



New Year
NEW YOU

#3—JOY

February 8, 2026
Galatians 5:16-26



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What is JOY?

Why can we JOY? Romans 5:1-11

1. We can rejoice because our joy is anchored in hope. (FUTURE)
2. We can rejoice because God has a purpose in every situation. (PRESENT)
3. We can rejoice because of the blood of Christ. (PAST)

How can we JOY?

1. Choose Jesus. 1 Peter 1:8-9
2. Let go of the sackcloth. Psalm 30:11-12; Hebrews 12:1-2
3. Be a giver.
 - of thanks
 - of material possessions Acts 20:35
 - of your time
 - of the Good News 1 Peter 3:15
4. Choose JOY.

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