

The Anglican Parish of
St. Peter and St. Paul
February 8th 2026
Fifth Sunday After Epiphany



("A Sailing Boat in a Fresh Breeze off Cowes"; George Chambers, Sr., 1834,
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“Nourishing faith and community”

Prelude

Words of Welcome *(Please stand as clergy enters)*

Musical opening: CP317 Praise the Lord, Sing

Hallelujah *(Text Psalm 148 Music William James Kirkpatrick (1838-1921; public domain))*



*Praise the Lord, sing hallelujah,
from the heavens praise God's name;
praise the Lord, our great Creator;
all you angels, praise proclaim.
All you hosts, together praising,
sun and moon and stars on high;
praise the Lord, O heavens of heavens,
and the floods above the sky.*

Refrain:

***Praise the Lord, sing hallelujah,
for God's name alone is high,
and God's glory is exalted,
and God's glory is exalted,
and God's glory is exalted,
far above the earth and sky.***

*Let them praise the Lord their maker:
they were made at God's command,
who established them forever,
whose decree shall ever stand.
Let the earth sing hallelujah,
raging seas, you monsters all,
fire and hail and snow and vapours,*

stormy winds that hear God's call.

Refrain

*All you fruitful trees and cedars,
every hill and mountain high,
creeping things and beasts and cattle,
birds that in the heavens fly,
kings of earth and all you people,
princes great, earth's judges all:
praise God's name, young men and maidens,
aged men, and children small.*

Refrain

The Gathering of the Community

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you. **And also with you.**

Almighty God,
**to you all hearts are open all desires known, and
from you no secrets are hidden. Cleanse the
thoughts of our hearts by the inspiration of your
Holy Spirit, that we may perfectly love you, and
worthily magnify your holy name, through
Christ our Lord. Amen.**

Gloria (sung)

(Daniel Schutte Mass of Christ One licence)

**Glory to God, Glory to God,
Glory to God in the highest**

**And on earth, peace on earth
Peace to people of goodwill.**

**We praise you, we bless You
We adore you, we glorify You
We give you thanks,
For your great glory.
Lord God heavenly King,
O God Almighty Father.**

**Lord Jesus Christ, only Begotten Son.
Lord God, Lamb of God, Son of the Father.
You take away the sin of the world,
Have mercy on us.
You take away the sin of the world,
Receive our prayer.**

**You are seated at the right hand
The right hand of the Father
Have mercy on us.
For you alone are the Holy One
You alone are the Lord.
You alone are the most High,
Jesus Christ.
With the Holy Spirit, in the glory
Of God the Father.**

**Glory to God, Glory to God,
Glory to God in the highest
And on earth, peace on earth**

**Peace to people of good will.
Amen, Amen.**

Kyrie (sung)

**Lord have mercy
Christ have mercy
Lord have mercy, have mercy on us.**

**Kyrie Eleison
Christie Eleison
Kyrie Eleison, eleison**

**Lord have mercy
Christ have mercy
Lord have mercy, have mercy on us.**

Let us pray,

Merciful Lord, grant to your faithful people
pardon and peace, that we may be cleansed from all
our sins and serve you with a quiet mind; through
Jesus Christ our Lord, who is alive and reigns with
you and the Holy Spirit, one God, now and for ever.
Amen.

The Proclamation of the Word

First Reading: Isaiah 58:1-12

A reading from the book of Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?'

Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down in the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard.

Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Hear what the Spirit is saying.

Thanks be to God.

Psalm 112

Praise the Lord!

**Happy are those who fear the Lord,
who greatly delight in his commandments.**

Their descendants will be mighty in the land;
**the generation of the upright will
be blessed.**

Wealth and riches are in their houses,
and their righteousness endures for ever.

They rise in the darkness as a light for the upright;

they are gracious, merciful, and righteous.

It is well with those who deal generously and lend,
who conduct their affairs with justice.

For the righteous will never be moved;

they will be remembered for ever.

They are not afraid of evil tidings;

their hearts are firm, secure in the Lord.

Their hearts are steady, they will not be afraid;

**in the end they will look in triumph on
their foes.**

They have distributed freely, they have given to
the poor.

their righteousness endures for ever;

their horn is exalted in honour.

The wicked see it and are angry;

they gnash their teeth and melt away;

the desire of the wicked comes to nothing.

