True Blessedness

Psalm 127-128
February 15, 2026

- **THE BIG IDEA:** Every gift that man receives is a blessing from God. Unless the Lord gives it, it is in vain. The presence of Godly and Christ-centered parents in a home cannot be overstated. God's blessings for the home can extend to God's blessings for the nation.

Psalm 127 (NASB95)

127 **1 Unless the Lord builds the house, They labor in vain who build it; Unless the Lord guards the city, The watchman keeps awake in vain. 2 It is vain for you to rise up early, To retire late, To eat the bread of painful labors; For He gives to His beloved *even in his* sleep. 3 Behold, children are a gift of the Lord, The fruit of the womb is a reward. 4 Like arrows in the hand of a warrior, So are the children of one's youth. 5 How blessed is the man whose quiver is full of them; They will not be ashamed When they speak with their enemies in the gate.**

All is Vain Apart from God (Psalm 127)

+ You can do much in your life and it be ultimately insignificant.
+ God is not an addition to our lives.
+ Psalm 127 is also a testimony to God's providential care.
+ Every good thing you have in your life is ultimately given and gifted from God.

The Blessing of Children (Psalm 127)

- When God speaks of children, they are always seen as a gift and a blessing.
- Christians should do all that they can to champion the life of the unborn and the abandoned.
    - Are our hearts, arms, and homes open to those who need a family?
- Could you be a father or mother figure to someone in this church or our community?

128 **1 How blessed is everyone who fears the Lord, Who walks in His ways. 2 When you shall eat of the fruit of your hands, You will be happy and it will be well with you. 3 Your wife shall be like a fruitful vine Within your house, Your children like olive plants Around your table. 4 Behold, for thus shall the man be blessed Who fears the Lord. 5 The Lord bless you from Zion, And may you see the prosperity of Jerusalem all the days of your life. 6 Indeed, may you see your children's children. Peace be upon Israel!**

What Does True Blessing Look Like? (Psalm 128)

- Who is blessed? Those that fear the Lord and walk in His ways.
- To fear the Lord is to recognize that He is God and you are not.
- We cannot fear the Lord if we do not submit to the Son.
- The Christian already possesses everything that they need to be truly blessed.
- To those that have been blessed by God, our response to that blessing is to walk in His ways.
- God withholds nothing from us that is necessary.
- The man of God who has found satisfaction in the Lord will find satisfaction in the work that he does.
- The marriage between a man and a woman, when it is centered upon Christ is a transformed marriage.
- Derek Kidner on Psalm 128- "The quiet blessings of an ordered life are traced from the center outwards in this psalm, as the eye travels from the godly man to his family and finally to Israel. Here is simple piety with its proper fruit of stability and peace."
- "But the Lord was pleased to crush Him, putting Him to grief; if He would render Himself as a guilt offering, He will see His offspring, He will prolong His days, and the good pleasure of the Lord will prosper in His hand."- Isaiah 53:10
- If God has not built your home, it is all in vain.

"Behold on what sure foundations his happiness is built whose soul is possessed with divine love, whose will is transformed into the will of God, and whose greatest desire is that his Maker should be pleased. Oh the peace, the rest, the satisfaction that attends such a temper of mind."

Henry Scougal