



Trendings

February 11, 2026

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

Mighty Jesus, living Word, soothe the bodies, souls, and minds of the victims of sexual abuse, sexual violence, domestic violence, or gender-based violence. Bring them peace, hope, comfort, and strength. Bring abusers to justice and prevent them from causing further harm. Stir up the heart of your church gathered here and around the world, that we value justice and healing over silence and shame. Show us the way to your righteousness, led by the voices of those who suffer. In Jesus' name we pray. Amen.

A prayer for those who suffer abuse and violence (All Creation Sings, p.53)

ELEVATORS ARE FOR EVERYONE



Our ELEVATOR is fixed!
Hurray!!

NOTE: Next week's Trendings will be a 2-week edition!

Upcoming Greeters and Coffee Hosts:

February 15: Diane & Andy Hogle, Greeters; Mark Davis, Coffee host.

February 22: Judy & Howard Johnson, Greeters; Could be YOU! – Coffee host

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, February 15, 2026

9:00 AM	Adult Education – Corporate Stewardship
	Sunday school, preschool – 5 th graders
10:00 AM	Worship in person/livestream
11:15 AM	Knit Wits

Lent Devotionals are available in the Narthex. Look on the wall by the stairs and the 'coffee table' in the seating area by the JEDI bookcase.

Reading for February 15

Feeding of the 5000

John 6:1-15

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Pastor's Bible Study meets on Tuesday mornings at 10:00 AM in the Library in person and on ZOOM. Contact Pastor Lara for the ZOOM link.

We have been informed that spam emails from church members are being received. They are presented as "An invitation to Punchbowl". DO NOT OPEN THEM ! Delete/report as spam. If you did open it, run an anti-virus program.

From Pastor Lara:

Less than two months ago, we gathered to celebrate Christmas. As we transitioned from that celebration into the season of Epiphany, the season that reveals Jesus coming into the world for all people, our Gospel readings in worship

As we are learning, John's gospel is markedly different from those of Matthew, Mark, and Luke. In John, to believe in Jesus as the Son of God means being in relationship with him. Sin, then, is to not believe in Jesus as the Son of God. So, belief in Jesus is more than an intellectual matter, it's a way of living.

Other differences in John's gospel are that miracles are not miracles but, rather, signs that point to who Jesus is. Some of the stories about Jesus appear in different places on the timeline of his life. And some stories are left out altogether, like the Transfiguration. So, rather than celebrate that event this coming Sunday, we'll hear the familiar story of the *Feeding of the 5000*, one of the best-known signs that point to who Jesus is.

We'll continue exploring the signs and images of Jesus in John's gospel throughout the season of Lent. As we do, we'll look at how Jesus' actions shaped the world around him – particularly his interactions with the Temple authorities, who are often referred to as "the Jews." And we'll gain a deeper understanding of who Jesus is – not only who he was as he walked this earth, but also how his actions from so long ago continue to shape our lives today.

New Council Positions!

Happy New Year!

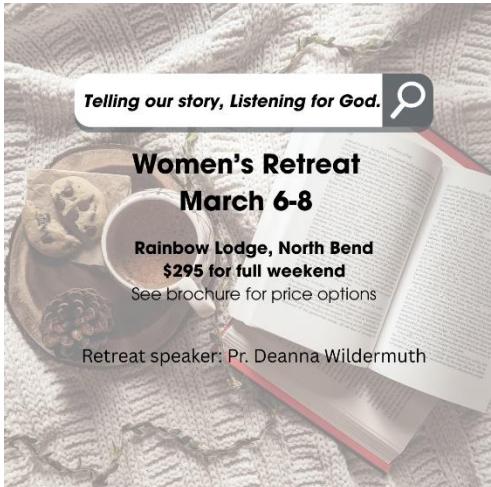
No, this message isn't late – it is a new year - for your Church Council. We recently held our first meeting, and I'd like to share an update on who is serving you this year. Continuing their terms are: **Tom Benson, Mark Davis, Karin Eklof, Tom Getzinger, Cheryl Jurrus, Joyce Kasper, Johannes Grad, and David Vossler**. Joining the council after being elected by you at the annual meeting are: **Beth Donahoe, Hal Ferris, Darcy Johnson, and Dana Nasby**.

At our first meeting, we also elected officers for the year:

- President: Tom Getzinger
- Vice President: Tom Benson
- Secretary: Dana Nasby
- Treasurer: John Andresen

Your council is here to listen, support, and walk alongside you. If you have questions, concerns, ideas, or simply want to connect, please reach out. We value your voice and look forward to serving this community together.

