



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
At St. Stephen Church**



FEBRUARY 15, 2026 - TRANSFIGURATION

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

Associated Clergy: Bishop Logan McMenamie
The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (*V. I. Liturgy*)

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude: ***Jesus, Messiah*** – C. Tomlin, D. Carson, E. Cash, J. Reeves © 2008

CCLI# 5183443

Welcome & Land Acknowledgement

Gathering Song: ***All Heaven Declares*** – Noel and Tricia Richards © 1987

CCLI# 120556

All heaven declares

The glory of the risen Lord.

Who can compare with

The beauty of the Lord?

Forever He will be

The Lamb upon the throne.

I gladly bow the knee

And worship Him alone.

I will proclaim

The glory of the risen Lord.

Who once was slain

To reconcile man to God.

Forever He will be

The Lamb upon the throne.

I gladly bow the knee

And worship Him alone.

Forever He will be

The Lamb upon the throne.

I gladly bow the knee

And worship Him alone.

The Gathering of the Community

Lon: In this time and place we gather on the ancestral lands of the
WSÁNEĆ and Coast Salish Peoples.

**All: From many places and Peoples we come to this house
in prayer.**

Maria: In this time and place we are not alone for we meet in the
presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus stands in our midst.

All: The Risen Jesus stands in our midst.

Maria: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Maria: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit. Amen.

Gloria – Mass for the King of Glory

Betty Carr Pulkingham © 1973 (arr. for one voice by Daisy Essery)

Glory to God,

Glory to God in the highest,

And peace to his people on earth.

Lord God, heavenly king,

almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen

Centering Stillness:

Let us hold this moment open to the Spirit of God. *(Silence)*

The Prayer of the Day: Almighty God, on the holy mount you revealed to chosen witnesses your well-beloved Son, wonderfully transfigured: mercifully deliver us from the darkness of this world,

and change us into his likeness from glory to glory; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Readings

A Reading from the Book of Exodus – *Lynda Clifford*

Exodus 24:12-18

¹² The LORD said to Moses, “Come up to me on the mountain and wait there; I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.” ¹³ So Moses set out with his assistant Joshua, and Moses went up onto the mountain of God. ¹⁴ To the elders he had said, “Wait here for us, until we come back to you. Look, Aaron and Hur are with you; whoever has a dispute may go to them.”

¹⁵ Then Moses went up on the mountain, and the cloud covered the mountain. ¹⁶ The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. ¹⁷ Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the Israelites. ¹⁸ Moses entered the cloud and went up on the mountain. Moses was on the mountain for forty days and forty nights.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 99 – Ron Sewell

1 The Lord is king; let the people tremble; * **he is enthroned upon the Cherubim; let the earth shake.**

2 The Lord is great in Zion; * **he is high above all peoples.**

3 Let them confess his name, which is great and awesome; * **he is the Holy One.**

4 “O mighty King, lover of justice, you have established equity; * **you have executed justice and righteousness in Jacob.”**

5 Proclaim the greatness of the Lord our God and fall down before his footstool; * **he is the Holy One.**

6 Moses and Aaron among his priests, and Samuel among those who call upon his name, * **they called upon the Lord, and he answered them.**

7 He spoke to them out of the pillar of cloud; * **they kept his testimonies and the decree that he gave them.**

8 “O Lord our God, you answered them indeed; * **you were a God who forgave them, yet punished them for their evil deeds.”**

9 Proclaim the greatness of the Lord our God and worship him upon his holy hill; * **for the Lord our God is the Holy One.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

A reading from 2nd Letter to Peter – *Sean Lyon*

2 Peter 1:16-21

¹⁶ For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. ¹⁷ For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, “This is my Son, my Beloved, with whom I am well pleased.” ¹⁸ We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

¹⁹ So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. ²⁰ First of all you must understand this, that no prophecy of scripture is a matter of one’s own interpretation, ²¹ because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Great Is the Lord* – Robert Ewing © 1983 Robert Ewing

Great is the Lord and greatly to be praised

In the city of our God, in the mountain of His holiness.

Beautiful for situation, the joy of the whole earth

Is Mount Zion on the sides of the north, the city of the great King,

Is Mount Zion on the sides of the north, the city of the great King.

Great is the Lord and greatly to be praised

In the city of our God, in the mountain of His holiness.

Beautiful for situation, the joy of the whole earth

Is Mount Zion on the sides of the north, the city of the great King,

Is Mount Zion on the sides of the north, the city of the great King.

Maria: God be with you.

People: And also with you.

Maria: The Holy Gospel of our Lord Jesus Christ according to Matthew

People: Glory to you, Lord Jesus Christ.

Gospel Acclamation: *Alleluia* (CP 714) – Jacques Berthier © 1984

Alleluia, alleluia, alleluia!

Alleluia, alleluia, alleluia!

