

THE VALLEY BULLETIN

THE LAST SUNDAY AFTER THE EPIPHANY



February 15th, 2026

WELCOME

If you are visiting, we welcome you into our midst.
Whoever you are and wherever you are on your journey in faith, you are welcome.

It is a blessing to have you worship with us today!
The Parish of the Valley respectfully acknowledges that we gather for worship
on traditional Anishinaabe Algonquin territory.



SHROVE TUESDAY PANCAKE MEALS

In the Parish of the Valley

February 17th

Holy Trinity Pembroke: Lunch from 11am - 1pm

Lunch is pancakes with real maple syrup, sausages, beans, and dessert. Cost is a freewill donation.
Our ACW Quilt Raffle draw will happen at 1pm.

St. George's South Alice: Supper from 4pm - 6pm

Supper is pancakes, sausages, real maple syrup, a fruit topping bar, and our famous potato pancakes.
Cost is a freewill donation.

St. John's Eganville: Supper from 4pm - 6:30pm

Supper is pancakes, real maple syrup, baked beans, dessert, coffee and tea. Cost is \$10 for adults, \$5
for children aged 4-10.



Ash Wednesday

February 18th

9am - St Anthony's Whitney
10am - Holy Trinity Pembroke
11am - Epiphany Barry's Bay
11am - St Paul's Cobden
11:15am - All Saints Petawawa
3pm - Ascension Killaloe
3pm - St George's South Alice
7pm - St John's Eganville
7pm - Holy Trinity Pembroke

LET'S PRAY

In the Anglican Communion, we pray for Sarah Mullally, Archbishop of Canterbury. We pray for The Church of the Province of the Indian Ocean. We pray for our Companion Diocese of Jerusalem.

In the Anglican Church of Canada, we pray for Shane Parker, our Primate. We pray for Anne Germond, our Metropolitan. We pray for Christopher Harper, National Indigenous Anglican Archbishop.

In our Diocese of Ottawa we pray: Almighty God, giver of all good gifts: look on your Church with grace, and guide the minds of those who shall choose a bishop for our diocese, that we may receive a faithful servant, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen. We pray for Michael Bird, our Diocesan Administrator. We pray for our Diocesan Partner: Anglican Fellowship of Prayer. We pray for the Anglican Council of Indigenous Peoples, Sacred Circle Events, and the ministry of reconciliation. We pray for Trinity Church, Ottawa South.

In our Deanery of the Northwest, we pray for St. Anthony's, Whitney, part of the Parish of the Valley.

In our Parish of the Valley, we pray for Matthew Brown our Incumbent; and for Gillian Hoyer, Nicholas Forte, and Christine Muise our Associate Incumbents. And for the life and members of our Parish of the Valley Community, this week we pray for: Jennifer Howell, Rick & Vera Hoyland, Bernice Ibelshauser, Jim & Karen Irvine, Brian Jack.

For those who have died and all members of their family as they grieve: Fred Kmith.

For the sick, those who have asked for our prayers, and all others who are on our hearts...

Alice & Petawawa: Ralph, Bill, Issy, Marion, Lynn, Wanda, Rose, Laurie, Lois, Gloria, Trent, Sammy, Michael, Minnie.

Barry's Bay & Whitney: Joyce, Mary Ann, George, Poppy Joe & Penny Jane, Blake, Cathy, Susan, Patricia, Elspeth, Debra, Mary-Jayne, Fern, Shirley, Marilyn, David, Susie, Sharon, Theresa, Bob, Stuart, Katherine.

Killaloe/Tramore & Eganville: Lynn, Lynda, Ed, Marg, Joan, James, Hilary, Heather, Jan, Harold, Richard, Dorothy, Betty, Ann, Sheila, Andrea, Sharon, Junior, Peter, Richard, Pauline, Phyllis, Ethel, Anice, Paula, Rosemary.

Pembroke: Diane, Jolene, Loreen, Heather, Tristan, Bill, Bob, Jo, Connie, June, Lawrence, Lomie, Bea.

Stafford/Beachburg/Cobden: Gwen, Elmor, John, Jean, Margaret, Denver, Brian, Ruby, Janice, Susan, Ryan, Haley, Ruth, James, Sharon, Dave, Nicholas, Carolyn, Hillary, Ralph, Thyra, Sandra.