Warmly, Tom Getzinger President, Saint Andrew's Lutheran Church



Register NOW for the Annual Women's Retreat: March 6-7- 8, 2026 - Rainbow Lodge, North Bend
 Pastor Deanna Wildermuth, speaker: *"Telling Our Story, Listening for God"*

Brochures with pricing and room requests are available in the narthex. A PDF of the brochure can also be sent via email, contact Kathy (kathy@salc.church) if you'd like it emailed.

Let Fellowship Coordinator Sherry Grindeland know if you're interested in attending ASAP. (We almost sold out last year.) sherry@salc.church or 425-746-2529.

Women's Book Group Winter 2026 "LADY CLEMENTINE"
 Our SALC Women's Book Group will meet on **Wednesday February 18th from 10:00 am to 11:30 am in the Library** for the 'final chapter'.

Contact Cheryl Jurrus (cheryljurrus74@gmail.com) for more information, a schedule, and join us online (Zoom) or in-person.



Lenten Prayer Partners:

Sign-up TODAY to be a Lenten Prayer Partner: Become a Saint Andrew's *Secret Prayer*

Partner. You will be given a name to pray for throughout Lent and someone will pray specifically for you.

We will share information about your prayer partner so you can personalize your prayers for them and remember them with encouraging cards and notes.

How to sign up:

- Fill out a form that will be in the Narthex beginning February 8.
- Email or call Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.

- Online at the Prayer Partners on our webpage found [HERE](#).

You will receive an email with your prayer partner information on or before Ash Wednesday, February 18th (If you don't receive the email by noon on February 18, contact Fellowship Coordinator Sherry Grindeland at sherry@salc.church.)

We have a *prayer partner reveal* at the Adult Education Hour on Sunday, April 12th. (The Sunday after Easter.) It is always a joyous occasion to learn who has been praying for us and to hear stories about how the spirit touched us during this time.



Adult Education, February 15th at 9:00 AM!

Adult Education, Sunday February 15

Corporate Stewardship - Building
Stability on the Eastside

9:00 AM

We welcome **Gordon McFadden**.

Come hear about one company's
efforts to give back to the
community, and build a culture of
generosity within their organization.

There will be coffee!!



Corporate Stewardship - Building Stability on the Eastside

Gordon McFadden helped start M&N Custom Homes, with founders, Shaun McFadden and Joe Naeset 11 years ago. For the past 8 years M&NCH has provided financial and volunteer support to Jubilee REACH and Imagine Housing, as a commitment to corporate stewardship focused on meeting needs for stability in Eastside communities.

Gordon and his family were members of Saint Andrews for many years, and "Gordy" was one of the founding Board members of Saint Andrew's Housing Group. Come hear about one company's efforts to give back to the community, and build a culture of generosity within their organization.

Sunday, February 22

9:00 AM

JEDI at Adult Education

Come for conversation with our JEDI
(Justice, Equality, Diversity and
Inclusion) committee! We will discuss
the group goals, the upcoming author
event we are sponsoring with PFLAG and
other topics around justice.

*PFLAG (Parents, Families and Friends of Lesbians and Gays)

is the nation's largest organization dedicated to supporting,
educating, and advocating for LGBTQ+ people and those who
love them.

Ash Wednesday

Wednesday, February 18
Worship at 7:00 PM

Worship in person or livestream
www.salc.church/live



Join us in worship as we begin
the season of Lent.

Beginning February 24th, **pack a sack lunch** and come to the Fellowship Hall each Tuesday in Lent as we share in music, devotions and lunch together in Lent.

Pastor Lara will lead, Dr. Will is providing music.
Lent is the time to slow down and reflect – join us !

Tuesdays in Lent

February 24 - March 24

Gather for Devotions

11:45 AM

Bring a sack lunch and stay to eat with friends, new and old!



Membership Review

Periodically, it is customary to review the roll and make sure it's current. It has been four years since this was last done. Per section C8.05.01 of our Constitution, when a member has failed to receive Holy Communion and make a contribution of record for two consecutive calendar years, they may be removed from the membership roll. When a congregation member dies or transfers their membership to another congregation, they are automatically removed from the roll.

The process for determining which person(s) or families may need to be removed from membership, in accordance with the above guidelines, is as follows:

1. Initial review by Office Administrator and Pastor – *complete*
2. Review of list by the entire staff – *in process*
3. Review of list by the Council – *will happen at March meeting*
4. A letter is sent to the person or family advising them that they may be removed from the membership roll, and asking them to let us know of their intent by a certain date – *letter will be sent after Council review is complete*
5. After the deadline has passed, the Council will review the list again to approve the names of the members that will be removed from the roll – *will likely happen at the May Council meeting*

If a person or family is removed from our membership roll, it does not mean that they are cut off from the congregation. We will continue to provide care for them if/as it is requested. If you have questions about this process, please contact Kathy or Pastor Lara.



