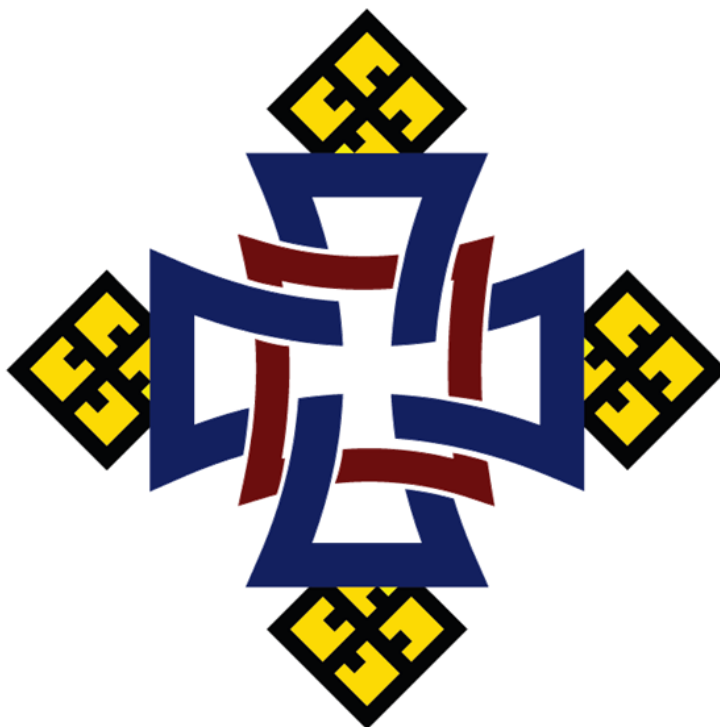


Holy Communion
Fifth Sunday after the Epiphany
February 8, 2026



St. Mary Magdalene Anglican Church
Diocese of New Westminster

Located on the unceded land of the Musqueam,
Squamish and Tsleil-Waututh nations

Welcome!

If you are new here or visiting, please sign our guest book and stay after worship for refreshments and conversation.

If you would like to request prayers, please write the names of those to be remembered in the book on the small table in the prayer corner.

Communion is in both kinds (bread and wine). All are welcome at the table, and no one is required to take communion. Participants are welcome to consume only bread.

Thank you for joining us today.

Walk with Us

Financial support from members and guests is essential for us to continue to be a place of welcome for all.

Here's how you can give:

Good: Cash or a cheque in the plate. Regular donors get envelopes to ensure tax receipts.

Better: Transfer funds using interac to office@stmarymags.ca Indicate "donation" in the memo line.

Best! Sign up for pre-authorized debit to have a monthly donation transferred directly from your bank account. See Tasha for details.

We issue tax receipts for donations of \$20 or more.

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The Gathering of the Community

We sing as the Bible, our sacred book, is welcomed into our gathering

Song Christ is Our Guiding Light



Text and Music: Eric H. F. Law

Presider: Blessed be the One who creates all things.

All: **The Holy One's love is new every morning.**

Presider: As we gather on the unceded and ancestral lands
of the Coast Salish Nations, let us pray
that Christ's grace and peace will be with us.

All: **May we be ministers of the reconciling love of our Creator.**

Prayer of the Day

Presider: O God of light,

All: **your Spirit reveals and illumines your presence in creation.**

**Shine your radiant holiness into our lives,
so that we may offer our hands and hearts to your work:
to heal and shelter, to feed and clothe,
to break every yoke and silence evil tongues. Amen.**

Revised Common Lectionary Prayers (2002) alt.

Proclamation of the Word

First Reading

Reader: A reading from the prophet Isaiah
(Isaiah 58:1-9a, (9b-12))

Reader: Hear what the Spirit is saying to the church.

All: **Thanks be to God.**

Silence is kept.

Psalm 112:1-9

¹ Hallelujah!

Happy are they who fear the Lord *

and have great delight in the divine commandments!

² Their descendants will be mighty in the land; *

the generation of the upright will be blessed.

³ Wealth and riches will be in their house, *

and their righteousness will last for ever.

⁴ Light shines in the darkness for the upright; *

the righteous are merciful and full of compassion.

⁵ It is good for them to be generous in lending *

and to manage their affairs with justice.

⁶ For they will never be shaken; *

the righteous will be kept in everlasting remembrance.

⁷ They will not be afraid of any evil rumours; *

their heart is right; they put their trust in the Lord.

⁸ Their heart is established and will not shrink, *

until they see their desire upon their enemies.

⁹ They have given freely to the poor, *

and their righteousness stands fast for ever;

they will hold up their head with honour.

Second Reading

Reader: A reading from Paul's first letter to the Corinthians
(1 Corinthians 2:1-12, (13-16))

Reader: Hear what the Spirit is saying to the church.

All: **Thanks be to God.**

Silence is kept.

Song #559 Blessed Jesus, At Your Word

1. Blessed Jesus, at your word
we are gathered all to hear you.
Let our hearts and souls be stirred
now to seek and love and fear you.
By your gospel pure and holy,
teach us, Lord to love you solely

2. All our knowledge, sense, and sight
lie in deepest darkness shrouded
till your Spirit breaks our night
with your beams of truth unclouded.
You alone to God can win us,
you must work all good within us.

