised from the dead.”

Richard: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

Gospel Acclamation: *Alleluia* (CP #715 – *refrain*)

Alleluia, alleluia!

Alleluia, alleluia!

Sermon – The Ven. Dr. Lon Towstego

Anthem: ***Surely the Presence of the Lord is in this Place***

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: **I believe in God, the Father almighty, creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People - *Richard Routledge*

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: **We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

*The members of the community offer a sign of peace to one another in a manner that feels safe for you.
Please be sensitive to the comfort level of others.*

Offertory: *Lord of All Hopefulness* (CP #506)

**Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares could destroy:
Be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.**

**Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe,
be there at our labours and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.**

**Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.**

**Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm:
Be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.**

Prayer over the Gifts: Holy God, receive all we offer you this day, and bring us to that radiant glory which we see in the transfigured face of Jesus Christ our Lord. **Amen.**

THE SACRED MEAL IS SHARED *(Eucharist Prayer C)*

Presider: God is here

People: The Spirit is with us.

Presider: Lift up your hearts and minds.

People: We lift them to God.

Presider: Let us give thanks to God the Creator.

People: It is right to give our thanks and praise.

Presider: It is indeed right that we should praise you, God of love, our source and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is manifest in land and sea and sky. You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation. As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation.

Having lived among us - Jesus suffered the cross, Died, And in rising again became the firstborn of the renewed family. And so as we gather around your table, With saints of every age and your beloved creation we raise our voices and sing:

Sanctus & Benedictus (Kingsfold)

**O holy, holy holy God,
O God of time and space
All earth and sea and sky above
bear witness to your grace
Hosanna in the highest heave'n
creation sings your praise
And blessed is the One who comes
and bears your name always**

Presider: To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me. After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my blood of the new covenant, Poured out for you and for many; do this to remember me.

Great is the mystery of faith.

All:
**Christ has died,
Christ is risen,
Christ will come again.**

Presider: Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son.

When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world.

Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

Presider: As our Saviour taught us, let us pray, singing:

The Lord's Prayer (*sung*) - *Gordon Light*

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: **We, being many, are one body, for we all share in the one bread.**

Presider: The Gifts of God for the People of God

All: **Thanks be to God.**

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.
Gluten-free bread is available upon request.*

Communion: *Jesus, the Joy of Loving Hearts* (CP #70)

**Jesus, Thou Joy of loving hearts,
True source of life, our lives sustain,
From the best bliss that earth imparts,
We turn unfulled to You again.**

**Your truth unchanged has ever stood;
You rescue those who on You call;
To those yet seeking, you are good,
To those who find you, all in all!**

**We taste of you the living Bread,
And long to feast upon you still;
We drink from you, the Fountain-head,
Our thirsty souls from You to fill!**

Prayer after Communion: Holy God, we see your glory in the face of Jesus Christ. May we who are partakers of his table reflect his life in word and deed, that all the world may know his power to change and save. We ask this in his name. **Amen**

Doxology

Presider: Glory to God

All: **whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.**

Blessing

Sending Song: *Immortal, Invisible, God only Wise* (CP #393)

**Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.**

**Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds, which are fountains of goodness and love.**

**To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish but nought changeth thee.**

**Great Source of glory and wisdom and light,
thine angels adore thee, all veiling their sight;
all laud we would render, O help us to see
'tis only the splendour of light hideth thee.**

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR FEBRUARY 22, 2026 – Lent 1

Genesis 2:15-17; 3:1-7; Psalm 23; Romans 5:12-19; Matthew 4:1-11

Thank you to all who are assisting today

Music	Joanne Lambert
Readers	Jan Bergink, Marcia McMenamie, Don Campbell, Richard Routledge
Liturgical Assistant	Richard Routledge
2nd Chalice	David Cooper
Sidespersion	John Beresford
Sound Tech/Bell	Matty Stuart
Coffee Hosts	Judi Clark
Altar Guild	Judi Clark
Flower Guild	Heather Geddes



Ash Wednesday Services – February 18, 2026

10:00 a.m. at St. Mary

4:00 p.m. at St. Stephen

There will be no Bible Study following the Service at St. Mary

UPCOMING EVENTS:

- **Ash Wednesday Services** – see above
- **AGM Sunday** – Holy Eucharist at 10:00 a.m. at St. Mary followed by AGM meeting at approx. 11:30 a.m. Please bring light finger food for sharing.
- **Study on Grief & Loss** at St. Mary facilitated by Bishop Logan McMenamie at 10:45 on Wednesday, February 25 and March 4 in the church following the Wednesday Communion Service.

Please visit our website at ParishCS.ca for more details

THE ALTAR FLOWERS are given by Heather Geddes to the Glory of God and in thanksgiving for family and friends.

NOTICE OF ANNUAL VESTRY MEETING

Notice is hereby given that the Annual Meeting of the Parish of Central Saanich will be held on Sunday, February 22nd, 2026 at St. Mary's Church, 1973 Cultra Avenue, Saanichton, at approximately 11:30 a.m., for the purpose of:

- Receiving reports & financial statements
- Approving the budgets for 2026
- Appointing and electing officers

The meeting will follow a combined Worship Service at 10:00 a.m. at St. Mary

Coldest Night of the Year Walk 2026
A family friendly walk to raise money for
Our Place Society to support people experiencing
hurt, hunger, and homelessness.



Saturday Feb 28, 2026

**Central Saanich United Church
is the hub for the Peninsula.**

**Free to join, we will set out at 4pm, walk up to
Saanichton and the town hall and back again.**

Join us!

Learn more on our website, or facebook page!



CENTRAL SAANICH UNITED CHURCH

*Open Hearts, Open Minds, Open Doors
in a 21st Century Country Church*
officescuc@shaw.ca

7180 East Saanich Rd, Saanichton | centralsaanichunited.ca



INTERCESSIONS

Anglican Cycle of Prayer: We pray for Sarah Mullally, Archbishop of Canterbury; The Church of the Province of the Indian Ocean. We pray for the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon. We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop and for Holy Trinity, Sooke.

Regional Cycle of Prayer: We pray for the Parish of St. Mary Magdalene, the people of the Parish and surrounding community. We also pray for the people of the Saanich Peninsula Catholic Parish and Saanichton Bible Fellowship.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil

Postulants: Gary & Richard

Seminarian: Melanie

In our Parish: Valerie Park and Don & Susie Wilson and their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Willa, Brett

For Those with Long-Term Needs: Cheryl, Ted, Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Nancy J., Kristen, Brad, Kim

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Chris P., Paula, Cathy Swinscoe, Judith Pike

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.

We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.



Saanichton Community Dinner

Wednesday, March 4

Meat, Veggie
and Gluten Free
options

Lasagna!

Cheese & Herb Dinner Roll
Salads
Desserts
Coffee, Tea & Juice



St. Mary's Church

(Corner of Cultra and East Saanich)

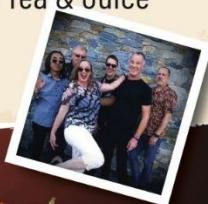
Starts at 6 p.m.

Tickets \$25 (110 tickets for sale)

Available at Fresh Cup and Joe's Family Pharmacy



EVERYONE WELCOME!



Live Music by
Shenanigans

Presented by the
Saanichton Village Association



CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
His Cell Phone: (250) 208-9949
His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

St. Mary's Anglican Church

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St. Stephen's Anglican Church

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