Matthew 17:1-9

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. ² And he was transfigured before them, and his face shone like the sun, and his clothes became bright as light. ³ Suddenly there appeared to them Moses and Elijah, talking with him. ⁴ Then Peter said to Jesus, “Lord, it is good for us to be here; if you wish, I will set up three tents here, one for you, one for Moses, and one for Elijah.” ⁵ While he was still speaking, suddenly a bright cloud overshadowed them, and a voice from the cloud said, “This is my Son, the Beloved; with him I am well pleased; listen to him!” ⁶ When the disciples heard this, they fell to the ground and were overcome by fear. ⁷ But Jesus came and touched them, saying, “Get up and do not be afraid.” ⁸ And when they raised their eyes, they saw no one except Jesus himself alone.

⁹ As they were coming down the mountain, Jesus ordered them, “Tell no one about the vision until after the Son of Man has been raised from the dead.”

Maria: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gospel Acclamation: *Alleluia* (CP 714) – Jacques Berthier © 1984

Alleluia, alleluia, alleluia!

Alleluia, alleluia, alleluia!

Sermon – The Ven. Dr. Lon Towstego

The Apostle’s Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People - Richard Routledge

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: Transfiguration – Rev. Carey Landry and Carol Jean Kinghorn
© 1977, 1978 OCP

**We behold the splendor of God shining on the face of Jesus.
We behold the splendor of God shining on the face of the Son.**

**And oh, how his beauty transforms us,
The wonder of presence abiding.
Transparent hearts give reflection
Of Jesus' light within,
Of Jesus' light within.**

**We behold the splendor of God shining on the face of Jesus.
We behold the splendor of God shining on the face of the Son.**

**Jesus, Lord of Glory,
Jesus, Beloved Son,
Oh, how good to be with you;
How good to share your light;
How good to share your light.**

**We behold the splendor of God shining on the face of Jesus.
We behold the splendor of God shining on the face of the Son.**

After the offering is placed on the Lord's Table, all sing:

**Praise God from whom all blessings flow;
praise him, all creatures here below;
Praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen**

Jimmy Owens ©1972 Lexicon Music, Inc

THE SACRED MEAL IS SHARED
(Eucharist Prayer C)

Presider: God is here

People: **The Spirit is with us.**

Presider: Lift up your hearts and minds.

People: **We lift them to God.**

Presider: Let us give thanks to God the Creator.

People: **It is right to give our thanks and praise.**

Presider: It is indeed right that we should praise you, God of love, our source and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is manifest in land and sea and sky. You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation.

As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation.

Having lived among us - Jesus suffered the cross, Died, And in rising again became the firstborn of the renewed family. And so as we gather around your table, With saints of every age and your beloved creation we raise our voices and sing:

Sanctus (Steve Bell)

**Holy, Holy, Holy, Lord, God of power and might
Heaven and earth of Your glory are full
Hosanna, Hosanna. Hosanna in the highest
Blessed is he who comes in the name of the Lord.
Blessed is he who comes in the name of the Lord.**

**Holy, Holy, Holy, Lord, God of power and might
Heaven and earth of Your glory are full
Hosanna, Hosanna. Hosanna in the highest
Hosanna, Hosanna. Hosanna in the highest**

Presider: To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me. After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my blood of the new covenant, Poured out for you and for many; do this to remember me.

Great is the mystery of faith.

**All: Christ has died,
Christ is risen,
Christ will come again.**

Presider: Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son. When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world. Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

Presider: As our Saviour taught us, let us pray, singing:

Lord's Prayer: *Our Father in Heaven*

Daisy Essery ©2000 CCLI# 3310933 & CCLI# 7219396

**Our Father in Heaven,
Your name is Holy.
May Your will be done here;
May Your Kingdom come.
You supply all we need.
Lord, forgive our transgressions,
As we forgive others
Who trespass against us.
And lead us, dear Father,
Not into temptation;
Deliver us, Lord,
From the evil one's snare.**

**For Yours is the Kingdom,
And Yours is the power,
And Yours is the glory,
Forever and ever. Amen**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: *Be Still for The Presence* – David J. Evans © 1986

CCLI# 120824

Be still, for the presence of the Lord,

The Holy One is here.

Come bow before Him now

With reverence and fear.

In Him no sin is found,

We stand on holy ground.

Be still, for the presence of the Lord,

The Holy One is here.

Be still, for the glory of the Lord

Is shining all around.

He burns with holy fire,

With splendor He is crowned.

How awesome is the sight,

Our radiant King of light.

Be still, for the glory of the Lord

Is shining all around.

Be still, for the power of the Lord

Is moving in this place.

He comes to cleanse and heal,

To minister His grace.

No work too hard for Him,

In faith receive from Him.

Be still, for the power of the Lord

Is moving in this place.