3. Glorious Lord, yourself impart!
Light of light, from God proceeding,
open lips and ears and heart,
help us by your Spirit's leading.
Hear the cry your church now raises;
Lord, accept our prayers and praises!

Text: Tobias Clausnitzer; tr Catherine Winkworth, alt
Music: Johann Rudolph Ahle, alt; harm George Herbert Palmer

Gospel Reading

Reader: May God be with you.

All: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.
(Matthew 5:13-20)

All: **Glorify to you, Lord Jesus Christ.**

Reader: The Gospel of Christ.

All: **Praise to you, Lord Jesus Christ**

Reflection

The Reverend Tasha Carrothers

Following a period of silence, all are invited to share a brief thought or story evoked by the readings or the reflection.

Song

#502 You Are Salt for the Earth

1. You are salt for the earth, O people:
salt for the Kingdom of God!
Share the flavour of life, O people:
life in the Kingdom of God!

Refrain:

Bring forth the Kingdom of mercy,
bring forth the Kingdom of peace;
bring forth the Kingdom of justice,
bring forth the City of God!

2. You are a light on the hill, O people:
light for the City of God!
Shine so holy and bright, O people:
shine for the Kingdom of God!

Refrain

3. You are a seed of the Word, O people:
bring forth the Kingdom of God!
Seeds of mercy and seeds of justice,
grow in the Kingdom of God!

Refrain

4. We are a blest and a pilgrim people:
bound for the Kingdom of God!
Love our journey and love our homeland:
love is the Kingdom of God!

Refrain.

Text and Music: Marty Haugen (1950-)

Affirmation of Faith

All

**We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God, the Holy Spirit,
who comforts, guides, and strengthens us
to share the good news of grace.**

**We believe in God, one, holy, undivided Trinity:
Source of Life, Living Word, Comforter: Mystery. Amen.**

Prayers of the People

Please stand or sit as you prefer for prayer.

In the prayers of the people, the people who have gathered join their prayers to bring to God the needs of the Church, the world, and all who are in need. If you would like to add a person to the prayers, please speak to the Vicar. There is also a book on the front hall table where you can add names of people for whom you would like prayer.

Confession and Absolution

Presider:

Let us pray

All:

Holy One, we long for You.

You know our wounding and our broken-heartedness.

**You know how others have hurt us,
and how we have hurt others.**

You alone have the healing we need.

Yours is the love that changes everything. Amen.

Presider: Giver of life, have mercy on us
pardon and deliver, revive and strengthen,
and keep us in eternal life, through Jesus Christ our Lord. **Amen.**
St. Hildegard's *All Are Welcome*

The Peace

Presider: The peace of God be with you all.
All: **And also with you.**

The Celebration of the Eucharist

To make a financial offering, please place it in the offering plate by the door.

Song #647 Spirit of the Living God
Spirit of the living God,
move among us all;
make us one in heart and mind,
make us one in love;
humble, caring, selfless, sharing -
spirit of the living God,
fill our lives with love!

Text: Michael Baughen Music: Daniel Iverson

Prayer over the Gifts

Presider: Holy God, gracious and merciful,
All: **you bring forth food from the earth and nourish your whole creation.**
Turn our hearts toward those who hunger in any way,
so that all may know your care; and prepare us now
to feast on the bread of life, Jesus Christ, our Saviour and Lord. Amen.

Evangelical Lutheran Worship (2006) alt.

The Great Thanksgiving

Presider: May God be with you.
All: **And also with you.**
Presider: Lift up your hearts.
All: **We lift them up to God.**
Presider: Let us give thanks to God, our Creator.
All: **It is right to give our thanks and praise.**

Presider: Blessed are you, Lord God, our light and our salvation;
to you be glory and praise for ever.
From the beginning you have created all things
and all your works echo the silent music of your praise.
In the fullness of time you made us in your image,
the crown of all creation. You give us breath and speech,
that with angels and archangels and all the powers of heaven

we may find a voice to sing your praise:

The musical score is written on five staves. The first staff is for the Cantor, with the lyrics 'Ho - ly, ho - ly, ho - ly One: Ho - ly God of Hosts!'. The second staff is for the Congregation, with the lyrics 'Hea - ven and earth are full of your'. The third staff is for the Cantor, with the lyrics 'glo - ry! Ho - san - na in the high - est.'. The fourth staff is for the Congregation, with the lyrics 'Blessed are those who come bear - ing God.'. The fifth staff is for the Congregation, with the lyrics 'Ho - san - na in the high - est!'. The music is in G major and 4/4 time.

Cantor:
Ho - ly, ho - ly, ho - ly One: Ho - ly God of Hosts!

Congregation:
Hea - ven and earth are full of your

glo - ry! Ho - san - na in the high - est.

Cantor:
Blessed are those who come bear - ing God.

Congregation:
Ho - san - na in the high - est!