March Blood Drive!

Our next **BLOOD DRIVE** is scheduled for **Thursday, March 26th**. Use the QR code to sign up for a time! We had a great turn out in January – and most participants re-booked for this March date. We're hoping to have 30+ participants this time around. Did you know you can win a trip to Maui when you drop a pint?? PS – the cookies and juice were great 😊



Corner of Blessing Food of the Month – February

For the month of February Hopelink has asked us to collect **Hearty Soups!** Non-condensed, High calorie soups are what they need. These are very popular and in short supply this time of year.

hopelink

Progresso, Amy's and Chunky Campbells are all great, well-loved brands. Here are some suggested examples: **Italian wedding soup, clam chowder, beef barley, chicken pot pie, lentil and vegetables, tomato bisque, etc.**



Donate socks, underwear, and warm knit hats for [Compass Housing Alliance](#) in February as part of a special collection drive for the winter months.

Items needed are:

- Men's underwear (Med-2X) / Women's underwear (Sm - 2X)
- Men's undershirts (med-3X) / Women's colored T-shirts (Short & long sleeve) Sm-2XMen's
- Colored T-Shirts (Short & Long sleeve) Med-3X
- Men's sweat pants (Med-3X) / Women's sweat pants (Sm-2X)
- Art supplies, Games, puzzles, bowls, cups, can openers.

Donations can be placed in the Dorcas Circle bin by the elevator.



SOUPer Bowl of Caring - Thank You!



Thank You Saint Andrew's! What a great response for our hungry neighbors. You filled

18 crates plus a stack of additional food on Super Bowl Sunday. Thank you all for such generosity. **This provided 876 pounds of food and \$1,337 to the HopeLink Food Bank.** And thank you to our teammates who helped with the collection: *The Johnson family (Erik, Aveigail, Kellen and Kayleigh), and the McLeod family (Anna and Ella)*. It was quite a team effort!



Good news from The Sophia Way, that the organization is doing well, with over 500 women helped in 2025, including 129 women housed. However, there is a need to find a new site for a new Donation Center for the ladies.

The current Center location will no longer be available by the Spring. The hope is that a new site will be found soon, preferably in Bellevue or Kirkland. Any possibilities that you know of?? Tell The Sophia Way or let Joyce Arnold know! For this reason, donations are very limited to the [Sophia Way Wish List on Amazon](#). New or nearly new Winter clothing is needed, also. THANK YOU! Joyce A

Reflection from Doug Johnson on Extravaganza 2026



First of all, I want to say thank you to both Saint Andrew's and Sammamish Hills for their support in sending me to the Extravaganza. Second, let me explain what the Extravaganza is to those who may not know. The Extravaganza is an annual conference held by the ELCA Youth Ministry Network (a separate 501 (c)3 from the ELCA), which aims to empower, educate, and equip children, youth, and family ministry leaders (both volunteers, staff, deacons, and pastors). This year approximately 525 children, youth, and family staff, deacons, and pastors met in St. Louis, MO to learn, network, gather resources, worship, and even have a little fun. I will share more about my experience participating in this year's Extravaganza, but first I want to share about a special opportunity I had in co-teaching one of this year's Intensive Care Courses.

In the spring of last year I was invited to co-teach one of the Intensive Care Courses for the Extravaganza, alongside Kendyll Mathiason from Our Savior's Lutheran Church in Everett. Each year the Extravaganza offers three intensive care courses for small groups of attendees to dig deeper into topics of faith and ministry that are beneficial to their professional development and ministry. Kendyll and I were invited to teach a session on belonging, engaging, and celebrating due to the workshops we had lead in our synod the previous year around the same topics. Over the coming months we work together in the evenings and on weekends creating the eleven hour lesson plan for the two day intensive course.

Kendyll and I led a class of 24 people through a course filled with instruction and discussion that was designed to facilitate learning through our leadership as well as the collective knowledge and experience of all of those in attendance over two days (1/29-30). We drew a lot of our materials through the book, *Design for Belonging*, by Susie Wise. Using the book as a guide we walked the class through a "Journey of Belonging" or how we engage in deeper layers of meaning, participation, and validation in the communities we belong, especially in church. We then looked at how to engage people along this journey, using different "Levers of Design" to help facilitate people along the journey of belonging, using practical tools to engage people further. Finally, we made sure to highlight the importance of celebrating people in our community, from major life milestones to moments of kindness, from staff, to volunteers, to youth, and everything in between. Celebrating means being seen, being validated and that you belong. I am so thankful for the shared leadership and collaboration I had with Kendyll in co-leading this course.