Second Reading: 1 Corinthians 2:1-16

A reading from the First Letter of Paul to the
Corinthians.

*When I came to you , brothers and sisters, I
did not come proclaiming the mystery of God to you
in lofty words or wisdom. For I decided to know
nothing among you except Jesus Christ, and him
crucified. And I came to you in weakness and in
fear and in much trembling. My speech and my
proclamation were not with plausible words of
wisdom, but with a demonstration of the Spirit and*

of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, through it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our use. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory.

But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

‘For who has known the mind of the Lord so as to instruct him?’ But we have the mind of Christ.

Hear what the Spirit is saying.

Thanks be to God.

Gospel Hymn: CP 502 You Are Salt for the Earth

(Text: and music: Marty Haugen (1950-) GIA Publishing 1986 One License)

*You are salt for the earth, O people:
salt for the kingdom of God!
Share the flavour of life, O people:
life in the kingdom of God!*

Refrain:

***Bring forth the kingdom of mercy,
bring forth the kingdom of peace;
bring forth the kingdom of justice;
bring forth the city of God!***

*You are a light on the hill, O people:
light for the city of God!
Shine so holy and bright, O people:
shine for the kingdom of God! **Refrain:***

*You are a seed of the Word, O people:
bring forth the kingdom of God!
Seeds of mercy and seeds of justice
grow in the kingdom of God! **Refrain:***

*We are a blest and a pilgrim people
bound for the kingdom of God!
Love our journey and love our homeland:
love is the kingdom of God! **Refrain***

Celtic Alleluia (sung)

(Fintan O'Carroll and Chris Walker OCP Publications One License)

Alleluia, Alleluia, Alleluia, Alleluia.

Gospel Reading: Matthew 5:13-20

The Lord be with you.
And also with you.

The Good News of our Lord Jesus Christ according
to Matthew.

Glory to you, Lord Jesus Christ

*'You are the salt of the earth; but if salt has
lost its taste, how can its saltiness be restored? It is
no longer good for anything, but is thrown out and
trampled under foot. You are the light of the world.
A city built on a hill cannot be hidden. No one after
lighting a lamp puts in under the bushel basked, but
on the lampstand, and it gives light to all in the
house. In the same way, let your light shine before
others, so that they may see your good works and
give glory to your Father in heaven.'*

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.'

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Celtic Alleluia (sung)

(Fintan O'Carroll and Chris Walker OCP Publications One License)

Alleluia, Alleluia, Alleluia, Alleluia.

Sermon: *The Reverend Gail Rodger*

Musical Moment for Reflection

Announcements

Hear O Israel *(please stand)*

Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and

with all your strength. This is the first and the great commandment.

The second is like it: Love your neighbour as yourself. There is no commandment greater than these.

Prayers of Intercession and Thanksgiving
Prayers of the People

Confession and Absolution

(Evangelical Lutheran Worship Communion, setting 6, prayer of confession 2, p388)

Dear friends in Christ, let us confess our sin, in the presence of God and of one another.
(silence is kept)

Gracious God,

Have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life through Jesus Christ, our Saviour and Lord.

(Please stand)

God who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith. **Amen.**

The peace of the Lord be always with you.
And also with you.

Hymn: Ten Thousand Reasons
(Music and Text: Matt Redman; One license)

Refrain:

Bless the Lord oh my soul

Oh my soul

Worship God's Holy name

Sing like never before

Oh my soul

I'll worship Your Holy name

The sun comes up. It's a new day dawning.

It's time to sing Your song again.

Whatever may pass and whatever lies before me

Let me be singing when the evening comes.

Refrain

You're rich in love and you're slow to anger.

Your name is great and your heart is kind.

*For all your goodness, I will keep on singing.
Ten thousand reasons for my heart to find: **Refrain***

*And on that day when my strength is failing.
The end draws near and my time has come.
Still my soul will sing Your praise unending
Ten thousand years and then forevermore: **Refrain***

Prayer over the Gifts

Let us pray,
God of compassion and forgiveness, receive our
offering this day, and make us one with him who is
our peace, Jesus Christ our Saviour. **Amen.**

Eucharistic Prayer *(Please stand)*

*(Book of Alternative Service EP #1; musical setting CP719 The Great
Thanksgiving setting #1)*

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Blessed are you gracious God, creator of heaven
and earth; you have revealed your eternal plan of
salvation, and have shown your Son Jesus Christ to

be the light of all peoples. Therefore, with angels and archangels, we raise our voices in joyful praise to proclaim the glory of your name:

(sung)

**Holy, holy, holy Lord,
God of power and might
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes
in the name of the Lord.
Hosanna in the highest.
Hosanna in the highest.**

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim the mystery of faith.

