

# EPHESIANS

## NEW LIFE IN CHRIST

STUDY  
NOTES

### DISCUSSION QUESTIONS

Together Forever

1 As we discussed the idea of transformation, in Ephesians 2, using metamorphosis, how does this picture help us in our understanding of our spiritual transformation and identity?

Where do you see this transformation in your own faith journey? Further Study: Ephesians 2:1–5, 2 Corinthians 5:17, Romans 12:2

2 Paul reminds the Gentile believers that they were once outsiders. Where do you see “us vs. them” thinking showing up today—either in the church, society, or your own heart? Why is this way of thinking so tempting? Scripture references: Ephesians 2:11, James 2:1–4, Luke 18:9–14

3 Reread Ephesians 2:11–12. Why do you think Paul tells believers to remember what they once were? How does remembering our past shape humility, gratitude, and compassion for others? Review: Ephesians 2:11–12, Titus 3:3–5, Deuteronomy 8:2

4 According to Ephesians 2:13, what made it possible for those who were “far away” to be brought near? How does this truth affect the way we approach God—and the way we view people who are far from Him today? Review Ephesians 2:13, Isaiah 57:19, Hebrews 10:19–22

5 Ephesians 2:14–16 says Christ destroyed the “dividing wall of hostility.” What kinds of walls still exist between believers today? What does it practically look like to live as people who believe Christ has already made peace?

6 Review Ephesians 2:18, Ephesians 4:3–6, 1 Corinthians 12:12–13. Paul says we all have access to the Father through one Spirit (Ephesians 2:18). How does this truth challenge divisions between denominations, churches, or worship styles? What should unity in Christ look like in everyday church life?

7 Ephesians 2:21–22 describes believers as being built together into a dwelling place for God. What does it mean for you personally—and for your small group—to live as the place where God’s Spirit dwells? How should this shape how we treat one another? (Ephesians 2:21–22, 1 Corinthians 3:16–17, Revelation 21:3)

## Ephesians 2:11-22

## **Jew and Gentile Reconciled Through Christ**

11Therefore, remember that formerly you who are Gentiles by birth and called “uncircumcised” by those who call themselves “the circumcision” (which is done in the body by human hands)— 12remember that at that time you were separate from Christ, excluded from citizenship in Israel and foreigners to the covenants of the promise, without hope and without God in the world. 13But now in Christ Jesus you who once were far away have been brought near by the blood of Christ.

14For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility, 15by setting aside in his flesh the law with its commands and regulations. His purpose was to create in himself one new humanity out of the two, thus making peace, 16and in one body to reconcile both of them to God through the cross, by which he put to death their hostility. 17He came and preached peace to you who were far away and peace to those who were near. 18For through him we both have access to the Father by one Spirit.

19Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household, 20built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. 21In him the whole building is joined together and rises to become a holy temple in the Lord. 22And in him you too are being built together to become a dwelling in which God lives by his Spirit.