After two wonderful days leading the intensive care course, I pivoted from leader to participant. Over the next four days (1/30-2/2) I learned, worshipped, celebrated, prayed, connected, and gathered (resources) through large general sessions, worships, a gallery of vendors from ministry partners, and peers from throughout the synod and across the country.

Continued on the next page.

On the mainstage, during the large general sessions I heard from: Rev. Joseph Yoo – Episcopal Priest from Houston, social media clergy who connected scripture to life today. Dr. Andrew Root – Luther Seminary, theologian and Children, Youth, and Family Professor who connected theology and the bible with the struggles of today's youth (and a little pop culture). Dr. Niki Elliott – Director for the Center for Embodied Equity and Neurodiversity at Univ. of San Diego who deepened my understanding of neurodivergence and neurodivergent people. Rick Steves who connected travel with God's grace and compassion. Flamy Grant – drag queen folk gospel singer who connected the bible, gospel, and grace to their own difficult experiences in life. Krish O'Mara Vignarajah – President and CEO of Global Refuge (formerly Lutheran Immigration and Refugee Services) who connected faith and service in speaking up for the vulnerable. As well as Bishop Timothy Graham – Indiana-Kentucky Synod, Presiding Bishop Yehiel Curry, and many others. During one of our general sessions, we took the time to lift up prayers and lament the persecution of people of color and immigrants in our communities, especially Minneapolis.

Each day we had opportunities to select our own choice of workshops to attend depending on what we found valuable, interesting, or maybe just curious about. I attend four different workshops. The first was on "Faith Formation Beyond Sunday School," which gave me new resources to look for ways to facilitate growing faith outside the Sunday school classroom. The next workshop was on "Holy Risk-Taking," which I learned that faithfulness to the Holy Spirit is always a risky endeavor, but it is not one we need to do recklessly. Also, that taking risks is a part of the story of God and it can be a holy endeavor. The third workshop was "Generationally Speaking: Bridging Generational Divides for a Thriving Church," during which we explored many of the different generational differences, including how we interact with technology and news, how we can be a voice of influence in these generations, and how the church can find common ground between generations. The last workshop I attended was "Welcoming Neurodivergent Children in Children's Ministry," which gave me a plethora of resources and ideas on how we can better support and connect with children (and youth) who are neurodivergent.

I am so incredibly grateful for my time at the Extravaganza. It is such a special place that is unique unto itself. I am unaware of any other denomination that supports its children, youth, and family ministry leaders (pastors, staff, and volunteers) in the way that this event does. Not only does it bring in incredible leaders as mentioned above, it is peer led. Everything from workshops to worship to tech team to organization to even some vendors, are led by other children, youth, and family leaders from across the ELCA. There are professionals called in when needed, appropriate, or asked, but largely this is a place where knowledge, passion, and experienced are shared among peers and I am so grateful for the learning opportunity. Thank you for your support in sending me to such a wonderful experience.





ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

The Eastside Lutheran Church Community (ELCC) are a ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share collaborative and in

Be sure to check out the website [HERE](#).

An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

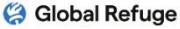
1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithely email asking you to verify your email address, and then you are done!

We will update Ash Wednesday worship times from our ELCC churches as we get them.

*Ash Wednesday Worship Services
at Eastside Lutheran Church Community
Congregations*

Bellevue:	Holy Trinity Lutheran Church, Mercer Island: 5:45 PM Soup Supper, 7:00 PM Worship
St. Lukes Lutheran Church: 6:00 PM Pancake Supper 7:00 PM Worship	Our Savior Lutheran Church, Issaquah: 12:00 PM Worship
Cross of Christ Lutheran Church:	Sammamish Hills Lutheran Church:
Saint Andrew's Lutheran Church 7:00 PM	Mt. Si Lutheran Church, N. Bend: 7:00 PM

*"Remember that you are dust,
and to dust you shall return."*



HYBRID EVENT
Rebuilding After
Repatriation:

The Reality for Children and Youth in Guatemala

Join us for:

- A live conversation with the Guatemala-based Camino a Casa staff
- A short documentary about conditions in Guatemala, the impact of US immigration policies, and the stories of three youth who are rebuilding at home
- A guided discussion about getting involved in this critical work

February 14, 9:30 AM - 12 NOON PST
A Northwest Washington SynodEvent
at Our Savior's Lutheran Church
215 Mukilteo Blvd, Everett, WA 98203

Rebuilding After Repatriation follows the journeys of unaccompanied minors from Guatemala who have been returned to their home communities after attempting to migrate to the United States. The program captures the resilience of young people as they navigate instability in their home countries, family separation and reunification, and building a new life and a brighter future with the help of Global Refuge's Camino a Casa program.