Presider:

How wonderful are the works of your hands, O Lord.
As a mother tenderly gathers her children,
you embraced a people as your own.
When they turned away and rebelled your love remained steadfast.
From them you raised up Jesus our Saviour, born of Mary,
to be the living bread, in whom all our hungers are satisfied.
He offered his life for sinners, and with a love stronger than death
he opened wide his arms on the cross.

On the night before he died, he came to supper with his friends
and, taking bread, he gave you thanks.
He broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

At the end of supper, taking the cup of wine, he gave you thanks, and said:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for all people for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.
Great is the mystery of faith:

All:

Christ has died. Christ is risen. Christ will come again.

Presider:

Creator, we plead with confidence his sacrifice
made once for all upon the cross; we remember his dying and rising in glory,
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation;
may they be for us the body and blood of your dear Son.
As we eat and drink these holy things in your presence,
form us in the likeness of Christ, and build us into a living temple to your glory.

Bring us at the last with all the saints to the vision of that eternal splendour
for which you have created us; through Jesus Christ, our Lord,
by whom, with whom, and in whom, with all who stand before you
in earth and heaven, we worship you in songs of everlasting praise:

All:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

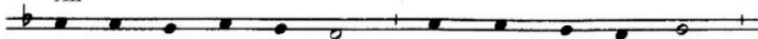
The Lord's Prayer

Cantor

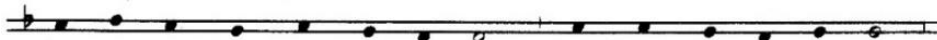


As our Sa - vior Christ has taught us, we now pray,

All



Our Fa - ther in hea - ven, hal - lowed be your Name,



your king - dom come, your will be done, on earth as in hea - ven.



Give us to - day our dai - ly bread.



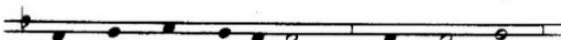
For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

The Breaking of the Bread

Presider: We break the bread of life, and that life is the light of the world.

All: **God here among us, light in the midst of us,
bring us to light and life.**

Communion

Presider: The gifts of God for the people of God.

All: **Thanks be to God.**

*Please remain at your places. The consecrated bread and wine will be brought around to all who wish.
Everyone is welcome at the table.*

Sending Out of the Disciples

Prayer after Communion

Presider: We give you thanks, almighty God,

All: **that you have refreshed us
through the healing power of this gift of life.
In your mercy, strengthen us through this gift,
in faith toward you and in fervent love toward one another;
for the sake of Jesus Christ our Lord. Amen.**

Evangelical Lutheran Worship (2006) alt.

Doxology

Presider

All:

Glory to God,
**whose power, working in us,
can do infinitely more
than we can ask or imagine.**
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

Blessing

Song

#536 Singing Songs of Expectation

1. Singing songs of expectation,
onward goes the pilgrim band,
through the night of doubt and sorrow,
marching to the promised land.
Clear before us through the darkness
gleams and burns the guiding light:
Trusting God we march together
stepping fearless through the night.

2. One the light of God's own presence,
o'er his ransomed people shed,
chasing far the gloom and terror,
bright'ning all the path we tread:
one the object of our journey,
one the faith which never tires,
one the earnest looking forward,
one the hope our God inspires.

3. One the strain the lips of thousands
lift as from the heart of one;
one the conflict, one the peril,
one the march in God begun:
one the gladness of rejoicing
on the far eternal shore,
where the one almighty Father
reigns in love for evermore.

Text: Bernard Severin Ingemann (1789-1862)

Music: Marty Haugen (1950-)

Dismissal

Presider:

Go in peace, the beloved of God.

All:

Thanks be to God.

Please stay for coffee, tea and potluck lunch

This Week at St. Mary Mags

Weds, February 11	12 noon	Centering Prayer
	12:30 pm	Holy Communion
Saturday, February 14	12 noon	Drum Circle
Sunday, February 15	10:30 am	Holy Communion

Upcoming Events

Weds, February 18	12:30 & 7 pm	Ash Wednesday
Sunday, February 22	12:15ish	Vestry meeting



Vestry meeting, February 22. Please plan to stay for our annual general meeting (aka Vestry meeting) Expect a light lunch, stimulating conversation and essential business. The meeting usually runs about one hour.

Please pray for Lunda and Chantale. At their meeting on January 27, Parish Council moved to co-sponsor Lunda, a refugee from Congo currently living in a refugee settlement in Uganda. Shannon Muir, the chair of the Diocesan Refugee Unit, reached out to us with this opportunity as the Diocese is a Sponsorship Agreement Holder and helps with parishes with sponsorships. We are co-sponsoring with Chantale, Lunda's aunt. Lunda, who is in her late 20s, left her home in about November of 2024. Chantale has already organized all the settlement requirements, including funding. The refugee process takes a long time, so we'll have plenty of opportunity to think about how we can help. In the meantime, please pray for them both.

Next Sunday's Readings

February 15, 2026 | The Last Sunday after the Epiphany
Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21; Matthew 17:1-9

St. Mary Magdalene Anglican Church

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The Rev. Tasha Carrothers, Vicar
Dave Dagta, Musician