Prayer after Communion: Holy God, we see your glory in the face of Jesus Christ. May we who are partakers of his table reflect his life in word and deed, that all the world may know his power to change and save. We ask this in his name. **Amen**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *Shine Jesus Shine* - Graham Kendrick © 1987

CCLI# 30426

**Lord, the light of Your love is shining,
In the midst of the darkness, shining;
Jesus, Light of the World, shine upon us,
Set us free by the truth You now bring us.
Shine on me, shine on me.**

**Shine, Jesus, shine,
Fill this land with the Father's glory;
Blaze, Spirit, blaze,
Set our hearts on fire.
Flow, river, flow,
Flood the nations with grace and mercy;
Send forth Your word, Lord,
And let there be light.**

**Lord, I come to Your awesome presence,
From the shadows into Your radiance;
By the blood I may enter Your brightness,
Search me try me consume all my darkness.
Shine on me, shine on me.**

**Shine, Jesus, shine,
Fill this land with the Father's glory;
Blaze, Spirit, blaze,
Set our hearts on fire.
Flow, river, flow,
Flood the nations with grace and mercy;
Send forth Your word, Lord,
And let there be light.**

As we gaze on Your kingly brightness,
So our faces display Your likeness;
Ever changing from glory to glory,
Mirrored here may our lives tell Your story.
Shine on me, shine on me.

Shine, Jesus, shine,
Fill this land with the Father's glory;
Blaze, Spirit, blaze,
Set our hearts on fire.
Flow, river, flow,
Flood the nations with
our word, Lord,
And let there be light.

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude: *He Is Exalted* – Twila Paris © 1985 CCLI# 17827

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR FEBRUARY 22, 2026 – Lent 1

Genesis 2:15-17; 3:1-7; Psalm 23; Romans 5:12-19; Matthew 4:1-11



Ash Wednesday Services – February 18, 2026

10:00 a.m. at St. Mary

4:00 p.m. at St. Stephen

*There will be no Bible Study following the
Service at St. Mary*

SERVICE NEXT WEEK – February 22nd – 10:00 a.m.
at St. Mary followed by our Annual General Meeting.
Please bring finger foods for sharing.

UPCOMING EVENTS:

- **Shrove Tuesday Pancake Supper** at St. Mary's, February 17th from 5-6:30 or until supplies are gone. Registration deadline has passed.
- **Ash Wednesday Services** – see above
- **AGM Sunday** – Holy Eucharist at 10:00 a.m. at St. Mary followed by AGM meeting at approx. 11:30 a.m. Please bring light finger food for sharing.
- **Study on Grief & Loss** at St. Mary facilitated by Bishop Logan McMenamie at 10:45 on Wednesday, February 25 and March 4 following the Wednesday Communion Service.

Please visit our website at ParishCS.ca for more details

Coldest Night of the Year Walk 2026
A family friendly walk to raise money for
Our Place Society to support people experiencing
hurt, hunger, and homelessness.



**coldest
*night**
OF THE YEAR
Saturday Feb 28, 2026

**Central Saanich United Church
is the hub for the Peninsula.**
Free to join, we will set out at 4pm, walk up to
Saanichton and the town hall and back again.
Join us!
Learn more on our website, or facebook page!



CENTRAL SAANICH UNITED CHURCH

Open Hearts, Open Minds, Open Doors
in a 21st Century Country Church
officescuc@shaw.ca

7180 East Saanich Rd, Saanichton | centralsaanichunited.ca





Wednesday, March 4

Meat, Veggie
and Gluten Free
options

Lasagna!

St. Mary's Church

(Corner of Cultra and East Saanich)

Starts at 6 p.m.

Tickets \$25 (110 tickets for sale)

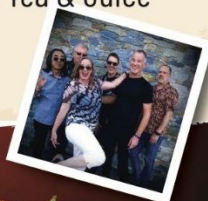
Available at Fresh Cup and Joe's Family Pharmacy

Cheese & Herb Dinner Roll

Salads

Desserts

Coffee, Tea & Juice



EVERYONE WELCOME!

Live Music by
Shenanigans

Presented by the
Saanichton Village Association



INTERCESSIONS

Anglican Cycle of Prayer: We pray for Sarah Mullally, the Archbishop of Canterbury; The Church of the Province of the Indian Ocean. We pray for the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop and for Holy Trinity, Sooke.

Regional Cycle of Prayer: We pray for the Parish of St. Mary Magdalene, the people of the Parish and surrounding community. We also pray for the people of the Saanich Peninsula Catholic Parish and Saanichton Bible Fellowship.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil

Postulants: Gary & Richard

Seminarian: Melanie

In our Parish: Valerie Park and Don & Susie Wilson and their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Willa, Brett

For Those with Long-Term Needs: Cheryl, Ted, Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Nancy J., Kristen, Brad, Kim

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Chris P., Paula, Cathy Swinscoe, Judith Pike

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.
We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

St. Mary's Anglican Church

1973 Cultra Avenue

Saanichton, B.C. V8M 1L7

Office: 250-652-1611

stmarys.saanichton@shaw.ca

St. Stephen's Anglican Church

7921 St. Stephens Road

Saanichton, B.C. V8M 1S2

Office: 250-652-4311

admin@parishcs.ca