TODAY'S READINGS

FEBRUARY 15, 2026 - The Last Sunday after the Epiphany
Exodus 24.12-18; Psalm 2; 2 Peter 1.16-21; Matthew 17.1-9

UPCOMING READINGS

February 18, 2026 - Ash Wednesday
Joel 2.1-2, 12-17; Psalm 103.8-18; 2 Corinthians 5.20b-6.10; Matthew 6.1-6, 16-21

February 22, 2026 - First Sunday in Lent
Genesis 2.15-17, 3.1-7; Psalm 32; Romans 5.12-19; Matthew 4.1-11

March 1, 2026 - Second Sunday in Lent
Genesis 12.1-4a; Psalm 121; Romans 4.1-5, 13-17; John 3.1-17

OFFERINGS

We are grateful for your ongoing support of our parish's congregations. Donations can always be placed on the offering plates located at the back of the church, or can be given during the offertory in congregations where an offering plate is passed. To learn more about Pre-Authorized Remittances (PAR), options for e-transfer, or how to donate online with credit card through *Canada Helps* or [Tithe.ly](https://tithe.ly), please visit our website: www.ValleyAnglicans.ca

*This Valley Bulletin is offered to the greater glory of God
by Joan Sterling and family
in loving memory of John Sterling.*

SERVICES IN THE PARISH OF THE VALLEY

FEBRUARY 22, 2026

8 & 10am - Holy Trinity Pembroke

9am - St Stephen's Micksburg

9am - Ascension Killaloe

9:30am -St George's South Alice

11am - St Paul's Cobden

11am - St John's Eganville

11am - Epiphany Barry's Bay (Morning Prayer)

11:15am - All Saints Petawawa

COMMUNITY SERVICES

Thursday, February 19th at 10am - Country Haven, Beachburg

Thursday, February 19th at 2pm - Supples Landing, Pembroke

Thursday, February 26th at 10am (LTC) and 10:30am (RH) - Caressant Care, Cobden

Thursday, March 5th at 10:15am at Valley Manor, Barry's Bay

Thursday, March 5th at 11am at Marianhill, Pembroke

NEWS & UPCOMING EVENTS

Lenten Evening Prayer, in partnership with St. Timothy's Lutheran Church, begins on Wednesday February 25th at 7pm at St. Timothy's (503 Alfred Street, Pembroke) and continuing until March 25th. The first two weeks will be Sung Evening Prayer, the last three will be Holden Evening Prayer. All are invited to join the Parish of the Valley and St. Timothy's at this beautiful service.

Our regular **Wednesday Worship** at 10am at Holy Trinity Pembroke has resumed. All are welcome to join us in the chancel for this quiet said service of Holy Eucharist.

Episcopal Election Update: The Episcopal Election will take place on February 28th. Prior to the election, there will be a series of public meetings across our diocese for everyone to have a chance to hear the candidates' answers to a set of relevant questions and to get to know them in a more informal setting at a following reception. We will be hosting a public meeting on **Friday, February 20th at 7pm at Holy Trinity Pembroke**. This meeting, as well as the other three meetings in our diocese, will also be live-streamed. All are welcome and invited to attend the public meeting.

February 28th is the **Coldest Night of the Year** walk in Pembroke, in support of The Grind. St. Paul's Cobden, through its 2025 Yates Bequest Donations, has generously sponsored a rest-stop on behalf of our Parish of the Valley. Rest-stops will provide warming refreshments for walkers throughout the walk. Volunteers are now being requested to support the Coldest Night of the Year on the day. These positions include a variety of indoor and outdoor positions (greeters and cheerleaders, setup/teardown crew, etc.). You can learn more and register at <https://cnoy.org/volunteer>. In the drop-down location box, scroll down to find and select "Pembroke - The Grind Pembroke" and you will be shown volunteer opportunities for our local event.

You can also register to fundraise - with or without walking. If you would like to donate to the Anglican Parish of the Valley team, you can do so at our team page here: <https://secure.e2rm.com/registrant/TeamFundraisingPage.aspx?teamID=1041119&langPref=en-CA>

St. John's Eganville is sponsoring two **"Grandparent & Tot" free skates** at the Eganville Arena on March 2nd and 9th from 1pm to 1:50 pm. All are warmly welcomed to join!

World Day of Prayer is Friday, March 6th and we are pleased to be participating in three services across the Parish:

Pembroke at 2pm hosted by Holy Trinity Pembroke

Petawawa at 2pm at St. George's Chapel Garrison Petawawa

Eganville at 3pm at Grace Lutheran Church

All are welcome and encouraged to attend one of these services as we come together across denominations to pray.

CLERGY TEAM

Contact Information

The Rev. Matthew Brown (613-732-4658)
The Rev. Gillian Hoyer (613-687-9123)
The Rev. Nicholas Forte (613-629-9498)
The Rev. Christine Muise (613-883-8402)

Cover: *The Transfiguration, detail*, JESUS MAFA, Cameroon, 1973.

JESUS MAFA is a response to the New Testament readings from the Lectionary by a Christian community in Cameroon, Africa. Each of the readings was selected and adapted to dramatic interpretation by the community members. Photographs of their interpretations were made, and these were then transcribed to paintings.



Parish of the Valley

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