Register for the in-person or online Zoom event using the QR code. For more information, please contact Dan Clements at 425.418.8755 or dan@e-clements.com.

PROGRAM SPONSOR:

Camino Lutheran, Camino • Christ the Servant, Bellingham • Faith Lutheran, Seattle • First, Mount Vernon
Grace, Des Moines • Holy Spirit, Kirkland • Emmanuel Lutheran, Seattle • Our Savior's, Everett
St. Luke's, Bellevue • Trinity, Freeland • Trinity, Lynnwood • University Lutheran, Seattle

Global Refuge is an international nonprofit serving newcomers seeking safety, support, and opportunity. We have been a leader in resettlement for over 85 years, dedicated to supporting refugees and other immigrants through advocacy, legal and empowerment to restore a sense of home.

**GLOBAL REFUGE: REBUILDING AFTER REPATRIATION:
A NW WASHINGTON SYNOD EVENT**
Sat. Feb. 14th, 9:30 am to Noon at Our Saviors Lutheran, Everett

Our synod assembly in May approved a resolution supporting Global Refuge's innovative *Camino de Casa* project. Featuring Andrew Steele from Global Refuge, this hybrid event documents the journeys of unaccompanied minors who have been deported and returned to their country of origin. It highlights how Global Refuge helps them re-enter their communities and be reunited with families, providing mental and physical health screening, job training, and other support that will ensure they have greater success in coming home to stay. Participants will watch a short documentary featuring personal stories of youth and the impact of US immigration policies; and in real time, will ZOOM with

staff and a deportee on the ground in Guatemala. For a preview click on the following link: https://youtu.be/4RN6_sR73Kc

Please register for the in-person OR online ZOOM event at <https://qr.codes/E86ihT>
For more information, contact Dan Clements at 425-418-8755 or dan@e-clements.com

Porchlight Men's Shelter Hosting at St. Luke's | Saint Luke's | Eastside Lutheran Church Community

Every year, and the entire month of February, St. Luke's hosts approximately 25 men from Porchlight Men's Shelter for meals and overnights.

The men are moving in on January 30th and will have their first meal on that night. Now is the time to sign up for meal assistance. You can make a complete meal for the men by yourself, or ask a few friends to help share the load. Don't like to cook? We could use server hosts. It's a great opportunity to commune with these men - they are so grateful! If you have any questions, please contact Judy Buckmaster at judybuckmaster59@gmail.com. Thank you for your time and generosity. [Please view the meal signup sheet](#), which includes proper instructions.



CALENDAR

Wednesday, February 11

10:00 AM Women's Book Group
2:00 PM Care Team Meeting
4:00 PM Adult Education Committee Meeting

Thursday, February 12

7:00 PM Choir Rehearsal

Friday, February 13

Office is Closed

Saturday, February 14

Happy Valentine's Day

Sunday, February 15

9:00 AM Education Hour, Guest Speaker
Sunday School (preschool – 5th Grade)
10:00 AM Worship
11:15 AM KnitWits

Monday, February 16

Office is Closed/President's Day

7:00 PM Discipleship Committee

Tuesday, February 17

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Bible Study
7:00 PM Bell Choir Rehearsal

Wednesday, February 18

Ash Wednesday

10:00 AM Women's Book Group
7:00 PM Ash Wednesday Worship

Thursday, February 19

7:00 PM Choir Rehearsal

Friday, February 20

Saturday, February 21

Sunday, February 22

9:00 AM Education Hour
Sunday School (preschool – 5th Grade)
10:00 AM Worship

Monday, February 23

1:00 PM Staff Meeting
6:00 PM ELF meeting
7:00 PM Outreach Committee Meeting

Tuesday, February 24

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Bible Study
11:45 AM Lent Devotions/Sack Lunch
7:00 PM Building and Property Committee
Bell Choir Rehearsal

Wednesday, February 25

7:00 PM JEDI Meeting

You can access our
weekly online calendar
[HERE.](#)

The Reverend Lara Forbes, Lead Pastor
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The Reverend Timothy T. Weber,
Shared-Time Pastor
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Dr. Will Simpson,
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Kurt Lutterman, Facilities Manager
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Kathy Fisher, Communications Director
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Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