(sung)

Christ has died.

Christ is risen.

Christ will come again.

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

(sung)

Amen. Amen. Amen.

The Lord's Prayer *(Musical setting VU960 R Langdon)*

And now, as our Saviour Christ has taught us, we are bold to sing,

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

We break the bread of life and that life is the light of the world.

God here among us, light in the midst of us, bring us to light and life.

The table of love is offered for all people. It is Christ who invites us to meet love incarnate here, and all are welcome.

The gifts of God for the people of God.
Thanks be to God.

The Communion

(Communion is offered at three locations in turn: station one is at the back of the church near the candles for those who prefer to stand and/or are physically challenged by steps without railings; station two, brought to the pew. Please let the usher know if you

would like it brought to the pew; station three: at the altar rail for all those who are able)

Instrumental musical selections during communion

Prayer after Communion *(please stand)*

Let us pray,
Eternal God, in you we find peace beyond all
telling. May we who share in this heavenly banquet
be instruments of your peace on earth, in the name
of Jesus Christ the Lord. **Amen.**

Doxology

Glory to God,
**whose power, working in us, can do infinitely
more than we can ask or imagine. Glory to God
from generation to generation, in the Church
and in Christ Jesus, for ever and ever. Amen.**

The Blessing

The blessing of the Holy Trinity; the loving
Creator, who is the source of all being, of Jesus
Christ who is the love incarnate in the world, and
the ever present Holy Spirit, hold you, surround you
and remain with you always. **Amen.**

Musical Sending: This Little Light of Mine (public domain)



*This little light of mine. I'm gonna let it shine
This little light of mine. I'm gonna let it shine
This little light of mine. I'm gonna let it shine
Let it shine, let it shine, let it shine*

*I've got the light of grace, I'm gonna let it shine
I've got the light of grace, I'm gonna let it shine
I've got the light of grace, I'm gonna let it shine
Let it shine, let it shine, let it shine.*

*I've got the light of love, I'm gonna let it shine
I've got the light of love, I'm gonna let it shine
I've got the light of love, I'm gonna let it shine
Let it shine, let it shine, let it shine.*

*This little light of mine. I'm gonna let it shine
This little light of mine. I'm gonna let it shine
This little light of mine. I'm gonna let it shine
Let it shine, let it shine, let it shine*

Dismissal

Go in peace to love and serve the Lord.
Thanks be to God. Alleluia!

Postlude

Weekly Cycles of Prayer

We pray for the Province of the Episcopal Church of South Sudan; for our Primate and Diocese of Ottawa, Bishop, Shane Parker; for Chris Harper, the National Indigenous Archbishop; for Diocese of Ontario, Bishop William Cliff; for our own bishop, Anna Greenwood-Lee, and for the Evangelical Lutheran Church of Canada.

In our region, we pray for St Barnabas, The Rev. Dr. Travis O'Brian.

In our parish we pray for:

Frances Thomasset, Reilly Thorne, Betty Ann and Lew Townsend, J. Ann Walker, Rosemary Wallace, Adora and Bob Waters, Sharon Wickware, Max Wideman, and Walter Adams.

In our community we pray for the Rainbow Kitchen.

For the month of February, we pray for gifts of leadership in music.

Territorial Acknowledgement

We worship on the traditional lands of the Ləkʷəŋən speaking peoples, who are the Esquimalt, Songhees and other Nations of the Salish and Coast Salish Peoples. We, who came from many lands to join the line of those worshipping here, commit our Church to continue the journey of truth and reconciliation with our First Nations' neighbours.

If you are visiting St. Peter and St. Paul, welcome!

We welcome saints, seekers and sinners as we live into a life in Christ, learning about and from one another as we worship God together. Christ binds us together in love through our diversity. If you are comfortable, please give us your name and address so we can add you to our weekly prayer list. We are looking forward to getting to know you better.

Washrooms are in the church hall (the building nearest the church) through the sheltered entrance, up the stairs to the right.

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ST. PETER AND ST. PAUL
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