



KNOW, MAKE KNOW, SERVE, & CONNECT WITH THE  
CHRIST OF CALVARY!  
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*The Trophy: Chasing what matters, Catching what lasts!*

## THE HARVEST

### Small Group Study Guide

**The Big Idea:** You are the steward of the hunt, but God is the source of the harvest; therefore, you can work with diligence and still rest with confidence.

### Discovery: Diving into the Word

- **The Mandate (1 Timothy 5:8):** The word "provide" literally means "to perceive beforehand" or "to foresee." How does this definition change the way you view your daily responsibilities?
- **The Warning (Psalm 127:2):** The "bread of sorrows" refers to a life consumed by painful toil and hard work. Why does a "Sole Provider" mindset inevitably lead to this kind of exhaustion?
- **The Assurance (Matthew 6:31-33):** Jesus commands us to "take no thought" (avoiding an anxious, divided mind). How does knowing that your Heavenly Father already has a "settled knowledge" of your needs change your perspective?
- **The Evidence (Psalm 37:25):** The Psalmist notes that from youth to old age, he has never seen the righteous forsaken. Why is looking at the "visual record" of God's faithfulness throughout history a key to finding rest today?

### Reflection: Heart-Level Counseling

- **The Bedford Code:** We pride ourselves on "pulling our own weight." At what point does healthy Bedford "grit" turn into a sinful, self-reliant "delusion" that everything depends on you alone?



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- **The Mental Monologue:** What is your internal speech saying during stressful weeks? Are you mentally asking "What shall we eat?" as if you are an orphan, or are you resting in the fact that you belong to the Provider who owns the cattle on a thousand hills?
- **Field vs. Ministry:** If your "work is your field" and your "home is your ministry," are you spending more time preparing for your job or preparing to care for the souls within your own four walls?

## Application: This Week's "Monday Morning" Plan

1. **Sharpen the Tools:** This week, identify one vocational skill (your "quiver and bow") that you can improve as an act of worship. How can you pursue excellence this week while acknowledging that God still controls the outcome?
2. **Leave it at the Gate:** Practice a "physical transition" when you get home from work. When you pull into your driveway, take a moment to consciously "leave the burden of the outcome at the gate."
3. **The Sleep Test:** If you are losing rest because of "what ifs," spend five minutes before bed reading Philippians 4:19. Remind yourself that God supplies "according to His riches," not your performance. Practice accepting "sleep" as a spiritual declaration that your family is safe in His hands.



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