



PACIFIC NORTHWEST UNITED METHODISTS,  
**IT'S TIME TO TACKLE HUNGER!**



**AND HUNGER**  
**HELP US TO BEAT NEW ENGLAND!**  
COLLECT FOOD & FUNDS FOR LOCAL FOOD

ANY NON-PERISHABLE FOOD & MONEY DONATIONS  
RECEIVED BY GAME DAY (Feb. 8) WILL COUNT!

Fairwood donations will go to Salvation Army Food Bank  
Questions? Contact Donna S.

It's a friendly competition between the United Methodist Churches in the Pacific Northwest Conference and the New England Conference. We are collecting as many non-perishable items and financial donations as we can between now and Sunday, February 8, when Super Bowl LX will be played in Santa Clara, California. In the interest of Christian charity, collections can be taken from Patriots fans as well.

Our church is open for non-perishable food donations Sunday – Friday 8:30am-12:30pm and the outside tote 24/7. Our donations will be delivered to the Renton Salvation Army Food Bank. Financial donations can be made to the church with "Souper Bowl" in the memo line or online at our website GIVE page. Spread the word.

Preferred types of some food include: canned food with pop-top lids, whole-grain pasta, low-sugar and whole-grain cereals. Some personal-care items are also needed. See their complete list of needed items near collection boxes.

Collection tallies need to be reported Monday morning, February 9, so please bring donations or donate online by Sunday, February 8th.

Questions? Contact Donna Stock at [soupstock2@msn.com](mailto:soupstock2@msn.com)

# DO YOU HAVE A VINTAGE SUITCASE AND/OR MAKE-UP CASE?



These would be on display as part of our LENTEN THEME.

Contact Carol Colborne for more information.

We'd love for anyone who has a vintage suitcase and/or makeup case to consider sharing it with us for the Lenten season. These pieces will help bring our Lenten theme to life. Contact Carol Colborne for more information.



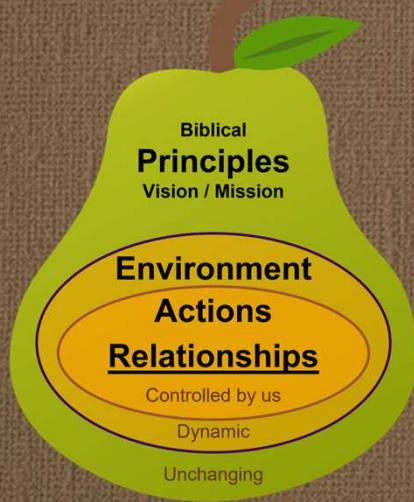
# Ash Wednesday Service

February 18 @ 7PM

The Ash Wednesday service is scheduled for 7:00 PM on February 18, 2026.

# Peacemakers Learning Series – February 15

## *Help us become the church Christ calls us to be!*



**Come to learn...**

- **The nature of conflict**
- **Resolving everyday conflict**
- **How to better communicate**

**Join us February 15 after worship.**  
**Get your Shrove Waffle food first!**

Peacemakers Learning Series – session 1 on Sunday, February 15 after the worship service (about 11:30). Help us to become the church Christ calls us to be!

Come to learn some simple mental models that enable us to think about and improve ourselves while learning a practical set of interpersonal skills.

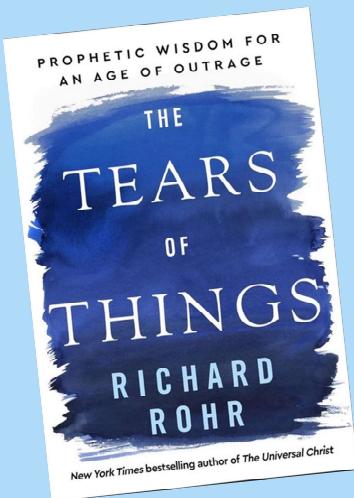
In our first learning series lesson we will explore the PEAR model, the power of compelling visions and missions, and explicit conflict management techniques and inter-personal skills. It will be an interactive session creating a common language and understanding and specific skills that will position us for the future.

We are called to transform as we follow how and what Christ calls us to be. In our transformation, there will be conflict. We are preparing ourselves to deal with it effectively and lovingly.

Get your Shrove Waffle food first. Feel free to bring it into the sanctuary.

Questions? Contact Jan B-H.

# Lent Book Study



Join us on:

**Tuesday - February 17 - March 31**

**9:30am -11:00am**

**@ the Parlor or on Zoom**

**-- OR --**

**Sunday - February 22 - March 29**

**11:30am - 12:30pm @ Sanctuary**

**Questions: talk to Pastor Cathy L.**

## LENT BOOK STUDY

The Tears of Things: Prophetic Wisdom for an Age of Outrage by Father Richard Rohr

Join us on Tuesday mornings at 9:30-11am from February 17 - March 31 Or  
Sunday mornings - 11:30am-12:30pm from February 22 - March 29

Father Richard Rohr turns to the writings of the Jewish prophets, revealing how some of the lesser-read books of the Bible offer us a crucial path forward today. Drawing on a century of biblical scholarship, The Tears of Things breathes new life into ancient wisdom, paving a path of enlightenment for anyone seeking a way of compassionate living in a hurting world. If you are seeking Hope and Whole-hearted Living in difficult times, join us as we seek to answer these questions. How do we live compassionately in a time of violence and despair? What can we do with our private disappointments and the anger we feel in such an unjust world? You will need to get a copy of the book from the library or your favorite book store. For more information, talk to Pastor Cathy Law.

## Let's make it a special one!



Join us, the United Women in Faith, on **Thursday, February 12** in the parlor 10am - noon.

We will write Valentine's Day cards to our own church shut-ins and local assisted living facility.

United Women in Faith will be writing Valentine's Day cards on Thursday, February 12<sup>th</sup> from 10am – noon.

We will be sending the cards to our own church shut-ins and local assisted living facility.

Come join us for good company, good food and great fun!

# Join us February 15 after worship



Bring your favorite breakfast dishes to share with everyone!

We could use an extra waffle iron if you have one.

Questions? Contact Stephen S.



## Shrove Sunday Waffle Breakfast – February 15<sup>th</sup>!

Lent traditionally involved abstaining from rich foods like meat, eggs, butter, and sugar, so Shrove Tuesday became the day to use them up with indulgent dishes, traditionally pancakes. To include more of our church community, we are celebrating with Waffles on Sunday instead.

Join us after worship on Sunday, February 15, for a joyful Shrove Waffle Breakfast in the fellowship hall! This tradition is a chance to gather as a congregation, share a meal, and celebrate community together. Fresh waffles hot off the griddle will be served, along with orange juice to brighten the morning.

To make the table even more abundant, we invite you to bring breakfast dishes such as quiche, sausage, baked goods, or fruit trays. If you have a waffle iron, bring that to help us cook! It's a wonderful opportunity to enjoy good food and warm fellowship as we prepare for the Lenten season. We look forward to seeing you there!

Questions? Contact Stephen S.