

The Word of God

Fifth Sunday after the Epiphany



February 8, 2026

Prayer of the Day

God of all compassion, you call us to be salt and light for your world, yet without your Spirit we are powerless to answer that call. Empower us to hear your voice and respond with faith and boldness; through Jesus Christ, our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. Amen.

First Reading: Isaiah 58:3-9a

³“Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?” Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. ⁴Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. ⁵Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the Lord? ⁶Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? ⁷Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? ⁸Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard. ⁹Then you shall call, and the Lord will answer; you shall cry, and he will say, ‘Here I am.’”

Lessons for Next Week: Exodus 24:8-18; Psalm 2:6-13; 2 Peter 1:16-21; Matthew 17:1-9

Psalm 112:1-9

¹Hallelujah! Happy are they who fear the Lord and have great delight in his commandments!

²**Their descendants will be mighty in the land; the generation of the upright will be blessed.**

³Wealth and riches will be in their house, and their righteousness will last forever.

⁴**Light shines in the darkness for the upright; the righteous are merciful and full of compassion.**

⁵It is good for them to be generous in lending and to manage their affairs with justice.

⁶**For they will never be shaken; the righteous will be kept in everlasting remembrance.**

⁷They will not be afraid of any evil rumors; their heart is right; they put their trust in the Lord.

⁸**Their heart is established and will not shrink, until they see their desire upon their enemies.**

⁹They have given freely to the poor, and their righteousness stands fast forever; they will hold up their head with honor.

Second Reading: 1 Corinthians 2:1-16

¹I, when I came to you, brothers, did not come proclaiming to you the testimony of God with lofty speech or wisdom. ²For I decided to know nothing among you except Jesus Christ and him crucified. ³And I was with you in weakness and in fear and much trembling, ⁴and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, ⁵so that your faith might not rest in the wisdom of men but in the power of God. ⁶Yet among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. ⁷But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glory. ⁸None of the rulers of this age understood this, for if they had, they would not have crucified the Lord of glory. ⁹But, as it is written, "What no eye has seen, nor ear heard, nor the heart of man imagined, what

God has prepared for those who love him" — ¹⁰these things God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God. ¹¹For who knows a person's thoughts except the spirit of that person, which is in him? So also no one comprehends the thoughts of God except the Spirit of God. ¹²Now we have received not the spirit of the world, but the Spirit who is from God, that we might understand the things freely given us by God. ¹³And we impart this in words not taught by human wisdom but taught by the Spirit, interpreting spiritual truths to those who are spiritual. ¹⁴The natural person does not accept the things of the Spirit of God, for they are folly to him, and he is not able to understand them because they are spiritually discerned. ¹⁵The spiritual person judges all things, but is himself to be judged by no one. ¹⁶"For who has understood the mind of the Lord so as to instruct him?" But we have the mind of Christ.

Gospel: Matthew 5:13-20

¹³Jesus said, "You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet. ¹⁴You are the light of the world. A city set on a hill cannot be hidden. ¹⁵Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. ¹⁶In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven. ¹⁷Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. ¹⁸For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. ¹⁹Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."